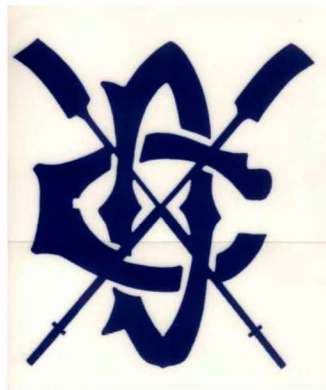


DOLPHIN LOG

Collection, Years 1985 – 1989

**The Bulletin of the
Dolphin Swimming & Boating Club
San Francisco, Established 1877**



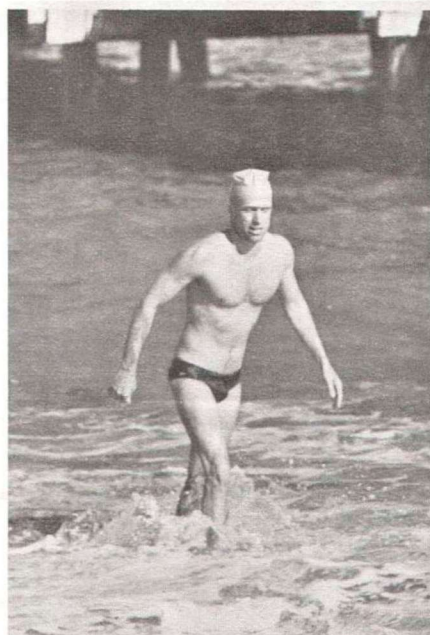
**Dolphin Swimming & Boating Club
502 Jefferson Street
San Francisco, CA 94109**

April 2011

DOLPHIN LOG

OFFICIAL BULLETIN OF THE DOLPHIN SWIMMING AND BOATING CLUB

WINDY ROLLER COASTER RIDE FROM PIER 41



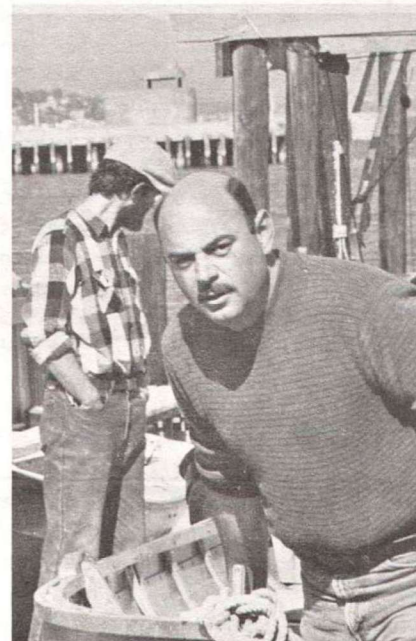
tosta

And the winner was... Charlie Yourd, a new member making a smooth splash this year.



tosta

First woman, Joni Beemsterboer passes everybody's favorite "keeper of the sticks" Henricka Warmerdam.



tosta

Pilot Pete Bianucci brings the Cuthbert back to the boathouse. John Bielinski looks on.



tosta

Gentlemanly rivals Pete Applegate (l) and George Kebbe (R) who finished 00:12 seconds apart congratulate each other after the windy swim.

SEASON OPENER:

The 1985 swim season began with a terrific roller coaster of a start on Saturday, March 2 when an unusually strong wind and bright clear sunny skies heralded the Pier 41 opener.

True rough water enthusiasts on the scene considered the conditions perfect. Deep swells, fast tide, opposing wind and super crisp skies are the stuff of which memorable swims are made and this was definitely one of them.

Those who enjoy open but not necessarily rough water would have preferred it calmer of course, but 52 swimmers completed the course never the less. See results on page 7

Swim Scene

AMBITIOUS POLAR BEARS SET NEW RECORDS

In an unprecedented surge of swimming activity, this year's Polar Bear Swim had 78 participants, 49 finishers, 10 who completed more than 30 but less than 40 miles and 39 who completed more than 40 miles.

History was undoubtedly made when Elmer Tosta completed 101.5 miles during the Polar Bear period which ran from December 21, 1984 through March 21, 1985. Turn to page 7 for complete results.

AND IF THAT WEREN'T ENOUGH

New this season is the 300 Mile Challenge: to swim 300 miles between October 31, 1984 and September 30, 1985. Many members have already tallied impressive distances -- others are waiting for warmer water to log theirs.

NOURISHMENT PLUS STIMULATION

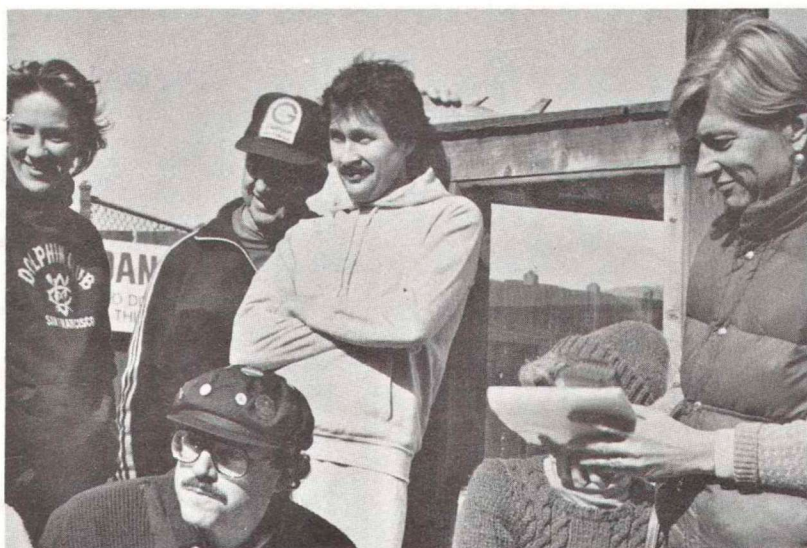
Much appreciated this year has been the addition of real food to the after-swim fare. Now being served along with the usual high dosages of caffeine, sugar and scotch are such things as hot turkey soup (courtesy of Phil Rollins for Pier 41) and fruit salad (courtesy of George Kebbe's Union St. Produce Store for Spring Cove). Any members who can help with this task on future swims are asked to contact the swim commissioners.

WHO ARE THE SWIM COMMISSIONERS?

This year, the Swim Commission has been beefed-up to include new commissioners Jan Warmerdam, Phil Rollins, Carol Block and Kevin O'Keefe; In addition to Vince Huang and Tom Hofmann who have held their posts for years.

COMMISSIONERS GOAL: SAFER SWIMS

In an effort to provide maximum safety for club swimmers, there are plans to purchase three more paddleboards this year along with new whistles for all rowboats to use when piloting.



Basking in the afterglow following the Pier 41 season opener are (clockwise from left) Linda Braski, Andy Camous, Tom Schmidt, Unidentified woman in knit sweater with matching cap, Carol Block and Phil Rollins.



Cathy and daughter Jessica Huang spreading some glow of their own at the Pier 41 swim.



Happiness is a warm corner after a cold swim; just ask (left to right) David Zovickian, Nancy Fougere, Jeff Heth, Bill Horgos, et al.

New Breakwater A Reality ~ More To Come?

This year will see a significant change in Aquatic Park when the Army Corps of Engineers begins construction of the new \$12 million Hyde Street Breakwater. In April, workers are expected to begin removal of derelict piles at the north end of the existing Hyde Street pier. Test piles will then be placed in June or July with full scale construction projected to begin in late August.

Diagrams on this page show where the new breakwater will be positioned and the design of the breakwater itself which allows for no spill-through of water.

Many club members have expressed concern that construction of the breakwater will result in stagnant water in the cove. Studies done by the Army Corps of Engineers on projected water flow after construction which concluded no danger are considered inconclusive by many who have studied them.

Regardless, the breakwater is on its way and after it is built, the answer to the stagnant water question and other questions connected with its true purpose and future use will become apparent.

The breakwater is a reality but there are other proposals for Aquatic Park and its adjoining areas (with 8 different city, state and federal agencies involved) which are gaining momentum and which if enacted, would have dramatic impact on club members and their use of Dolphin Club facilities.

These proposals include:

1. Turning Jefferson Street into a pedestrian mall;
2. Establishing an overhead wire - type trolley car line along the Embarcadero, down Jefferson Street, across the Aquatic Park Promenade and through the old tunnel to a new Fort Mason turnaround. This proposal calls for the elimination of 180 - 320 parking spaces on Jefferson Street);

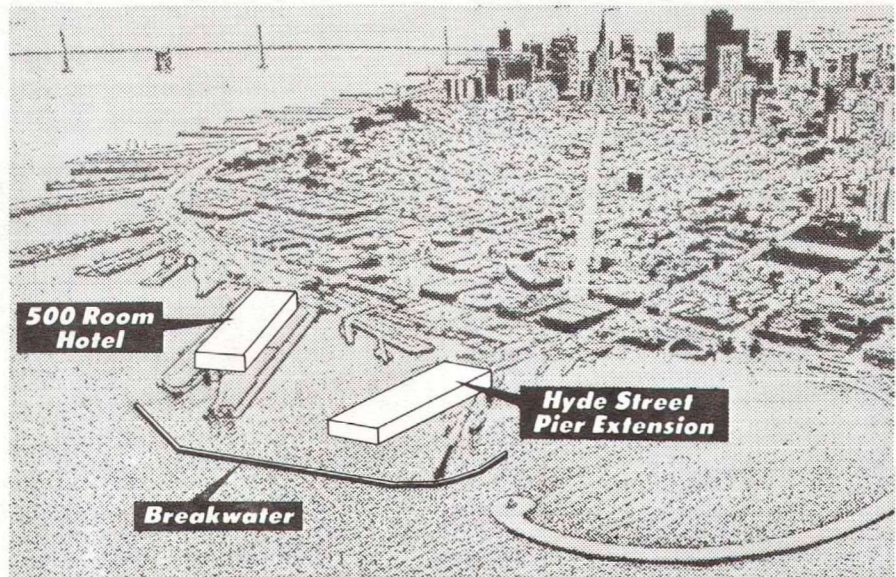
3. Constructing a Hyde Street pier extension to house the city's fishing industry; financed by the development of hotel rooms on the existing Pier 45;

4. Berthing of more historic ships and constructing new shops on the new breakwater at the end of a rebuilt Hyde St. Pier.

These proposals and more have been studied by the Committee to Save Aquatic Park which reports to both the Dolphin and South End Rowing Clubs. The purpose of the

plan as a whole in 1985. At that time, all local groups and individuals interested in the development of GGNRA will be contacted and given the opportunity to provide testimony regarding changes to the General Management Plan that they feel are needed."

While no such review is



The hotel and the pier extension are still in the proposal stage; the breakwater will be built this year.

committee is to monitor and report activities affecting the environs of the clubs. The Committee has voluminous files of correspondence and reports which can provide a complete view of the complex situation as it stands today.

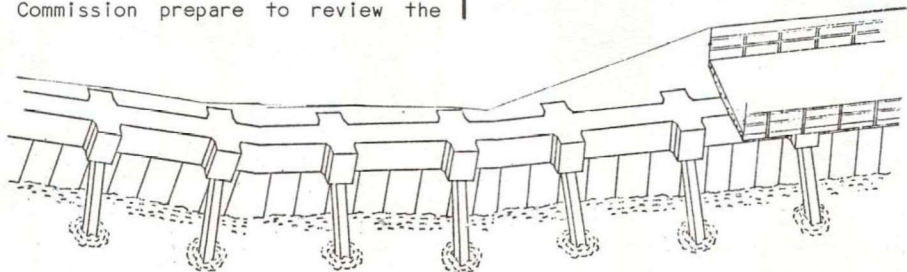
The General Superintendent of the Golden Gate National Recreation Area (GGNRA) has agreed with the Committee that there is a need for revision of the General Management Plan (GMP) for the GGNRA as it applies to Aquatic Park. In a letter to the Committee dated December 13, 1983, Mr. Davis recommends "that the GGNRA Advisory Commission prepare to review the

actually planned at this time, the Committee is prepared to suggest:

1. Prohibition against new fill in Aquatic Park, including but not necessarily limited to land fill, fill on piles, permanently moored barges, floating time share condominium hotels, floating museums, floating theaters and anything new that reduces the water surface.

2. Prohibition against reduction of pedestrian access to and/or use of any portion of the park (no reduction of pedestrian

(Continued on page 4.)



An Isometric view of the new breakwater design shown with and without walkway; the walkway may be added after initial construction.

Notes From The Boat Captain

BY NED HOFFMAN



ROWING TRAINERS ARE NEEDED NOW!

The past year has recorded a 55% increase in open water rowing at the Club. This increase results in the need for additional Trainers. Experienced rowers are needed to pass along their rowing expertise and share their knowledge of proper use and care of our historic boats. We can teach you the elements of training quickly and the estimated time required is only two hours per month. We need you now. Contact Ned Hoffman, Boat Captain, or Neal Hartnett, Rowing Commissioner.

HOFF'S SKILLFUL WORK

Many of our Club members with a discerning eye have asked about the restored name-plates on several of our boats. The handsome and nautical plates are the work of veteran Dolphin Clubber and rower, Bob Hoff. Bob has carved boat names and laid gold leaf on name plates for The Weiland, Viking, Don Baggiani, Landucci and the Foster. It took a lot of time and an equal

amount of talent. We thank you Robert for your skillful work.

WEILAND SURVIVES CREW ON ST. PADDY'S DAY SHAKEDOWN CRUISE

Repairs to the 6-oared barge, The Weiland, were completed on March 12. The boat had been damaged during a launching exercise in early January. The major repairs



BOB HOFF, ARTISAN

were performed by Boat Builder John Bielinski. In addition there was a considerable amount of volunteer work performed by Club members who sanded, painted and varnished the boat. Special thanks go to the following people: Hans Kramer, Stan Hylinsky, Mary McGowan, Bob Daniels, Stan Wright, Phil Gaye, Linda

Braski, Bill Horgos, Jack Griffin, Joni Beemsterboer, Marty Retinger and Gidi.

On St. Patrick's Day, a Dolphin crew took the boat on a shakedown cruise of some 20 miles, with ports of call including the Ferry Building, Sams in Tiburon, Forbes Island in Richardson Bay, Flynns in Sausalito and then on to the Golden Gate before riding the flood back to the club.

CRONIN UNDER REPAIR

A major restoration to the Whitehall double, The Cronin, was begun in early March by John Bielinski. Built in 1940, the boat has rendered excellent service over the years. John expects to replace the keel, two garboard planks, four broad planks, numerous frames and thwarts. This is more evidence of the Dolphin Club efforts to carry on the great rowing tradition on San Francisco Bay.

GOOD TO SEE YOU AGAIN--

GEORGE DE GEAR

After a leave of absence, Lifetime member George DeGear has returned to a more active role in the Club. Among other offices, George was Boat Captain for several years in the 1950's and witnessed many rowing, swimming and general events of the club during those years and on into the 70's. Members will undoubtedly enjoy George's recollections of those events and

BREAKWATER A REALITY

(Continued from page 3.)

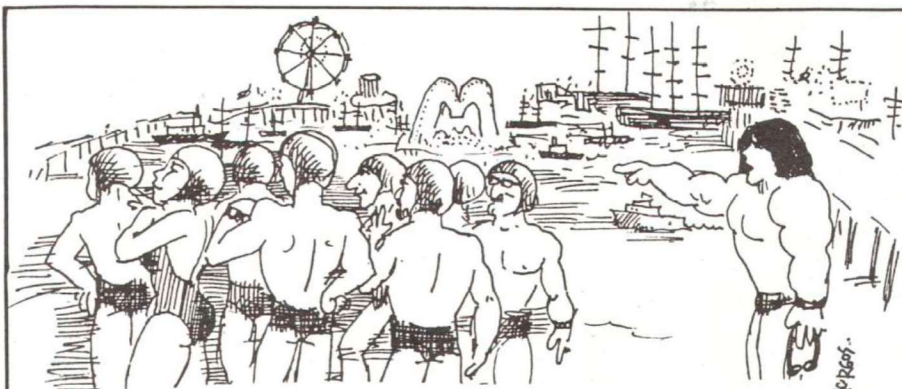
use of the beach).

3. No reduction of public or private transport access to the area including parking or cable car or bus service to Aquatic Park.

4. Preservation of water activities including fishing, swimming, rowing and 24 hour boat mooring.

The Committee to Save Aquatic Park is expected to notify club members of upcoming public meetings and events which affect these various issues. The Committee can be reached c/o South Ender Mike Berline, Berline and Associates, 3435 Army St., Suite 344, San Francisco, CA 94110.

In the meantime, board members have encouraged club members to contact their City Supervisors to express concern about these issues.



So, let's go out 'n' around McIsland, then down to the low flag, then up 'n' around the floating time-share condominium hotel, then back to...



the many related incidents that are a part of the Dolphin Club lore. Also, rowers might ask George for a copy of his treatise on, "The Correct Manner In Which to Handle and Row Boats." Written by George "some 40 years ago", the content and style of this writing offers some excellent reading and some insight as to what rowing was like during an earlier decade.

PILOT TRAINING SESSIONS NOW BEING OFFERED

In response to concerns raised by swimmers, the Dolphin Club will conduct pilot training classes in conjunction with the Saturday morning rowing program. Topics to be covered will include swimmer coverage, course coverage and swimmer safety (i.e. beginning signs of hypothermia; when to pull a swimmer; board rescue; etc.

The Boat Captain Ned Hoffman and Rowing Commissioner Neil Hartnett will run the classes on the last two Saturdays monthly beginning in April.*

To ensure attendance, only qualified pilots will be assigned boats on outside-the-cove swims.

*All qualified rowers and pilots are invited to show up and help out.

LAKE MERCED AN ACTIVE EXTENSION TO THE DOLPHIN CLUB

The Club's facility in Harding Park at Lake Merced is busy this season. Modifications have been made on several of the boats to accomodate large and/or small sized people -- with extended footboards and outriggers among the improvements.

Ongoing at the Lake is a program of maintenance on older equipment which involved renewing parts and so forth.

Members needing more information about what is available at Lake Merced should call Dr. Jim Storm at 752-1454 during the day.

DOLPHIN LOG

Spring Clean Up

MASSIVE CLEAN-UP SCHEDULED

Saturday, May 11 has been designated as Spring Club Clean-up Day. From 9 a.m. until 3 p.m. a debris box will be made available. Members are asked to bring brooms, gloves, rakes, detergent, sponges, rags, mops, Windex, paper towels, elbows, etc. for a massive effort.

Targeted for cleanliness are: lockers, storage areas, heads, sinks, showers, sauna, kitchen, dock, boat house, paint locker, beneath stairs, deck, beneath deck, windows, pictures, Staib Room, weight room, construction debris, lot next door, in front of club, etc.

Lunch will be served following.



THE DOLPHIN LOG
PUBLISHED BY THE

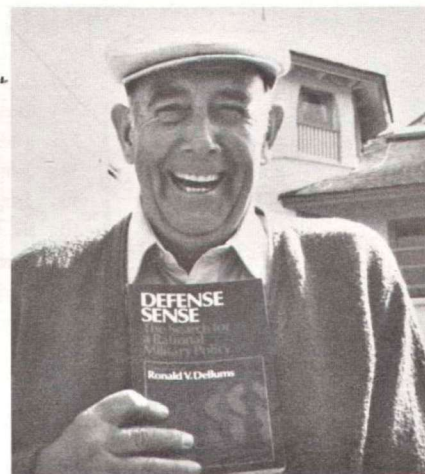
DOLPHIN SWIMMING & BOATING CLUB, INC
ORGANIZED 1877
INCORPORATED 1888

EDITOR: Jeffrey Howard Heth

DOLPHIN SWIMMING AND BOATING CLUB OFFICERS AND BOARD OF GOVERNORS 1985

President	HERMAN ZAHLER
Vice President	JOHN DAHLBERG
Treasurer	LOUISE BEA
Financial Secretary	DAVID HINTON
Recording Secretary	DR. SCOTT ANDERSON

Board of Governors: Brian Gilbert, Bobbie Dykas, Tom Hofmann, George Galarza, Tom Callahan, Mark Steinborn, Tom Gould, Walt Stack, Stan Hylinsky.



cobb

Often making sense himself is former club president Frank Drumm.



cobb

Just another somber afternoon on the Dolphin Deck. Clockwise from the top are Era Osibe, Len Pera, Susan Cobb, Tom Sancimino and Jim Sancimino.



cobb

Entertaining at the Bill Horgos/Scott Anderson 40th Birthday Bash are Jeanette Klinge and friend.

1985 Swim Season Sees Much Mileage and Peak

PIER 41 SWIM MARCH 2, 1985

CONDITIONS

WATER

High: 0702 5.7

Low: 1412 -0.1

Water very choppy with
White Caps; mild push.

WEATHER

Gale/Small Craft Warn-
ings (at 7:00 A.M.)
Strong north wind - 16
knots; clear skies.

JUMPOFF

Two groups - 4 min.
handicap;
9:15 Jimpoff.

SWIM RESULTS

1. Charlie Yourd	18:33
2. Pete Applegate	21:16
3. George Kebbe	21:28
4. Elmer Tosta	21:59
5. Peter Drino	22:12
6. Ed Urban	22:17
7. Steve Jones	22:57
8. David Zovickian	24:39
9. Joni Beemsterboer	24:40
10. Phil Collins	25:12
11. C.VonBlankenburg	25:19
12. Nancy Fougere	25:21
13. Pete Neubauer	25:34
14. Scott Anderson	26:03
15. Peter Jacobson	26:56
16. Cliff Jennings	27:03
17. Steve Townsend	28:09
18. George Buffington	28:36
19. Mary Sancimino	28:42
20. Dodi Marosi	29:07
21. Karen Heisler	29:17
22. Carol Block	29:18
23. Tom McGraw	29:19
24. Bill Horgos	29:20
24. John Dugan	29:20
26. Rich Livingston	29:30
27. Al McColi	29:32
28. Herb Madden	29:35
29. Jeff Heth	29:53
30. Noel Frelicot	30:13
31. Roger Aplon	30:23
32. Sue Garfield	30:25
33. Don Harrison	30:31
34. Robin Phalen	30:38

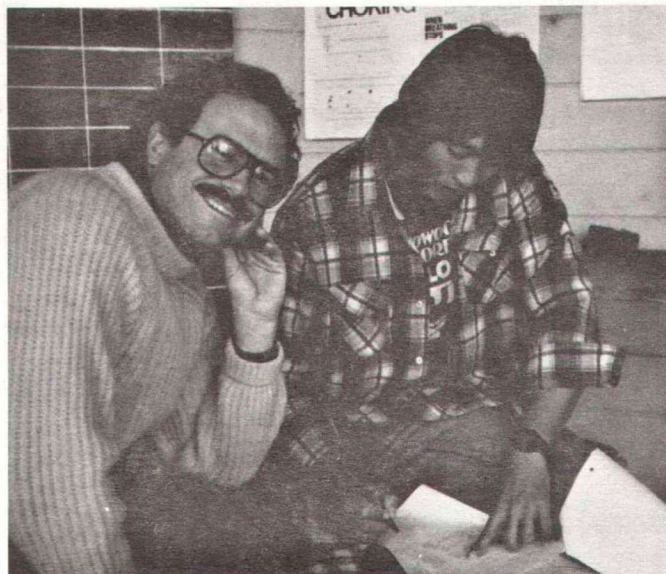
35. Flicka McGurrian	31:09
36. Era Osibe	31:17
37. Judy Dittmer	31:53
38. John Calhoun	31:57
39. Jan Warmerdam	32:02
40. M. Cantini-Norkin	32:07
41. Jim Ross	32:08
42. Rudy DeMay	32:18
43. Ray Mondini	33:57
44. Bill Powning	34:24
45. Bill Callahan	35:10
46. Bob McKenzie	36:18
47. Joe Bruno	36:28
48. Chris Cadalago	39:02
49. Larry Alioto	41:04
50. Pavla Podalska	41:44
51. Steve North	44:25
52. Tom Sancimino	44:59
DNF: Steve Sancimino and Armen Khachadourian.	

PILOTS

Gordon Cook - Good Luck
Herman Zahler/Louise Bea- Farrell
Diane Swanson/Thisha Schulz - Hughes
Bill Walden - Baggiani
Andy Camous - Landucci
Patty Mullin - Foster
Linda Braski - Small
Dan Osborne - Evans
Pete Biannuci - Cuthbert
Hans Kramer - O'Shea
Growden - Howard
Gus Block/Jan Belinski - Templeton
Jeanette Klinge - pad- dleboard
Beth Fisher - Kayak
Neil Snyderman/Mark Block - Viking
Stan Hlynsky/Sam Lawson - Avon
Susan Allen - paddleboard
Rich Cooper
Zeb Steward - SERC

HELPERS

Mimi Osborne - Recorder/ Results
Dan Murphy - Timer
Henricka Warmerdam - Sticks
Diana Anderson - Recorder
Phil Rollins - Recorder/ kitchen



cobb

Swim commissioners Phil Rollins and Vincent Huang keep organized on club swims.

Pete Sturiale - Kitchen
Vincent Huang - Event Co-
ordinator
Mary Ann (friend of Susan
Allen's) - Clothes

SPRING COVE SWIM

MARCH 23, 1985

CONDITIONS

TIDES

Low: 0620 .7

High 1247 4.4

WATER

Flat water, mild flood,
53 Degrees F

WEATHER

Clear, sunny day,
Warm, 62 Degrees F

SWIM RESULTS

1. Charles Yourd	17:04	12. Lori Weiner	22:02
2. Terry Anderson	18:46	13. Pete Neubauer	22:26
3. Paul Watts	19:26	14. David Zovickian	22:37
4. George Kebbe	19:42	15. Nick DeMay	23:02
5. Karen Boyer	19:44	16. Joni Beemsterboer	23:08
6. Pete Applegate	20:14	17. John Dahlberg	23:43
7. Laura Merkl	20:28	18. Cliff Jennings	25:02
8. Elmer Tosta	20:30	19. Phil Collins	25:13
9. Phil Rollins	21:03	20. Susan Cobb	25:50
10. Dan Osborne	21:15	21. Rich Cooper	25:55
11. Cathy Huang	21:24	22. John Dugan	25:58
		23. Joe Schatz	26:59
		24. Herb Madden	27:07
		25. Louise Bea	27:18
		26. Norm Duffett	27:42
		27. Marty Reitingen	27:51
		28. Jeff Heth	27:53
		29. Roger Aplon	27:56
		30. Steve Townsend	27:58
		31. Alan McColi	28:00
		32. Era Osibe	28:17
		33. P. VanDerSterre	28:33
		34. Bill Horgos	28:38
		35. Sue Garfield	29:02
		36. Rudy DeMay	29:10
		37. Carol Block	29:18
		37. Sandra Lehmkuhl	29:18
		39. Flicka McGurrian	29:21
		40. Dennis Watson	29:31
		41. Sara McCuskey	30:46
		42. Jeff Ranta	31:02
		43. Jan Warmerdam	31:28
		44. Bill Powning	32:18
		45. Joe Bruno	33:03
		46. Ray Mondini	33:22
		47. Phil Sancimino	33:47
		48. Katherine North	36:04

Participation

49. Modesto Lanzone	35:57
50. Chris Cadalago	38:42
51. Larry Alioto	39:50
52. Steve North	40:03
53. A. Khachadourian	44:30

PILOTS

Stan Hlynsky/Sam Lawson
Berger
Herman Zahler
Bielinski
Kit Lyons
Bob Danielson
Neil Hartnett
Andy Camous
Gordon Cook
Hans Kramer
Beth Fisher

HELPERS

Starter: Vincent & Jessica Huang
Timers: Dan Murphy & Linda Braski
Recorder: Mimi Osborne
Sticks: Hendricka Warner-dam
Ribbons: Mary Sancimino
Kitchen: Pete Sturiale,
Vincent Huang, Phil Rollins, Andy Ach, Carol Block and George Kebbe*
* UNION ST. PRODUCE

1984-1985

POLAR BEAR SWIM

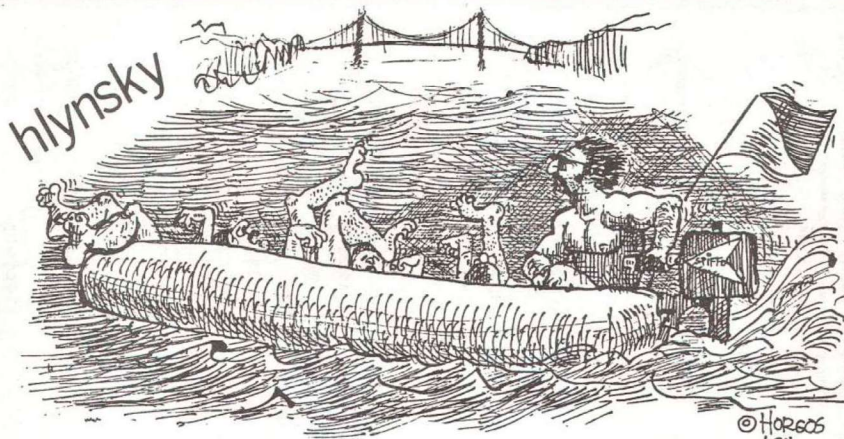
30 & 40 MILES

78 PARTICIPANTS

Dec. 21, 1984 through
March 21, 1985

1. Elmer Tosta	101.5
2. Bill Horgos	90.5
3. Pete Neubauer	88
4. Nancy Fougere	83.5
5. Vincent Huang	82.5
6. George Kebbe	82.5
7. Ray Mondini	70
8. J. Beemsterboer	63
9. Scott Anderson	62
10. Phil Rollins	61.5
11. John Dahlberg	58
12. Don Harrison	56.5
13. David Zovickian	56
14. Pavla Podolska	55
15. Tony Contreras	55
16. Roger Aplon	55
17. David Cohn	54.5
18. Jeff Heth	54
19. Steve Jones	53

DOLPHIN LOG



"SWIMMERS: Instead of helping yourself to a second cup of coffee -- How about helping your cold, wet pilots put their boats away?"

Rules & Regulations

BELOW ARE LISTED RULES AND QUALIFICATIONS FOR CLUB SPONSORED SWIMS. TURN TO BACK COVER OF THIS ISSUE FOR COMPLETE 1985 SWIM SCHEDULE.

RULES

1. Absolutely no guests are allowed to participate in Club scheduled swims.
2. Swimmers must wear fluorescent orange-colored cap in all out-of-cove swims.
3. Out-of-cove swims are limited to a maximum of 60 swimmers and will have a pilot-to-swimmer ratio of 4:1 (Alcatraz limited to 75 swimmers through lottery).
4. Swim sign-up sheets will be posted 2 weeks prior to each scheduled swim. If you do not frequent the club on a regular basis, it is your responsibility to get your name on the sign-up list.
5. Swim completion time limits will be set for each swim.
6. Participating swimmers must be members in good standing; swim fees (\$21) and current dues must be paid prior to participation.
7. New members are not eligible to participate in any scheduled swim for 6 months from date of membership acceptance (board meeting).

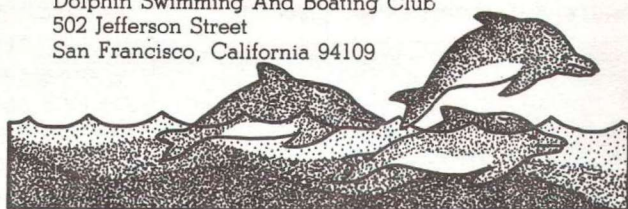
**QUALIFICATIONS TO SWIM ALCATRAZ AND/OR GOLDEN GATE

In addition to rules 1-7 above:

8. In-town members must successfully complete two swims marked with an asterisk plus one additional swim listed on the 1985 swim schedule.
9. Out-of-town members (100 miles from SF) must have successfully completed 2 out of last 3 scheduled Golden Gate and/or Alcatraz swims.
10. Once a member has qualified for Alcatraz/Golden Gate swims, (completion of 3 qualifying swims), non-qualified members will get priority for qualifying swims.

20. Dan Osborne	52.5	30. Cliff Jennings	42	40. Brian Gilbert	39
21. George Buffington	51.5	31. Joe Schatz	41	41. Jill Alban	39
22. Steve Townsend	48.5	32. Bill Powning	40.5	42. Erica Drewes	38.5
23. Reb Anderson	48	33. John Calhoun	40.25	43. Chris Cadalago	33.5
24. Charley Yourd	47.5	34. Pete Applegate	40.25	44. Helene Merchant	31.25
25. Joe Bruno	47	35. Mimi Osborne	40	45. Karen Heisler	31
26. Tom Hofmann	46	36. Sue Garfield	40	46. Sara Rush	30
27. Jerry Cullen	44.5	37. John Dugan	40	47. Carol Block	30
28. M. Cantini-Norkin	43.5	38. Tom McGraw	40	48. Bob McKenzie	30
29. Era Osibe	43	39. Susan Cobb	40	49. Dolores Kamesar	30

Dolphin Swimming And Boating Club
502 Jefferson Street
San Francisco, California 94109



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1985

SWIM

SEASON



Elmer Tosta, Mr. Polar Bear of
1985 with 101.5 miles recorded.

DATE	TIME	EVENT
January 1	Tuesday 10:00 am	New Year's Day Cove
February		Work on Polar Bear and 300 Mile Swims
March 2	Saturday 9:15 am	*Pier 41
21	Thursday	End of Polar Bear Swim
23	Saturday	Spring Cove
21	Sunday 10:00 am	*Dick Beeler Crazy Cove
12	Sunday 9:15 am	*Pier 39
25	Saturday 10:00 am	Cove Handicap
June 1	Saturday	Begin 100 Mile Swim
8	Saturday	Over 60 Cove
21	Friday 6:30 pm	*Twilight Cove
14	Sunday 10:00 am	Cove Invitational (SE Host)
20	Saturday	Tahoe Relay (Non-qualifier)
28	Sunday 8:30 am	*Yacht Harbour
3	Saturday 11:00 am	*Santa Cruz Pier
25	Sunday 8:15 am	*Doc Howard Over 45 (Gas House Cove)
31	Saturday 10:00 am	*Fort Point
September 7	Saturday 8:15 am	Alcatraz**
21	Saturday 7:30 am	Golden Gate I**
22	Sunday 8:45 am	Golden Gate II**
13	Sunday	SE/DC Triathlon
31	Thursday	End of 100 Mile Swim
3	Sunday	End of 300 Mile Swim
9	Saturday	Swimmers and Pilots Awards and & Appreciation Dinner
28	Thursday 10:00 am	Thanksgiving Day Cove
December 21	Saturday	Begin Polar Bear Swim

NOTE: Times and dates subject to change. No riders or guests
allowed in pilot boats. Turn to page 7 for complete swim rules
and qualifications to swim Alcatraz and/or Golden Gate swims.

DOLPHIN LOG

OFFICIAL BULLETIN OF THE DOLPHIN SWIMMING AND BOATING CLUB

Annual Membership Meeting ~ September 18

THE ANNUAL MEMBERSHIP MEETING OF THE DOLPHIN CLUB WILL BE HELD IN THE STAIB ROOM, DOLPHIN CLUB, AT 8:00 P.M. ON WEDNESDAY, SEPTEMBER 18, 1985. AT THE MEETING, THE BOARD OF GOVERNORS SHALL REVIEW WITH THE MEMBERS THE BUSINESS OF THE PAST YEAR, PROPOSED ACTIVITIES FOR THE NEXT YEAR AND MAY PRESENT ANY OTHER ISSUE FOR ACTION OF THE MEMBERS. ALL MEMBERS ARE WELCOME AND ENCOURAGED TO ATTEND.



Happiness is a crowded Dolphin Club dock and deck, shown here during the 1985 Cove Handicap swim.

Swim Scene

DISTANCE "MANIACS" CONQUER SEAL BEACH

Dolphins with a strong ungovernable desire for distance competed Sunday, July 21 in the 17th Annual Seal Beach Rough Water Swim, a U.S.S. Long Distance Championship event. The 8.8 mile course held in sunny Southern California was conquered by Charlie Yourd (4:45), Elmer Tosta (5:08), Tim Callahan (5:12), Peter Neubauer (5:58) and John Dahlberg (6:04).

ABOVE AND BEYOND THE CALL OF DUTY

Thanks to Mary McNamara and Hans Kramer for cleaning up after the June 21 Cove Twilight Swim and Potluck Supper. It seems that there was a mass exodus but that they stayed behind to clean and get boats back to the boathouse.

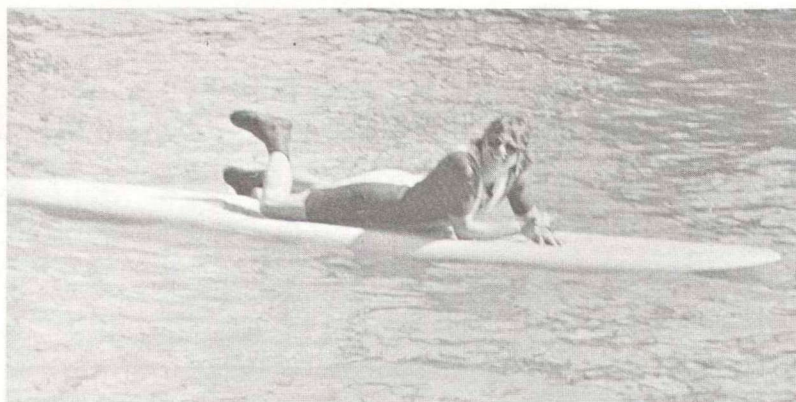
CLUB WELL REPRESENTED AT LAKE TAHOE

Several Dolphin Club teams participated in this year's Olympic Club Lake Tahoe Relay held on July 20. Unlike 1984 when high winds caused a merciless chop and many teams did not finish, this year's event saw super flat water and each team completed the course. The sky was overcast, though, and the calm water did not allow Dolphin Club rough water experts their usual advantage. But as usual, the weekend was a lot of fun for everyone.

CROWDED SWIM SEASON

This year's swim season has been more popular than any before at the Dolphin Club. More than 200 individual participants have competed in Club swims. In some cases, unfortunately, swimmers have been turned away. Safety must be the deciding factor when it comes to allowable limits. Pilot coverage is an important ingredient. Sign up sheets are filled very quickly these days. It is each member's responsibility to watch for these lists and to sign up immediately. If unable to swim, more pilots are always needed.

PAGE TWO



Susan Allen paddling the Cove Handicap Swim.



(L to R) Coleen Madden, Suzanne Heim, Mike Garibaldi, Theani Callahan and Jim Sancimino just before "Pier 39".

ALCATRAZ LOTTERY COMING UP

As in 1984, this year's Alcatraz swim participants will be chosen by a lottery. The lottery will be held on August 31 immediately following the Fort Point swim. The sign-up sheet will be posted the week prior. 75 swimmers will be chosen. Those members who will swim in the Escape From Alcatraz Triathlon are asked but not required to refrain from entering the lottery in order that others be given more opportunity to make the crossing.

NEW BOARDS ADDED TO FLEET

Three long, sleek yellow surfboards have been added to the club's inventory. The boards are fast and longer and can more easily hold two people if required. They are a welcome and needed addition to the Club's fleet of pilot craft. Members who are not swimming in a particular race are urged to pilot -- now there will be more boards available for this important job.



THE DOLPHIN LOG

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DOLPHIN SWIMMING & BOATING CLUB INC

ORGANIZED 1877

INCORPORATED 1888



EDITOR: JEFFREY HOWARD HETH
PHOTOGRAPHER: ELMER TOSTA

OFFICERS AND BOARD OF GOVERNORS 1985

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DOLPHIN LOG - SUMMER '85



The Beaming Beas - Carlos and Louise.



Creating a sensation wherever she goes is Era Osibe.



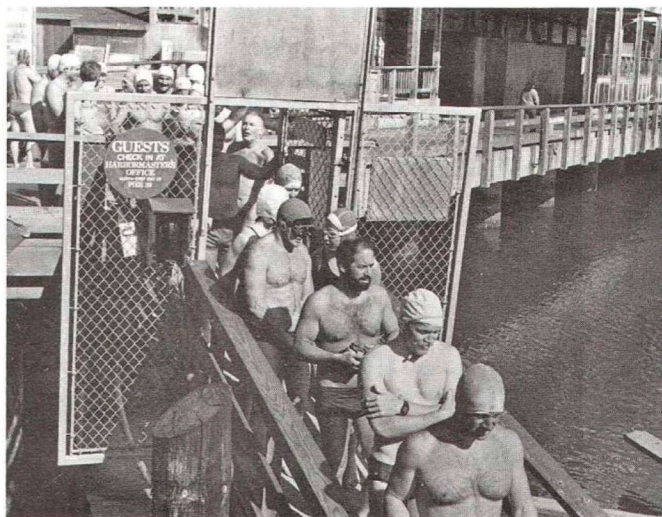
Jan and Hendrika Warmerdam helping at Pier 39 Jump-off.



George Tracy eating - Jack Griffith and friend amused.



Larry Alioto finishing the "Crazy Cove."



Descending in orderly Dolphin single file for "Pier 39."

ROWING & PILOTING SCENE

IT'S GREAT EXERCISE

Rowing activity at the Club continued to rise this summer with boat usage up about 20% from last summer. This activity seems to reflect a national trend toward rowing, a trend similar to jogging experienced a dozen years ago. Rowing is more and more recognized as a "great exercise".

OPEN WATER RACING

Sparked by the return of the Viking, there is also an increased interest in open water racing. Joining veterans Bill Walden, Diane Swanson, Trish Schulz and Neal Snyderman, newer Club members Jim Pivarik, Bill Post and Kit have recently competed in regattas. Jim and Bill posted a win at Petaluma on July 7.

Other members who are interested in racing the Viking and other boats should contact Neal Snyderman or Ned Hoffman.

SAUSALITO REGATTA

On Sunday, April 14th, the Sausalito Rowing Club held its annual rowing regatta. The Dolphin Club was well represented by: Scott Schwartz and Peter Brand (Viking), John Belinsky and Kitt Stycket (Wally Smith), Diana Swanson and Trisha Schulz (Hall Templeton) and Bill Walden (Landucci). The triangular seven mile race course began at the Sausalito ferry landing, continued 2/3 mile outside the Golden Gate, over to Belvedere and back to the ferry landing. The conditions were not favorable; the wind was up, the water was rough, and the fog rolled in just as the race began. But, all the Dolphins finished the race and enjoyed a barbeque lunch at the Sausalito Rowing Club. Neal and Lyrinda Snyderman, Elisa Meyer, Dave Hinton and Meg Riley were on hand at the rowing club to greet the rowers. There are more races to come! Good luck Dolphin rowers.

PAGE FOUR



Piloting for the Cove Handicap swim are smiling Marty Reutinger and Jeanette Klingel.



Keeping the crowded "Handicap" swim under control are water "commandoes" Stan Hlynsky and Sam Lawson.



President Herman Zahler using a little "body language" with Marta Johnson at the Pier 39 swim.

DOUBLES IN DRY-DOCK

Two of our historic Whitehull doubles, the Cronin and the Farrell remain out of service this summer. The Cronin is undergoing major restoration by boat builder John Bielinski and should be returned to service by August 15. The Farrell, which was pushed off our pier and damaged by vandals early this spring, is tentatively scheduled for similar repairs.

WEEKLY TRAINING SESSIONS

Dolphin Club members are reminded of the new rowing training times posted this spring. Rowing trainings are now conducted at 09:00 sharp on the third and fourth Saturdays of each month. While training sessions are most frequently attended by new members, veteran members are most welcome also. You will learn some interesting facts about your Whitehull fleet, and we can also qualify you water-wise veterans rather quickly for recreational rowing.

LAKE MERRITT SPRINTS

The Lake Merritt Sprints of Sunday, April 28, was the setting of the Dolphin Club's first win in the Vancouver class, of the 1985 season.

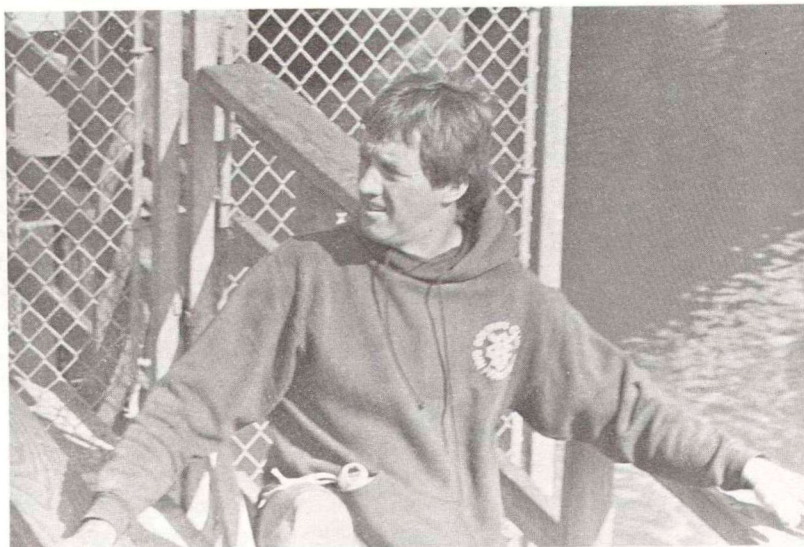
Jim Morino completed the 1,000 meter course with the time of 5:19.9. In his Vancouver 21.

This day-long event drew entries from the entire state and was the first season mixer for both competition and recreational rowers.

TAHOE INVITATIONAL

Eight Dolphins went to the Lake Tahoe Invitational Regatta in early June for a 10 mile race. The quad consisted of Matha Daetwyler, Jim Pivarnik, Heinz Witchelhaus and Jim Marino with coxswain. Neal Snyderman was the first single to finish; only five minutes behind the quad. Steve Wolf and John Stauffer competed in a double and Bill Post competed in a single.

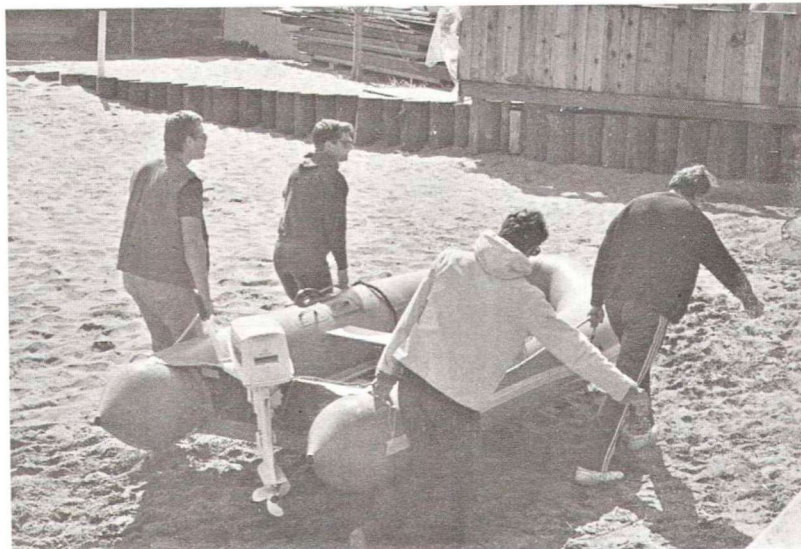
DOLPHIN LOG - SUMMER '85



Bob MacKenzie preparing for "Pier 39".



Neal Hartnett, bringing a boat back after the craziest of "Crazy Coves."



What's wrong with this picture? No swimmers helping the pilots pull their boat out!



Frank Menucci with champion Suzanne Heim.

HEIM ATTEMPTS CHANNEL

As this issue of the Log is going to press, Dolphin champion Suzanne Heim is winging her way across the Atlantic to her first attempt at swimming the English Channel. Accompanied by her parents, trainer Carol Lee-Heltzel, pilot Ray Dixon and five pounds of grease, Suzanne will attempt the course which 3,000 have tried and only 300 have completed.

"My goal is to complete it in 10 to 12 hours -- of course, faster is always better" stated an optimistic Suzanne before her departure. "It's a pure gamble on conditions, though" she added.

Suzanne will make the swim some time between August 10 and August 15. The English Channel Association will decide exactly when she will begin. She will not know until the last minute whether she will be swimming from Dover, England to Calais, France or vice versa. This decision is up to the Channel Association which will also have an observer on board an accompanying fishing vessel to monitor the swim.

Water temperature in the Channel is somewhat warmer than San Francisco Bay at this time of year. Even though it is at a higher latitude, the gulf stream brings the warmer temperature. A 5.6 - 5.8 meter tide is expected.

The swim has been made possible by a generous grant from Hawthorne & Stone Realty, a firm with which Dolphin member and distance runner Rick Murray is affiliated.

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Save Aquatic Park Update

By now, you may have received literature from the Committee to Save Aquatic Park. Contact President Herman Zahler if you have not. These materials include design criteria for the Aquatic Park Master Plan plus a list of people who influence what happens in Aquatic Park. Dolphin Club members should call or write these people to make their views known.

The current Master Plan for Aquatic Parks states "The Swimming and Rowing Clubs along Jefferson Street are major visual and physical barriers to the bay, and they will be relocated if they are placed under the jurisdiction of the National Park Service."

In early 1982 the National Park Service proposed installing a floating time-share condominium hotel in the Cove. The first phase of construction of a solid sheet of concrete breakwater running from the end of Pier 45 to a loop within some 100 feet of the end of Muni Pier has begun. No one knows the effect this breakwater will have on the quality of the water in the Cove.

The National Park Service is proposing to use some 7% of the water surface of the Cove for their "Historic Interpretive Displays".

In the next few months the Board of Supervisors will be asked to certify an Environmental Impact Report that studies removal of up to 320 parking spaces on Jefferson Street while another part of the report studies the impact of running an electric train down the Aquatic Park Promenade with overhead electric wires and speeds which appear to approach some 15 miles per hour. The Planning Commission has already certified that

report.

Please take a few moments to write a letter. Your comments and influence can make a difference.

The Committee to Save Aquatic Park is a joint committee of the Boards of Directors of the Dolphin and South End Rowing Clubs. The purpose of the Committee is to monitor and report to the Boards on activities potentially effecting the physical characteristics of the Cove and environs.

SALUTE TO A VIKING

Veteran Dolphin Tom Tronhum died earlier this year just short of his 85th birthday. An executive at Bethlehem Steel in South San Francisco, Tom was very active at the Club throughout his life, holding the positions of president, board member, rowing coach and swimming coach.

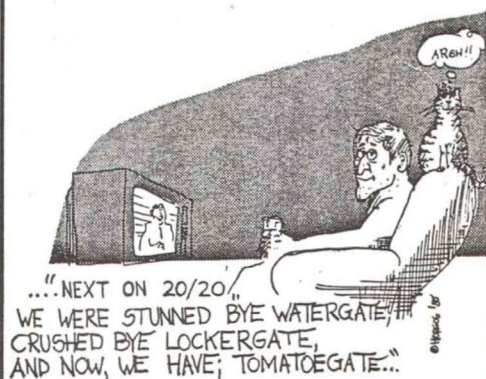
Tom was particularly involved with the Dolphin Club's facility at Lake Merced, at one point maintaining the shells there at his own expense. He held the title of Pacific Coast Rowers Champion in the lightweight division. During his active years, he never missed a club event and was always available to pilot when needed.

SPRING CLEAN UP A BIG SUCCESS FALL VERSION IN THE WORKS

Thanks to all members who pitched in to help make the Dolphin Club's Spring Clean Up such a big success. Below is a partial listing of those who joined the effort:

Lou Marcelli, Herman Zahler, Bill Walden, Silas Hoadley, Zack Stewart, Brian Gilbert, Neil Hartnett, Dodi Marosi, Marty Reitingner, Hans Kramer, Neil Snyderman, Steve North, Ned Hoffman, Andy Camous, Stan Hlynsky, Dan Osborne, Mimi Osborne (kitchen), Jeanette Klingel (kitchen & cheese cake), Tom Hofmann, Jack Giacomini, Bill Horgos, Steve Pinetti, John Bilinski, Dennis Watson, Art Bauer, Karen Heisler, John Horner and Joni Beemsterboer.

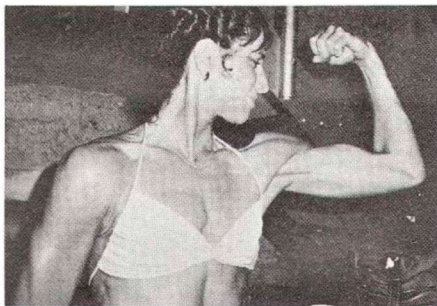
Watch the bulletin board for the announcement of the Fall Clean Up to be held around September.



Weightlifting For Women

As jogging was the sport of the 70's, weight lifting is becoming the sport of the 80's not only for men but also for women. The basic fear of women becoming too muscular and too massive generally doesn't apply since testosterone is needed to build muscle mass. This hormone is primarily provided by the gonads in men and by the adrenal glands in men and women. Women can develop strength, shape their bodies and by working out hard, develop limited muscle mass.

The Dolphin Club weight room provides excellent equipment for a total body workout (with the exception of calves). Using free weights (bar-bells and dumb-bells) exercises can be adapted for the individual, regardless of age, size and/or ability. The difficulty of



Body building contest winner and Dolphin member Sophie Taggart.

free weights is having to learn how to use them since a novice is more prone to injury and might not understand which muscle groups are being stressed by the different exercises. The challenge of free weights is in designing a training regime which will stimulate the muscles from various angles, the possibilities being almost limitless.

In developing physique, nutrition represents an important aspect. Typical bodybuilders have a low percentage of body fat, from a diet emphasizing moderate to high protein, high carbohydrates and low fat. The total caloric intake remains relatively low, particularly prior to competition. Becoming aware of what

to eat -- fiber content, number of calories, type of nutrient and sodium content -- is necessary in order for a bodybuilder to succeed.

Mind power, often referred to as visualization, is a tool which many athletes use to enhance their performance. In order to get maximum results, a bodybuilder must learn to enjoy pushing themselves to total muscle fatigue in workouts. It is helpful to visualize doing the sets prior to actually picking up the weights; this also includes mentally mapping out the entire workout. Visualizing the "ideal self" acts as a motivator as the athlete moves toward her personal best.

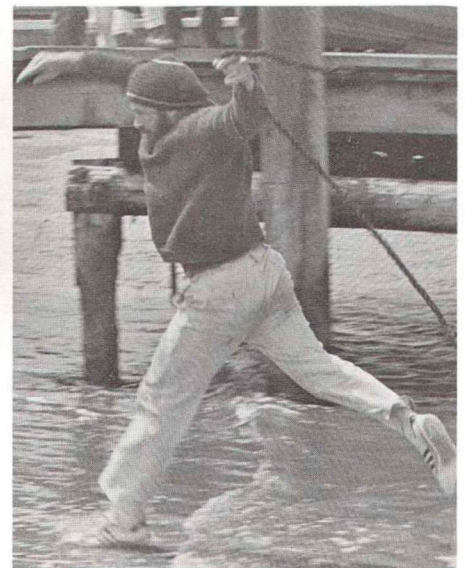
The bodybuilding lifestyle emphasizes regular vigorous exercise, maintenance of nutritious diet and development of a positive mental attitude. The benefits include increasing strength, learning self discipline, becoming less prone to body injury, improving self esteem, lowering cholesterol, lowering total body fat, lowering coronary risk -- and it's fun!!

How to get started? Some basic information is available at your local news stand. There are several magazines about weight training for men and women at various levels of ability. The next step is to go into the gym and try out the exercises demonstrated in the magazines by the world's best bodybuilders.

TAKING CARE OF BUSINESS

A reminder: The Club does not grant any leaves of absence. The only exception is for time served in the armed forces. Please pay dues by check or money order. **NO CASH.** With the new computerized system in operation, we do not have a dues card any more. Dues are payable in advance and quarterly. Please notify the club of any address change; either your own or that of your friends who may not see this notice. Thanks for your cooperation.

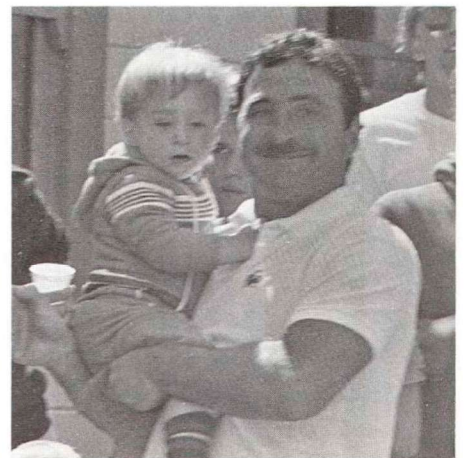
-Dave Hinton, Financial Secretary



Tim Callahan displaying excellent form as he executes the "Dolphin Pilot Leap" at the Dick Beeler Crazy Cove Swim.



The giant hand of Dino Landucci dwarfs Diane Anderson's, after "Pier 39."



Papa Bear Steve Sancimino.

Miserable Lowly Pollywogs Subpoenaed To Appear

Some people think Dolphin members are a little crazy to be swimming in the Bay at all, but that's nothing compared to what the Dolphin Club was up to in 1955 when current Governor and former recording secretary Brian Gilbert was "initiated" into the Club at age nineteen.

New members (miserable, lowly pollywogs) were then subpoenaed to appear before the High Court of Neptunus Rex, King of the Seven Seas, to answer charges including that of "sporting" in the Bay; threatened with the penalty of certain doom and worse.

The initiation was actually a very mild one and beyond being beaten with

branches and submitting to a little "body painting", the event was mostly a big picnic.



Brian Gilbert, 30 years before.

SUBPOENA

A Miserable, Lowly Pollywog
Defendant

vs.

Dolphin Swimming & Boating Club
Plaintiff

You are hereby summoned to appear before the Royal Court of King Neptune at the place and date below stated to answer for specific crimes committed in the Realm of His Majesty, to wit:

You have sported in the Waters of San Francisco Bay without Royal permission.

You have used the honorable and esteemed name of "Dolphin" without having been initiated into the Mysteries of the Dolphin Swimming & Boating Club.

For these crimes you are ordered to appear before their Majesties King and Queen Neptune to be judged and sentenced, according to the fate due any lowly, miserable pollywog for unwarranted transgressions against the High and Mighty Order of Dolphins.

BEWARE OF DEFAULT! Failure to appear as summoned incurs the full wrath of our most ungracious Majesties and is certain to foretell a doomed and fateful future for you, your heirs and assigns.

YOU ARE TO APPEAR AT PARADISE COVE
THE ROYAL BARGE WILL DEPART THIS SUNDAY AT 9:30 A.M.
FROM PIER 43½. TICKETS \$1.50. BRING LUNCH & SWIM TRUNKS.

SUBPOENA

IN THE
HIGH COURT
OF
NEPTUNUS REX

King of the Seven Seas,
Protector of the
Waters of
San Francisco,
and
Mighty Potentate
of the Grand Order
of Dolphins

Actual historic documents from 1955 "initiation".

While looking through an old scrap book, Dolphin Stan Hlynsky came across an old group photo taken at the event. He was amazed that Brian Gilbert doesn't look much different now than he did then. Brian gave the Log permission to publish his picture but asked that Stan submit one of himself at age 19 for the next issue.

SCIENTIFIC DATA UNEARTHED

There has been much speculation about water temperature in the San Francisco Bay over the years. Despite highly accurate Dolphin Club measuring devices and personnel, stories from Dolphin Old-Timers vary as much as their political points of view. To settle the matter once and for all, the Log has acquired scientific data from the National Oceanic and Atmospheric Administration -- actual water surface temperatures taken from tide station #941-4290 (Fort Point) from 1921 through 1980.

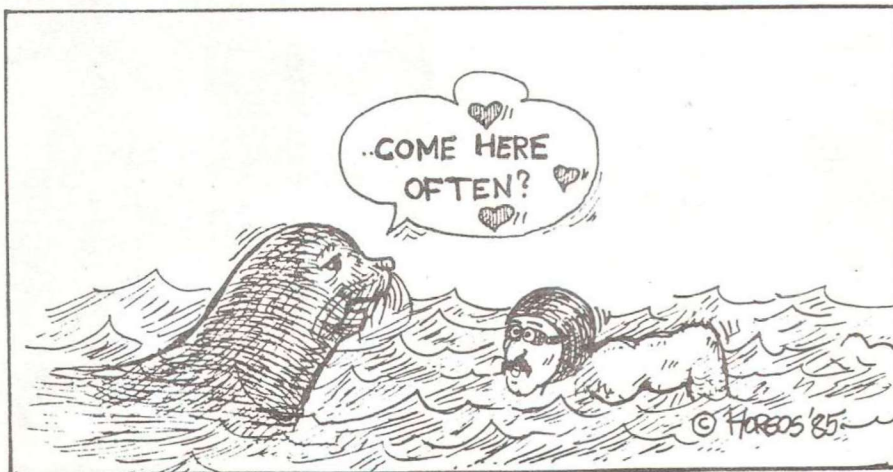
The coldest year overall was 1956 when the mean temperature was 53.8 degrees. Warmest year overall was 1940 when the mean temperature was 57.5.

The coldest individual months were January of 1960 and 1962 and December of 1961 when minimum extreme temperatures of 41 degrees were recorded. Warmest month was June of 1958 when surface temperature in the Bay reached a maximum extreme of 68 degrees for some unexplained reason -- more often the months of August showed the highest temperatures during the 50 year period.

Mathematically-minded members who are looking for some truly exciting bed-time reading material are welcome to borrow these monthly data sheets from the Log.

IN MEMORIAM - GORDON COOK

Past Dolphin Club president and life member Gordon Cook died on Monday, August 5th, 1985. He will be sorely missed by his friends and members. He will be remembered by his boat, the "Good Luck" which he gave to the club.



SWIM RESULTS

DICK BEELER CRAZY COVE SWIM

Sunday, April 21, 1985

Conditions: Overcast, light drizzle. NW cool breeze, 58 dgrs. Water temp. 56 dgrs. Low-5:57, .01. HI-12:57, 4.2 Moderate to heavy flood. 10:05 Jump Off. Course designed by Vincent Huang and Phil Rollins.

1. Susanne Heim	36:05
2. Charles Yourd	36:13
3. Bob Colyar	41:40
4. George Kebbe	41:45
5. Ed Urban	42:11
6. Phil Rollins	43:54
7. Elmer Tosta	44:32
8. Brian Gilpin	44:56
9. Steve Jones	45:52
10. Diane Campbell	46:38
11. Lori Weiner	47:00
12. Joni Beemsterboer	49:28
13. Jim Hulihan	50:15
14. Pete Neubauer	50:16
15. David Zovickian	50:45
16. Glynn Jones	52:17
17. Phil Collins	52:25
18. John Dahlberg	53:38
19. C. VonBlankenberg	53:58
20. Dianne Swanson	54:13
21. George Buffington	54:36
22. Nancy Fougere	56:29
23. Vincent Huang	56:48
24. Cliff Jennings	57:19
25. Roger Kleid	59:05
26. Bill Horgos	60:02
27. Jerry Cullen	60:08
28. Tom Callinan	60:09
29. Neal Fishman	60:37
30. Jeff Ranta	60:55
31. John Horner	61:17
32. Norm Duffet	62:07
33. Jeff Heth	62:46
34. George Gara	63:04
35. Karen Heisler	63:20
36. Thad Carhart	65:24
37. Alan McCall	67:57
38. Sue Garfield	68:25
39. Tony Contreras	70:53
40. Bill Callahan	72:36
41. Don Harrison	78:17
42. Joe Bruno	78:57
43. Bill Powning	84:38
44. Larry Alioto	98:47

DNF: George Tracy, Sandra Lehmkuhl, Louise Bea, Sue Cobb, Tom McGraw, John Dougan, Dodie Marosi, Karen Boyer, Steve North, Gail Nelson.

PILOTS: Beth Fisher, Herman Zahler, Stan Hlynsky, Gordon Cook, Bill Walden, Andy Camous, Cab Covay, Neil Hartnett, Bob McKenzie, Joe Schatz, Dan Osborne, Sam Lawson.

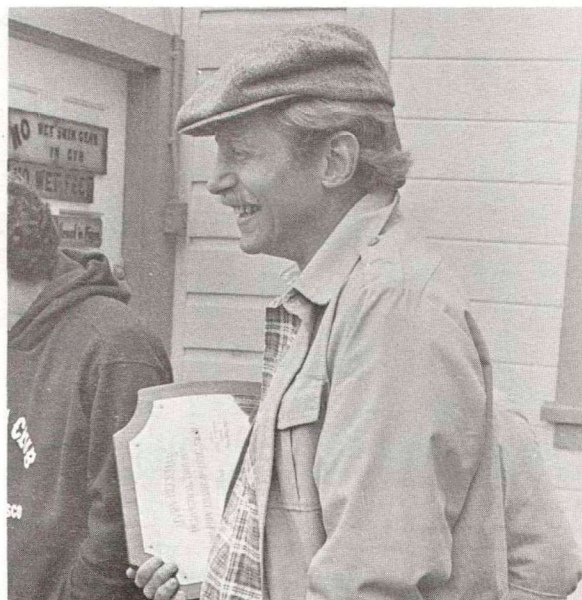
HELPERS: Linda Braski, Andy Ach, Carol Block, Henrika Warmerdam, Pete Sturiale, Dan Murphy, Giacomini, Dave Hinton, Mimi Osborne.

SPECIAL THANKS TO: Phil Collins (Spinnaker Restaurant, Sausalito) for the home-made clam chowder and to Henrika Warmerdam (Orchard-in, 78 O'Farrel St., S.F.) for the croissants.

PIER 39 SWIM Sunday, May 12, 1985

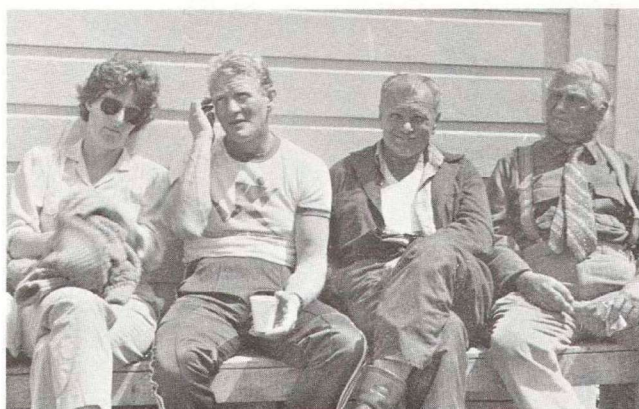
CONDITIONS: Clear, warm, sunny day. 63 dgrs. Light breeze. Strong ebb, smooth, flat. High: 00:22, 4.5. Low: 13:03, 0.3. Staggered start: 9:15 - 9:20 a.m. Net times:

1. Mike Garibaldi	22:59
2. Susanne Heim	23:08
3. Pete Applegate	25:11
4. Laura Merkl	25:37
5. John Ladd	25:37
6. Dan Osborne	26:07
7. Tom Hofmann	27:21
8. Nick Demay	27:53
9. Roberta Boomer	28:52
10. Eric Shackelford	29:06
11. John Dugan	29:44
12. Lisa Smith	30:01
13. George Buffington	30:11
14. Kathryn Cleary	30:13
15. Nancy Fougere	30:19
16. George Gara	30:35
17. Neil Hartnett	30:38
18. Bill Horgos	30:50
19. Colleen Madden	31:05
20. Peter Jacobson	31:05
21. Scott Anderson	31:25
22. Rich Cooper	31:37



Numero Uno at the 1985 Cove Handicap Swim is smiling Jim Ross.

23. Norm Duffet	31:59	62. Joe Bruno	40:45
24. Cliff Jennings	32:04	63. Jim Sancimino	41:42
25. Helene Marchant	32:08	64. Steve North	42:05
25. Herb Madden	32:08	65. Pavla Podalska	42:38
27. Roger Aplon	32:17	66. Bill Powning	43:45
28. Tom Callinan	32:19	67. George Tracy	84:58
29. Neal Fishman	32:22		
30. John Horner	32:25	<u>PILOTS:</u>	
31. P. VanDerSteere	32:38	Hughes: Marty Reutinger & Jeanette Klingel	
32. Jeff Ranta	32:48	Foster: Jim Crowden	
33. Tim Callahan	32:51	Viking: Bill Berger & Ned Hoffman	
34. Bill Callahan	32:56	Baggiani: Bill Walden	
35. Thad Carhart	33:13	Good Luck: Phil Rollins	
36. Flicka McGurrin	33:32	Cuthbert: Danielson	
37. Dennis Watson	33:38	Landucci: Zack Stewart	
38. Mark Steinborn	34:03	O'Shea: Hans Kramer	
39. Louise Bea	34:33	Small: Neal Snyderman	
40. Margy Felcher	34:38	: John Bilenski & Gus	
41. Jan Warmerdam	34:50	Avon: Sam Lawson, Herman Zahler & Stan Hlynsky.	
42. Pete Bianucci	35:11	Paddleboards: Jeff Heth, Susan Allen & Jeff Gately.	
43. Dolores Kamesar	35:24		
44. Diana Anderson	35:27	<u>SERC PILOTS:</u> Perry Nennig, Kennedy, Patty Moffat, Mike Dunn, Mel Trowbridge, Sharon Ann Kishinka, Yuki, Mike Berline, Shawfu, Bill Payne, Zeb Stewart, Dan Marshall, John Brannan.	
45. Katie Maloney	35:38		
46. Alan McColl	35:55	<u>HELPERS:</u> Starter: Vincent Huang. Timer/Recorders: Dan Murphy, Linda Braski, Mimi Osborne, Carol Block, Henrika Warmerdam, Cathy Huang. Galley: Pete Sturiale, George Kebbe (Union St. Produce).	
47. Steve Sancimino	35:57		
48. Joe Schatz	36:03		
49. Harvey Gately	36:15		
50. Kelly Robbins	36:26		
51. Rich Antonchuk	36:31		
52. Robin Phalen	36:56		
53. Tom Sancimino	37:33		
54. Noel Frelicot	37:52		
55. Era Osibe	38:15		
56. Bob McKenzie	38:40		
57. Phil Sancimino	39:01		
58. Bernhard Schmidt	39:51		
59. Nick Zoller	40:11		
60. Carlos Bea	40:19		
61. Ray Mondini	40:27		



(L to R) Unidentified woman, Alan McColl, Hans Kramer and Ray Saviano lining up on the bench after the Dick Beeler Crazy Cove swim.



(L to R) Ray Mondini, Katie Malone, Flicka McGurri and Robin Phalen mixing and mingling after the Pier 39 swim.

COVE HANDICAP SWIM - SATURDAY, MAY 25

Conditions: Cool, light winds, overcast skies, light drizzle. Water: Slight Chop, end of ebb with light push. High: 03:01, 5.2. Low: 10:10, -0.5

Course length: Approximately 1 mile.

Handicap Spread: Start - 22 minutes. Finish - 14 minutes.

	Handicap	Elapsed Time	Net Time	Net Place
1. Jim Ross	3:00	33:31	30:31	50
2. Nick Zoller (tie)	3:30	33:46	30:16	48
3. Era Osibe	5:30	35:06	29:36	44
4. Joe Schatz	7:30	35:12	27:42	32
5. Noel Frelicot	5:30	35:17	29:47	47
6. Dolores Kamasar	4:30	35:21	30:51	53
7. Rich Antonchuk	6:30	35:42	29:12	40
8. Sandra Lehmkuhl	5:30	36:17	30:47	52
9. Margy Titus	8:30	36:19	27:49	33
10. Roger Kleid	10:00	36:40	26:40	28
11. Louise Bea	8:30	36:43	28:13	35
12. Jim Sancimino	1:00	36:52	35:52	60
13. Carlos Bea	3:30	37:17	33:47	56
14. Susan Cobb	10:00	37:21	27:21	29
15. Joe Bruno (tie)	3:00	37:41	34:41	58
16. Mark Steinborn	8:30	37:44	29:44	46
17. Alan McColl	7:30	38:09	30:39	51
18. Kathryn Cleary	13:15	38:14	24:59	23
19. Herb Madden	10:45	38:16	27:31	30
20. Jeff Heth	10:45	38:22	27:37	31
21. Brian Borwn (SERC)	22:00	38:31	20:01	5
22. John Dugan	13:15	38:38	25:23	24
23. Don Reid	0	38:48	38:48	62
24. Tom McGraw	13:15	38:52	25:37	25
25. David Zovickian	14:45	39:02	24:17	19
26. Todd Oppenheimer	18:30	39:03	20:33	7
27. Jim Griffith	22:00	39:06	17:06	1
28. Norm Duffet	10:45	39:07	28:22	36
29. Roger Aplon	10:45	39:10	28:25	38
30. Dennis Watson	10:00	39:14	29:14	41
31. Shelly Sullivan	11:45	39:16	24:31	21
32. Mike Bassi	10:00	39:19	29:19	42
33. Glynn Jones	15:15	39:31	24:16	18
34. Bill Callahan	10:00	39:32	29:32	43

35. Maida Taylor	10:00	39:39	29:39	45
36. Steve Duffy	3:00	39:45	36:45	61
37. Phil Rollins	18:30	39:46	21:18	10
38. John Ladd	20:00	39:49	19:49	4
39. Tom Neill	18:00	39:50	21:50	13
40. Roberta Boomer	16:00	39:53	23:53	16
41. Dan Osborne	18:30	39:55	21:25	11
42. Elmer Tosta	18:30	39:59	21:29	12
43. Phil Collins	15:15	40:10	24:35	22
44. Bob McKenzie (tie)	5:30	40:11	34:41	58
45. F. McGuerin (tie)	10:00	40:16	30:16	48
46. Eric Shackelford	16:00	40:18	24:18	20
47. Ed Urban	19:30	40:26	20:56	9
48. Colleen Madden	14:15	40:29	26:14	27
49. Jan Warmerdam	8:30	40:35	32:05	55
50. Bill Horgos	12:15	40:39	28:24	37
51. Bob Momsom	22:00	40:40	18:40	2
52. Ed King (SERC)	22:00	40:45	18:45	3
53. George Kebbe	20:00	40:53	20:53	8
54. Jim Harwood	18:30	41:03	22:33	14
55. Tim Callahan	17:00	41:05	24:05	17
56. Nancy Fougere	13:15	41:10	27:55	34
57. Ron Rawson	21:00	41:28	20:28	6
58. Tom Hofmann	18:00	41:30	23:30	15
59. Diane Swankson	16:00	41:40	25:40	26
60. Barbara Soloman	1:00	41:50	41:45	63
61. Steve North	0	42:45	42:47	64
62. Pat Fuji	14:45	42:47	29:02	39
63. Lorna Newlin	11:45	43:47	32:02	54
64. Don Harrison	10:00	44:31	34:31	57
65. Jack Griffin	0	47:31	47:31	65
66. George Tracy	****	****	65:15	66

PILOTS: Andy Camous, Bill Walden, Ned Hoffman, Beth Fisher, Herman Zahler, Gordon Cook, Sam Lawson, Stan Hlynsky, Hans Kramer, Neil Hartnett.

RACE OFFICIALS: Dan Murphy, Linda Braski, Mimi Osborne, Hendrika Warmerdam, Cathy Huang, Vincent Huang.

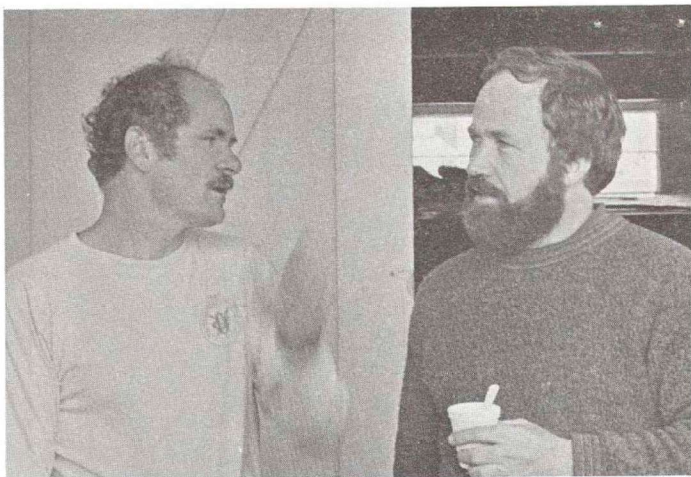
KITCHEN HELP: Pete Sturiale, Ginny Hofmann, Peter Crosby, Jack Giacomini.

COURSE SET UP: Stan Hlynsky, Sam Lawson.

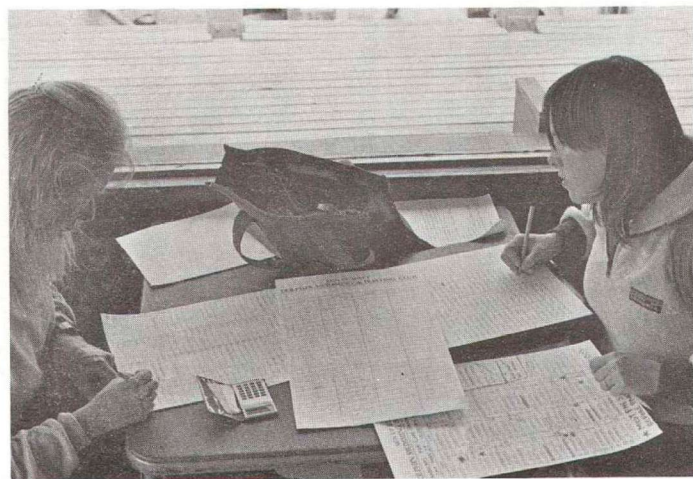
HANDICAPPERS: Phil Rollins, Vincent Huang.

SPECIAL THANKS TO FLICKA MC GUERIN, OF THE COOKING COMPANY AND PIER 23 CAFE FOR A FANTASTIC BREAKFAST.

DOLPHIN LOG - SUMMER '85



Bill Callahan (L) is trying to explain this year's craziest of "Crazy Cove" courses to Tim Callahan (no relation).



Mimi Osborne (L) and Cathy Huang are in complete concentration tabulating the difficult Cove Handicap results.

OVER 60 COVE SWIM

Saturday, June 8, 1985

CONDITIONS: Water: 57 dgrs., Calm. Blue skies. Distance $\frac{1}{2}$ mile +.

AGE 60 - 64:

- | | |
|----------------------|-------|
| 1. Glynn Jones | 13:39 |
| (Overall Winner) | |
| 2. Frank Doghlan (3) | 15:20 |
| (SERC) | |
| 3. Bill Powning (5) | 18:17 |
| 4. Art Bauer (10) | 26:33 |
| 5. George Tracy (13) | 35:54 |

AGE 70 - 74:

- | | |
|-------------------|-------|
| 1. Joe Bruno (6) | 18:33 |
| 2. Frank Drum (9) | 21:39 |

AGE 80+:

- | | |
|--------------------|-------|
| 1. Bill Greer (12) | 33:10 |
|--------------------|-------|

AGE 65 - 69:

- | | |
|-------------------------|-------|
| 1. John Bricker (2) | 14:40 |
| (SERC) | |
| 2. Nick Zoller (4) | 16:09 |
| 3. Charlie Rockwood (7) | 19:38 |
| 4. Hal Miramonte (8) | 21:28 |
| 5. Bill O'Brien (11) | 28:14 |

PILOTS: Bill Walden (sngl.), Andy Camous (sngl.), John Bilenski (sngl. "Spectre"), Herman Zahler (dbl.), Bill Horgos (sngl.), John Dugan (board), Tom McGraw (kayak), Hans Kramer (sngl.), Ned Hoffman (dbl.), Tom Hofmann (paddleboard & camera).

HELPERS: Jan Warmerdam: Starter, awards. Carol Block: timer. Dan Murphy: Recorder.

DOLPHIN LOG - SUMMER '85

Henrika Warmerdam: Finish sticks and congratulatory kisses. Pavla Pololska. Cheering Gallery: Jeff Heth, Joe Schatz, Ginny Hofmann, Mrs. Rockwood, Mrs. Miramonte, Mrs. Greer. Susan Cobb: Camera. Mimi Osborne.

GALLERY: Pete Sturiale & Bert Arias.

COVE TWILIGHT SWIM

Friday, June 21, 1985

CONDITIONS: Windy, Medium Chop, overcast, air cold. High: 16:02, 4.6 ft. Low: 20:04, 3.4 ft. Course Design: Vincent Huang. Course Set-Up: Stan Hlynsky, Sam Lawson. Jump-off 6:30 p.m.

Long Course - 1.5 miles

- | | |
|-------------------|-------|
| 1. Jim Griffith | 31:42 |
| 2. Charles Yourd | 32:37 |
| 3. John Osterloh | 33:40 |
| 4. Bob Momsen* | 34:15 |
| 5. Susanne Heim | 34:19 |
| 6. Ed King (SERC) | 35:25 |
| 7. Sean Kelly | 35:52 |
| 8. Bill Van Horn | 38:12 |
| 9. Rick Nelson | 38:17 |
| 10. Charlie Raven | 38:54 |
| 11. Laura Merkel | 39:50 |
| 12. Brian Gilpin* | 39:52 |
| 13. Bob Colyar | 39:57 |
| 14. Cathy Huang | 41:38 |
| 15. Jim Hulihan | 42:54 |
| 16. Karen Drucker | 42:55 |
| 17. Dan Osborne | 52:58 |
| 18. Phil Gay | 43:11 |
| 19. Tim Callahan | 43:15 |

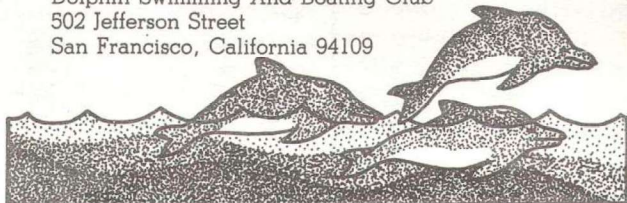
- | | | | |
|-----------------------|-------|---|--------|
| 20. Lori Weiner | 43:28 | Short Course - 1+ mile | |
| 21. Tom Hofmann | 44:00 | 1. Wayne Riddle | 30:17 |
| 22. Joni Beemsterboer | 45:07 | 2. Julie Berniker | 32:04 |
| 23. Pete Neubauer | 45:52 | 3. Era Osibe | 38:14 |
| 24. David Zovickian | 46:21 | 4. Bob Danielson | 39:02 |
| 25. George Gara | 47:01 | 5. Don Harrison | 40:00 |
| 26. Phil Collins | 47:22 | 6. Steve Sancimino | 40:19 |
| 27. Kathryn Cleary | 47:38 | 7. Dennis Watson | 40:37 |
| 28. Lisa Smith | 48:20 | 8. Bill Powning | 41:17 |
| 29. Ron Mass | 48:35 | 9. Dan McGill | 41:20 |
| 30. Diane Swanson | 48:59 | 10. Jim Sancimino | 43:12 |
| 31. Roz Naylor | 49:02 | 11. Joe Bruno | 43:48 |
| 32. Coleen Madden | 49:17 | 12. Bob McKenzie | 45:56 |
| 33. C. VonBlankenberg | 49:22 | 13. Don Reid | 53:06 |
| 34. Vince Huang | 49:55 | 14. Steve North | 58:25 |
| 34. Margie Titus | 49:55 | 15. George Tracy | 105:45 |
| 36. Peter Jacobson | 50:45 | | |
| 37. Herb Madden | 50:50 | PILOTS: John Belinski, Gordon Cook, Jack Griffin, Jim Growden, Neil Hartnett, Stan Hlynsky, Karen Jacobs, Tom Koger, Hans Kramer, Sam Lawson, Tom McGraw, Bill Walden. | |
| 38. Shelley Sullivan | 51:09 | RACE OFFICIALS: Carol Block, Linda Braski, Dan Murphy, Mimi Osborne, Pavla Podolska, Phil Rollins, Henrika Warmerdam. | |
| 39. Nancy Fougere | 52:35 | KITCHEN HELP: Herman Zahler, Jack Giacomini. Special thanks to all the Sanciminos and their Swan Oyster Depot for the clam chowder! | |
| 40. Pat Fuji | 52:45 | | |
| 41. Jerry Cullen | 53:08 | | |
| 42. Susan Cobb | 53:16 | | |
| 43. Joe Schatz | 53:19 | | |
| 44. Rich Antonchuk | 53:21 | | |
| 45. Cliff Jennings | 53:25 | | |
| 46. Maida Taylor | 53:44 | | |
| 47. Nanette Maynard | 54:30 | | |
| 48. John Horner | 55:06 | | |
| 49. Dodi Marosi | 55:10 | | |
| 50. Bill Horgos | 55:18 | | |
| 51. Alan McColl | 55:48 | | |
| 52. Mary Sancimino | 55:55 | | |
| 53. Brock Settlemeier | 59:01 | | |
| 54. Michael Bassi | 61:03 | | |
| 55. Tom Weil | 61:49 | | |
| 56. Susan Lauritzen | 62:07 | | |
| 57. Ted Helinski | 62:58 | | |
| 58. Dolores Kamesar | 63:27 | | |
| 59. Steve Duffy | 64:34 | | |
| 60. Lorna Newlin | 68:35 | | |
| 61. Chris Cadelago | 70:33 | | |

* Missed last buoy-steel can

DANCE PARTY BIRTHDAY AND BAR B QUE

AUGUST 31 - SATURDAY
LABOR DAY WEEKEND
BETH FISHER
RSVP 391-5501

Dolphin Swimming And Boating Club
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San Francisco, California 94109



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Fifty four crazy swimmers entering the water in this year's Dick Beeler Crazy Cove swim - the craziest course yet, courtesy of Phil Rollins and Vince Huang.

1985 SWIM SEASON

- HALF OVER BUT NOT FORGOTTEN -

August	10	Saturday	11:00 am	*Santa Cruz Pier
	25	Sunday	8:15 am	*Doc Howard Over 45 (Gas House Cove)
	31	Saturday	10:00 am	*Fort Point
September	7	Saturday	8:15 am	Alcatraz**
	21	Saturday	7:30 am	Golden Gate I**
	22	Sunday	8:45 am	Golden Gate II**
October	13	Sunday		SE/DC Triathlon
	31	Thursday		End of 100 Mile Swim
November	3	Sunday		End of 300 Mile Swim
	9	Saturday		Swimmers and Pilots Awards and & Appreciation Dinner
	28	Thursday	10:00 am	Thanksgiving Day Cove
December	21	Saturday		Begin Polar Bear Swim

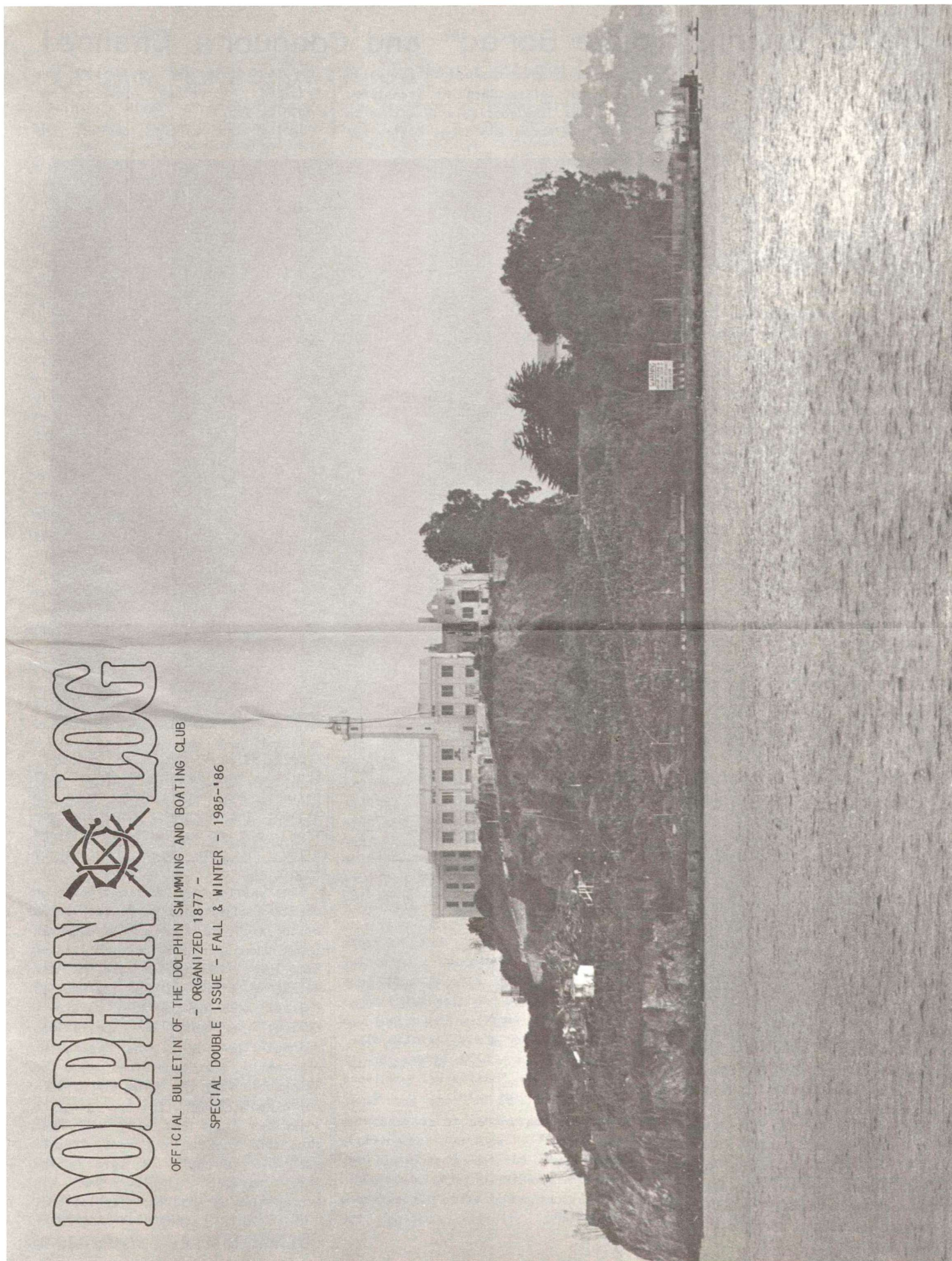
NOTE: Times and dates are subject to change. No riders or guests are allowed in pilot boats. There are specific rules and regulations governing Dolphin Club swims. These rules are outlined on the swim schedule which is posted at the Clubhouse. Copies of the schedule are available from the swim commission. See the Spring issue of the Dolphin Log for these rules.

DOLPHIN LOG

OFFICIAL BULLETIN OF THE DOLPHIN SWIMMING AND BOATING CLUB

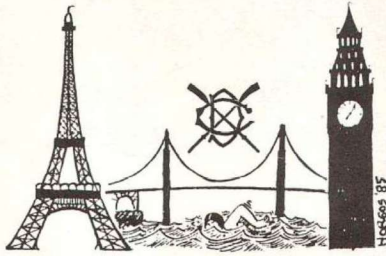
- ORGANIZED 1877 -

SPECIAL DOUBLE ISSUE - FALL & WINTER - 1985-'86



Heim "Learns to be Bored" and Conquers Channel

By Jeff Heth



While her proud parents watched, beaming with pride, Suzanne Heim enchanted a packed crowd in the Staib Room of the Dolphin Club one September evening with the story of her dramatic English Channel swim.

On August 18, 1985, Suzanne Heim became the 39th American; 87th woman and 264th person to successfully swim across the English Channel. There have been 3500 attempts; only one in five have completed the famous 21 mile course. Suzanne's goal had been to swim the distance in ten to twelve hours. Her time, in fact, was ten hours and eleven minutes.

Using colorful slides, audio tape recordings and her stream - of - consciousness recollections; Suzanne

gave an excellent presentation which kept her fellow Dolphins transfixed for hours. She particularly wished to thank Hawthorne and Stone Realty for

crossing only days before she was required to return home to her teaching job.

During the waiting period, she



THE DOLPHIN LOG

PUBLISHED BY THE
DOLPHIN SWIMMING & BOATING CLUB INC
ORGANIZED 1877

EDITOR: JEFFREY HOWARD HETH
PHOTOGRAPHY: ELMER & JILL TOSTA

OFFICERS AND BOARD OF GOVERNORS
1986

President	Stan Hlynsky
Vice President	John Dahlberg
Treasurer	Sam Lawson
Financial Secretary	David Hinton
Recording Secretary	Dr. Scott Anderson

Board Of Governors: Tom Hofmann, Vince Huang, Herman Zahler, Katie Maloney, Dan Osborne, Tom Gould, Bill Horgos, Louise Bea, Phil Rollins.

PAGE TWO

underwriting the effort with a sizeable grant. Considerable expenses were incurred including air fare, housing, pilot boat and various fees. Suzanne also gave credit to the support and example of other Dolphins who were logging incredible distances themselves while she was preparing for her swim.

With trainer Carol Lee Heltzel, Suzanne had developed a training regimen of daily 2½ - 3 hour pool swims with 1 - 2 hour Bay swims three or four times weekly. The object was to "exhaust" her arms. Training distances averaged 1700 meters or 11 miles per day. "Basically, you learn to be bored," she said.

Suzanne was forced to contend with the worst weather conditions experienced in the Channel in the past 25 years. In fact, she had to wait almost three weeks for suitable conditions; finally making the

trained daily in the harbor at Dover, England, meeting people from many nations who were also there to attempt the Channel, including one from India who was deaf and dumb and blind in one eye. Talk about inspiring!

The waiting period left her on constant edge; made worse with three different false alarms. The decision about when and in which direction to make the crossing is made for the swimmer by officials from the English Channel Association. They carefully control the swim and verify the authenticity of the results. Apparently the conditions were so changeable that the false alarms were unavoidable. But finally, after a sleepless night and a 2½ hour boat ride from England to France, Suzanne was able to begin her swim in the grey morning light. She was accompanied by a 30 foot fishing boat
(continued on page 11)

DOLPHIN LOG - FALL & WINTER/1985-'86

Bruno Makes 50th Gate Crossing

Amidst a wildly cheering crowd at the annual Awards Dinner, past president Frank Drum presented Joe Bruno with a plaque commemorating his fiftieth crossing of The Golden Gate on September 21, 1985.

1933 was the year that Joe first swam the Gate. That year, he recalls, the swim was sponsored by the "San Francisco Chronicle". Of the 250 contestants who signed up, 150 started and only 87 finished. The swimmers jumped in near the cofferdam that surrounded the north tower of the Golden Gate Bridge, which was still under construction, and swam to the Coast Guard station west of Crissy Field. The weather and water conditions were so bad that swimmers were plucked out of the water as far east as Alcatraz. That was the first and last year that the "Chronicle" sponsored the swim.

Joe has swum the Golden Gate every year since 1933 except for 1942 and 1943 when the crossings were halted because of the war and in 1980 and 1983 when he had a fever of over 103 degrees. In 1978 he crossed twice, once with the Saturday swimmers and again the very next day with the Sunday group. He also swam the Gate twice in 1979.

But Gate crossings are far from Joe's only triumphs. He's completed over 325 open water swims, including 24 Yacht Harbor swims, 16 Santa Cruz Pier swims, 18 Alcatraz swims and two Stinson Beach swims. Unfortunately,

the presence of sharks brought an abrupt halt to the Stinson Beach swims in 1951. In November of 1937 Joe swam a mile and a half from Pier 31 to Treasure Island in celebration of the Golden Gate International Exposition. In addition to playing



Joe Bruno

championship water polo and handball for the Dolphin Club, he rowed for the club in the 1941 San Diego Regatta.

Joe still swims every day, and he is the only swimmer who has been actively competing in open water swims since 1933.

Why Do We Do It?

Who needs a fountain of youth or cocoons on the bottom? We Dolphins have our own elixir of life just outside the back door. A dip in the Bay lifts the spirits, quickens the pulse, stretches the muscles and lightens the daily burden better than any martini.

Twice a day the tides from infinities of Pacific flood the Bay with water pure as mountain rain, and twice a day carry the impurities away. The rage of storms, the kiss of sunshine and the flight of wind give us water worthy of the name H₂O: two parts of hydrogen and one part of oxygen, both

chemicals absolutely essential to life and rebirth.

Most Dolphins would rather swim in swamp water than in public pools, where the H₂O is two parts hyper-chlorine and one part sun tan oil, and is about as warm as the minestrone at Modesto Lanza's.

Some say the sea is the Mother of creation, the source of original life. That becomes believable when you take a daily swim in the cove. You can forget the nostrums and other panaceas for long life.

-Bill Greer

This year's new Board of Governors and officers will be inaugurated at a special installation dinner dance to be held Saturday, February 15 at the Oyster Point Yacht Club in South San Francisco.

Admission is \$20 single or \$39 for a couple. Dinner will be served at 8:00 p.m. with dancing from 9:00 to 12:00 midnight. All members and their guests are welcome.

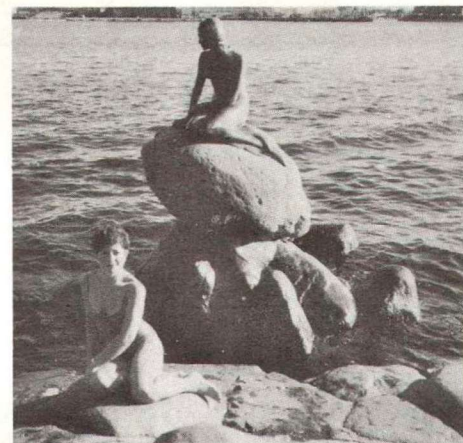
ANOTHER RECORD SHATTERED

Recently a member of a local club swam from Alcatraz four times in one day with a sauna after each swim.

Last week Bob McKenzie broke this record by taking five saunas in one day! This feat was accomplished without the benefit of a single Alcatraz swim. In fact McKenzie didn't swim at all that day.

"It's really hard to swim when you're training for an event of this magnitude" he said.

When asked what was his biggest obstacle in his quest for the record, he replied "It's not the heat in the sauna that gets to you, it's all the hot air."



DOLPHIN AS MERMAID

Dolphin Club member Era Osibe visited Europe in the fall of 1985. She managed to swim in several locations during her trip. Era is shown here posing before the famous "Little Mermaid" statue in Copenhagen, Denmark.

Exciting Swim Year Planned for 1986

The 1985 Swim Program reached its conclusion with 65 swimmers participating in the Thanksgiving Day Swim on November 28. A number of important milestones were reached this past year including Elmer Tosta's 100+ miles during the Polar Bear Swim; Suzanne Heim's successful swim across the English Channel; Joe Bruno's 50th Gate crossing and George Kebbe's accumulation of 400+ miles during the 12 month long 300 mile competition. Our thanks go out to all those who piloted and helped with the many diverse tasks necessary in running the program.

The Swim Commission maintains an accurate record of all those who pilot and help out during swims. On examining these records at year end, we learned that only 25% of those swimming in scheduled races also helped or piloted in 1985 swims. As was obvious during the swimmers' dinner awards presentation, many who never swim consistently do help out or pilot.

In an effort to encourage more swimmers to help out and take some of the burden off those that most often pilot or help run the swims, we have added a new qualifying rule for the Golden Gate and Alcatraz Swims. Any member who wishes to swim the Golden Gate Swim or enter the Alcatraz lottery must have piloted or helped out on at least 2 swims during the current year. (Not applicable to out-of-town swimmers.) If you wish to help on any swim, report to the swim commissioners at least one hour prior to jump-off.

Another new rule this year pertains to roll call before out-of-cove swims. In 1986, final roll call will be held at the club prior to swimmers departing for the start, not at the start. Do not expect to swim any out-of-cove swim unless you have checked in at the club prior to the race (in other words, don't go directly to the start from home and expect to swim.)

There has been a proliferation in the use of rubber protective devices this year such as boots, gloves and body suits. For those who use this gear, bear in mind that their use

PAGE FOUR

will not be allowed in scheduled swim races or the Polar Bear Swim. Tradition reigns at the old Dolphin Club.

Please note that orange caps will be required on all swims in 1986 (including cove swims). We plan to have a large supply on hand at the club.

1986 Swim Dues are \$21.00 and are

regarding the cold water and hypothermia.

Beware of the 50-50-50 rule; 50% of people exposed to 50 degree water for 50 minutes will die. These figures do not take into account the conditioning experienced by many Dolphin Club members, but do illustrate the point that cold water can be extremely dangerous.



The distance champions who completed the 300 mile challenge: Seated (l to r) are Elmer Tosta, Vince Huang, Phil Rollins and Ray Mondini. Standing (l to r) are Cliff Jennings, Joe Schatz, Pete Neubauer, Bill Horgos, Joni Beemsterboer, Dan Osborne, Pavla Podolska and George Kebbe.

payable now. Please leave checks in the lockers of Carol Block or Phil Rollins. Beginning with the Pier 41 swim on Feb. 15, dues must have been paid in order to swim.

Elsewhere in this issue is the tentative 1986 Swim Schedule. Due to

Watch for the stages of hypothermia: Chills, numbness, muscular tightness, disorientation (this is difficult to recognize in oneself), false feeling of well-being, muscular rigidity, unconsciousness and death. If a



Steve Jones (l) and John Dahlberg on "Fort Point" day.

breakwater construction, we must consider the safety of going ahead with the Pier 39 and 41 swims. In the event that these two swims are deemed unsafe, we plan to hold cove swims on the same day.

At the time of this writing, the water temperature has dropped to 48 - 49 degrees. With this in mind, we offer some important information

hypothermia victim shows any of the above symptoms, get them out of the water and under a warm shower or in a sauna as soon as possible. Be careful with hot showers and hot liquids as they can shock the system and cause additional problems. If victim is alert, warm non alcoholic beverages may help. If there is any doubt as to

(continued on next page)

DOLPHIN LOG - FALL & WINTER/1985-'86

SUPERVISORS VOTE TO PRESERVE AQUATIC PARK

An important milestone was reached in December of 1985 when the San Francisco Board of Supervisors passed a resolution introduced by Supervisor Wendy Nelder concerning Aquatic Park.

The resolution calls for the GGNRA to incorporate specific recommendations regarding the protection of Aquatic Park as set forth by the Committee to Save Aquatic Park.

Incredibly, the current master plan for the area (while somewhat inoperative) calls for the removal of both the Dolphin and South End Clubs, calling their presence a visual barrier to the view.

The resolution also urges the GGNRA to expand their Advisory Commission by adding one or more representatives of atheletic, swimming and rowing users of Aquatic Park.

It is hoped that the resolution will prod the GGNRA into revising their master plan and in general bring official awareness to the importance of Aquatic Park as a recreational area.

DOLPHIN PLACES HIGH IN CHICAGO MARATHON

Armen Khachadourian logged a 2.44.48 time in the Chicago Marathon on October 20, 1985. Armen finished 245th out of 12,000 registered runners, and 91st in his age group. This outstanding effort was Armen's 26th marathon.

(continued from previous page)

a victim's recovery, call 911 and get emergency help immediately.

To combat the hypothermia effects of cold water, consider these points:

1). Multiple and/or insulated caps help reduce head heat loss;

2). Lubricants such as vaseline can reduce chafing and may help insulate, particularly fingers and toes;

3). Check water and weather conditions before jumping in (currents, debris, wind);

4). Swim with other swimmers and keep an eye on each other and don't be embarrassed to ask for help;

5). Swim close to the beach and don't hesitate to swim to the beach if you sense problems.

We anticipate a great 1986 swim season. Please let us know how we're doing.

-Dolphin Club Swim Commission

DOLPHIN LOG - FALL & WINTER/1985-'86

DUES REMINDER

Club members are reminded that if they pay their TOTAL 1986 dues before January 31, 1986, they will receive a discount of \$25.00. That is, their total annual dues will be \$215.00 rather than \$240.00. Remittance should be made to the Dolphin Club and mailed to Dave Hinton, Financial Secretary, 502 Jefferson Street, San Francisco, CA 94109.

COACH DRUM

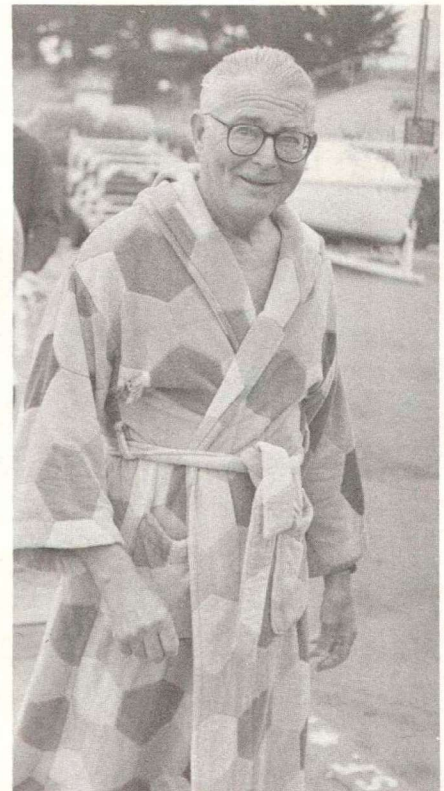
Several times past president Frank Drum dons his "Coach" T-Shirt once each week and lends his expertise and good cheer to the Walpert Center for the Handicapped in Hayward. For the past year and a half, Frank has been coaching eight or so swimmers each week in all age groups. Seventy percent of his students go on to compete at the State level of the Special Olympics.



Best-dressed bunny again in 1985 was Beth Fisher.

DOLPHIN TERRY WATTS TO ENTER SWIMMING HALL OF FAME

Champion Dolphin Terry Watts will be one of nine exceptional athletes who will be inducted into the I.S.O.F. Swimming Hall of Fame in 1986. Terry, a synchronized swimmer, recorded a "grand slam" victory at the 1973 World Championships in Belgrave, Yugoslavia, winning gold medals in the figures, solo, duet and team events. Terry and husband Paul live in the South Bay but make it a point to participate frequently in Dolphin Club events.



Best-dressed Bill Powning shown here in one of his more conservative robes at the "Doc Howard" swim.

CALLAHAN COMPLETES HIS FIRST "BRIDGE TO BRIDGE"

In early December, Tim Callahan swam from the Bay Bridge to the Golden Gate in a near-record time of 1.06.40. Tim was assisted by Omer Thompson in a rowboat and Don Harrison in the Zodiac.

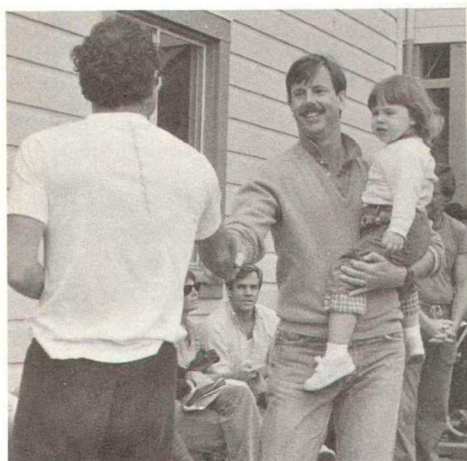
Three quarters of the way through the swim near Alcatraz, a startled Tim looked up to see a large cargo ship only 120 feet away. Before he could discuss the situation, his pilot told him to "Shut up and keep swimming". There is nothing like the fear of colliding with hundreds of tons of ship to help pick up the pace near the end of a long swim.

DOLPHINS COMPETE IN MONTEREY BAY

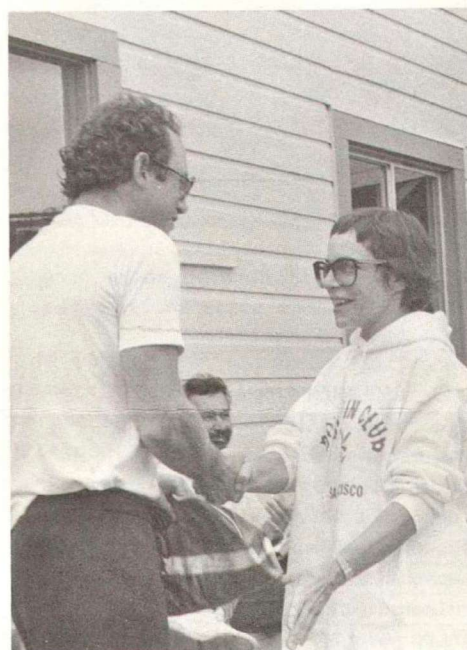
Last summer, some Dolphin members participated in the 5-mile Capitola to Santa Cruz "Wharf-to-Wharf" Swim. They included Rick Nelson, Paul Watts, Terri Watts (Sean Kelly (Paddling), Tim Callahan (Jeff Heth paddling), Joni Beemsterboer and Elmer Tosta with helper Theani Callahan. The early morning swim was held under brilliant clear skies and generally mild water conditions.

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1986 Swim Schedule



Norm Duffet and daughter accept his award at the '85 Alcatraz swim.



Maida Taylor gets a hearty handshake from commissioner Phil Rollins after Alcatraz swim.



Dan Osborne helps Susan Cobb show the latest in pre-swimwear at the Santa Cruz Pier Swim.

<u>Date</u>	<u>Event</u>	<u>Jump-off</u>
12/21	Polar Bear Swim Begins (40 Miles)	
1/1	New Years Cove	11:00 am
2/15	*Pier 41	8:00 am
3/21	Polar Bear Swim Finishes	
3/22	Spring Cove	10:00 am
4/20	*Dick Beeler Crazy Cove	10:00 am
5/17	*Pier 39	9:00 am
6/1	100 Mile Swim Begins	
6/1	Handicap Cove	10:00 am
6/14	Over 60 Cove	10:00 am
6/19	*Twilight Cove	6:30 pm
7/19	Cove Invitational	10:00 am
7/26	Tahoe Relay	n/avail.
8/3	*Yacht Harbor	9:00 am
8/9	*Santa Cruz Pier Swim	n/avail.
8/17	*Over 45 Gas House Cove	9:00 am
8/31	*Fort Point	8:00 am
9/13	Alcatraz	10:00 am
10/11	Golden Gate I	8:15 am
10/12	Golden Gate II	9:00 am
10/31	100 Mile Swim Finishes	
11/8	Swimmers and Pilots Appreciation & Awards Dinner	
11/27	Thanksgiving Day Cove	10:00 am

(Depending on breakwater construction, some out-of-cove swims may be changed to Cove swims. If this is necessary, the swims will be considered "out-of-cove" qualifiers.

1986 SWIM RULES

1. All Club scheduled swims are restricted to Club Members only.
2. Swimmers must wear fluorescent orange caps in all scheduled swims. Each swimmer's name must appear in LARGE letters on cap.
3. Swimmers must be members in good standing (no delinquent dues) and Swim Fee paid (\$21.00) prior to participation in scheduled swims.
4. New members are not eligible to participate in any scheduled swim for 6 months from date of membership acceptance (board meeting).
5. Out-of-cove swims are limited to a maximum of 60 swimmers and will also be limited at the discretion of the Swim Commission to a pilot to swimmer ratio of 1:3. The Alcatraz swim is limited to 75 swimmers chosen by lottery of qualified members.
6. Swim sign up sheets will be posted 2 weeks prior to each scheduled swim. If you do not frequent the Club on a regular basis it is your responsibility to get yourself signed up if you want to swim.
7. Time limits will be imposed and enforced on each swim.
8. All Club boats are reserved for piloting on Club scheduled swims. No riders or guests in pilot boats.

Qualifications for Alcatraz and/or Golden Gate swims - in addition to rules 1-8 above:

9. In-town members must successfully complete two swims marked with an asterisk (*) plus one other swim listed on the 1986 Swim Schedule and must help/pilot on two other Club scheduled swims.
10. Out-of-town members (100 miles or more from S.F.) must have successfully completed 2 of the last 3 Club scheduled Golden Gate and/or Alcatraz swims.
11. Once a member has qualified for Alcatraz/Golden Gate swims (completion of 3 qualifying swims), non-qualified members will get priority to swim qualifying swims.

NOTE: All scheduled times/dates on 1986 Swim Schedule are subject to change at the discretion of the Swim Commission.

Rowing & Piloting News and Newsmakers

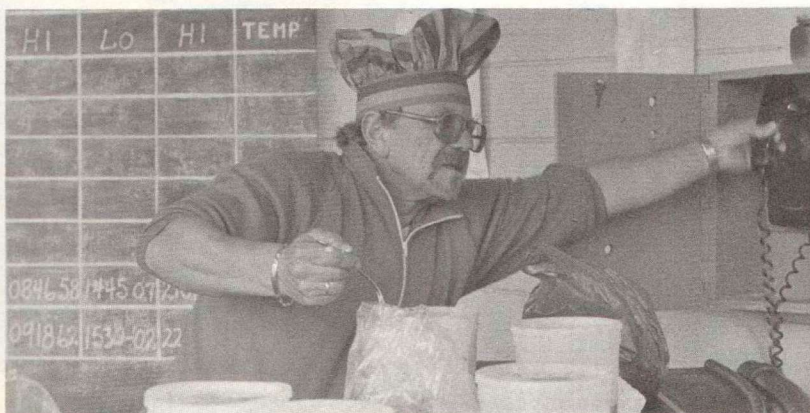
USE OF BOATS FOR PILOTING

Under current procedure, experienced Dolphin Club pilots sign up for boats on the day of the swim, observing a "first come, first served" rule. Particularly during the major out-of-cove swims, the practice is to arrive at least 2½ hours before jump-off to be assured of a boat. The Chief Pilot and the Boat Captain can usually modify the deployment of pilots and boats to satisfy swim safety requirements and the desire of pilots to participate in the event.

Having signed out a boat, pilots should first assure that their boat is equipped with the usual life preservers, boat bucket, sponge and emergency repair tools. To facilitate

pulling a distressed swimmer from the water, a large towel or 6 foot piece of acrylic line is desirable, also

extra-planked singles. After boats are back on the pier, they should be hosed down and sponged in the usual



Jan Warmerdam keeps busy before, during and after the '85 awards dinner.

A LITTLE MIXED UP

Just a line to say I'm living,
That I'm not among the dead;
Though I'm getting more forgetful,
And mixed up in the head.

For sometimes I can't remember
When I stand at the foot of the stair
If I must go up for something,
Or I've just come down from there.

And before the fridge so often
My poor mind is filled with doubt,
Have I just put food away, or
Have I gone to take some out?

And there're times when it is dark
With my nightcap on my head,
I don't know if I'm retiring
Or just getting out of bed.

So, if it's my turn to write you
There's no need for getting sore,
I may think I have written
And don't want to be a bore.

So remember I do love you,
And I wish that you were near,
But now it's nearly mailtime,
So I must say goodbye, my dear.

There I stood beside the mailbox
With a face so very red,
Instead of mailing you my letter
I had opened it instead.

Poem submitted by Walt Stack with no reflection on any of the kids over 50.

DOLPHIN LOG - FALL & WINTER/1985-'86

you will see the most able and experienced pilots provision their boat with a wool blanket to keep an unsuccessful swimmer warm until the swimmer is returned to the Club House. The Club maintains six blankets for this use.

Launching and pull-out of boats is best accomplished by the orderly, cooperative efforts of all the pilots and any swimmers who might also be available. During the pull-out procedures, when the swim has been completed, to minimize back-up of boats at the pier, pilots should, after securing their boats, return to the apron to assist others in pulling out their boats. This is especially true for the doubles and the

manner; rowlocks wiped clean and finally the boats should be returned to the boat house in ship shape.

New members frequently ask how they can become a pilot. First, they must attend training sessions to become certified rowers. Secondly, in-the-cove swims offer prospective pilots a chance to develop their piloting skills. Also, new pilots must have a thorough knowledge of tides and currents so that they can provide appropriate advice to swimmers. Special pilot-training sessions are held periodically for the benefit of both veteran and newcomer pilots. Veteran pilots are usually happy to assist newcomers. For more information on boats and piloting ask Chief Co-pilots Stan Hlynsky and Sam Lawson or Boat Captain Ned Hoffman.

MORINO STILL STROKING STRONG

Dolphin Club life member Jim Morino is still winning trophies after 35 years. And still representing the Dolphin Club, Jim took a first place trophy as first single to finish the September 22nd, 1985 Vallejo-Napa River Regatta.

Thirty five years ago Morino rowed on five Pacific Coast Championship Dolphin Club crews coached by the Club's beloved rowing coach, the late Lawton Hughes.

Morino took his latest win by rowing his Vancouver 21 over the 4.5 nautical mile course in 44:06 against an open recreational and traditional class of recreational shells, wherries, whitehulls, dories, canoes and kayaks.

CRONIN RESTORATION NOW UNDERWAY

Repairs to the Whitehull double CRONIN are now moving along at a brisk pace. Major replacement of the keel, planking, ribs and some of the dead wood have been completed. Scraping and varnishing is now being performed by volunteer members including Will Powning, Maxwell Ho, Stan Wrights, Stan Hlynsky, Avery Rindon, Bill Walden, Dino Landucci, Bob Hoff and Alan McColi.

Repairs to the FARREL and WEILAND scheduled for the near future will require more volunteer help, especially from the rowers.

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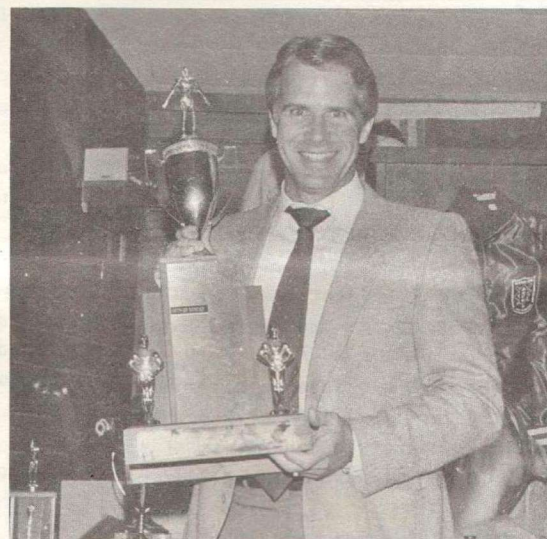
(L to r) Cab Covey, Loretta Madden, Dennis Watson, unidentified woman, Jill Tosta, Julie Berniker, Karen Drucker, Lisa Smith, Marta Johnson & Roberta Boomer.



Sam Lawson and Stan Hlynsky



Joe Schatz, Phil Rollins and Vince Huang



Mike Garibaldi

1985 Swimmers & Pilots Awards & Apprecia

Last year's Swimmers & Pilots Awards & Appreciation banquet held in the boat house was a happy and well organized affair. A splendid dinner was served and the following awards were given out.

- Dick Beeler Trophy: Suzanne Heim.
- Myra Heckman Cove Handicap Trophy: Jim Ross.
- Dock Howard: Kent Price.
- Golden Gate Awards:
 - 1st Man, Jack LaLane Fitness Award: Mike Garibaldi.
 - 1st Woman: Suzanne Heim (trophy).
 - 1st Man on 1st Day: Scott Anderson

- 1st Woman on 1st Day: Susan Cobb.
- Oldest Finisher: Joe Bruno (trophy).
- 1st City Employee to Finish: Jerry Cullen (trophy).
- Youngest Finisher: Colleen Madden (trophy).
- 100 Mile Finishers: Reb Anderson, Scott Anderson, Roger Aplon, Joni Beemsterboer, Joe Bruno, Tim Callahan, Mary Contini-Norkin, Pat Clancy, Susan Cobb, Tony Contreras, Bob Danielson, Phil Gay, Brian Gilbert, Jeff Heth, Tom Hofmann, Bill Horgos, Vince Huang, Glynn Jones, Steve Jones, Cliff Jennings, George

- Kebbe, Laura Merkl, Ray Mondini, Pete Neubauer, Dan Osborne, Paula Podolska, Phil Rollins, Joe Schatz, Lisa Smith, Barbara Solomon, Margy Titus, Elmer Tosta, Carol Watson, Lori Weiner, David Zovickian.
- Pilots/Helpers who participated 5+ times: Susan Allen, Louise Bea, John Bellinski, Carol Block, Linda Braski, Andy Camous, Gordon Cook, Cab Covey, Beth Fisher, Jack Giacomini, Neil Hartnett, Stan Hlynsky, Ned Hoffman, Tom Hofmann, Vince Huang, Hans Kramer, Sam Lawson, Patti Mullen, Dan Murphy, Dan Osborne, Mimi Osborne, Neal Snyderman, Pete Sturiale, Elmer



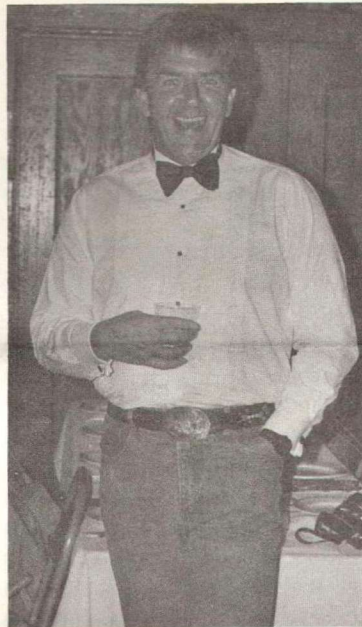
Jerry Cullen



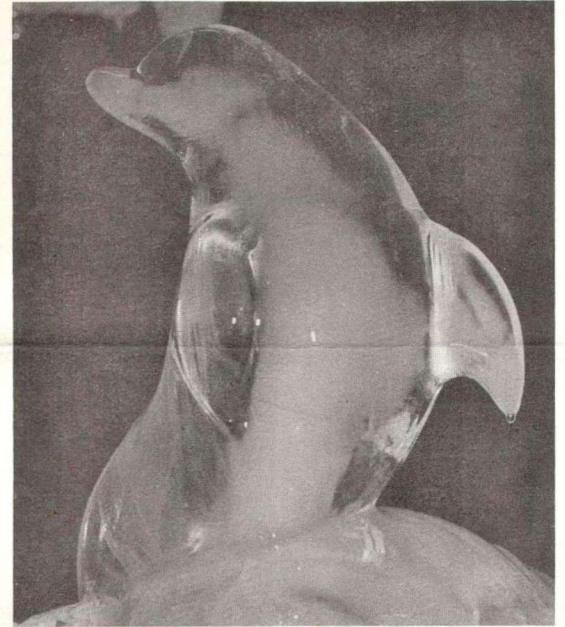
John Bielinski



Brian Gilbert



Harvey Gately



Ice Sculpture by Phil Collins

ion Dinner a Huge Success - Well Attended

Tosta, Bill Walden, Hendrika Warmerdam, Jan Warmerdam, Herman Zahler.

-Pilots/Helpers who participated 11+ times: Dan Murphy, Mimi Osborne, Herman Zahler, John Beilinski, Stan Hlynsky, Sam Lawson, Vince Huang, Phil Rollins, Hendrika Warmerdam, Carol Block, Linda Braski, Beth Fisher, Hans Kramer, Bill Walden.

- 300 Mile Finishers (in order of finish): Elmer Tosta, Pete Neubauer, George Kebbe, Bill Horgos, Pavla Podolska, Vince Huang, Joe Schatz, Cliff Jennings, Phil Rollins, Dan Osborne, Tony Contreras, Joni

Beemsterboer, Ray Mondini.

- Helper of the Year: Dan Murphy.

- Pilot of the Year: Sam Lawson, Stan Hlynsky.

- Most Inspirational Swimmer: Elmer Tosta.

- Most Improved Swimmer: Joe Schatz. (Runners up: Susan Cobb, Bill Horgos, John Horner, David Zovickian).

Many thanks to the following list of individuals and organizations who contributed door prizes.

- Dinner for two from Modesto Lanzone's Restaurant; David Cohn's 565 Clay St. Restaurant; Flicka McGurrian's Pier 23 Restaurant; San-

cimino Family's Swan Oyster Depot; as well as from the local Chart House Restaurant.

- 5 lbs. of goat cheese and sausage products from Rich Gelsenhart.

- \$50 gift certificate at Galetti Bros. Shoe Service from Elmer Tosta.

- \$50 in pet supplies or services including dog food from Dr. Scott Anderson.

- A case of champagne from the South End Rowing Club.

- Four tickets to S.F. State Performing Arts events from Linda Braski.

DOLPHINS RAISE MONEY FOR LEUKEMIA SOCIETY

This year's Thanksgiving Day Cove Swim served as a fund raiser for the Leukemia Society of America. The following Dolphin Club members collected a total of approximately \$1400 in pledges making the fund raiser a big success and earning the gratitude of Carol Moch, Program Coordinator for the Northern California Chapter of the Leukemia Society:

Pavla Podolska, Lee Hammack, Jan Warmerdam, Sarah McCuskey, Susan Cobb, Tom Hofmann, Tony Contreras, Colleen Madden, Reuben P. Hechanova, Joni Beemsterboer, Lisa Smith, Gail Nelson, Katherine North, Kate Coleman, Susan Anson, Will Powning, James Vanya, Gerald C. Cullen, Paul Watts and Conrad Von Blankenburg.



Catherine Fox, a 2-wheeled Dolphin.

MAINTENANCE COMMITTEE AND VOLUNTEERS MAKE IT HAPPEN

There is an old adage that states "If it's not broken, don't fix it." However, should something need fixing, members can leave a note in the mailbox which is directly to the left of the bulletin board, across from the Staib room entrance. Members of the maintenance committee are Lou Marcelli, Bobbie Dykas, Bill Horgos and Pete Biannucci. They try their best to keep the Dolphin Club maintained. Some things can be repaired by club members, if not, they can facilitate the repairs if told about them.

Smiles Prevailed at Annual

On October 5, 1985, the Dolphin Club hosted the "Escape From Alcatraz" triathlon. Many thanks to all who helped. The weather was just right and all who finished had a smile. The results were as follows:

Place	Race #	Name	Club	M/F	Age	Weight	Swim	Bike	Run
1st Swim									
1	29	Jeff Gunderson	SE	M	31	145	39:24	1:31	3:42
2	43	Sean Galliger	SC	M	36	152	43:00	1:27	3:57
3	33	Mike Laramie	SE	M	49	190	57:19	1:49	4:15
4	41	Vince Fansone	SE	M	24	155	53:22	1:43	4:18
5	32	Tony Stefani	SE	M	49	190	57:19	1:49	4:25
6	17	Sam Lawson	DC	M	39	160	66:10	1:59	4:39
7	28	Margy Titus *	DC	F	33	135	56:34	1:50	4:46
8	11	James Hullivan	DC	M	42	183	72:36	2:08	4:48
9	21	Brian Gilpin	DC	M	30	175	41:37	1:34	5:05
10	7	Ron Rohlfes	SE	M	31	200	63:55	1:59	5:08
11	45	Tom Callinan	DC	M	41	167	57:29	1:48	5:10
12	22	Mark Johnson	SE	M	34	180	45:09	1:40	5:13
2nd Swim									
13	26	Steve Guthrie	SE	M	32	165	40:26	1:42	5:25
14	38	Linda Braski **	DC	F	26	150	44:00	1:44	5:25
15	42	Neal Hartnett	DC	M	43	170	59:43	2:04	5:26
16	39	Alan McColl	DC	M	47	184	71:19	2:20	5:28
17	12	Jim Ross	DC	M	42	183	72:36	2:08	5:29
18	30	George Buffington	DC	M	36	170	57:09	1:58	5:29
19	15	Laura Small	SE	F	32	155	51:18	1:49	5:35
20	5	Barbra Haines	SE	F	32	112	69:47	2:10	5:41
21	47	Pat Cunneen	SE	M	52	147	88:17	2:46	5:44
22	10	Nancy Stretch	SE	F	45	134	59:38	2:11	5:51
23	44	John Addison ****	DC	M	38	150	64:30	2:12	5:54
24	1	Mike Lagios	SE	M	47	165	57:35	1:59	5:54
25	31	Phil Collins	DC	M	200	197	51:18	1:46	5:56
26	18	Gordon Chiang	SE	M	32	150	54:20	1:50	5:56
27	20	Mary Cantini-Norkin	DC	F	41	140	72:04	2:28	5:56
28	16	Bill Callahan	DC	M	40	165	68:45	2:06	6:03
29	40	Steve Sancimino	DC	M	34	170	84:50	2:28	6:14
30	46	John Lennox	SE	M	36		46:41	1:47	6:10
31	13	Bert Huffman	SE	M	43	162	67:45	2:03	6:11
32	9	Conrad Von Blankenberg	DC	M	45	190	55:36	1:50	6:12
33	4	Colleen Madden	DC	F	24	125	59:30	2:07	6:16
34	35	Herb Madden ***	DC	M	55		61:29	2:11	6:31
35	36	Ted Helmski	DC	M	39	185	69:12	2:33	6:46
36	8	Nanette Maynard	DC	F	29	130	60:10	2:26	6:47
37	14	Deirdre O'Reilly	SE	F	28	134	60:10	2:27	6:47
38	3	Geri Gustafson	SE	F	32	142	61:09	2:29	8:06
39	37	Nancy Gustafson	SE	F	29	125	61:43	2:34	8:06

* First Woman ** Second Woman *** Oldest ****6th Consec. Year

Earlier this year, Cliff Jennings and Roger Kleid helped with the maintenance effort by repainting the guest lockers in the men's locker room. Used by many members who have not been assigned a permanent locker, these decrepit spaces were rusty and musty beyond belief but are now bright and clean thanks to Roger and Cliff.

Other members are urged to follow

suit and pitch in to keep the club house in ship shape. Much of the facility was built by volunteer labor -- there is no reason that the same can't keep up the premises.

SUGGESTION FROM MARCELLI

Parties should end at midnight - the only people left after that turn into pumpkins, or worse.

Lou Marcelli

"Escape from Alcatraz" Triathalon

RELAY TEAMS

1	R4 Bob Roper	SE M 46	45:18	
	R4 Rubin Seibt	SE M 30	1:24	
	R4 Russ Kiernnan	SE M 47	3:29	
2	R8 George Kebbe	DC M 32	40:31	
	R8 Mark Block	DC M	1:25	
	R8 Jack Bettencourt	DC M	4:07	
3	R2 Lori Weiner	DC F 29	49:06	
	R2 Jim Flynn	DC M 28	1:48	
	R2 Bill Kluber	DC M 33	4:18	
4	R6 Susan Allen	DC F 41	45:46	
	R6 Flicka McGurrin	DC F 40	1:43	
	R6 Elane Pederson	DC F 48	4:34	
5	R3 Lisa Smith	DC F 29	53:55	
	R3 Ed Flannery	DC M 35	1:46	
			4:49	
6 *	R1 Rudy DeMay	DC M 55	74:00	
	R1 Dave Hinton	DC M 54	2:06	
	R1 Tom Gould	DC M 47	5:13	
7	R7 Karen Drucker	DC F 27	46:44	
	R7 Mike Elderkin		1:28	
	R7 Dan McGill	DC M 58	5:20	
8	R5 Laura Newlin	DC F	68:55	
	R5 Susan Cobb	DC F	2:04	
	R5 Mike Roleri	DC M	5:35	

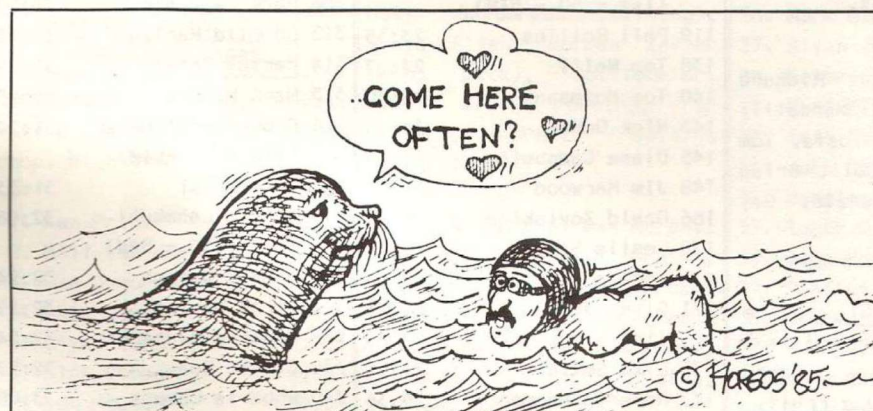
* Dolphin Club Life Member Team

ABOUT THE ESCAPE FROM ALCATRAZ

The ESCAPE FROM ALCATRAZ triathalon is in all respects a combination of endurance events. The rough water swim from Alcatraz involves numerous hazards including strong currents, cold temperatures (in the 50's) unpredictable weather and water conditions, poor visibility (at times), and boat traffic. Those individuals unable to handle the temperatures of the San Francisco Bay waters should not attempt this event. Hypothermia is a real danger.

Some of the bicycling portion involves riding through congested traffic and populated areas. One must assume full awareness and responsibility in dealing with other motorists, pedestrians and cyclists. Bicyclists are required to wear a protective helmet. One not experienced with riding in areas of heavy traffic should not attempt to enter this event. Beware of crosswinds on the Golden Gate Bridge.

The Dipsea run is as treacherous as, if not more exhausting than, the swim from Alcatraz. The trail is 95 degrees -- severe hills involving remote rugged and narrow trails with constantly changing terrain, contestants run the trail out and back.



Heim

(continued from page 2)

grey morning light. She was accompanied by a 30 foot fishing boat with a separate dinghy for the shallow finish.

Water temperature was 59-60 degrees, very similar to San Francisco Bay at that time of year but more humid. The sky was overcast throughout her swim; the sea was very choppy; this was not an easy crossing. Suzanne took nourishment every half hour. Her helpers kept a chart of her feeding times, etc. and carefully monitored her stroke rate which averaged 74 per minute. Communication was made with placards bearing such messages as "NEED FAST HOUR".

Mid-way through the swim, approximately two hours were lost when she was forced to backtrack rather than cross through the vicinity of a major cable laying expedition which was in progress, occupying her path.

Suzanne played tape recordings of events on board her pilot boat and of events leading up to her swim which gave the club members at her presentation a real feeling of the drama involved with the event.

The Channel Association enforces very strict rules for this swim. The swimmer is allowed only one suit and one hat but all the grease she might want. Suzanne described herself as the "Pillsbury Dough Girl" referring to the thick application of white English Channel Grease (a lanolin--paraffin mixture) which is used to insulate the swimmer from the cold and protect the skin from jellyfish bites or worse.

The strict rules mandated that she could not hold on to the boat at any time. She was also required to climb over some very unhospitable rocks at the end of the swim in order to be above the high water line. Imagine swimming for over ten hours and then having to slip and scramble over sharp rocks to meet the letter of the law!

The final slide in Suzanne's presentation showed her standing forlornly but triumphantly in the cold grey light against a background of rocky beach below the white cliffs of Dover.

1985 Swim Results

YACHT HARBOR SWIM

Sunday, July 28, 1985

CONDITIONS: Low fog, cool, jump off 1st group at 8:10, 2nd at 8:20, low water 3:38a, -0.6, high water 10:57a, 4.6, moderate push.

1. Jim Griffith	31:24
2. Mike Garibaldi	32:03
3. Bob Momsen	32:13
4. John Osterloh	32:17
5. Sean Kelly	33:51
6. Kent Price	34:22
7. Terry Watts	
7. Paul Watts (tie)	35:21
9. Rick Nelson	
9. Bill Gordon (tie)	37:07
11. Brian Gilpin	37:24
12. Peter Drino	37:37
13. Cathy Huang	39:21
14. Susan Allen	39:48
15. Jim Harwood	39:56
16. Jim Hulihan	40:10
17. Linda Braski	40:41
18. Peter Brand	
18. Tom Neill (tie)	41:08
20. Wayne Riddle	41:27
21. Karen Drucker	42:20
22. Phil Gay	42:28
23. Lisa Smith	42:35
24. Rich Livingston	44:25
25. Glynn Jones	44:28
26. Roberta Boomer	44:34
27. Eric Shackelford	45:00
28. Julie Berniker	45:27
29. Phil Collins	45:30
30. Susan Cobb	47:13
31. Neil Hartnett	47:40
32. Nan Maynard	48:00
33. Mark Block	48:07
34. Andy Ach	48:15
35. Carla Curtis-Egan	48:30
36. Maida Taylor	50:38
37. Pat Fuji	50:40
38. Karen Heisler	51:20
39. Mark Steinborn	51:59
40. Roxanne Richards	53:59
41. Nick Zoller	54:34
42. Carol Block	54:37
43. Mary Cantini-Norkin	54:38
44. Melinda Marble	
44. Sandy Lehmkuhl-tie	54:59
46. Bob Danielson	55:06
47. Diane Anderson	55:07
48. Harvey Gately	55:14
49. Dennis Watson	55:20

50. Sarah McCluskey	56:01
51. Pete Bianucci	56:01
52. James Weil	57:44
53. Thad Carhart	58:24
54. Susan Lauritzen	59:15
55. Joe Bruno	60:30
56. Steve Duffy	61:30
57. Charlie Rockwood	64:06
58. Pavla Podolska	68:45
59. Steve North	70:38
60. Don Reid	72:30
Kathryn North	DNF

PILOTS: Bill Walden (Baggiani), Hans Kramer (O'Shea), Herman Zahler (Foster), Dan Osborne (Small), Joni Baemsterboer & Jamie Nelson (Templeton), Stan Hlynsky & Sam Lawson (Zodiac), Bill Horgos & Scott Anderson (Hughes), Tim Callahan (Good Luck), Beth Fisher (Kayak), Neal and Lorinda Snyderman (Viking), Tom Hofmann, John Horner, Jeff Heth, Flika McGurrian (Paddleboards), Leroy Lawson -SERC- (Murphy).

KITCHEN HELP: Pete Sturiale, Karen Heisler, Pavla Podolska, Susan Cobb, Phil Collins, David Zovickian, Pete Neubauer, Donna Douglass, Carol Block.

TIMERS, STARTERS, RECORDERS: Hendrika and Jan Warmerdam, Mimi Osborne, Era Osibe, C. Watson, Dan Murphy, Vince Huang, Phil Rollins.

GENERAL HELP: Richard Dethridge, Lou Marcelli, Belle Chao, Elmer Tosta, Tom Schmidt, Alan McColl, Brian Gilbert, Bob McKenzie, Gay Collins.

SPECIAL THANKS: The Warmerdams - Hot chocolate & croissants, George Kebbe (Union St. Produce) - Fruit.



"Team Seaweed" AKA Jim, Phil, Mary, Tom and Steve Sancimino

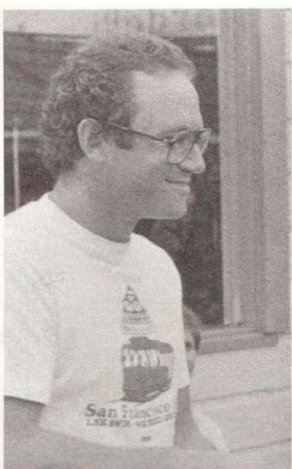
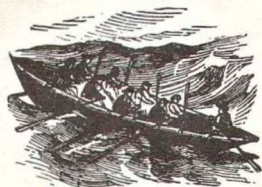
SANTA CRUZ PIER SWIM

Sunday, August 11, 1985

Listed below are only those swimmers who checked in with swim commissioners before start. Parenthesis beneath some names show age group place (if in top 5).

Place	Time
46 Paul Watts	20:05
(4th - 35 - 39M)	
77 Karen Boyer	22:00
(4th - 25 - 29W)	
98 Steve Jones	23:03
99 Cathy Huang	23:04
105 Peter Drino	23:15
112 Linda Braski	23:25
114 Wayne Riddle	23:27
116 Elmer Tosta	23:29
117 Dan Osborne	23:30
(1st - 50 - 54M)	
119 Phil Rollins	23:35
138 Tom Neill	24:07
140 Tom Hofmann	24:09
143 Nick DeMay	24:16
145 Diane Campbell	24:19
148 Jim Harwood	24:27
166 David Zovickian	25:09
170 Leslie Sims	25:13
(5th - 35 - 39W)	
171 Glynn Jones	25:13
(1st - 60 - 64M)	
176 Lisa Smith	25:31
177 Roberta Boomer	25:36

203 John Dugan	26:27
205 Colleen Madden	26:29
217 Julie Berniker	27:19
222 George Buffington	27:36
224 Neil Hartnett	27:38
234 Susan Cobb	28:07
235 Mark Block	28:09
236 Andy Blick	28:12
240 Rich Livingston	28:17
253 Neal Fishman	28:47
255 Pat Fuji	28:50
257 Rich Antonchuk	28:52
263 Herb Madden	29:03
(1st - 55 - 59M)	
269 Carla Curtis-Egan	29:14
273 Mark Steinborn	29:26
285 John Horner	29:51
289 Rod MacLoed	30:03
(2nd - 55 - 59M)	
295 Jack Bettencourt	30:22
(3rd - 55 - 59M)	
299 P. van der Steere	30:24
300 Bill Horgos	30:25
303 Eduardo Barranca	30:53
306 Buck Swannack	30:57
313 Charlie Martin	31:26
314 Harvey Gately	31:29
315 Mark Monroe	31:29
316 Brock Settlemeier	31:30
(5th - 50 - 54M)	
318 Mike Bassi	31:33
326 Sandra Lehmkuhl	32:08
(3rd - 50 - 54W)	
330 Dennis Watson	32:24
331 Lorna Newlin	32:27
337 Roxanne Richards	32:54
338 Carlos Bea	32:57
340 Roberta Campos	33:08



343 Pete Bianucci	33:25
344 Jim Weil	33:32
348 Era Osibe	33:42
353 Ted Helmski	34:11
356 Dan McGill	34:22
(5th - 55 - 59M)	
357 Bill Powning	34:25
(4th - 60 - 64M)	
360 Susan Lauritzen	34:41
367 Tom McGraw	35:54
373 Charlie Rockwood	36:20
(2nd - 65 - 69M)	
375 Joe Bruno	36:24
(3rd - 70+M)	
377 Peter Butler	36:33
285 Peggy Knickerbocker	37:39
387 Pavla Podolska	38:42
(2nd - 45 - 49W)	
388 Don Reid	38:52
395 Team Seaweed: Tom, Mary,	
Steve, Jim & Phillip	
Sancimino	41:13
402 Larry Alioto	43:49
406 Bill O'Brien	44:29
(4th - 65 - 69M)	
409 Art Bauer	44:58
(4th - 60 - 64M)	
412 George Tracy	45:00
(5th - 60 - 64M)	
Melinda Marble & Jack	
Griffin - times n/avail.	

DOC HOWARD 45 YRS +
GAS HOUSE COVE SWIM
August 25, 1985

CONDITIONS: Overcast, breezy,
little push, air cool, light
chop. High tide - 09:47, 4.6.

1. Ken Price	19:37
2. Bill van Horn	20:58
3. Dan Osborne	22:34
4. Phil Gay	24:31
5. Glynn Jones	25:03
6. Rich Cooper	28:03
7. Rod McLeod	30:01

DOLPHIN LOG - FALL & WINTER/1985-'86

8. Alan McColl	30:28
9. Brock Settlemeier	30:46
10. Carlos Bea	30:56
11. Jan Warmerdam	30:59
12. Don Harrison	31:52
13. Bob Danielson	31:55
14. Sandra Lehmkuhl	32:14
15. Rich Antonchuk	32:15
16. Noel Frelicot	
16. Nick Zoller (tie)	32:54
18. Dan McGill	33:37
19. Rudy DeMay	34:22
20. Ray Mondini	
20. Peter Butler (tie)	35:24
22. Bob McKenzie	36:20
23. Joe Bruno	36:38
24. Frank Drumm	36:49
25. Bill Powning	37:09
26. Barbara Solomon	38:44
27. Mimi Osborne	39:01
28. Don Reid	39:37
29. Pavla Podolska	39:48
30. Steve North	41:52
31. Art Bauer	47:52
32. Bill O'Brien	48:23
33. George Tracy	68:41
Brian Gilbert	24:34
(used fins & paddles)	

PILOTS: John Horner (Foster),
Stan Hlynsky & Sam Lawson
(Avon), Bill Walden, Jim
Grodin, Lorinda Snyderman &
Neil Snyderman (Viking),
Susan Allen, Herman Zahler
(Good Luck), Settlemeier,
Jr., Will Powning, Jr
(Kayak), Phil Rollins
(Howard).

TIMERS & HELPERS: Dan Murphy,
Recorder. Linda Braski,
Timer. Hendrika Warmerdam,
Sticks. Donna Douglass,
Recorder. Pete Sturiale,
Kitchen. Vince Huang,
Starter.

FORT POINT SWIM August 31, 1985

CONDITIONS: Sunny, light
breeze, strong push, chop. Lo
0641-0.0', Hi 1339-5.9'. 10
am start in 3 groups.

1. Mike Garibaldi	40:13
2. Charlie Yourd	40:15
3. Kent Price	42:46
4. Sean Kelly	43:08
5. Terry Watts	
5. Paul Watts	43:46
7. Bill Gordon	45:00
8. John Ladd	45:09
9. Rick Nelson	45:13
10. Todd Oppenheimer	45:38
11. George Kebbe	45:43
12. Bob Colyer	47:56
13. Steve Jones	48:22
14. Linda Braski	
14. Phil Rollins (tie)	48:31
16. Wayne Riddle	49:10
17. Elmer Tosta	49:19
18. Susan Allen	51:29
19. David Zovickian	52:08
20. Joni Beemsterboer	52:20
21. Diane Campbell-Urban	52:27
22. Peter Jacobson	
22. Geo Buffington (tie)	52:45
24. Pete Neubauer	53:05
25. Susan Cobb	53:36
26. Mark Block	54:23
27. Glynn Jones	54:32
28. Kathryn Cleary	54:49
29. Neal Fishman	55:57
30. Jeff Heth	56:09
31. John Dahlberg	56:17
32. Margie Titus	56:52
33. Roger Klined	56:55
34. John Horner	57:09
35. Shelley Sullivan	57:45
36. Brock Settlemeier	58:21
37. Nan Naynard	58:47
38. Andy Ach	59:23
39. C.J. Maupin	59:34

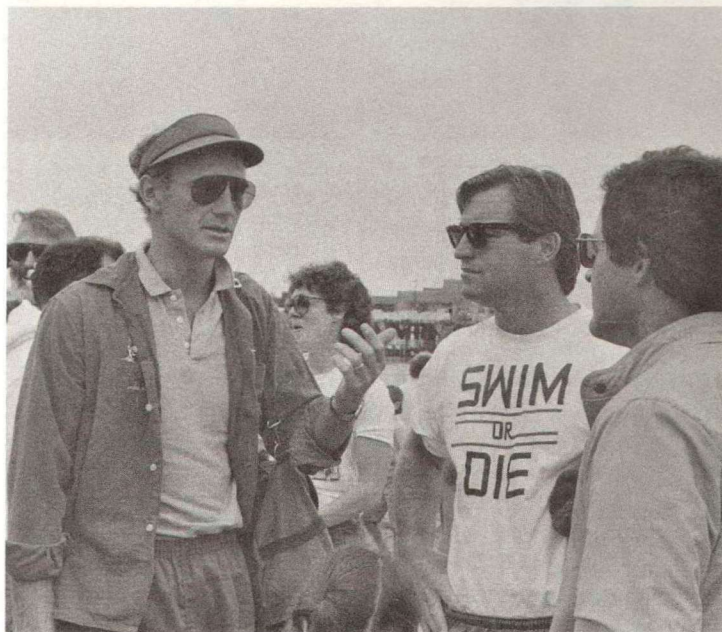
40. Allen McColl	59:41
41. Cliff Jennings	60:11
42. Nick Zoller	60:45
43. Sarah McCuskey	61:06
44. Ted Helmski	61:54
45. Jim Ross	62:19
46. Frank Drumm	66:37
47. Peter Butler	66:45
48. Bob McKenzie	69:49
49. Don Reid	70:11
50. Larry Alioto	87:34
51. George Tracy	Time
Limit Expired	

PILOTS: Bill Walden, Pete
Bianucci, Harvey Gately, Will
Powning, Weston Settlemeier,
Rich Cooper, Herman Zahler,
Dan Osborne, Tom Hofmann,
Jeff Gately, Cab Covey, Gus
Block, Roberta Boomer, Neal
Hartnett, Chris Cadelago,
Scott Anderson, Bob
Danielson, Bob Hoff, Sam
Lawson, Stan Hlynsky, Beth
Fisher, Bill Post, Al de la
Pena, Dan de la Pena, Hans
Kramer, Vince Huang, Kit
Styket, Thad Carhart, Bill
Callahan, Rich Antonchuk,
Rich Frenzel (SERC), Patty
Moffat (SERC).

HELPERS, TIMERS & RECORDERS:

Dan Murphy, Joe Bruno, Louise
Bea, Diana Anderson, Ollie
Anderson, Karen Heisler,
Susan Cobb, Mimi Osborne,
Hendrika Warmerdam, Jack
Giacomini, Jan Warmerdam,
Vince Huang, Phil Rollins.

SPECIAL THANKS TO: Hendrika
Warmerdam and her kitchen
crew for the delicious lunch
following swim.



Tom McGraw and John Dugan at the Santa Cruz Pier swim.

ALCATRAZ SWIM

Saturday, September 7, 1985

CONDITIONS:

9/6 - 2352 low water 1.2
9/7 - 0215 slack, 0507 max flood, 0801 high water 3.9, 0841 slack, max ebb 1033, 1118 low water 3.6.
Overcast, cool, light breeze, little water moving at start, light ebb towards end (20-30 minutes after start). Water 60 degrees. First group jump off 0815 near SE corner, 2nd at middle + 10M.

1. Jim Griffith	26:46
2. Charlie Yourd	26:51
3. Suzanne Heim	29:51
4. Kent Price	30:37
5. Terri Watts	31:19
6. Sean Kelley	31:50
7. Bill Gordon	
8. Rick Nelson	32:45
9. Ed Urban	34:19
10. Laura Merkl	34:40

11. Bob Colyer	36:23
12. Dan Osborne	36:50
13. Tom Hofmann	38:47
14. Elmer Tosta	38:51
15. Wayne Riddle	38:58
16. Joni Beemsterboer	
16. Mark Block (tie)	41:42
18. David Zovickian	42:00
19. Roberta Boomer	42:25
20. Tim Callahan	42:32
21. Kathryn Cleary	42:37
22. Pete Neubauer	42:52
23. Eric Shackelford	43:27
24. Julie Berniker	44:23
25. Peter Jacobson	44:35
26. Shelley Sullivan	45:14
27. Scott Anderson	45:48
28. Rich Livingston	45:49
29. George Gara	45:54
30. Vince Huang	46:49
31. Susan Cobb	47:15
32. Joe Schatz	47:38
33. Jerry Cullen	47:51
34. Cliff Jennings	49:15

35. Rich Cooper	49:31
36. Pat Fuji	49:39
37. John Horner	49:47
38. Neal Fishman	50:06
39. Jeff Heth	50:29
40. Maida Taylor	50:43
41. Rod McLeod	51:13
42. Rich Antonchuk	52:20
43. Herb Madden	
43. Mike Bassi (tie)	52:46
45. Bill Horgos	53:18
46. Andy Ach	53:26
47. Jan Warmerdam	53:50
48. Norm Duffet	54:12
49. P. van der Steere	54:23
50. Roger Aplon	54:24
51. Mary Sancimino	54:34
52. Ted Helinski	54:40
53. Jim Weil	54:42
54. Flicka McGurrian	55:12
55. Era Osibe	55:35
56. Noel Frelicot	55:36
57. No Stick (?)	55:40
58. Bob Danielson	55:51
59. Thad Carhart	57:12
60. Susan Lauritzen	57:33
61. Nick Zoller	57:45
62. Carlos Bea	58:04
63. Steve Duffy	58:49
64. Sarah McCuskey	59:16
65. Harvey Gately	61:23
66. Bob McKenzie	63:58
67. Bill Powning	65:35
68. Ray Mondini	65:54
69. Frank Drumm	71:05
70. Joe Bruno	73:15
71. Chris Cadelago	100:00
72. Pavla Podolska	125:00

George Tracy, Larry Alioto and Steve North - exceeded time limit.

PILOTS: Tom Callinan, Jeff Gately, Roberta Campos, Will Powning, Glynn Jones, Stan Hlynsky, Sam Lawson, Susan Allen, Fran Southerland, Delores Kamesar, Todd Oppenheimer, Phil Rollins, Bill Walden, Cab Covey, Patty Mullen, John Dahlberg, Herman Zahler, Robin Phalen, Pete Bianucci, Jim Growden, Elizabeth Fisher, Dan de la Pena, Al de la Pena, Diane Swanson, Neil Snyderman, Mike Roller, Omer Thompson, Hans Kramer, Lyrinda Snyderman, Jeff Redlits, Irene Volodkevich, George Buffington, Tom McGraw, Andy Camous, Dave Hinton, Reilly, Neil Hartnett, Frank Menucci,	
--	--

Karen Jacobson, Charlie Rockwood, Jeanette Klinge.

SOUTH END ROWING CLUB PILOTS:

Bill Woodbridge, Tom Burke, Phil Hunter, Frank Blair, Mike Berline, Perry Nennig, Mike Dunn, Sharon Kushinka, Dennis Dunne, Tony Regussin, Dan O'Neill, Garrett Este, Rich Frenzel, Roger i.e. Jor, Bill Ferdon and Mel Trowbridge.

HELPERS, TIMERS, RECORDERS:

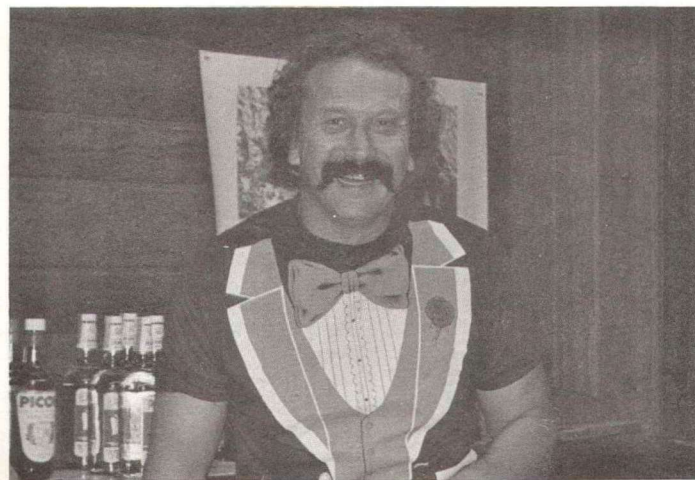
Diana Anderson, Hendrika Warmerdam, Loretta Madden, Linda Braski, Dan Murphy, Ana Cover, Paul Watts, Vince Huang, Carol Block, Andy Ach, Cathy Huang, Pete Sturiale, Jack Giacomini.

GOLDEN GATE SWIM I

September 21, 1985

CONDITIONS: 9/20: 2327 low water, 0.1'. 9/21: 0712 high water, 4.5', 0726 slack, light breeze and chop.

1. Scott Anderson	34:37
2. Tom McGraw	36:36
3. Vince Huang	36:00
4. John Dugan	36:10
5. Tom Callinan	36:47
6. Joe Schatz	37:26
7. Susan Cobb	37:42
8. Andy Ach	37:46
9. George Buffington	38:03
10. Neil Hartnett	38:26
11. Shelley Sullivan	38:29
12. Cliff Jennings	38:54
13. Pat Fuji	38:59
14. Herb Madden	39:06
15. John Horner	39:26
16. Jeff Heth	39:29
17. Jim Hulihan	39:47
18. Mike Bassi	40:11
19. Bill Horgos	40:18
20. Rod MacLeod	40:32
21. Rich Antonchuk	40:40
22. Jan Warmerdam	40:57
23. Thad Carhart	41:05
24. Neal Fishman	41:11
25. Nan Maynard	41:18
26. P. van der Steere	41:32
27. Alan McColl	41:38
28. Bob Danielson	42:03
29. Mary Sancimino	42:28
30. Norm Duffet	42:40
31. Dennis Watson	43:00

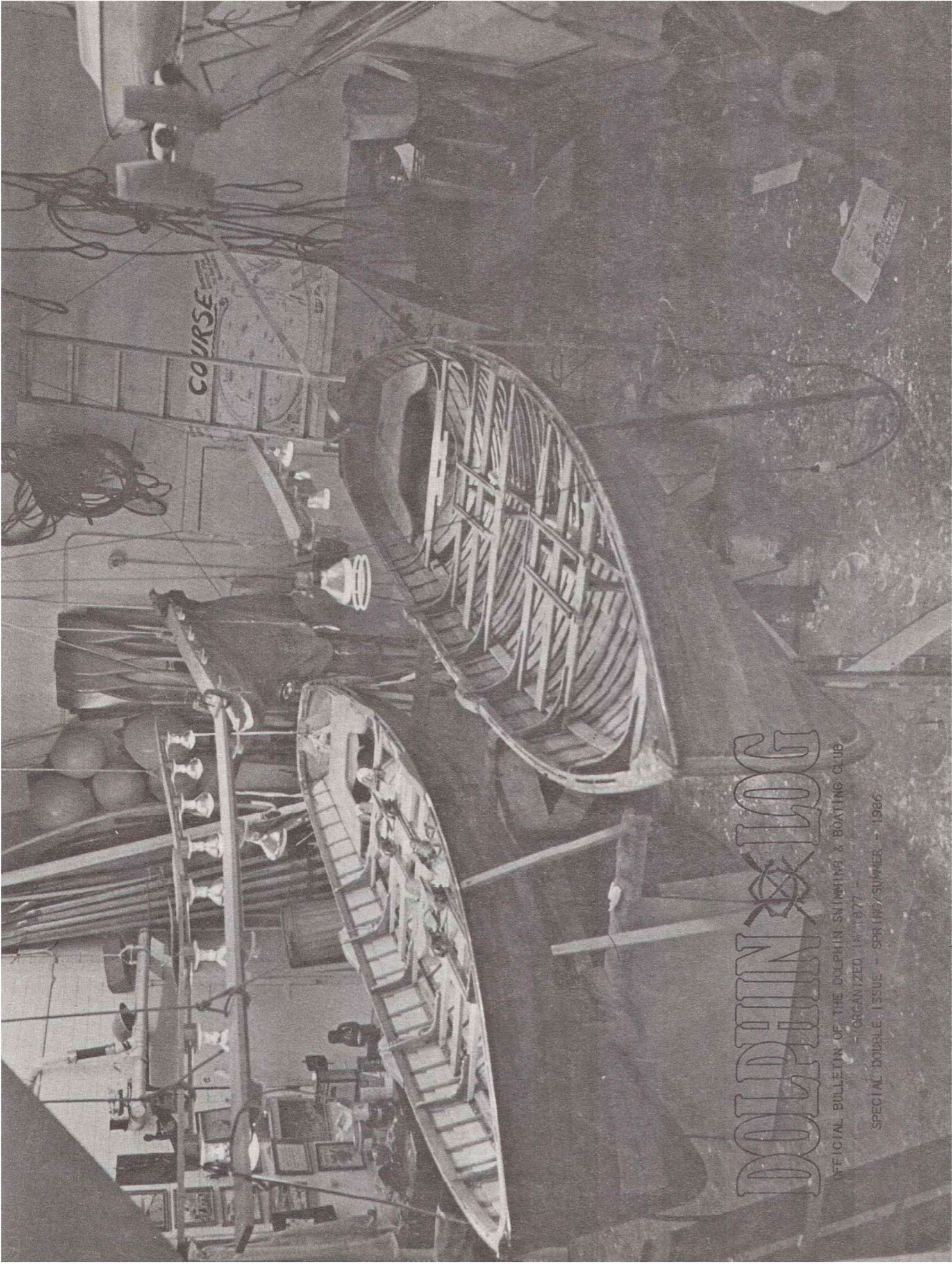


Charlie Korelec and Stan Hlynsky in formal T-Shirts at the 1985 awards dinner.

32. Sarah McCuskey		water, light breeze and	42. Eric Shackelford	30:00	34. Bill Callahan	28:50	
32. Noel Frelicot (tie)	43:58	medium chop.	43. Colleen Madden	30:16	35. Bob Danielson	29:07	
34. Jim Weil	44:18		44. Jerry Cullen	30:51	36. Mike Madden	29:35	
35. Mary Cantini-Norkin	44:22	1. Mike Garibaldi 20:14	45. Buck Swannuck	31:00	37. Joe Bruno	29:42	
36. Ted Helinski	44:34	2. Suzanne Heim 21:13	46. Conrad Liberty	32:38	38. Chris Cadelago	29:52	
37. Flicka McGurrian	44:38	3. Sean Kelly 21:45	47. Steve Sancimino	36:48	39. Ruben Hechanova	32:43	
38. Carol Block	44:39	4. Terri Watts	48. Jim Sancimino	39:03	40. Pavla Podolska	32:50	
39. Lorna Newlin	44:44	4. Paul Watts (tie) 22:51	THANKSGIVING DAY SWIM			41. Steve North	37:50
40. Diana Anderson	44:57	6. Laura Merkl 23:20				November 28, 1985	
41. Carlos Bea	44:58	7. Peter Drino 23:34				1. Sue Anson	15:38
42. Jim Ross	45:07	8. George Kebbe 23:44				2. Kate Coleman	15:45
43. Delores Kamesar	45:15	9. Bill Gordon 23:45				3. Kathy North	16:06
44. Era Osibe	45:35	10. Brian Gilpin 23:48				4. Rich Cooper	16:14
45. Bob McKenzie	45:37	11. Ed Urban 23:54				5. James Vanya	18:01
46. Dodi Morosi	45:52	12. Kent Price 24:02				6. Mike Stroczer	18:12
47. Sandra Lehmkuhl	45:57	13. Pete Applegate 24:07				7. Don Harrison	18:18
48. Harvey Gately	46:30	14. Dan Osborne 24:12				8. Sara McCuskey	18:19
49. Susan Lauritzen	46:55	15. Phil Rollins 24:52				9. M. Cantini-Norkin	18:23
50. Pete Bianucci	47:06	16. Steve Jones 24:57				10. Era Osibe	18:29
51. Sue Garfield	47:15	17. Bob Colyer 25:22				11. Will Powning	19:08
52. Bill Powning	47:37	18. Tom Hofmann 26:13				12. Lee Hammack	19:28
53. Steve Duffy	47:58	19. Elmer Tosta 26:15				13. Steve Duffy	19:45
54. Dan McGill	48:49	20. Joni Beemsterboer 26:44				14. Bob McKenzie	19:56
55. Roger Apion	48:53	21. Nick DeMay 26:45				15. Bill Powning	20:22
56. Don Harrison	49:32	22. Karen Drucker 26:52				16. A. Khachadourian	20:41
57. Joe Bruno	51:26	23. Phil Gay 26:59				17. Mimi Osborne	21:05
58. George Austin	52:02	24. David Zovickian 27:39				18. K. Ingram	21:08
59. Pavla Podolska	52:55	25. Phil Collins 28:09				19. Peter Jacobson	21:25
60. Ray Mondini	54:47	26. Mark Block 28:16				20. Charlie Rockwood	21:26
61. Chris Cadelago	54:59	27. Glynn Jones 28:20				21. Gail Nelson	21:29
62. Tom Sancimino	55:51	28. Lori Weiner 28:24				22. Larry Alioto	21:30
63. Charlie Rockwood	n/a	29. Kathryn Cleary 28:26				23. Barbara Solomon	21:53
64. Larry Alioto	70:42	30. Pete Neubauer 28:32				24. Jim Cyr	22:29
65. George Tracy	78:10	31. Roberta Boomer 28:36				HELPERS: Herman Zahler, Dan Murphy, Terry Anderson-Watts, Hendrika Warmerdam, Loretta Madden, Cathy Huang, Jan Warmerdam, Pete Sturiale, Donna ? , Phil Rollins.	
66. Steve North	78:15	32. Susan Allen					
67. Frank Drumm	80:00	32. Linda Braski				PILOTS: Ralph Zapalla, E. Tippin, Ned Hoffman, Bill Walden, Hans Kramer.	
(finished at north tower)		32. Debra Howard					
		32. Cathy Huang (tie) 29:00					
		36. George Gara 29:07					
		37. Lisa Smith 29:09					
		38. Tim Callahan 29:30					
		39. Margy Titus 29:34					
		40. C. von Blankenberg 29:38					
		41. Rich Livingston 29:52					

GOLDEN GATE SWIM II
September 22, 1985

CONDITIONS: 9/22 - 0043 low
water, 0.1, 0833 high water,
4.7, 0301 and 0940 slack



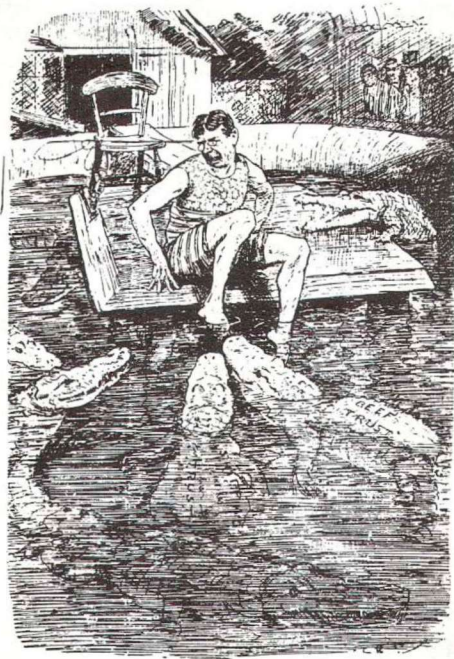
DOLPHIN LOG

OFFICIAL BULLETIN OF THE DOLPHIN SWIMMING & BOATING CLUB

- ORGANIZED IN 1977 -

SPECIAL DOUBLE ISSUE - SPRING/SUMMER - 1986

The Strenuous Life



A STRENUOUS PERFORMANCE

Professor Roosevelt (in his great trust act); "Ladies and gentlemen: In order to demonstrate the possibility of controlling these powerful creatures, not all of them equally tractable, I will now descend into their midst."



THE DOLPHIN LOG

PUBLISHED BY THE
DOLPHIN SWIMMING & BOATING CLUB INC
ORGANIZED 1877

EDITOR: JEFFREY HOWARD HETH
PHOTOGRAPHY: ELMER & JILL TOSTA

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PAGE TWO

"We are face to face with our destiny and we must meet it with a high and resolute courage. For us is the life of action, of strenuous performance ... let us live in the harness, striving mightily; let us rather run the risk of wearing out than rusting out."

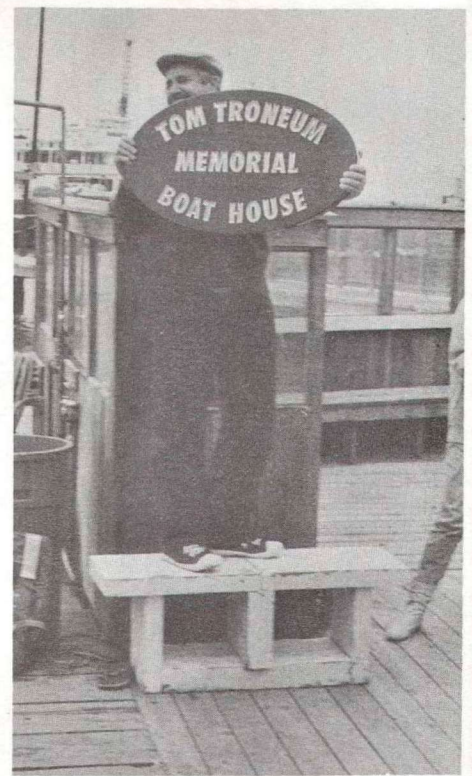
- Theodore Roosevelt, 1898.

Teddy had the right idea and his words are as timely today as they were at the turn of the century. Pampered as we are by modern luxury and convenience, Dolphins find rough water swimming to be a convenient and exhilarating was to strain physically and test our endurance and discipline. A strenuous swim with a varying course against tide and weather is what open water swimming is all about.

That's why it really bugs many of us to hear some members groaning and moaning and complaining when our scheduled swims are not idyllic little jaunts through perfect conditions on perfect tides. Swimmers who want such swims should stick to their swimming pools or find a nice lake where the wind doesn't blow.

We say "BULLY" for strenuous swimming and salute our swim commission for their challenging courses like the Twilight Swim and the Crazy Cove of '86. Let's enjoy our races for the challenge of the course - no matter what the conditions might bring!

J.H.



Herman Zahler displays the new Troneum sign.

LAKE MERCED BOAT HOUSE
NAMED IN HONOR OF TRONEUM

Late Sunday morning, June 22, the champagne flowed along with good memories as the Dolphin Club's Lake Merced boat house was named in honor of the late Tom Troneum. Attending the ceremony were Tom's widow and two daughters. A beautiful new sign carved by Bob Hoff was mounted over the boathouse and will serve as a lasting tribute to Tom's devotion to the Dolphin Club.



The Troneum family enjoys some of the bubbly at the celebration.

Letter To The Editor

Dear Editor:

The last issue of the Log carried a story on someone named Bob McKenzie, who claims to have set a record in the Club sauna. This letter should put a dubious accomplishment into perspective.

I have held every record associated with the DC sauna since before the current one was built. In fact, I was setting records in the old sauna before Irish people such as Mr. McKenzie were allowed to join the Club. Below is a small sampling of some of many.

August 3, 1980 - Highest heat endured (223 degrees F) without permanent brain damage.

May 27, 1981 - Highest concentration of Eucalyptus vapor inhaled (2.1%) without losing consciousness or pulmonary lining.

September 16, 1983 - Most South End visitors (7) driven out by production of superheated water vapor.

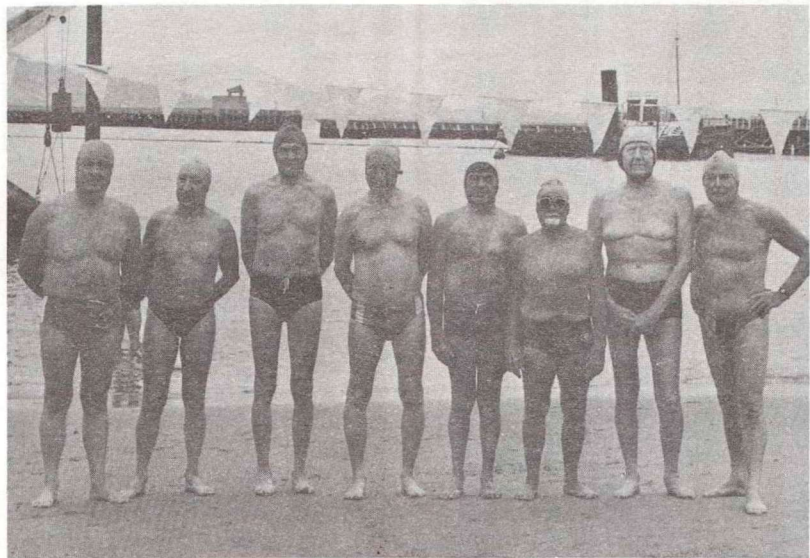
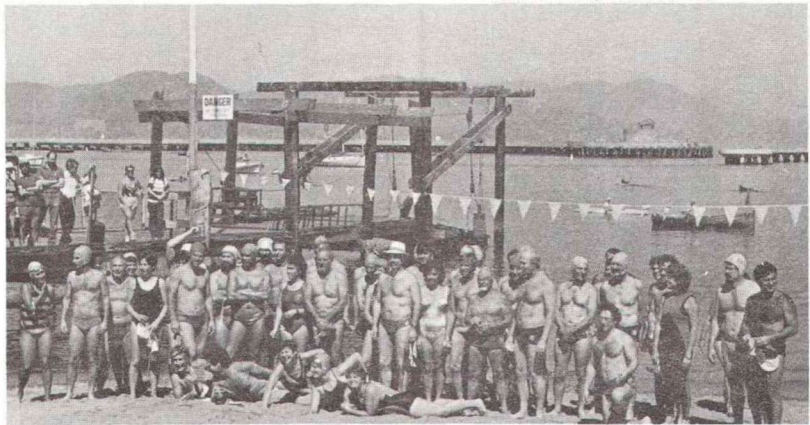
April 19, 1984 - Highest noise level ever endured (Farnsworth, Hlynsky, Korelec and Menucci talking simultaneously). This was formerly thought to be the highest noise level ever recorded, but it has been conclusively proven that the blastoff noise of a Titan missile at ground zero exceeds it by a significant amount.

July 1, 1985 - Fought off the largest number of fellow members for sole possession of Harvey Gately's discarded newspaper. This included such veteran papersnatchers as Applegate, Hulihan, Gilpin, Rollins, Block and Reutinger. (The fact that several sections were torn in the process does not detract from this record).

I could go on, but it would be pointless. If someone wants saunasitting credibility, let him meet me in a serious sedentary match with neutral judges; we can go to it, mano a mano y culo a culo, to decide the best man. Until that happens, you need not trouble your readers with tales of overheated humbugs setting spurious records. Until then, I take a back seat to no one.

Sincerely,
Brian Gilbert

DOLPHIN LOG - SPRING/SUMMER 1986



Top to bottom: A huge crowd showed up for the Dick Beeler Crazy Cove Swim. The "Over-60" group poses before the race; where the pilots and helpers outnumbered the swimmers 3 to 1.

Swim Program Update

POLAR BEAR '86

The "Polar Bear Club" continued its dramatic growth of past years, even though qualifying mileage was increased from 30 to 40 miles. Forty eight completed the challenge with George Kebbe (200 miles!) and Luara Merkel (104 miles) leading the way. Fifty miles in '87?



FEBRUARY 15 PIER 41 SWIM

Some were disappointed with the decision to cancel the Pier 41 Swim and, in its place, hold a cove swim. The consensus of the Swim Commission, Boat House Captain, and most experienced pilots and swimmers was that an out-of-cove swim held under the poor weather conditions would have been dangerous for both pilots and swimmers. Large swells and intermittent wind and rain squalls in the cove made launching the boats difficult, at best. Landing the boats would have proved challenging. Safety will continue to be our number one priority.



Thirty-four swimmers completed the cove course with George Kebbe winning his first swim in a time of 17:53. Jim Sancimino provided his excellent "Sea Soup".

MARCH 22 SPRING COVE SWIM

Next up was the Spring Cove Swim with 50 swimmers taking part. Pilot coverage was excellent as 18 members took to the water in assorted craft. Another 40 helped out, performing all the necessary duties. Suzanne Heim won her first swim of the year, leading the group with a time of 18:45.



The kitchen crew was busy as Flicka McGurkin, Sue Garfield and Herman all prepared their specialties.

NEW ALCATRAZ/GATE SWIM QUALIFICATIONS

New rules, requiring each swimmer to pilot or help on at least two swims, are proving successful. Many members are showing up to satisfy these rules early in the year. For all swims, a sign-up sheet for helpers, specifying each job and the number of people needed will be posted two weeks prior to the swim. Members who wish to help should sign up early. (See article elsewhere on "New Boat Reservation Procedures for Out of Cove swims.")



Top to bottom: Jim Madden at the crazy Crazy Cove Swim. Wayne Riddle, Conrad Von Blankenburg, Jan Warmerdam and Carol Block. Suzanne Heim won the race. Laura and Sam Lawson at the Old Timer's dinner.

PAGE FOUR

DICK BEELER CRAZY COVE SWIM

Forty-six swimmers participated in this long, difficult, and confusing swim. Named in honor of one of the original "nooners", Beeler's confusing courses were the subject of much discussion around the club. Dick passed away of a sudden heart attack on the Dolphin beach in 1981.

Traditionally this swim course has been long and confusing with many legs. In a tribute to the training and conditioning put in during a long, cold winter, all swimmers completed the course.

Suzanne Heim won this swim in 34:42. To consider the difficulty of the 1986 Beeler Swim, Suzanne's 1985 Alcatraz time was 29:51. Twenty-six pilots and 34 helpers made this a great day. Thanks to Carol Block (fruit salad), Sue Garfield (Lemon-nut bread), Diane Swanson (breakfast bread), and Herman (fresh biscuits).

PIER 39 SWIM, MAY 17

Thirty-eight pilot craft and exceptional weather contributed to make this swim memorable for the 72 swimmers. Neither new pier construction or weak inside current slowed down winner Bob Momson, who completed the course in 24:15. The minimum swimmers-to-pilot ratio of 3 to 1 was far exceeded and allowed for the large number of participants. The Swim Program's success is dependent on the continued support of pilots and helpers. Thanks to all.

ALCATRAZ LOTTERY

In recent years a lottery has been held to determine who will be among the 75 members who participate in the Annual Alcatraz Swim. It has come to our attention that several members have been left out two years running. To remedy this problem, beginning this year, those not chosen to swim in 1985 and who did not swim the Alcatraz leg of the Escape from Alcatraz Triathlon will automatically be entered in the swim. The purpose is to do everything possible to assure that each member has a chance to swim from Alcatraz at least once each year.

-Phil Rollins, Head Swim Commission

DOLPHIN LOG - SPRING/SUMMER 1986



Top to bottom: Future old-timers Tom, Phil, Steve and Marie Sancimino with big Bill Horgos at the Old-Timer's Dinner. Current old-timers Bob Hoff, Andy Camous and Stan Wright. John Bielinsky, Jerome Duffey, Jeanette Klinge, Herman Zahler and Mimi Osborne know what a happy kitchen is all about.

DOLPHIN LOG - SPRING/SUMMER 1986

DOLPHIN TEAM IMPRESSIVE IN TOKYO

Swimmers numbering 3500 from 19 countries gathered in Tokyo, July 12-16, 1986 for the Fina World Master Swimming Championships. The Tokyo swim facility was the site of the 1964 Olympic swim competition and induced a wave of nostalgia for the swimmers who competed in those games. The architecture is still beautiful, the pool is still fast and the Japanese ran a wonderful event.

The outstanding individual performance was, arguably, Jim Montgomery, 1976 Olympic triple gold medal winner of the Lone Star Masters Team of Texas with five firsts and five new world records. Seven Dolphin Club swimmers dominated the distance freestyle event: Garibaldi, Momen, Yourd, Griffith, Van Horn, Gay and Jones. They entered 35 events and won two firsts, ten seconds, five thirds and placed in the top eight in all but two races. Mike Garibaldi broke the world record in the 800 meter free but finished second in the race. The Dolphin Club team would have beaten most of the other clubs entered in the meet had team totals been kept.

Water temperature was 76 degrees with no tide making for easy navigation during the meet.

CUSTOM EAR PLUGS AVAILABLE

Custom ear plugs, molded to your own ear are available to Dolphin Club members through Pacific Coast Laboratories, PO Box 7981, SF, CA 94120. Telephone 351-2770, ask for Larry Catano. The plugs cost \$32.00 per pair or \$27.00 if a significant group can get together with Mr. Catano at one time for a mass-measurement session.

HEIM COMPLETES SECOND ENGLISH CHANNEL CROSSING

Just as the Dolphin Log was going to press, Suzanne Heim successfully completed her second English Channel crossing in 10 hours, 1 minute, bettering her 1985 time by several minutes. Watch the bulletin board for notice of Suzanne's expected presentation on her 1986 swim. Look for a more complete story in the next issue of the Log.

PAGE FIVE

Old Rowboats Need Tender Loving Care

ROWING COMMISSIONER REPORT

The Dolphin Club boats are being maintained better than ever, due to the dedication of many in the club. The Foster is ready for the water, once again, after a thorough sanding and varnishing. Cliff Jennings put in many hours working on the Foster, and his help is much appreciated. Anyone interested in helping along these lines can call Cliff at 553-2520.

The Landucci is in the water after a beautiful varnish job which was done under the leadership of Dino, himself.

The Cuthbert is temporarily out of service and the Farrell is in the boat house for a major restoration. The Cronin is back in the water and more beautiful than before. John Bielinski is a master boat builder, one who we are very proud to have here at the club. The Viking is also seaworthy after a long, but thorough refinishing of its interior.

On the racing side, the Club has been well represented by Trisha Schulz, Elisa Meyer and Kitt Stycket in every race in and out of the Bay. These three women row the fiberglass triple, lent to us by Gordon Nash. On May 31st they finished first in their class in the Santa Cruz race, and have placed in every other rowing event. Congratulations to all three!

All help, skilled or unskilled, is always welcome in the boat house. Thank you to all helpers and pilots.

-Rowing Commissioner, Diane Schatz

ROWERS ENCOURAGED TO PARTICIPATE

Dolphin rowers are encouraged to participate in organized rowing events. Upcoming regattas provide a training goal and offer a chance to socialize with rowers from other areas and clubs. The races are generally well organized. The competitive spirit is there if one is so inclined but participating can also be fun for those who just enjoy the pleasure of it all.

Some upcoming races:

- Stockton Rowing Club - Sept. 7.
- South End Regatta (lots of heavy boats) - Sept. 14.
- Head of the Estuary (Mixed doubles and singles, no heavy) - Oct. 26.

The women's triple team of Trisha Schulz, Elisa Meyers and Kitt Stycket have been representing the club at recent rowing regattas. They row a small craft triple, a 24' fiberglass self bailing 160 lb. boat. The boat is designed to be rowed by two people, but can also be rowed by three women who weigh less than 400 lbs. The idea here is that three women can row equally as well as two men of similar total weight. So far the team has kept within two minutes of even the best rowers of the small craft 24 footers and beaten the majority of them. The triple was recently rowed with a substitute middle rower, Neal Snyderman; the team of Schulz, Snyderman and Stycket finished third in a field of over 60 boats, only six minutes behind the doubles team Gordon Nash and Kevin Strain of the Sausalito Rowing Club. The Dolphin doubles team of Bill Post and Jim Pvarnik, rowing a 32' Owens Racing Double finished third overall and first in their class at this

event, the North Tahoe Rowing Regatta, held June 20-21. Course: 9.30 naut. miles. Post/Pvarnik Time: 1:22:05 Schulz, Snyderman, Stycket Time: 1:22:15.

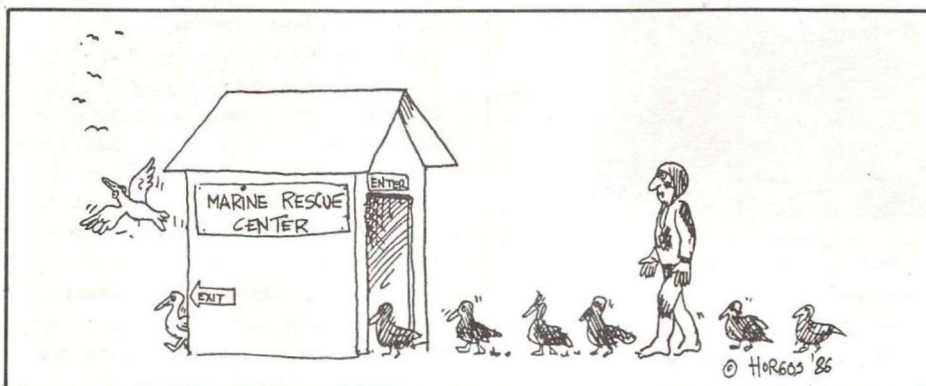
The Season Opener of 1986 at Coyote Pt., March 16th.

7.0 Nautical mile course. 17 boats participated. Dolphin team placed eighth overall with a time of 1:15:52. First place was around 1:05:00.

6th Annual Open Ocean Rowing Regatta, Sponsored by the Sausalito Rowing Club, April 6. 3.5/6.6 nautical mile course, 50 boats turned out for the row. Both a long and short course were available. The triple of Schulz, Meyers and Stycket rowed the long course which started in Richardson Bay, passed the north tower of the Golden Gate Bridge and rounded a mark at Kirby cove. The boat placed fourth overall with a time of 1:04:04. The first place team was 1:01:40, won by Rob Jackson and Jon Anderson of the South End Rowing club.

Corte Madera to Sausalito, Sponsored by Open Water Rowing, May 4. A 9.50/12.25 naut. mile course from Corte Madera to Richardsons Bay. 44 boats showed for the row. Both a long and short course were available. The Club triple of Schulz, Meyer and Stycket finished in fourth place overall, first in class with a time of 2:07:35. First place men's double time was 1:45:10 approx.

Santa Cruz Harbor Opener, May 31. 5.90 mile course to the outside mile buoy Capitola and back. 23 boats participated. The triple team got off to a fast start staying with the mens triple team from Carquinez straits, Anderson Powers and Luxom. Some poor navigation led to the wrong buoy rounding and following another triple which was said to have "local knowledge" was even worse. After leaving the mens' team (they were fighting), the women rounded the proper buoys and finished the race. No respectable time, but they did finish. This is the only race rowers in traditional "Viking" type boats from the South End Rowing Club finished ahead of the Dolphin team. It was Jeremy Fisher Smith's fault. He kept them out drinking 'til midnight.





Swimmers meet for the Cove Handicap Swim. They can relax because Dolphins learn board rescue techniques in a training session held at the Rec Center for the Handicapped held early in the '85 swim season.

DOLPHIN LOG - SPRING/SUMMER 1986

MEW BOAT RESERVATION PROCEDURES FOR OUT-OF-COVE SWIMS

New procedures are in effect for reserving boats for out-of-cove swims. This is being done in an attempt to relieve the scramble for boats each morning of a swim and to eliminate the necessity for pilots to arrive at the club two or three hours before a swim to be sure of getting a boat.

Two weeks prior to each out-of-cove swim, a boat reservation sign-up will be posted on the bulletin board. Each boat will be listed. To reserve a boat, members should sign up as early as possible. Pilots must be present 1 ½ hours before the swim to claim their reserved boats and attend the pilot briefing (two hours prior to swim for Golden Gate and Alcatraz swims). Boats reserved, but not claimed 1 ½ hours prior to the swim will be reassigned.

Swim Commission and
Boat House Captain

SAFETY ENHANCED WITH NEW AVON CRAFT

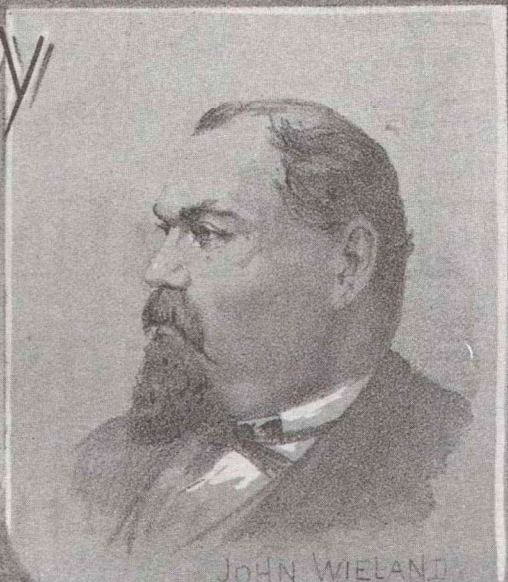
The safety of the Club's out-of-cove swims has increased dramatically this year with the addition of a new Avon Searider 5.4M craft purchased by the Board of Governors. The state-of-the art rescue craft was named the ARIAS in honor of Bert Arias. The Avon Searider combines the sea-keeping and performance advantages of a deep V hull with the safety and light weight of an inflatable. It also incorporates a unique water ballast system to overcome the normal lack of stability on a deep V hull when stationary. This system consists of a separate compartment in the lower forward section of the V hull which floods when the craft comes to a stop. The forward movement of the Searider automatically ejects the water ballast through a drain port leading out of the transom. This ballast system, reinforced by the stability given by the inflatable tubes, gives a very stable platform for the recovery of people or objects from the water.

The craft is virtually unsinkable as both the rigid hull and the flexible buoyancy tubes have separate flotation compartments.

PAGE SEVEN

Established 1855

Philadelphia Brewery

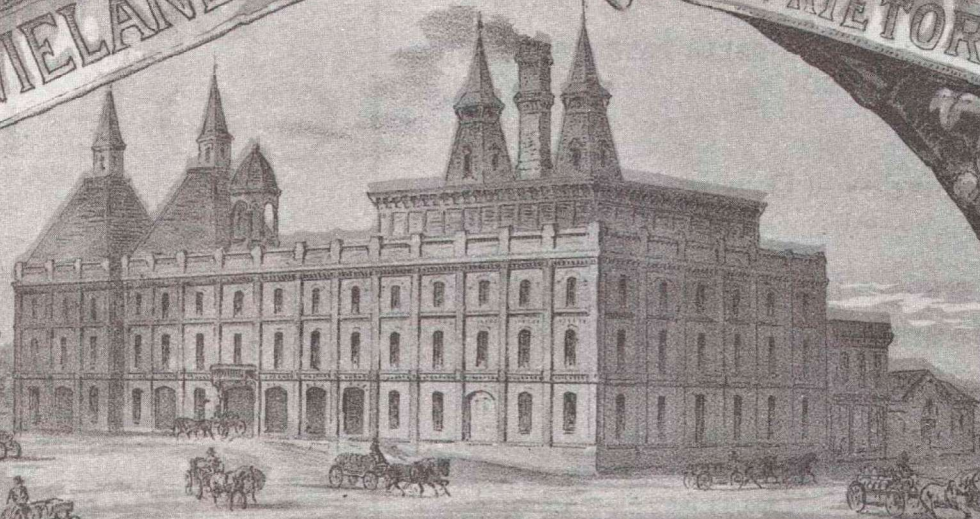


JOHN WIELAND



JOHN WIELAND

PROPRIETOR



OFFICE & BREWERY
SAN FRANCISCO

SECOND ST
NEAR
FOLSOM

DOLPHIN CLUB FOUNDER JOHN WIELAND REMEMBERED

by Walt Snavelly

One of the Dolphin Club's most historic boats, the * Wieland, underwent some significant repairs earlier this year -- planks were replanked, patches were patched, the hull was painted -- just in time for the official opening of the yachting season and president Stan Hlynsky's birthday. Celebrating the event with a row to Larkspur and a birthday party hosted by Walter Haake were Stan along with Charlie Korelec, Herman Zahler, Phil Sancimino, Dave Hinton, Sam Lawson, John Dahlberg and Al De La Pena.

The boat is named for John Wieland, at whose home in 1877 the Dolphin Swimming and Boating Club was formed. He was born on October 6, 1829 in Wurtemberg, Germany and attended school until the age of 13 when he went to work in the local vineyards.

Determined to emigrate to America, he sailed from Haure, France and landed in New York May 1, 1849. He apprenticed himself to a baker and soon became an American citizen.

In 1850 Wieland resolved to seek his fortune in California so on November 16 of that year he sailed on the ship "Botner" around Cape Horn, reaching San Francisco in early 1851 after a voyage of 165 days. He secured employment in the baking trade but left to try his luck gold mining after the disastrous City fires of May and June, 1851.

Wieland located on the south fork of the Yuba River on Cannon Creek where he met with some success. He purchased on a claim at Twist Creek which he mined until the end of 1851, with great profit to himself and returned to San Francisco. He was

Opp. Page: Wieland's brewery was the largest on the West Coast, evidenced in this glorious poster (over 100 years old) from the archives of Walt Snavelly.

employed at the Union Bakery becoming one of the proprietors of the firm. Wieland married during this time, eventually fathering 11 children.

In August 1855 Wieland purchased an



The launching of the Wieland.

interest in the brewing firm of August Hoelscher & Co. and purchased property at 2nd and Folsom streets where he constructed the Philadelphia Brewery and in 1867 he became the sole proprietor of the business.

Wieland proved to be a good businessman and brewer, becoming one of the City's leading citizens. The brewery became the largest on the West Coast. It was during this later period that he and three others formed the Dolphin Club (then called the Adelpia Club) at his home located on the brewery property.

On the night of January 2, 1885, the explosion of a coal oil lamp seriously burned John Wieland and other members of his family in their home and on January 3 he died at age 55, soon followed by his daughter Bertha, age 19.

The funeral was one of the largest ever seen in the City, with people lining the streets, in the rain, from the 2nd street residence, up Market Street, and out to the Masonic Cemetery on Masonic Avenue. Pallbearers included several Dolphins, mostly charter members and prominent City figures including sugar titan Claus Spreckels.

A street was named for John Wieland in the South McLaren Park area but was never developed, though on City maps for many decades. The Public Park System finally took it over for recreation land.



Stand back, he's ready to launch!

NEW BUILDING UPDATE

Quite possibly by the time this issue of the Dolphin Log is being read, construction will have begun on the new building adjoining our existing clubhouse.

The project will provide additional boat storage space on the ground floor and additional men's locker room space on the top floor (freeing more space in the existing structure for expansion of women's locker facilities).

The construction contract was awarded to the low bidder, Dolphin member Conrad Von Blankenberg by a unanimous vote of the Board of Governors at their July meeting. Once construction actually begins, completion of the project is expected in a couple of months.

All users of the club facilities are urged to exercise caution during the construction period and to cooperate with the workers on the site.

MONITORING THE ELEMENTS HIGH TECH SAFETY

Under the direction of President Stan Hlynsky, new water temperature, air temperature, wind velocity and barometric pressure measuring devices have been installed at the club. Now in addition to tidal information, members can at a glance, determine just how cold it really is and whether the wind is actually of gale force or not.

Other technological improvements inspired by Hlynsky include new radio communications gear to increase safety during swim events.

DOLPHINS WED

Word spread quickly that Dolphin Club members Diane Elizabeth Swanson and Joseph Louis Schatz had married on Sunday, May 9 in San Francisco. Engraved announcements were mailed with color photographs of the happy couple while they were off on their honeymoon, reportedly to Czechoslovakia.

Upon their return, it turned out that the tempestuous two had changed course at the last minute and had actually gone to Buenos Aires, Rio de Janeiro and points elsewhere in South



Diane and Joe Schatz

America. Their union is yet another in a growing number of Dolphin romances which have blossomed into wedded bliss since the club went co-ed. Must be something in the water.

DOLPHIN POLICY FOR GUESTS AND CHILDREN

Friends and relatives (children over 12) are required to pay the \$5 usage fee. No exceptions. Children are not allowed in the weight room or the boat house and are not allowed to use the surfboards or other craft.

ANNUAL MEMBERSHIP MEETING SEPTEMBER 17

The annual membership meeting of the Dolphin Club will be held in the Staib Room, Dolphin Club, at 7:00 p.m. on Wednesday, September 17, 1986. The Board of Governors shall review with the members the business of the past year, proposed activities for the next year and may present any other issue for action of the members. All members are welcome and encouraged to attend.

BEA RESIGNS FROM BOARD HETH APPOINTED

The reality of dealing with twin baby boys caught up with the Bea family early this year. Louise Bea was compelled to resign from her Board of Governors position. Dolphin Log Editor, Jeffrey Heth, was appointed to take her place. The Board officially thanked Louise for her many efforts on the club's behalf.

BEWARE OF BOAT TRAFFIC

Most members have seen the warning notices which have been plastered around the club regarding dangerous boat traffic which is being re-routed through our cove opening during breakwater construction. Members are reminded to beware of this boat traffic and to stay out of the area marked by the yellow boom and buoys. The situation may exist through October and possibly beyond.

LAKE MERCED REMINDER

The Dolphin Club maintains a boat house and rowing program at San Francisco's Lake Merced. This is a good place to learn rowing because the water is relatively calm. For information, call Jim Storm at 752-1454 or Steve Salvi at 989-6646. They are available to introduce members to the facility and explain the rules and regulations.



Dolphin Club Loses Bert

After over 25 years of membership at the Dolphin Club, Bert Arias died in March of 1986 following several months' illness and absence from the club. Bert left many friends and fond memories. "He cleaned the beach for 25 years, now it's our turn" said Lou Marcelli who helped organize a collection totalling \$1795; money which was sent to Bert's sister in Peru. The Club's new Avon rescue craft was named the ARIAS in honor of Bert.

The following eulogy was put together by Joe Schatz.

HUMBERT ARIAS

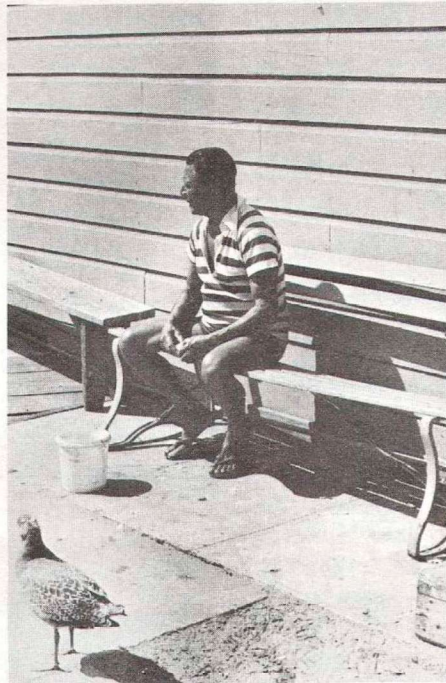
25 March 1905 - 26 March 1986

It is ironic that so little is known about someone who was so widely loved. We know that Humbert Arias was born in Peru on 25 March 1905. At that time, Peru was about the size of California and Texas combined and had about five people per square mile. Bert is believed to have come from a then-remote area about 300 miles north of Lima, the capital. He is widely believed to have been an Indian. About half the population of Peru was and is Indian, and there are many Indians in the area of his birth.

Bert told several friends that while a teenager he had worked as a merchant seaman and that he had gotten to the U.S. by jumping ship in Seattle when he was 17. That would have been 1922. What he did between then and 1943, when he was inducted into the U.S. Army, is a mystery. But his military records show that his civilian job at the time of his induction was "pick and shovel man".

He was assigned to the 1824th Combat Engineer Battalion and sailed from San Francisco to the Pacific Theater on 18 January 1943. Combat engineers build emergency airstrips, roads and bridges and it seems likely that Bert was a manual laborer on these wartime projects. He served with distinction in the Philippines

and New Guinea. He was awarded the Philippine Liberation Ribbon with two bronze stars and the Asiatic Pacific Campaign Ribbon with one bronze star. Characteristically, he never mentioned these decorations. The army changed Bert profoundly. His induction papers show him to be a 5'3" South American Indian and a citizen of Peru. His discharge papers show him to be a 5' 5" white citizen of the United States! Bert promptly recorded this document at San Francisco City Hall upon his return from the war. He was then 40 years old.



Bert

Bert took a room in a hotel on Stockton Street in North Beach and got a civilian job with the Navy, probably working on the docks. He retired years later with a modest pension. He had at least two relatives in Peru. These were his sisters, Bertha and Adelaida, who lived in Chiclayo and Cheopen, respectively. He regularly sent them money and made them the beneficiaries of his government insurance policy and his will.

Coincidentally, while Bert was in a coma, a few days before he died, a

letter from Bertha reached his room at the Castro Hotel on Vallejo Street reporting the death of Adelaida.

Oddly, Bertha's letter sends greetings to Bert's "family". When informed of Bert's death, she was

surprised to learn that he had no family here. Apparently, she knew even less of Bert than we did. She asks that anyone with information about Bert send it to her. Those who are interested in doing so may contact Lou Marcelli at the Dolphin Club who will forward the information to her.

At the Dolphin Club, where Bert had been a member, his beach raking, bird feeding, tide keeping, laughter, friendliness, generosity, pride, independence and dignity will long be remembered.

He was loved by all who knew him.

TIDES BY ARIAS

And some were old and wise
Nodding the paragon of the plodding
In ancient furrows among their
Andean peaks. And misty and mystic,
Life was sacrifice. And the mountains'
Spiteful breeze blew cold upon the
altar
Of its promise.
Meagre were those days: All casting
Without faith upon the other side.
He, feeling his call urgent in
doubtful

Profit from the tumbling sea, saw a
New world old and wise full of
beggars
In old doorways nodding the paragon
of the necessary conflict!
And with his shovel and his medals
He shouted and clamored quietly in
A life unshackled; in the violence of
this choice.
And the ocean grew calm.
He rested and laughed
Was nodding and calm upon its
Quiet rim. And he was nodding old,
And calm and wise with the nodding
Strutting gulls that knew his voice.
Bewildered now they never hear him
more

Alan Mallic, Spring 1986

1986 Swim Results

NEW YEARS DAY COVE SWIM

January 1, 1986

- Long Course (.7 mi.)

1. Sean Kelly	16:29
2. Laura Merkl	18:29
3. Elmer Tosta	20:32
4. Pete Neubauer	22:23
5. Jerry Cullen	22:48
6. Neal Fishman	24:16
7. Tony Contreras	25:44
8. Omer Thompson	25:56
9. Jeff Ranta	26:19
10. Alan McColl	27:05
11. Sue Garfield	27:22
12. Jan Warmerdam	28:09
13. Steve Duffy	29:30
14. Will Powning	30:24
15. Pavla Podolska	34:31

- Short Course (.5 mi.)

1. Lisa Smith	11:34
2. Don Harrison	13:39
3. Mike Strasser	13:48
4. Carol Block	13:59
5. Bob Danielson	14:15
6. Era Osibe	14:50
7. Bill Powning	16:01
8. Joe Bruno	16:04
9. Tom McGraw	16:18
10. Bob MacKenzie	16:39
11. John Addison	17:17
12. Barbara Solomon	17:29

PILOTS: Hans Kramer, Cab Covey, Diane Swanson, Joe Shatz, John Bielinski, Cliff Jennings, Rod MacLoed, Herman Zahler, Sam Lawson, Jim Cyr, Scott Stewart, Zach Stewart, Fran Southerland.

HELPERS: Jeff Heth, Laurel Lawson, Hendrika Warmerdam, Jan Warmerdam, Carol Block, Dan Murphy, Pete Sturiale, Lou Marcelli, Jack Giacomini, Lee Hammack, Phil Rollins, Linda Braski, Loretta Madden.

FEB. 15 COVE SWIM

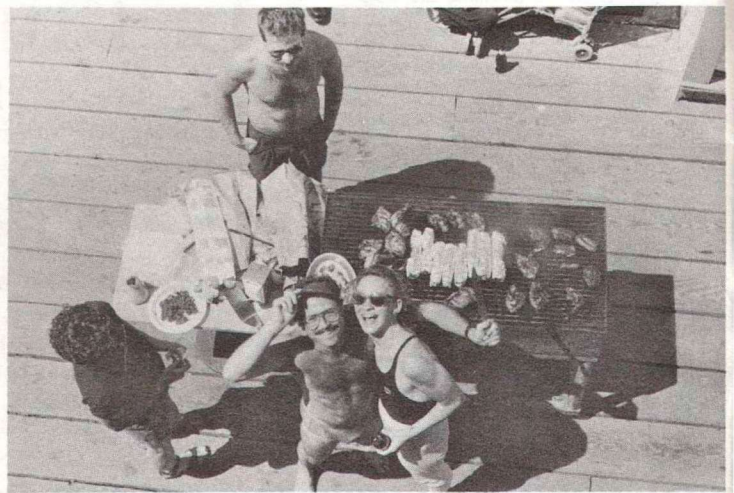
(Scheduled Pier 41 Swim cancelled due to weather)

1. George Kebbe	17:53
2. Ed Urban	18:24
3. Elmer Tosta	18:40

4. Laura Merkel	18:46
5. Bob Colyar	19:22
6. Judy O'Brien	19:51
7. Dave Zovickian	20:43
8. Art Wolf	20:51
9. Lisa Smith	21:00
10. Lorna Kollmeyer	21:30
11. Pete Neubauer	22:03
12. Jeff Heth	23:37
13. Eduardo Barraneo	23:40
14. Bill Horgos	23:48
15. Bob Tobin	23:57
16. Helene Marchant	24:06
17. Tom McGraw	24:29
18. Tony Contreras	24:40
19. Chuck Shubert	25:06
20. P. VanderSteere	25:18
21. Flicka McGurrian	25:34
22. Jim Ross	25:45
23. Harry Jones	26:14
24. Sue Garfield	26:43
25. Dodi Marosi	27:51
26. Noel Frellicot	28:06
27. Dahlia Kamesar	28:31
28. Will Powning	29:19
29. Joe Bruno	31:38
30. Bill Powning	32:20
31. Steve North	33:29
32. Pavla Podalska	34:26
33. Larry Alioto	38:11
34. George Tracy	57:35

PILOTS: Dan Osborne, Herman Zahler, Andy Camous, Bob Danielson, Colleen Madden, Herb Madden, Jay Garnhardt, Pete Bianucci, John Bielinski, Al de la Pena, Dan de la Pena, Harvey Gately, Susan Allen, Hans Kramer, Sam Lawson, Dan McGill.

HELPERS: Wayne Riddle, Karen Heisler, Paul Watts, Terry Watts, Tim Callahan, Dennis Watson, Lee Hammack, Lorraine Brown, Charley Yourd, Mike Strasser, Drew Washer, Jim Cyr, Kent Price, Bill Gordon, Bob Colyar, Steven Jones, Jim Sancimino (soup), Glynn Jones, Marta Johnson, Phil Kohlenberg, Katherine North, Jeff Ranta, Dan Murphy, Susan Cobb, Tom Schmidt, Mimi Osborne, Pete Bianucci and Dahlia Kamesar (trucks), Carol Block, Linda Braski, Phil Rollins.



Top to bottom: An aerial view of a bar b que. Pavla Podalska and Maïda Taylor standing behind Mimi and Dan Osborne with Suzanne Heim at the Cove Handicap Swim. Newlyweds Lee and Joeleen Hammock at the Old Timers Dinner.

BEELER CRAZY COVE SWIM

April 20, 1986

1. Suzanne Heim	34:42
2. Sean Kelly	36:32
3. Paul Watts	38:24
4. Michael Elderkin	40:13
5. Elmer Tosta	45:07
6. Steve Jones	46:39
7. J. Beemsterboer	46:46
8. Tim Callahan	46:49
9. Cori Weiner	47:27
10. Dave Zovickian	47:37
11. Pete Neubauer	48:28
12. Wayne Riddle	48:29
13. Tom Hoffman	48:54
14. Lorna Kollmeyer	49:05
15. C. Von Blankenberg	51:15
16. James Mason	51:36
17. Scott Anderson	53:47
18. Jeff Heth	53:58
19. Coleen Madden	54:30
20. Mark Lubiszewski	55:17
21. Herb Madden	55:45
22. Jerry Cullen	56:13
23. Neal Fishman	57:10
24. Jim Madden	57:19
25. Susan Cobb	57:29
26. Ken Frank	57:33
27. Helen Marchant	57:48
28. Hancy Fougere	58:54
29. Nan Maynard	59:02
30. Roberta Compos	59:18
31. Mary Sancimino	59:44
32. ERic Groneman	60:11
33. Roger Kleid	60:33
34. Dodi Marosi	61:15
35. Don Harrison	61:22
36. Cliff Jennings	65:27
37. Reuben Hechanna	67:52
38. Thad Carhart	69:58
39. Susan Lauritzen	70:25
40. Will Powning	76:02
41. Alan McColl	77:41
42. Larry Alioto	87:28
43. Steven North	91:15

HELPERS:

- Registration: Jan Warmerdam

- Timers/Recorders: Dan
Murphy, Pete Applegate, Mimi
Osborne, Linda Braski,
Hendrika Warmerdam, ERa Osibe
Connie Ingram, Diana
Anderson.

- Kitchen: Carol Block,
Herman Zahler, Lou Marcelli,
Sue Garfield, Katherine
North, Pete Sturiale, Dodi
Marosi, Steve Duffy, Diane
Swanson.

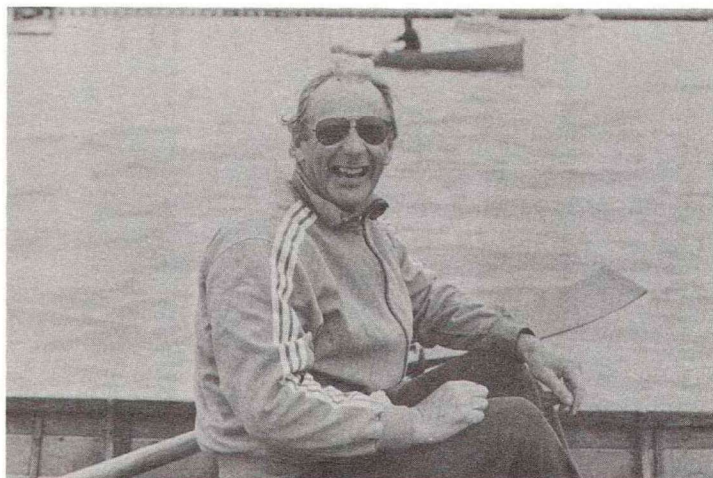
PILOTS: Dave Hinton, Ray
Mondini, Flicka McGurrin, Bud
McKenzie, Stan Hlynsky, Sam
Lawson, Dan Osborne, Hans
Kramer, Meg Reilly, John
Horner, Carla Curtis Egan,
Rich Cooper, Bob Danielson,
Jon Bielinski, Al & Dan de la
Pena, Vince Huang, Jay
Earnhardt, Hans Kramer, Bill
Walden, Jim Growder,
Katherine Dermitzakio, Phil
Sancimino, Neil Hartnett, Tom
McGraw, Hugo Buckholtz.

SPRING COVE SWIM

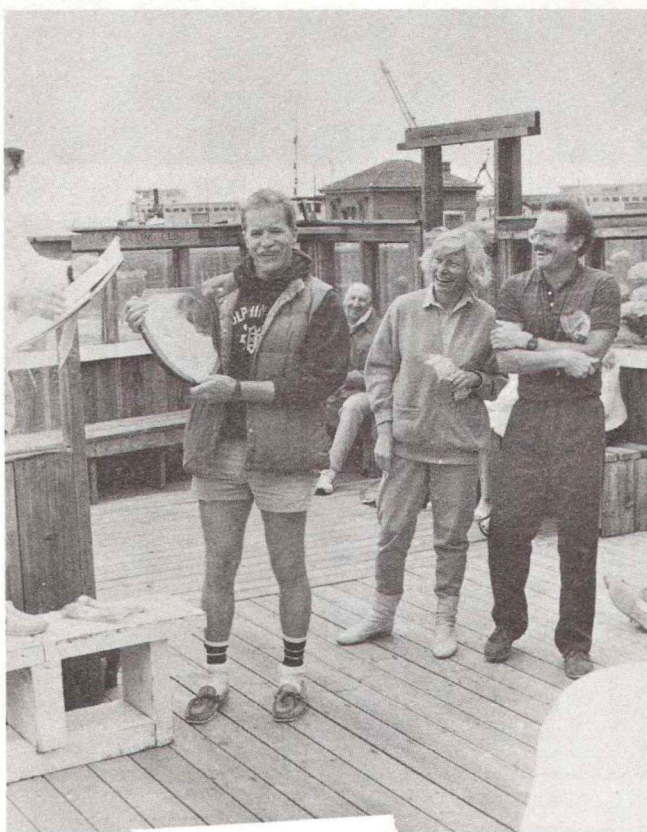
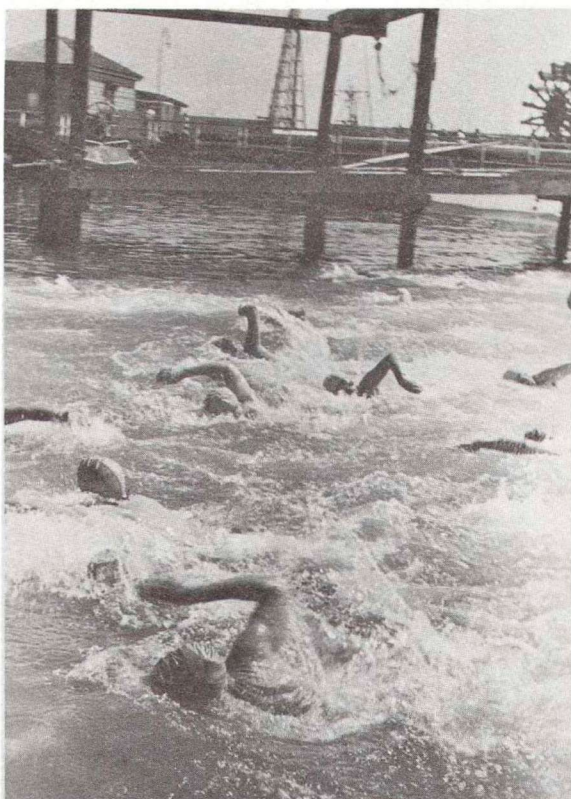
March 22, 1986

1. Suzanne Heim	18:45
2. Paul Watts	20:55
3. Bill Van Horn	21:50
4. George Kebbe	21:53
5. Pete Applegate	21:59
6. Art Wolfe	22:05
7. Susan Allen	22:20
8. Dan Osborne	22:21
9. Bob Colyer	
Phil Rollins (tie)	22:28
11. Elmer Tosta	22:30
12. Cathy Huang	23:14
13. Tom Hofmann	24:04
14. Pete Neubauer	25:03
15. Diane Swanson	25:12
16. Eric Shackelford	25:50
17. Wayne Riddle	26:07
18. Jay Earnhardt	26:54
19. Tom McGraw	27:11
20. Katie Coleman	
Coleen Madden (tie)	27:17
22. Susan Anson	27:50
23. Jerry Cullen	28:28
24. Roger Kleid	28:40
25. John Horner	28:42
26. Bill Horgos	29:20
27. Susan Cobb	29:50
28. Eduardo Barranco	31:26
29. Norm Duffet	31:45
30. Shelley Sullivan	31:46
31. Chuck Shackett	31:55
32. Flicka McGurrin	32:00
33. Malda Taylor	32:18
34. Cliff Jennings	
S. Lehmkuhl (tie)	32:34
36. Carol Block	32:50
37. Era Osibe	33:01

(continued on next page)



Top to bottom: Financial Secretary Dave Hinton. Jim Biggs, Cliff Jennings, Hendrika Warmerdam and Jerome Duffy. Bob McKenzie, Susan Allen and Stan Hlynsky at the Old-Timers Dinner.



The Crazy Cove finish line. First place in the Cove Handicap was Thad Carhart.

(from previous page)

38. Anthony Tracey	33:04
39. Noel Frelicot	33:22
40. Roger Aplon	34:50
41. Susan Lauritzen	35:34
42. Susan Lauritzen	35:34
43. Will Powning	36:53
44. Bill Powning	38:23
45. Ray Mondini	38:34
46. Jan Warmerdam	38:35
47. Joe Bruno	40:41
48. Chris Cadelago	40:55
49. Steve North	41:15
50. Meg Reilly	43:04

PILOTS: Tim Callahan, Al & Dan DeLaPena, Bill Walden, Omer Thompson, Dave Hinton, Andy Camous, Hans Kramer, Stan Weight, Sam Lawson, Herb Madden, Stan Hlynsky, John Bielinski, Carla Curtis, Frank Logorio, Jim Madden, Joe Shatz.

TIMERS/RECORDERS: Dan Murphy, Linda Braski, Mimi Osborne, Hendrika Warmerdam, Shannon Kilkenny, Glynn Jones.

HELPERS:

- Boats & Boards: Lisa Smith, Jef Heth, Lew Hammack, San Corn, Charley Yourd, Michael Elderdro, Mike Rollerl, Terri Watts, Patty Fujl, Brian Gilbert, Jim Cyr, Vince Huang, Dennis Watson.

-Kitchen: Flicka McGurrlin, Sue Garfield, Herman Zahler, Lou Marcelli, Pete Sturiale, Katherine North, Steve Duffy, Glynn Jones, David Zovickian, Dan McGill, Don Reid, ERick Shackelford, Peter Brandt.

- General Help: Carol Block, Jan Warmerdam, Phil Rollins.

12. Elisa Meyer	29:51
13. Jim Madden	30:39
14. Peter Jacobson	
Peter Brandt (tie)	30:52
16. Kate Coleman	31:22
17. Julie Berniker	31:50
18. Mary Sancimino	32:00
19. Flicka McGurrlin	32:12
20. Tom McGraw	32:18
21. Susan Anson	32:23
22. George Gara	32:28
23. Patty Fujl	32:33
24. Marcia Grimm	32:43
25. Keith Nelson	
Neil Fishman (tie)	32:49
27. Carla Curtis-Egan	32:57
28. Tom Callihan	32:58
29. Herb Madden	
John Horner (tie)	33:00
31. Susan Cobb	33:12
32. Scott Anderson	33:23
33. Nan Maynard	
M. Lubiszewski (tie)	33:25
35. Ken Frank	33:37
36. Karen Heisler	33:54
37. P. Vander Steere	33:56
38. Helen Marchant	34:04
39. Omer Thompson	34:24
40. Dennis Watson	34:29
41. Eduardo Barranco	34:43
42. Rich Cooper	
Tony Contreras (tie)	34:53
44. Jill Alban	34:58
45. Roger Kleid	35:01
46. Carol Block	
Rudy DeMay	
Noel Frelicot (tie)	35:45
49. Sandy Lemkuhl	35:47
50. Cliff Jennings	36:00
51. Sue Garfield	36:34
52. Era Osibe	36:40
53. Roberta Campos	36:53
54. Dalia Kamesar	37:19
55. James Weil	37:38
56. Steve Sancimino	37:42
57. Roger Aplon	38:13
58. Steve Duffy	38:16
59. Lee Hammack	38:19
60. Joan Bard	38:24
61. Alan McColi	38:27
62. Bernhard Schmidt	38:29
63. Bill McKown	38:47
64. Thad Carhart	38:51
65. Lorna Newlin	39:11
66. Bill Powning	39:36
67. Will Powning	40:03
68. Jim Sancimino	40:04
69. Bob McKenzie	40:46
70. Joe Bruno	41:35
71. Mike Rollerl	41:36
72. Meg Reilly	43:34

(continued on next page)

PIER 39 SWIM

May 17, 1986

1. Bob Momsen	24:15
2. Ed Urban	25:34
3. Bill Van Horn	25:45
4. Bob Colyar	26:59
5. George Kebbe	27:22
6. Peter Drino	27:37
7. Tim Callahan	28:22
8. Dan Osborne	28:24
9. Nick DeMay	28:47
10. J. Beemsterboer	28:54
11. David Zovickian	29:11

(from previous page)

PILOTS: Tricia Schulz, Mark Block, Wayne Riddle, Sam Lawson, Don Harrison, Frank Menucci, Bob Danielson, Andy Camous, Herman Zahler, Cab Covey, Al dela Pena, Dave Hinton, Bob Hoff, Bill Walden, Hans Kramer, Noel Turner, Ned Hoffman, Jim Gowden, Bev Ferreira, Zack Stewart, Scott Stewart, Pete Bianucci, Mary Cantini-Norkin, Harvey Gately, Larry Alioto, Neal Snyderman, Dino Landucci, Tom Hofmann, Jay Earnhart, Coleen Madden, Phil Rollins, Linda Braski, Phil Lucien, Elmer Tosta, Armando Meriocal, Brian Gilpin, Jim Groneman, Mike Madden, Susan Allen, Jeff Heth, Don de la Pena, Ginny McGraw, Steve Jones, Eve Louis, John Bielinski.

SOUTH END PILOTS: Mike Berline, Mike Dunn, Dan Goodman, Hank Serpelt, D.D. O'Reilly, Rich Frenzel, Kevin O'Keefe, John Lynch.

HELPERS: Dan Murphy, Mimi Osborne, Diana Anderson, Steve North, Larua Merkl, Jim Smith, Jill Tosta, Pete Sturiale, Louise Bea, Jack Giacomini, Ned Hofmann, Loraine Brown, Reuben Hechanova, Elizabeth Tippin, Jan Warmerdam, Carol Block.

COVE HANDICAP SWIM

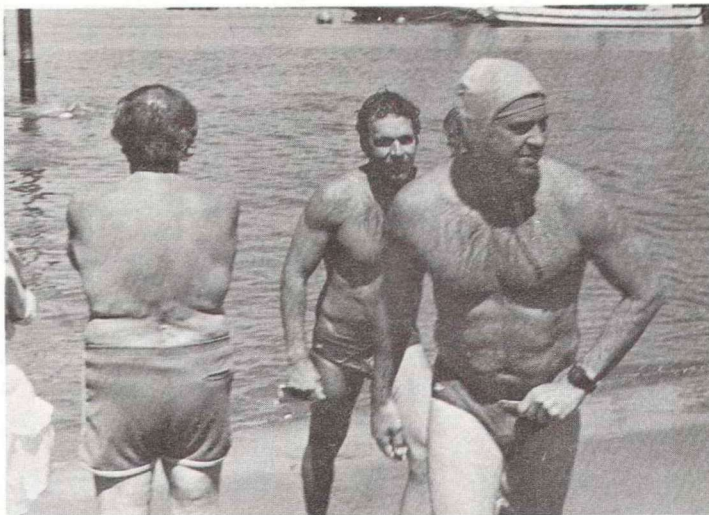
June 1, 1986

1. Thad Carhart	36:11
2. Ed Urban	38:08
3. Geo Buffington	38:43
4. Glynn Jones	38:46
5. Brian Gilpin	39:18
6. Dan Osborne	39:27
7. Elmer Tosta	39:28
8. George Kebbe	39:32
9. Bob McKenzie	39:43
10. Nick Zoller	39:46
11. Karen Drucker	39:48
12. Phil Lucier	40:10

13. Bill Horgos	40:13
14. Bill McKown	40:16
15. Tom Hofmann	40:20
16. Bob Danielson	40:24
17. Dave Zovickian	40:26
18. Julie Berniker	40:29
19. Lorna Kollmeyer	40:33
20. Jay Earnhardt	40:38
21. Joe Bruno	40:45
22. Wayne Riddle	40:48
23. Pete Neubauer	40:50
24. George Gara	40:58
25. Jill Alban	41:06
26. Herb Madden	41:15
27. J. Beemsterboer	41:22
28. Cliff Jennings	41:25
29. Noel Frelicot	41:30
30. Dahlia Kamesar	41:34
31. John Horner	41:37
32. Phil Rollins	41:39
33. Gail Nelson	41:52
34. Vince Huang	42:08
35. Era Osibe	42:10
36. Jan Warmerdam	42:12
37. Will Powning	
Carol Block	
S. Lehmkuhl (tie)	42:25
40. Dennis Watson	42:46
41. Don Harrison	42:56
42. Tony Contreras	43:02
43. Patty Fujii	43:08
44. Meg Reiley	43:24
45. Bill Powning	43:32
46. Pete Bianucci	44:32
47. Flicka McGurrian	44:35
48. Helene Marchant	45:39
49. Steve North	46:37
50. Mike Roller	47:05
51. Pavla Podolska	47:25
52. Stan Hlynsky	49:54
53. John Dahlberg	49:55
54. Don Reid	56:33
George Tracy (hip cramp)	

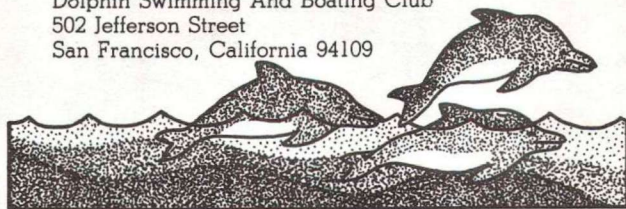
PILOTS: Al de la Pena, Dave Hinton, Suzanne Heim, Sam Lawson, Herman Zahler, Hans Kramer, Bob Hoff, Norm Duffet, Susan Cobb, Cathy Dermitzakis, Bill Walden, Tim Callihan, John Bielinski.

HELPERS: Maida Taylor, Larry Alioto, Art Wolfe, Linda Braski, Carol Block, Peter Marchant, Lee Hammack, Neil Fishman, Cathy Huang, Stan Hlynsky, Dan Murphy, Mimi Osborne, Laura Merkl, Hendrika Warmerdam, Susan Cobb, Steve Duffy, Lou Marcelli, Pete Sturiale, Jim Biggs, Jessica Huang.



Top to bottom: Pete Neubauer and Wayne Riddle finish the Crazy Cove. Lori Weiner, Hendrika Warmerdam and Dave Zovickian. Phil Rollins, Nick DeMay and Hendrika Warmerdam at New Years Swim qualifier.

Dolphin Swimming And Boating Club
502 Jefferson Street
San Francisco, California 94109



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1986 SWIM SEASON

-REMAINING-

8/17	*Over 45 Gas House Cove	9:00 am
8/31	*Fort Point	8:00 am
9/13	Alcatraz	10:00 am
10/11	Golden Gate I	8:15 am
10/12	Golden Gate II	9:00 am
10/31	100 Mile Swim Finishes	
11/8	Swimmers and Pilots Appreciation & Awards Dinner	
11/27	Thanksgiving Day Cove	10:00 am

(Depending on breakwater construction, some out-of-cove swims may be changed to Cove swims. If this is necessary, the swims will be considered "out-of-cove" qualifiers.)

1986 SWIM RULES

1. All Club scheduled swims are restricted to Club Members only.
 2. Swimmers must wear fluorescent orange caps in all scheduled swims. Each swimmer's name must appear in LARGE letters on cap.
 3. Swimmers must be members in good standing (no delinquent dues) and Swim Fee paid (\$21.00) prior to participation in scheduled swims.
 4. New members are not eligible to participate in any scheduled swim for 6 months from date of membership acceptance (board meeting).
 5. Out-of-cove swims are limited to a maximum of 60 swimmers and will also be limited at the discretion of the Swim Commission to a pilot to swimmer ratio of 1:3. The Alcatraz swim is limited to 75 swimmers chosen by lottery of qualified members.
 6. Swim sign up sheets will be posted 2 weeks prior to each scheduled swim. If you do not frequent the Club on a regular basis it is your responsibility to get yourself signed up if you want to swim.
 7. Time limits will be imposed and enforced on each swim.
 8. All Club boats are reserved for piloting on Club scheduled swims. No riders or guests in pilot boats.
- Qualifications for Alcatraz and/or Golden Gate swims - in addition to rules 1-8 above:**
9. In-town members must successfully complete two swims marked with an asterisk (*) plus one other swim listed on the 1986 Swim Schedule and must help/pilot on two other Club scheduled swims.
 10. Out-of-town members (100 miles or more from S.F.) must have successfully completed 2 of the last 3 Club scheduled Golden Gate and/or Alcatraz swims.
 11. Once a member has qualified for Alcatraz/Golden Gate swims (completion of 3 qualifying swims), non-qualified members will get priority to swim qualifying swims.
- NOTE:** All scheduled times/dates on 1986 Swim Schedule are subject to change at the discretion of the Swim Commission.

DOLPHIN

Official Bulletin of
The Dolphin
Swimming & Boating Club

Winter Edition - 1986-1987

LOG



A Renaissance of the Fleet

This past year has been a banner one for the Dolphin boat fleet, our members have dedicated themselves to boat repair and restoration and as a result our fleet is now in its best shape in years. Swimmers and rowers alike have pitched in and given unselfishly of their time and effort to restore the proud tradition of Dolphin Club members maintaining our historically significant wooden craft. As a result, we now have more boats in service, which means better and safer swims and more boats available for the membership to use for pleasure and exercise.

We now have the largest fleet of traditional wooden pulling boats in daily use in the United States.

Our resident boatwright, Jon Bielinski, ably assisted by Boat Captain Don Harrison, Cliff Jennings, Hans Kramer and Mike Di Nunzio, has built a highly knowledgeable core group of new and senior members who have worked miracles on The James Cronin (1938), The Sid. Foster (1948), Gordon Cook's "Good Luck" (1976) and the "newest" re-addition to the fleet, The Charles Farrell (1917). This last boat is especially noteworthy since it is the first keel-up reconstruction totally performed by Dolphins in their own boathouse

in nearly forty years.

Pizza and refreshments have been provided on numerous occasions and many members have come out for a night or day of learning, work and camaraderie.

The work performed has been first-rate and has consisted of sanding, oiling and varnishing, and some arcane boat building techniques such as steam-bending of planks and ribs and copper riveting using methods that are thousands of years old.

This still-developing program, so important to the history and the future of The Dolphin Swimming and Boating Club will continue with many projects scheduled in the coming months. All members, junior and senior, are urged to participate in keeping the boats in great condition. Look for notices which will be posted in various locations, particularly on the white bulletin board in the entryway. Bring some work clothes and join your fellow members in keeping our fleet up, preserving the history of the DSBC, learning new skills and brushing up on old ones and generally having a great time.

Special thanks to President Stan Hlynsky and Boat Captain Don Harrison for their work, encouragement

continued on page 15



Here is part of the Dolphin Club fleet, out upon San Francisco Bay, preparing to protect the swimmers from any dangers that lurk.



Above: Resident boatwright, Jon Bielinski in his "Spectre". Mid page: Master pilot Bill Walden. Top page: Frequent pilot, Al De La Pena.

BULLETIN BOARD

Miscellaneous News and Notes for the Dolphin Club Membership

SUBMIT TO THE DOLPHIN LOG - PLEASE -

The Dolphin Log welcomes all submissions. Stories, news items, race results, etc. We are particularly looking for good black and white photos of club events which feature people. Please load your cameras with black and white film and submit your photos for our next issue, due out in mid-1987.

PAST PRES.' TEAM COMPETES AT SPECIAL OLYMPICS

Past Dolphin Club President Frank Drumm who was just re-elected to the 1987 Board of Governors has kept up a regular schedule of coaching a group of handicapped youngsters at Alameda County's Walpert Center. Members of his team placed well in several events, and consider themselves lucky to have Frank Drumm's attention each week.

A TIMELY TIP SUBMITTED BY A TRUE BIRD LOVER

Do you have old cooking grease or bacon fat that needs disposal? Warm it to melt it (if necessary) and pour it over stale bread (or any edible absorbent) and feed it to the seagulls and pelicans. It might make the difference for birds' surviving the winter.

OLD-TIMERS DINNER/CRAB FEED SLATED FOR FEBRUARY 21st

The Sancimino family will find the freshest crab of

this good season and the Dolphin Club's annual tribute to its colorful group of old-timers will commence at 6 p.m. on February 21st. Tickets are limited to 200 and are available now at the Club.

GORDON COOK COLLECTION PLANNED

Liadain Cook, Gordon Cook's widow, is making a collection of essays and reminiscences about Gordon Cook, and would be pleased if anyone from the Club would like to contribute any material about him. Essays should be sent to:

Liadain O'Donovan Cook
1136 Union Street
San Francisco, California 94109

NEW BUILDING PLANS STILL 'WENDING' THEIR WAY

Plans to begin construction of the "new" building (the structure planned to replace the Ariel Club building which was destroyed by fire) are still wending their way through the governmental agencies which approve such projects. Plans have been delayed while the size of the new deck is approved. Construction might begin this spring.

SWIM FEES ARE DUE AND PAYABLE

Before swimming in a Dolphin Club swim, members must pay the \$21.00 annual swim fee. The fee covers costs incurred during the year by the swim commission in organizing the various swims.



The Dolphin Log

Published By
Dolphin Swimming & Boating Club Inc
Organized in 1877

Editor: Jeffrey Howard Heth

Principal Photographer: Elmer Tosta
Cover Photos This Issue by Dan de la Pena

502 Jefferson St., San Francisco, CA 94109



Always bringing a bright splash of sunshine to the Dolphin Club's deck is veteran club member Ms. Era Osibe.

Suzanne Heim Makes Second Trip to English Channel - And Then Crosses It 5 Times

by Jeffrey H. Heth

A wittier and prettier Suzanne Heim regaled her fellow Dolphins again this year with another charmingly unaffected narrative of her singular English Channel swimming accomplishments. Last year Suzanne held an attentive audience spellbound as she described her first Channel crossing made in the summer of 1985. This year she was back with the story of her second trip during which she made two solo crossings (10:01 and 10:11) and participated on an international relay team which set a world record triple crossing in 32:54.

Suzanne's training regimen for 1986 was more difficult than in the past, involving 22-23 hours per week in both pool and S.F. Bay which is slightly colder than the English Channel and thus provided an ideal training ground. She averaged 8 miles daily and rested only on Sunday. Her weight averaged 148-150 lbs. which she maintained with a sensible but normal diet and some vitamins.

She arrived in England on July 26. She made her first crossing on July 3, her second 10 days later and the triple relay crossing two days after that.

"I sort of had my fill of crossing the English Channel" stated Ms. Heim in surely the biggest understatement of this year's swim season. Then later in the evening she said she could "do it again and again!".

She hadn't intended such a brutal schedule but feeling very confident upon arrival and not wanting the tedious waiting and delay which had characterized her first year's effort, she grabbed the very first opportunity to make a crossing from England to France. She chose an unconventional course destined for St. Margarets Bay instead of the more typical Shakespere Beach finish line. To make this course at all and not be swept down the Channel with the tide she knew that she would have to be fast. The water was not calm; it never calmed down during the swim. She averaged an incredible 80 strokes per minute and 4.1 kilos per hour. The wind was force 4-5 (25-26 mph) and there were many whitecaps. She stopped for

nourishment every 45 minutes using only 15-30 seconds of time. Suzanne was trying for the world record of 7:40 and came tantalizingly close when seven hours into the swim she was a mere 1.25 miles from her destination. Unfortunately though, wind and tide conditions changed and it took her another three hours to complete this final leg with the finish looming in front of her like a mirage.

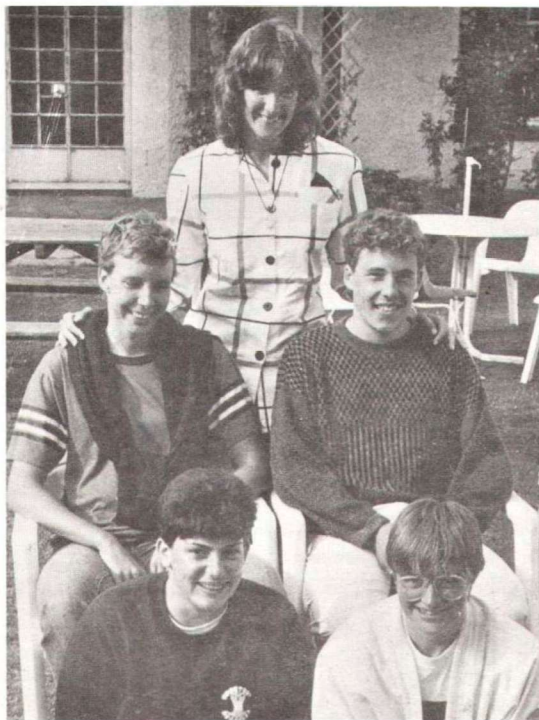
Adding to her disappointment during this last stretch, she was stung repeatedly by jellyfish around her mouth, the area least protected by the thick "English Channel Grease", a combination of lanolin and parafin. This grease insulates and will protect the swimmer from such bites. And so she finally landed on Wassant Beach, a self-described "glob of lanolin" to be greeted by a large group of beach-goers who were quite thrilled to see her. She was not sore after the swim but took one Molrin pill, a muscle relaxant and began the wait for a flat day to make her second crossing.

Ten days later her second chance came with fairly flat conditions and an 18 ft. tide (30 ft. tides in the English Channel are not uncommon). This time she set her course toward the more traditional finish of Shakespeare Beach. Having not really trained for two crossings only 10 days apart, Suzanne found herself tiring quickly on this second swim. She was "only" making about 5 kilo's per hour and averaging 58 strokes per minute.

"Basically, I got a little tired" she explained. On this swim she was applauded by passing tourists on a ferryboat and was buzzed by the Royal Air Force which was training in the area. She completed this crossing in 10:25, well under the average Channel crossing time of 13:30.

Meanwhile, back at the shoreline, there happened to be a multi-national relay team sponsored by Japanese interests which was in a bind because one of their swimmers had become ill. Thus only two days after her

continued on page 15



Mid Page: "Granny" Heim and her international relay record setters.

Help Your New Board of Governors!

HUMOR by BRIAN GILBERT

The new Board will need your help to do the optimum job of governing the Club in the coming year. To this end, we have secured the software for processing a Trovato/Benjamin* Poll on the DC Computer. Briefly, this is a combination knowledge test and opinion poll which does not differentiate the type of query, but "weighs" the response; the more knowledge you display, the more weight is given to your opinion. Take a little time to answer the questions fully; a few of the answers are somewhat fanciful, but a knowledgeable DC member will know the difference. Please, no cheating! All responses should be directed to Editor, Dolphin Log.

* A Selective Empiricism for Interfacing Knowledge & Belief: Trovato, Benjamin, et al in Journal of Comparative Ethology, Vol 69, Nos. 1-3, pp. 226-239, August, 1983

Among active members, the Dolphin with the most medals won at the Olympic Games is:

1. Dr. Jim Storm
2. Mike Garibaldi
3. James Burke

Which of the following is the only DC member to win an Olympic medal for swimming?

1. Mike Garibaldi
2. Dr. Jim Storm
3. Dr. Thompson Mann

The DC sponsored or assisted every attempt at the Farallones swim. The person who spent the longest time in the water on one swim was:

1. "Ike" Papke
2. Lt. Col. Stu Evans
3. Ted Erickson
4. Myra Thompson

The only woman to swim the Gate after the 29th week of pregnancy was:

1. Diana Anderson
2. Robin Phalen
3. Morgan Kulla
4. Ginny Hofmann

The most obvious need of the physical plant is:

1. An annex next door
2. A parking lot
3. A steam bath
4. A vending machine selling beer
5. A balcony for birdwatchers

According to the report of the regional Meese Commission, the most serious threat to the youth of the Bay Area is:

1. Soft Porn
2. Hard Drugs
3. Bill Horgos
4. Lack of Physical Activity

The best three-lift total (clean & jerk, snatch, military press) in weight class has been posted by:

1. Rich Fossat
2. George Galarza
3. Sophie Taggart
4. Stan Hlynsky

The Dolphin Club has always had an amazingly large number of members in the U.S. Marine Corps. Among active members, the most decorated leatherneck is:

1. Captain Irene Volodkevich
2. Major Tom Koger
3. Colonel Buck Swannack
4. General Nuisance

The toughest elected job in the DC is:

1. President
2. Boat Captain
3. Financial Secretary
4. Corresponding Secretary

The person doing the best job of those above is: (vote for one.) _____

1. Swim Commissioner
2. Doorkeeper
3. Custodian
4. Locker Captain
5. Sauna Lieutenant
6. *Dolphin Log* editor
7. Vending machine tender
8. Other _____

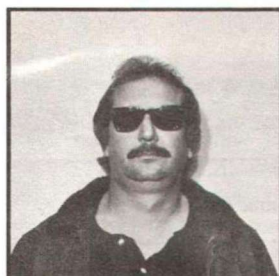
The person doing the best job of the above is: (vote for one.) _____

The use of latex or vinyl dolls inflated with warm air is now the leading edge of technology in open-water rescue. Few realize that this breakthrough in technique was introduced by our own:

1. Elmer Tosta
2. Jan Warmerdam
3. Dave Hinton
4. Phil Rollins
5. Karen Jacobs

- continued on page 6

1987 Officers and Board of Governors



President Stan Hlynsky



V. President Katie Maloney



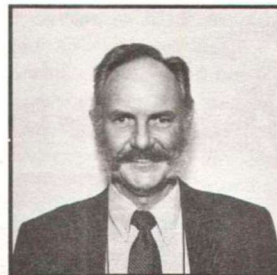
Treasurer Sam Lawson



Rec. Sect'y Tom Hofmann



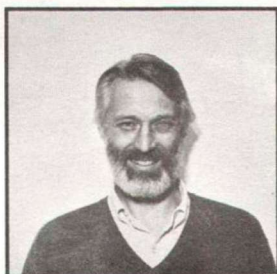
Fin'l Sect'y Brian Gilbert



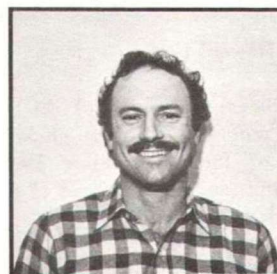
Boat Captain Don Harrison



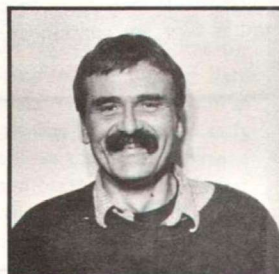
Gov. Vince Huang



Gov. Dan Osborne



Gov. Phil Rollins



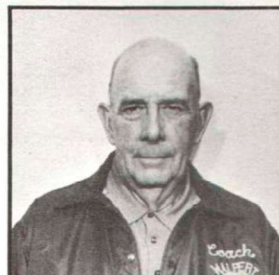
Gov. Bill Horgos



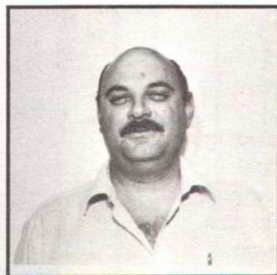
Gov. Scott Anderson



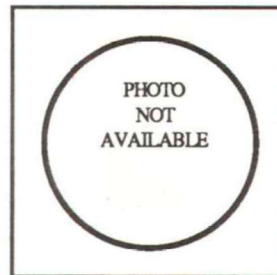
Gov. John Dahlberg



Gov. Frank Drum



Gov. Pete Bianucci



Gov. Walt Stack

HELP YOUR NEW BOARD OF GOVERNORS!

from page 4

The Park Service plans to lay over 4,000 cubic yards of white sand on the beach in the cove. They have had this plan since:

1. 1982
2. 1978
3. 1972

Social policy of the DC as set by the Board would be improved by:

1. More parties
2. Free beer
3. No alcohol
4. Inviting the mayor and other City Hall dignitaries to our functions

He has done no theatrical work out here, but his Summer Stock characterization of Teddy Roosevelt in his native New England was called "easily the best since Edward Everett Horton." He is:

1. Rick Murray
2. Jack Griffin
3. Jeffrey Howard Heth

Noise abatement is one of the most urgent and continuous problems faced by an urban police force. The head of the S.F. Police Department's noise abatement unit (and master abater of the DC) is:

1. Bill Arietta
2. Dave Berti
3. Bill Johnston

The most desirable improvement in the DC kitchen would be (list them in order of preference, if more than one):

1. An automatic dishwasher
2. A microwave oven
3. A bigger refrigerator
4. A freezer
5. A ban on Mennucci
6. An inspection by the Health Department

The most active and dedicated DC exponent for the glorification of modern American women is:

1. Miss Suzanne Heim
2. Mrs. Carlos Bea
3. Mr. Randy Pinetti

Although beauty contests have been denigrated as chauvinist and genderist, there was a great deal of support for a combined DC/SE competition several years ago. It collapsed when it became evident that first prize in every category would inevitably go to:

1. Steve Jones
2. Dave Horning

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3. Pax Beale

The best thing about the DC is (write in three words or less): _____

The worst thing about the DC is (forget it - we don't take complaints): _____

It is well known that DC members have almost no vices. A few sip beer or wine; some even smoke. By far the most versatile athlete among the cigar smokers is:

1. Ned Hoffman
2. George Tracy
3. Bill Powning
4. Susan Allen

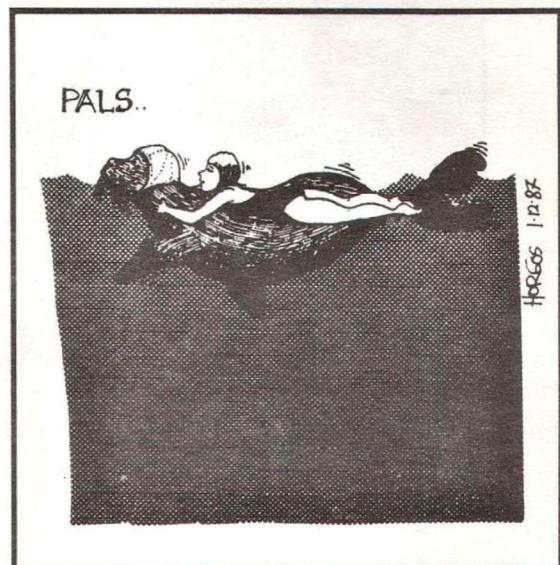
The DC has approximately 40 restaurant owners and/or operators at any given time. Of those currently active, the only one not of Italian birth or descent is:

1. Peggy Knickerbocker
2. Roger Aplon
3. Modesto Lanzone

The largest combined total of Sanciminos, Maddens, and Pownings who have competed in a single swim* is:

1. Seven
2. Nine
3. Eleven
4. Thirteen

* Two-part swims, such as the GG, must be counted separately. Relays count if they are continuous, as the EFA.



JANE!

by Cindy Erlich

Jane Dornacker died in a helicopter accident in the Hudson River October 22, 1986 while working as a traffic reporter in New York City. She was born October 1, 1947, in Albuquerque, New Mexico, and came to San Francisco in 1965 to attend San Francisco State. She was an actor, comedian, songwriter, dancer "trafficologist" and classical pianist. She is survived by her daughter, Naomi, her parents, and two sisters, Ann and Mary.

It is especially sad that Jane died in the water. When I first got to know her about twenty years ago at the Yuba River, the rest of our group used to plunge into the river and crawl up on rocks to lie in the sun, but Jane would plunge into the river and swim back and forth across it for hours.

Jane wasn't a particularly fast swimmer, but she sure could churn a lot of water with that big bod of hers. She was swimming at pools in San Francisco just before she was introduced to the Dolphin Club, and was delighted to find again a sanctuary of live water in which to swim.

Jane adored the Dolphin Club. At the time she was most active, she was really broke and somewhat discouraged, and the Club helped hold her together, as it has for many of us during hard times -- which is not to say that Jane was exactly *morose* while she was a member: Who can forget the reknowned Water Pigs team in the Tahoe Relays, named by Jane, or the

night on stage in the boat house at a fundraising dinner when she gave Frank Drum a "Beauty Makeover," covering him from head to toe with mashed potatoes, cucumber slices and sardines?

On stage Jane always reminded me of a kid putting on a show in her garage, especially when she was changing characters or moving from one bit to the next and she'd just bend over and rummage through grocery bags full of props until she found what she

was looking for, excited and rushing as if she couldn't wait for you to see what she was going to do next. But she worked out some smooth transitions too, taking off one character and putting on another while she chatted as if you were backstage in her dressing room. Her shows were so intimate.

I think one reason Jane responded so totally to the Dolphin Club is that it satisfied so many sides of her personality. She was such a natural athlete. She always found some excuse to work dancing into her shows. She bicycled everywhere, despite the hazards: in various accidents she damaged her leg muscle, crushed her elbow, and landed on her head on the hood of a car that struck her. She played basketball constantly. She

ran. She swam with the Nooners, one of the more gung-ho swimming groups at the Club. She was at home around people who shared her passion for physical activity. She was also passionate about ideas, and could find people to argue with around the Club. And there were always Dolphins who liked to goof around as much as she did.

When Bert Arias died earlier last year, I didn't tell Jane because I thought it would make her too unhappy. She and Bert spent hours on the deck heckling each other with nonsense about gatos (cats) and albondigas (meatballs). I like to think that, wherever they are, they had a great surprise

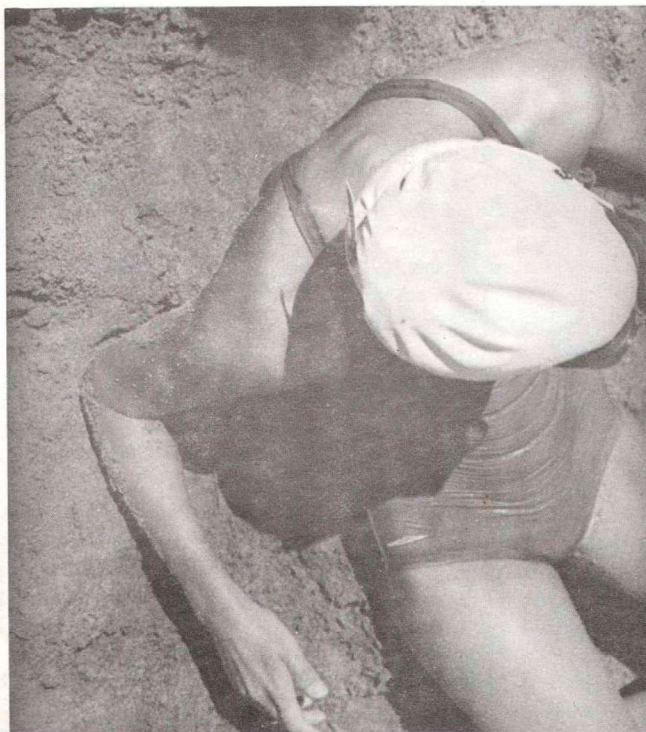
finding each other there, and now they're at it again.

Friends of Jane have established a trust fund for Jane's daughter, Naomi Knickerbocker. Donations can be sent to:

Naomi Knickerbocker Trust Fund
c/o West, Mokesky & Brown
428 Thirteenth St., Suite 1000
Oakland, CA 94612

Checks should be made payable to Naomi Knickerbocker Trust Fund.

Photo of Jane by Eddie Troia.



BLOODY BUT GREAT

Beer and Gore Flow at the Dolphin Picnic

*Trying to Drown a Trespasser - Jabbed
With a Penknife and Beaten
With Bottles*

The Dolphin Swimming and Boating Club picnic on Sunday last turned out to be the bloodiest of the season up to date.

The affair was well attended and all was joyous on the way to Manzanita Canyon, in the Santa Cruz mountains, where the pleasure of the day was to be had but on the return trip the baggage car had to be used as a sort of hospital.

Among the maimed was one man who will be lucky if he ever smiles again.

The retainers of a North Beach Assemblyman were in attendance, and accompanying them were three kegs of steam beer.

When the picnic party disembarked the beer was borne tenderly over toward the banks of the limpid stream, which was quietly wending its clear, winding way to the sea, and there it was mounted for the anticipated hostilities of the day.

The kegs beamed with pleasant smiles on the N.B. statesman and his gang, but they frowned like smooth bore columbiads from the battlements above Fort Point on those who were not in the ring of the politician. At the pavillion the dance went merrily on, and during the resting spells the steam beer party would escort the flushed and heated damsels to its preserves and present them with a "sharp."

As the malt liquid mingled with alcoholic beverages in the "inards" of the gleeful throng the pace of the dance was increased to a maddening speed.

In fact, the statesman's gang entirely forgot their treasures for a while, and it was in the afternoon when a three-step waltz had been completed that they again resorted to the kegs.

Behold, they were in the hands of the Philistines. A half-dozen aliens were guzzling with great eclat. Like maddened bulls the statesman's gang rushed upon them. All escaped but one unfortunate, and they pounced upon him in fury, while two big policemen sent down by the city to preserve order stood by and admired the scene.

After beating the man into insensibility they rolled him down the bank and into the stream where they tried to drown him.

He struggled desperately, while a crowd of outsiders endeavored to rescue him. As they came up they were met by others of the gang, who laid half a dozen of them out with bottles and clubs.

This, however, saved the life of the man that the others were trying to drown, for they let go to join in

the battle on the bank, and managing to struggle out of the water, the poor fellow was being taken away by his best girl when he was again espied.

The assault was renewed, this time the Assemblyman administering a vigorous kick, which sent the victim to the ground in an insensible condition, and while thus prostrate was jumped upon, mauled and, finally, a brother of the statesman, who is a letter-carrier, drew his knife and stabbed him in the abdomen viciously.

Another side row called them off, but they left their victim for dead, and indeed that may be the termination of the injuries.

The brutal letter-carrier, however, had his scalp laid open, as did many others.

On the return trip the wounded had to be quarantined in the baggage car and guarded in order to keep the infuriated mob from finishing them entirely.

Taken all in all, it was a glorious day, and the Dolphins may claim the championship for the season as far as it has advanced.

Editor's Note: The above is the exact text of a report from a turn-of-the-century San Francisco daily newspaper, submitted to the Dolphin Log by Dolphin Club member Walt Schneebeli. There have certainly been some rowdy fights at Club events in recent years, but we cannot recall a stabbing, to be sure. Events such as this one are part of what has contributed to the great lore of the Club, whose members were referred to just last year by Herb Caen in the San Francisco Chronicle as "the Dolphin Club irregulars".

CORRECTION: In the Spring/Summer 1986 issue of the *Dolphin Log*, the article and accompanying poster art about Dolphin founder John Wieland was submitted by Walt Schneebeli. His by-line was carelessly and completely misspelled. The *Dolphin Log* sincerely regrets the error.

CALL OF THE FARALLON

Dull night on the blind and silent marsh
Fogged down so the gulls won't fly
The ache for a wind that's raw and harsh
Betrayed by a winful cry.
Safe from the surf; from the sigh and thud
Here the tern and egret strut,
And feel the pulse of the living mud
While they sleep with one eye shut...

Beaks to the east and the Oakland Hills,
No hope in the gray-white dawn!
While bustles bump as the cat's-paw wills
Here's a flight from mem're drawn:
To a beach where hungry rollers feed
To a lonely, perfumed shore
Where spent seas rise like a Phoenix breed
And dance to an unknown score.

Ah, to dip and to soar across the bay,
Where the tilting hayfields shine.
To the liquid jade and puff'd white spray
And a 'scarpment thrashed with brine!
A hill like a black cone hat looks down
Where the wind-whipped cauldron boils;
Drakes Gate, where the puzzled waters
frown
And the shrimpboat seaward toils.

O'er the whispering lip of a cresting wave
To the Isles where the seals play.
To the teeming wings and the barking cove
And the sough of a gasping gray.
All, sighless, wrote in an endless tome
Of a timeless 'evermore,'
The yelping cries brim the heart; 'tis home!
Land and pippe yourself ashore.

Clan Malloc

Escape From Alcatraz

October 15, 1986

At 8:08 a.m. 27 single and six team triathletes entered the water off Alcatraz.

Weather conditions were better than expected. But tide conditions were poor: The bike portion was uneventful. The run portion was won by Jeff Gunderson for the singles and Mark Steinborn. Coincidentally they both had a time of 2 hours and 12 minutes.

Many thanks to all who helped. The triathletes, helpers and friends had a pasta dinner prepared by Uncle Herman and staff.

-Pete Bianucci

Place	No.	Name	Swim	Bike	Run	Total	Club
<i>Singles:</i>							
1	21	Jeff Gunderson	47	54	2:12	3:53	SE
2	8	Mike Elderdin	42	45	3:03	4:30	DC
3	20	Mary Pat Barry	55	50	2:47	4:32	SE
4	4	Brian Toolajian	1:12	49	2:32	4:33	SE
5	29	Shain Gallagher	56	1:30	2:26	4:52	SE
6	25	Steve Guthrie	47	56	3:13	4:56	SE
7	4	Jim Hulihan	1:03	60	3:08	5:11	DC
8	26	Vince Fausone	1:27	1:20	2:33	5:20	SE
9	27	Eric Shackelford	1:11	1:06	3:03	5:20	DC
10	18	Tom Callinan	1:33	59	3:10	5:42	DC
11	12	Mike Lacios	1:26	1:06	3:11	5:43	SE
12	3	Colleen Madden	1:23	60	4:07	6:29	DC
13	7	Daniel Goodman	1:06	1:10	4:20	6:36	SE
14	42	Mary Cantini-Norkin	1:40	1:13	3:49	6:42	DC
15	1	Mike Rolleri	1:27	1:33	4:11	7:11	DC
16	10	Jim Heintz	1:54	1:06	4:28	7:38	SE
17	24	Buck Swannock	2:31	1:33	4:33	8:37	DC

No Time Recorded For Swim or Bike:

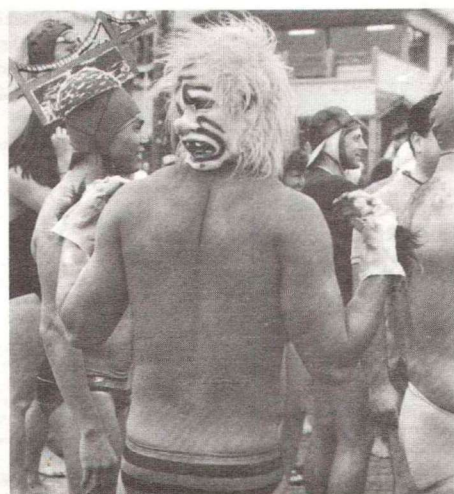
1	11	Ron Rohlfes	NTR	NTR	2:38	4:24	SE
2	2	Laura Small	NTR	NTR	3:06	5:11	SE
3	23	Mike Laramie	NTR	NTR	2:36	5:40	SE
4	14	Bill Ream	NTR	NTR	3:40	5:46	SE
5	17	Noel Pheasant	NTR	NTR	3:24	6:23	DC

Relay Teams:

1	R5	Brian Gilpin	51				DC
		Peter Brand		40			DC
		Mark Steinborn			2:12	3:43	DC
2	R6	Sam Corn	39				DC
		Eric Riesberg		43			DC
		Armen Khachadourian			2:52	4:14	DC
3	R3	Bob Roper	1:07				SE
		Rubin Seibt		42			SE
		Dominic Spinetta			2:29	4:18	SE
4	R2	Dan Osborn	1:06				DC
		Bob Hoff		59			DC
		Tom Gould			3:00	4:65	DC
5	R1	Deirdre Koulakis	1:32				SE
		Nazette Maynard-Wong		50			DC
		Kathy O'Rourke			3:11	5:33	SE
6	R4	George Farnsworth	2:29				SE
		Philip Fay		1:03			SE
		Rudy Stadlberger			3:21	6:53	SE



David Zovickian and Brian Gilpin



Vince Huang



Paul Sylvester and Stan Hlynsky

Bruno Most Inspirational/Zovickian Most Improved At Annual Swimmers/Pilots Awards Dinner

An evening of great food, many awards, old movies and dancing was begun with Club President Stan Hlynsky introducing those who worked hard to make the evening possible. The kitchen crew included Hendrika Warmerdam, Mimi Osborne, Herman Zahler, Andy Ach, Jerome Duffy, Loma Newlin, Susan Lauritzen and Jon Bielinski. Pouring drinks behind the bar were Don Harrison, Jack Giacomini, Bob McKenzie, Charlie Korelec and Stan Hlynsky.

As in 1985 Spinaker Restaurant Chef and Club member Phil Collins donated a beautiful smoked salmon and a mermaid ice carving.

During cocktails, a continuous show of slides taken in and around the club was presented. Contributing photographers were Susan Lauritzen, Joni Beemsterboer, Wayne Riddle, Lee Hammack, Mimi Osborne and Elmer Tosta.

After dinner, but prior to the awards presentation, Hlynsky introduced a film depicting the 1936 Golden Gate Swim, sponsored by the San Francisco Chronicle, featuring our own Joe Bruno.

Swim Commissioners Carol Block, Linda Braski, Jan Warmerdam and Phil Rollins thanked the many members who had helped with a difficult year due to breakwater construction, finishing boats in the cove, and other problems and began the awards ceremony.

Winners of all 1986 swims were recognized and are noted on pages 11-15 of this issue.

In a year of cold water (46 degrees on Jan 1) George Kebbe managed 200 miles during the 3 month Polar Bear Swim. Laura Merkl was runner-up with 104 miles. Other Polar Bears were Scott Anderson (41 miles), Roger Aplon (64.5), Pete Applegate (47), Eduardo Barranco (43), Carol Block (40), Joe Bruno (46), Chris Cadelago (40), Pat Clancy (41.5), Carla Curis-Egan (40), Tony Contreras (40), Jerry Cullen (45.5), Jim Cyr (40), Bob Danielson (40), Jerome Duffy (46), Ken Frank (40), Sue Garfield (40), Brian Gilbert (50), Lee Hammack (41.5), Don Harrison (50), Jeff Heth (50), Tom Hofmann (42), Bill Horgos (66), John Horner (40), Vince Huang (41.5), Cliff Jennings (64), Harry Jones (40), Steve Jones (59.5), George Kebbe (200), Lorna Kollmeyer (40), Joanne Klinge (58.5), Frank Lagorio (40), Helene Marchant (50), Laura Merkl (104), Hal Miramonte (42), Ray Mondini (40), Charles Mosser (44.5), Pete Neubauer (43), Mary Contini-Norkin (50), ddDen Osborne (64), Mimi Osborne (46.5), Era Osibe (40.5), Pavla Podolaka (46.5), Bill Powning (40), Phil Rollins (42.5), Jim Ross (44.5), Lisa Smith (40), Mike Strasser (42), Omer Thompson (40), Elmer Tosta (50), Dave Zovickian (47).

Extremely well coordinated and active pilots and helpers contributed much to the Program's success in 1986. Those individuals recognized for piloting and/or helping on 11 or more swims were:

Jon Bielinski, Carol Block, Linda Braski, Andy Camous, Al de la Pena, Jerome Duffy,

Bev Ferreira, Don Harrison, Dave Hinton, Stan Hlynsky, Hans Kramer, Sam Lawson, Lou Marcelli, Dan Murphy, Mimi Osborne, Phil Rollins, Pete Sturiale, Elmer Tosta, Bill Walden, Jan Warmerdam, Hendrika Warmerdam and Herman Zahler.

Those who helped on 5-10 swims are too numerous to list here, but we thank them all, none-the-less. (See pages 11-15 this issue.)

Special awards were prevalent this year. Suzanne Heim was presented with a "Star" plaque in recognition of her numerous English Channel crossings during the summer.

A plaque of thanks was presented to four members who were chiefly responsible for the instigation and continuous management of the boat refurbishing program that has repaired a number of old club boats. These four are Cliff Jennings, Mike DeNunzio, Jon Bielinski and Stan Hlynsky.

Many completed the 100 mile swim in 1986, far too many names to list. You know who you are, so congratulations! How about 200 miles in 1987?

Vince Huang and Tom Hofmann were presented with an award in thanks for the many years they both worked on the swim program. It was acknowledged that much of the program's present condition is due to their efforts and ideas.

Marty Reutinger presented the 1st annual Club Jester Award to Bill Horgos. A large plate of ceramic French toast and name plate make up the award and it may be viewed, along with all the awards, in the Staib Room.

The 1986 Helper of the Year Award was given to two well known members, Hendrika Warmerdam and Mimi Osborne. For a number of years these two have given their time to assist with the management of the various swims.

In addition to piloting 11 swims this past year, 1986 Pilot of the Year Don Harrison piloted most test swims done prior to all out-of-cove swims. His efforts to support the program and coordinate the availability of boats was of great help throughout the year.

Our 1986 Most Improved Swimmer Award went to that crazy dentist, David Zovickian. While several other members were in the running for this prestigious award, Dave's improvement from 1985 to 1986 in several big swims assured his place in Dolphin history.

And finally, in acknowledging his 52 Gate crossings, 22 Alcatraz Swims and some 400 (or is it 500) other rough water swim races, Joe Bruno was the recipient of the 1986 Most Inspirational Swimmer Award.



Singing Dolphin Karen Drucker



Ray Saviano and Frank Menucci



Peter Applegate and Mimi Osborne

1986 Swim Season Shows Big Increase in Participants - A Huge Success!

"OVER 60' COVE SWIM JUNE 14, 1986

1. Glynn Jones	12:24
2. Frank Coghlan	14:15
3. Nick Zoller	15:08
4. Joe Bruno	17:07
5. Bill Powning	18:40
6. Hans Kramer	19:40
7. Art Bauer	25:15
8. Bill O'Brien	26:19
9. Bill Greer	28:41

PILOTS:

Cliff Jennings, Bill Walden, Dave Hinton, Karen Heisler, Cab Covay, Jon Bielinski, Will Powning, Herman Zahler, Al de la Pena, Phil Lucier, Sam Lawson, Karen Jacobs, George Cara, Stanley Wright, Phil Rollins.

HELPERS:

Pete Applegate, John Horner, Bob Colya, Sean Kelly, Kristin Colyar, Steve North, Helene Marchant, Peter Marchant, Roberta Boomer, Carlos Bea, Dino Landucci, Nancy Fougere, Dan Murphy, Tim Callahan, Pavia Podolska, Ned Hoffman, Marty Reutinger, Marsha Kemp, Elmer Tosta, Jerome Duffy.

TWILIGHT COVE SWIM June 19, 1986

1. Jim Griffith	31:28
2. Charlie Yourd	31:29
3. Suzanne Heim	35:54
4. Bob Momsen	36:09
5. Sean Kelly	36:38
6. Michael Elderkin	38:01
7. Bill Van Horn	41:27
8. Brian Gilpin	42:31
9. Dave Woodside	42:32
10. Peter Applegate	43:51
11. Glynn Jones	46:06
12. Phil Gay	47:23
13. Karen Drucker	47:45
14. Dan Osborne	47:53

15. Cathy Huang	49:23
16. Jim Houlihan	49:29
17. Tom Hoffmann	49:43
18. Steve Jones	50:02
19. Susan Allen	53:37
20. David Zovikian	55:21
21. Laurie Weiner	55:24
22. Tim Callahan	55:45
23. Shannon Kilkenny	55:48
24. Wayne Riddle	55:55
24. Elmer Tosta	55:55
26. Lorna Kollmeyer	56:26
27. Ken Frank	56:36
28. Lisa Smith	56:42
29. John Lennox	57:09
30. Drew Washer	57:18
31. Scott Anderson	57:55
32. Roberta Boomer	61:09
33. Phil Lucier	61:33
34. Conrad Von Blankenberg	61:44
35. George Buffington	61:50
36. Julie Berniker	62:48
37. Jeff Hoth	68:07
38. Shelly Sullivan	68:43
39. Susan Cobb	70:05
40. Karen Heisler	70:35
41. Bill Horgos	72:53
42. Jill Alban	75:45
43. Michael Strasser	75:53
44. Diana Anderson	85:34

PILOTS:

Al de la Pena, Dan de la Pena, Dave Hinton, Cab Covay, Neil Hartnett, Jon Bielinski, Hans Kramer, Cliff Jennings, Marty Reutinger, Stan Hlynsky, Kathy Dermitzakis, Sam Lawson, Joni Beemsterboer, Thad Carhart, Herman Zahler

HELPERS:

Bill McKown, Phil Sancimino, Steve Sancimino, Hugo Bucholtz, Patty Fuji, Kate Coleman, Susan Anson, Margy Titus, Roger Apton, Susan Lauritzen, Pete Neubauer, Rich Cooper, Hendricka Warmerdam, Jan Warmerdam, Dan Murphy, Mimi Osborne, Linda Braski, Carol Block, Suzanne Heim, Helene Marchant, Jerome Duffy, Meg Reilly, Lubiszewski, Ann Nelson (Tingley), Vincoe &

Jessica Huang, Peter Marchant.

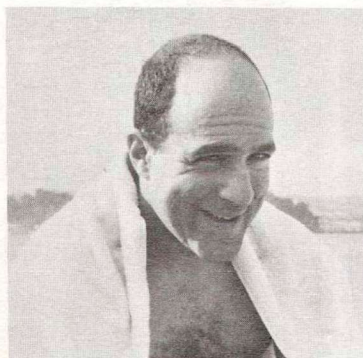
YACHT HARBOR SWIM August 3, 1986

1. Kent Price	27:29
2. Michael Elderkin	28:20
3. Peter Drino	29:50
4. Laura Merkl	29:57
5. Wayne Riddle	31:17
6. Peter Applegate	32:00
7. Karen Drucker	32:28
8. Peter Brand	33:17
9. Drew Washer	33:29
10. Diane Schatz	33:42
11. Glynn Jones	35:21
12. Ann Tingley	35:31
13. Eric Shackelford	35:39
14. John Lennox	35:47
15. Peter Jacobsen	35:55
16. Kate Coleman	36:11
17. Lisa Smith	36:15
18. Shannon Kilkenny	36:18
19. Ken Frank	37:33
20. Vince Huang	38:08
21. John Dahlberg	38:19
22. Margy Titus	38:27
23. Jerry Cullen	38:38
24. Susan Anson	38:46
25. George Gara	39:28
26. Phil Lucier	39:48
27. Tom Callinan	40:32
28. Herb Madden	40:35
29. Nancy Fougere	40:38
30. Carla Curtis	41:07
31. Neil Hartnett	41:14
32. Bob Danielson	41:22
33. Marcia Grimm	41:32
34. Jeff Hoth	41:45
35. Karen Heisler	42:00
36. Nannette Maynard	42:05
37. Colleen Madden	42:05
38. Ken Coren	42:10
39. Jay Earnhardt	42:12
40. Jim Ross	42:42
41. Dodi Morosi	42:55
42. Helene Marchant	43:21
43. Rich Cooper	43:33

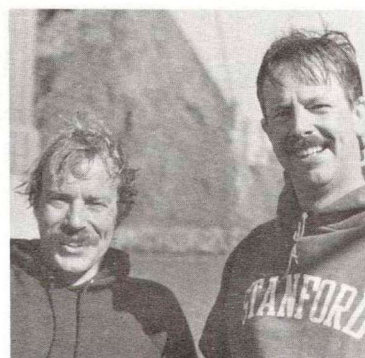
continued on next page



Marcia Grimm



John Dahlberg.



Cliff Jennings & Norm Duffet.

from previous page

44. Nick Zoller	44:14
45. Charlie Martin	44:30
46. Bill McKown	44:34
47. Lee Hammach	44:56
48. Mark Lebiczewski	45:17
49. Dennis Watson	45:30
50. Keith Nelson	45:37
51. Rubin Hechanova	45:46
52. Shelley Sullivan	46:09
53. Jim Madden	47:04
54. Norm Dufflet	47:09
55. Sandra Lehmkuhl	47:15
56. John Homer	47:35
57. Jim Weil	47:49
58. Mike Strasser	48:10
59. Roger Aplon	48:21
60. Roberta Campous	48:40
61. Maids Taylor	48:40
62. Susan Lauritzen & Patty Fujii	49:38
63. Lorna Newlin	49:50
64. Era Osibe	50:15
65. Jerome Duffy	51:42
66. Ted Helinski	52:35
67. Meg Reilly	55:35
68. Carol Berghen	56:14
69. Joan Bard	56:35
70. Will Powning	58:07
71. Steve North	58:48
72. Charlie Rockwood	61:41
73. Mike Rollieri	61:48
74. Bob McKenzie	62:55
75. Don Reid	63:53
76. Ray Mondini	64:07
77. Larry Alioto	65:44
78. Pat Clancy	67:52
79. Pavla Podolska	67:55

PILOTS:

Al de la Pena, Neal Snyderman, Cab Covey, Cliff Jennings, Neal Fishman, Roger Kleid, Jim Growden, Hans Kramer, Dave Hinton, Bill Walden, Eduardo Barranco, Michael Oleko, Jean Driscoll, John Bielinski, Andy Camous, Dan Osborne, Kit Stycket, Elisa Meyer, Marty Reutinger, Noroen Tierny, Will Powning, Steve Jones, Tom McGraw, Phil Rollins, George Buffington, Rom Hoffman, Tony Contreras, Ed Urban, Karen Jacobs, Sam Corn, Susan Allen, Lorinda Snyderman, Susan Cobb.

HELPERS:

Timers: Dan Murphy, Linda Braski, Jill Alban, Karen Drucker, Margy Titus, Pete Neubauer, Mimi Osborne, Brian Gilbert, Jan Warmerdam. Boat Launching: Neal Fishman, Ed Urban, Roger Kleid, Kent Price, John Dahlberg, Mike Demunzio, Elizabeth Hale. Kitchen: Hendrika Warmerdam, Lori Weiner, Joni Boemsterboer, Herman Zahler, Stan

Hlynaky, John Bielinski, Jack Giacomini. Emergency Cars: Jill Tosta, George Buffington, Peter Marchant, Carol Block. Transport: Bill Horgos, Jim Biggs.

1st Annual Crazy Cap Cove Swim Sat., August 9, 1986

LONG COURSE:

1. Bill Van Horn	21:42
2. Kent Price	21:48
3. Sam Corn	21:49
4. Brian Gilpin	23:01
5. George Kebbe	23:15
6. Laura Merkl	23:16
7. Dan Osborne	24:04
8. Phil Gay	24:41
9. Glynn Jones	26:17
10. Steve Jones	26:21
11. Karen Drucker	26:35
12. Jim Harwood	26:51
13. Linda Braski	26:52
14. Dave Zovickian	27:49
15. Anne Tingley	27:57
16. John Dahlberg	28:39
17. Margy Titus	29:01
18. Eric Shackleford	30:05
19. Julie Berniker	30:45
20. Susan Cobb	31:06
21. Rich Cooper	31:51
22. DDan Weinstein	32:04
23. Neil Hartnett	32:05
24. Jay Earnhardt	32:38
25. Bill Horgos	32:39
26. Vince Huang	32:40
27. Nancy Fougere	32:52
28. Wayne Riddle	32:53
29. Phil Rollins	33:10
30. Norm Dufflet	33:19
31. Reuben Hechanova	34:21
32. Brock Settlemeier	34:43
33. Charlie Martin	34:59
34. Don Harrison	35:05
35. Maids Taylor	35:42
36. Lorna Newlin	45:21
37. John Owen	45:42
38. Hugo Buchholz	45:53
39. Chris Cadolago	46:02
40. Peter Butler	

SHORT COURSE:

1. Shannon Kilkenny	17:08
2. Jim Ross	21:44
3. Ken Coren	23:24
4. Jim Weil	23:41
5. Pat Fujii	24:45
6. Bill McKown	26:06

7. Ginny Hofmann	26:26
8. Joe Bruno	26:53
9. Charlie Rockwood	28:21
10. Bill Powning	30:26
11. Elizabeth Tipples	31:25
12. Lee Hammack	32:06
13. Era Osibe	32:21

PILOTS:

George Gars, Roger Klieid, Andy Camous, Meg Reilly, Mike Rollieri, Hans Kramer, Ken Frank, Roger Aplon, Phil Lucier, Michael DiNunzio, Sam Lawson, Stan Hlynaky, Bill Walden, Bob McKenzie.

HELPERS:

Jack Giacomini, Lorna Newlin, Marcia Grimm, Joan Bard, Jerome Duffy, Herman Zahler, Tom Hofmann, Dan Murphy, Maggy Wilson, Elmer Tosta, Jim Madden, Mimi Osborne, Linda Braski, Phil Rollins, Dan Weinstein.

CRAZY CAP CONTEST:

Best Cap Before Swim: Julie Berniker, Vince Huang
Best Cap After Swim: Linda Braski, Reuben Hechanova
Honorable Mention: Margy Titus, Dan Osborne.

OVER 45 SWIM

(Coast Guard Station to St. Francis Yacht Club)

August 17, 1986

1. Kent Price	23:59
2. Dan Osborne	27:45
3. Phil Gay	30:05
4. Glynn Jones	30:57
5. Conrad Von Blankenberg	33:29
6. Jerry Cullen	36:08
7. Rich Cooper	36:57
8. Susan Anson	37:09
9. Bob Danielson	38:12
10. Herb Madden	38:39
11. Brock Settlemeier	41:31
12. Nick Zoller	42:34
13. Alan McCall	45:10
14. Jerome Duffy	48:35
15. Rudy DeMay	51:30
16. Bob McKenzie	52:54
17. Peter Butler	53:07
18. Joe Bruno	54:00
19. Jan Warmerdam	54:38
20. Hugo Buchholz	54:53
21. Don Reid	57:06
22. Steve North	57:31
23. Charlie Rockwood	57:50
24. Mimi Osborne	57:55
25. Ray Mondini	58:45

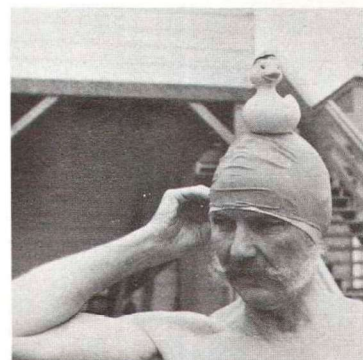
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Linda Braski.



Bill Horgos.



Don Harrison.

- from previous page

26. Barbara Solomon 73:49

PILOTS:

Ken Coren, Neil Fishman, Al de la Pena, Bill Walden, Andy Camous, Dan de la Pena, Hans Kramer, Jim Weil, Zack Stewart, Diane Schatz, Tricia Schultz, Elmer Tosta, Frank Menucci, Stan Hlynsky, Don Harrison, Will Powning, Roberta Campos, Meg Reilly, Dave Hinton, Michael De Nunzio, Jon Bielinski, Herman Zahler, Ken Frank, Karen Jacobs, Ludlow, Eric Shackelford, Jim Ross, Mark Lubiszews, Shannon Kilkenny, Lee Hammack, Phil Rollins, Linda Braski.

HELPERS:

Dan Murphy, Lori Weiner, Margy Titus, Hendrika Warmerdam, Lorna Newlin Susan Cobb, Karen Drucker, Carol Block, Scott Anderson, Dodi Morosi, Era Osibe, George Kobbe, Reuben Hechanova, Marcia Grimm, Marcia Kemp, Alan McColl, Julie Berniker, Jim Madden, Joe Bruno, Ray Dunaway, Bill Horgos, Jay Earnhardt, Jeff Heith, Roberta Campos, Phil Gay, Pete Sturiale.

FORT POINT SWIM AUGUST 31, 1986

1. Laura Merkl	31:55
2. Susan Allen	34:50
3. Wayne Riddle	35:00
4. Nick DeMay	35:18
5. Katy Huang	tie
6. Linda Braski	36:20
7. Joni Beemsterboer	37:51
8. Dave Zovickian	38:12
9. Anne Tingley	38:22
10. Diane Schatz	38:25
11. Drew Washer	41:05
12. John Dahlberg	42:22
13. Dan Weinstein	42:30
14. Lorna Kollmeyer	43:25
15. Colleen Madden	43:45
16. Jay Earnhardt	44:35
17. Bill Horgos	44:39
18. Susan Cobb	tie
18. Helene Marchant	44:53
20. Carla Curtis	45:10
21. Tom Callinan	45:15
22. Rubin Hechanova	46:10
23. Herb Madden	tie
23. Roger Kleid	46:15
25. Neil Hartnett	47:06
26. Marcia Grimm	47:15
27. Ken Coren	47:55
28. Brock Settlemier	49:55
29. Diana Anderson	50:00
30. Alan McColl	51:05

31. Mary Contini	51:36
32. Nick Zoller	52:39
33. Keith Nelson	55:00
34. Kathy Dermitzakis	55:15
35. Will Powning	65:58
36. Chris Cadelago	67:57
37. Meg Reilly	69:06
38. Carol Berghen	69:32
39. Hugo Buchholz	70:57
40. Bill Powning	72:16
41. Peter Butler	72:43
42. Bob McKenzie	78:46
43. Larry Alioto	80:00

PILOTS:

Andy Camous, Bill Walden, Al de la Pena, Neal Snyderman, Marty Reutinger, Karen Heisler, Jerome Duffy, Ned Hoffman, Cliff Jennings, Hans Kramer, Dan de la Pena, Dan Osborne, Dave Hinton, Mike DeNunzio, Rich Cooper, Elmer Tosta, Sam Lawson, Frank Menucci, Roger Aplin, Don Harrison, Stan Hlynsky, Kasey Callinan, Jon Bielinski, John Lemox, Zach Stewart, Scott Stewart, Herman Zahler, Cab Covay, Bev Ferrera, J. Berniker, Karen Jacobs, Jim Ross, Tom Hofmann, George Kobbe, J. Cullen, Paula Speidel, George Buffington, Plicka McGuarin, Phil Rollins. South End Club: Christopher Raymond, Dan Marshall, Dave Duncan, Rich Frenzel, Terry Sconce.

HELPERS:

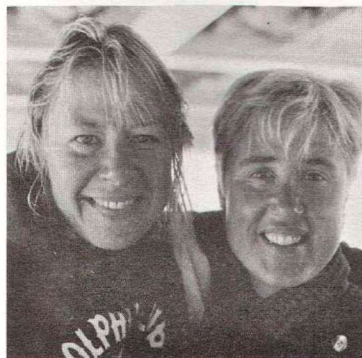
Era Osibe, Dan Murphy, Mimi Osborne, Susan Lauritzen, Peter Marchant, Maida Taylor, Scott Anderson, Jan Warmerdam, Kate Coleman, Susan Anson, Shelly Sullivan, Kn Drucker, Hendrika Warmerdam, Steve North, Roberta Campos, Julie Berniker, Lorna Kollmeyer, Patty Fujii, Sandra Lehmkuhl, John Horner, Joe Bruno, C. Rockwood, Brock Settlemier, Brian Gilbert, Jerome Duffy, Bob Colyar, Sean Kelly, Dan Weinstein, John Horner, Dennis Watson, Noel Prelicot, John Lemox, Michael Elderkin.

ALCATRAZ SWIM Saturday, September 13, 1986

1. Sean Kelley	31:00
2. Kent Price	31:20
3. George Kobbe	34:58
4. Bob Colyar	35:30
5. Elmer Tosta	38:23
6. Dave Zovickian	38:49
7. Steve Jones	39:04
8. Karen Drucker	39:17
9. Joni Beemsterboer	41:40
10. Tim Callahan	43:14
11. Glynn Jones	43:15

12. Lori Weiner	43:18
13. John Dahlberg	44:54
14. Shannon Kilkenny	45:23
15. Pete Neubauer	47:19
16. Bill Horgos	47:39
17. Colleen Madden	48:30
18. Scott Anderson	48:39
19. Julie Berniker	49:03
20. George Gara	50:10
21. Herb Madden	50:15
22. Jill Alben	50:23
23. Ken Frank	50:41
24. Susan Anson	51:05
25. Mark Lubiszewski	51:55
26. Nancy Fougere	52:05
27. Phil Lucier	52:13
28. Jeff Heith	52:30
29. Helene Marchant	52:32
30. Rubin Hechanova	52:37
31. Patty Fujii	52:40
32. Carla Curtis-Egan	52:53
33. Eduardo Barranco	53:45
34. Jay Earnhart	54:33
35. Diana Anderson	tie
35. Neil Fishman	54:40
37. Dodi Morosi	54:47
38. Marcia Grimm	54:50
39. John Horner	54:51
40. Mike Strasser	54:54
41. Roger Kleid	55:35
42. Ken Coren	55:57
43. Susan Cobb	56:07
44. Karen Heisler	56:20
45. Norm Duffet	56:46
46. Lorna Newlin	57:16
47. Jim Ross	57:36
48. Maida Taylor	tie
48. Roberta Campos	58:18
50. Bill McKown	58:19
51. Plicka McGurrian	58:35
52. Dennis Watson	61:20
53. Jim Weil	62:29
54. Susan Lauritzen	63:45
55. Noel Prelicot	64:13
56. Sue Garfield	64:14
57. Lee Hammack	65:43
58. Sandra Lehmkuhl	65:49
59. Roger Aplin	69:04
60. Joan Bard	69:49
61. Will Powning	70:35
62. Joe Bruno	71:00
63. Jerome Duffy	73:45
64. Cliff Jennings	74:06
65. Bob McKenzie	74:33
66. Hugo Buchholz	75:08
67. Bill Powning	75:21
68. Mike Roller	78:38
69. Steve North	80:30

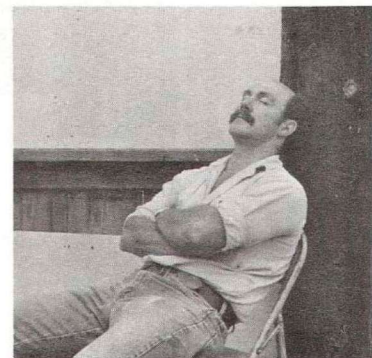
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Joni Beemsterboer & Ginny Hofmann.



Crazy Cap winner Reuben Hechanova.



George Kobbe in between swims.

- From previous page

70. Larry Alioto 82:47
71. Pavla Podolaka 90:33

PILOTS:

Bev Ferrera, Stan Hlynsky, Jim Biggs, Suzanne Heim, Andy Camous, Bill Walden, Al de la Pena, Dan de la Pena, Kathy Dormitzakis, Ned Hoffman, Michael Di Nunzio, Hans Dramer, Fran Sutherland, Rich Cooper, Marty Reutinger, Cab Covey, Pete Butler, Brock Settlemeier, Ray Mondini, Chris Cadelago, Sam Lawson, Phil Sancimino, Elizabeth Tippin, Don Harrison, Dan McGill, Mary Sancimino, Susan Allen, Brian Gilpin, R. Miller, Karen Jacobs, Vince Huang, Tony Contreas, Van Vorheis, Linda Braski, Nick DeMay, Herman Zahler, Paula spidel South End Club: Norm Petersen, Mike Berline, Garrett Estie, Perry Nennig, Dave Duncan, Jim Hentz, Mike Dunn Gordon Gardiner, Kevin O'Keefe, Al Levinson, Laura Small, Tom O'Connell, Bill Wilson, Joe Plahaven, Ron Rohles, Mike Moffat, Bob Hoover, Mick Lavelle.

HELPERS:

Dawn Griffen, Francis Smith, Dan Murphy, Peter Marchant, Judy Polatchek, Hendrika Warmerdam, Carol Block, Jan Warmerdam, Ray Dunaway, J. Cullen, Philip Gay, Carol Berghen, Mary McNamara, Phil Kohlenberg, Ann Tingley, Wayne Riddle, Jim Hamilton, John Lennox, Vince Huang, Jack Giacomini, Pete Sturiale, Phil Rollins, Lou Marcelli, Stan Wright, Neil Hartnett, Bill Van Horn.

GOLDEN GATE SWIM I September 27, 1986

1. Drew Washer	29:47
2. Glynn Jones	29:52
3. Colleen Madden	30:25
4. Kate Coleman	32:20
5. Patti Fujii	32:29
6. Susan Anson	32:57
7. Susan Cobb	33:21
8. Phil Lucier	33:29
9. Tom McGraw	33:40
10. Jerry Cullen	33:43
11. Herb Madden	tie
12. Helene Marchant	33:49
13. Reuben Hechenova	34:02
14. Bill Horgos	34:09
15. Mark Lubiszewski	34:10
16. Roberta Campos	34:15
17. Jay Barnhardt	34:19
18. Bob Danielson	34:27
19. Shelley Sullivan	tie
19. Nancy Fougere	34:53
21. Marsha Grimm	34:59
22. Neal Fishman	35:15



Noreen Tierney in the Spectre.

23. Roger Kleid	35:24
24. Brock Settlemeier	36:09
25. Bill McKown	36:24
26. Norm Dufflet	36:26
27. Dodie Marosi	36:32
28. Rich Cooper	36:38
29. Carla Curtis-Egan	36:54
30. Jeff Heth	37:41
31. Ken Coren	tie
31. John Horner	37:46
33. Plicka McGurrian	38:00
34. Tony Contreras	38:11
35. Jim Weil	38:23
36. Dennis Watson	38:31
37. Lorna Newlin	38:43
38. Jerome Duffy	39:13
39. Lee Hammack	39:18
40. Cliff Jennings	39:20
41. Susan Lauritzen	39:42
42. Diana Andoersn	39:43
43. Noel Prelicot	40:10
44. Nanette Maynard	40:52
45. Susan Garfield	41:31
46. Carol Block	42:24
47. Bob McKenzie	43:57
48. Joan Bard	44:21
49. Joe Bruno	45:14
50. Jan Warmerdam	46:07
51. Will Powning	46:20
52. Bill Powning	46:36
53. Hugo Bucholz	tie
55. Ray Mondini	47:05
55. Mike Rolleri	48:19
56. Pavla Podolaka	48:27
57. Chris Cadelago	48:31
58. Steve North	49:18
59. Meg Reilly	49:57
60. George Austin	50:25
61. Don Reid	55:18
62. Larry Alioto	56:28

PILOTS:

Al de la Pena, Speroni, Eduardo Barranco, Bill Walden, Neal Snyderman, Steve Salvi, Michael DiNunzio, Zack Stewart, Scott Stewart, Bob West, Jerry West, Dan Osborne, Lyrinda Snyderman, Hans Kramer, Tom Kroger, Sam Lawson, Laurel Lawson, Mary Contini-Norkin, Don Harrison, Elmer Tosta, Dave Zovickian, Noreen Tingley, John Bielinski, Pat & Tom Edwards, Herman, Paula, Kathy Dermizakis, Sam Corn, Rafael Torres-Gil, Stan Hlynsky, Tim Callahan, John Horner, Marty Reutinger, Francis, Marty, Mike, Harry Louis, Jim Growden, Peter Butler, John Dahlberg, Nick DeMay, Susan Allen, Cab Covey, Jamie Nelson, Linda Braski, Steve Jones. South End Pilots: Dan O'Neil, Diddo Clark, Sal Reina, Lee Bender, Buford, Hank Seipelt, Bill Woodbridge, Kevin O'Keefe, Mike Berline, Brennan, Yuki, Roger Major, Rich Frenzel, Bob



Mike DeNunzio & Joni Beemsterboer.

Hoover.

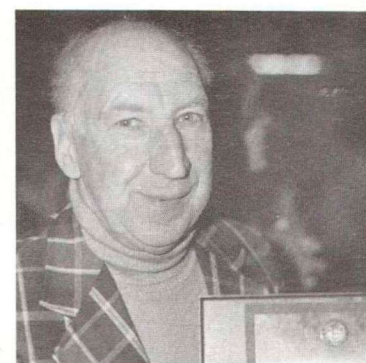
HELPERS:

Dan Murphy, Laura Merkl, Ann Tingley, Mimi Osborne, Hendrika Warmerdam, Charlie Martin, Wayne Riddle, Tim Calahan, Jack Griffin, Pete Neubauer, Andy Ach, Pete Sturiale, Dahlia Kamosar, Jan Warmerdam, Dave Hinton, Joni Beemsterboer, Brian Gilbert, Ned Hoffman, Jerry Block, Madame Yette Soubiran, Peter Marchant, Jack Giacomini, Frank Menacci, Lou Marcelli, Carol Block, Linda Braski, Vince Huang, Phil Rollins.

GOLDEN GATE SWIM II October 12, 1986

1. Mike Garibaldi	19:08
2. Suzanne Heim	19:12
3. Sean Kelly	20:22
4. Michael Elderkin	20:24
5. Ed Urban	21:05
6. Brian Gilpin	22:06
7. Bob Colyar	22:17
8. George Kobbe	22:28
9. Kent Price	22:40
10. Dave Zovickian	22:49
11. Dan Osborne	22:53
12. Elmer Tosta	23:16
13. Karen Drucker	23:21
14. Nick DeMay	23:28
15. Cathy Huang	23:29
16. Shannon Kilkenny	23:30
17. Wayne Riddle	23:33
18. Tom Hoffmann	23:47
19. Phil Gay	24:07
20. Joni Beemsterboer	24:09
21. Diane Schatz	24:57
22. Peter Drino	25:05
23. Steve Jones	25:09
24. John Dahlberg	25:12
25. Linda Braski	25:36
26. Conrad Von Blankenburg	25:57
27. Ken Frank	26:35
28. Eric Shackelford	27:16
29. Lorna Kollmeyer	27:22
30. Ann Tingley	27:47
31. Julie Berniker	27:27
32. George Gara	27:32
33. Vince Huang	27:57
34. Neil Hartnett	28:04
35. Conrad Liberty	28:09
36. Scott Anderson	28:21
37. Eduardo Barranco	29:01
38. Jim Madden	29:19
39. Tom Callinan	30:40
40. Joe Bruno	37:37

PILOTS:



Champion Glynn Jones.

from previous page

Joe Schatz, Dan de la Pena, Andy Camous, Bill Walden, Ned Hoffman, Jim Growden, Marty Reutinger, Scott Schwartz, Al de la Pena, Jim Hamilton, Michael DiNunzio, Bob West, Padraic Doyle, Hans Kramer, Ed de Casio, Fay Lawson, Sam Lawson, Stan Hlynaky, Don Harrison, Ken Coren, Jeff Heth, Cliff Jennings, Paula Spiedel, Jon Bielinski, Christopher Cadelago, Noreen Tierney, Sam Corn, Casey Calinan, Pete Applegate, Bill Powning, Raphael Torres-Gil, Louise Bea, Lee Hammack, Phil Lucier, Jim Ross, Freere Yolos, Jamie Nelson, Karen Jacobs, John Horner, Harry Louie, Bob Danielson, Tom McGraw.

HELPERS:

Dick di Lorenzo, Dan Murphy, Pavia Podolska, Mimi Osborne, Susan Anson, Hendrika Warmerdam, Bill Horgos, Nancy Fougere, Herb Madden, Loretta Madden, Jerome Duffy, Sue Garfield, Pete Sturiale, Paul Watts, Patty Fujii, Meg Reilly, Susan Lauritzen, Neal Fishman, Rich Cooper, Dennis Watson, Jay Earnhardt, Charlie Rockwood, Kate Coleman, Bill McKown, Brock Settlemeier, Susan Cobb.

Reminder!

\$21.00
SWIM FEES
MUST BE PAID
BEFORE
PARTICIPATING
IN
SCHEDULED SWIM
EVENTS



A good sized crowd participated in the 1986 Crazy Cove Swim. See last issue of log for results.



Phil Rollins and Suzanne Heim at the 1986 Cove Handicap Swim

Heim XXXXX's Channel

- continued from page 3

second crossing, Suzanne was recruited to swim again. The five other team members who were all in their late teens soon began referring to Suzanne (who is 28) as "Granny".

The rules for the relay required the six swimmers to swim one hour intervals in the same order with no variation. They used a 50 foot working fishing boat which was all engine below, leaving a mostly open deck for shelter between swim intervals. There were no toilet facilities either but the boat did come complete with a craggy and toothless captain right out of central casting who was rather unimpressed by the whole affair until he saw Suzanne complete a few of her one-hour intervals at 84 strokes per minute. Then he actually made an encouraging comment.

Her team members kept calling out "Ooh Sah! Ooh Sah! Ooh Sah!" to her as she was swimming. She couldn't figure out what they were saying until later when she realized they were phonetically pronouncing "U.S.A.! U.S.A.!!"

Keeping warm during the 37 hours was difficult requiring alot of warm clothing. It took her 10 minutes just to undress. She lost 8 lbs. on the swim which set a world record. The first crossing took 9:30, the second 12:00 and the final 10:30 - total time 32:54.

There have been approximately 3600 recorded attempts to swim the English Channel throughout history. Only a couple of hundred have succeeded. In the 1986 swim season, there were 53 solo attempts made, only 17 of them succeeded and two of those were by Suzanne Heim.

Renaissance of the Fleet

Continued from page 1

and determination in getting this program started in 1986. Much thanks to Swim Commissioner Phil Rollins for his recognition of the pilots and their boats at the swims.

THANKS AND A JOB WELL DONE TO: "Jack" Giacomini, Mimi and Dan Osborne, Denise Lile, Jeff Heth, Ray Saingiano, Noreen Tierney, Bill Horgos, Dave Hinton, Bob and Sue Danielson, Stan Wright, John Dahlberg, Bob West, Kate Coleman, Bob Hoff, Kit Styckert, Tom Kroger, Ned Hoffman, Lyrinda and Neal Snyderman, Herman Zahler, Hugo Bucholtz, Marla Quintano, Rueben Hechanova, Sam Lawson, Jody Colberg, Herb Madden, Mike O'Leary, Barbra Thatcher, Walt Schneebeil, Phil and Sharon Luciare, Steve Salvie, Ray Mondini, Sarah Morris, Dale Speroni, Alan McColl, Tim Lyman, Nick DeMay, Elaine Daniels, Pete Neubauer, Bill Walden, Lorna Newlin, Phil Sancimino, Avery Wrindle, Susan Lauritzen, George DeGeer, Frank "Cecco" Menucci, Camille Martinelli, Elmer Tosta, Noel Turner, Mary Sancimino, Bob McKenzie, Sandy Delany, Meg Reilly, John Gant, Gus Block, Elizabeth Hale, Dave Zovickian, Sue Cobb, Jim Weil, Andy Camous, Suzanne Heim, Neil Hartnett, Sam Corn, Dan Murphy, Roger Aplon, Ivan Bacarin, Phil Sancimino, Dave and Michele Burgess, Bob Tobias, Lou Marcelli, Dino Landucci, Charlie Korelec and Ken Frank.



(l to r) Pete Neubauer, Bill McKown, Eleanore, Mike Roller, Steve and Kathy North watch the 1986 Cove Handicap Swim event.

1987 Swim Schedule

Swim Dates and times are subject to change. Call club two weeks prior to swim for jump-off times. T.B.A. means "To Be Announced"

12/21/86	Polar Bear Swim Begins (40 Miles)	
1/1/'87	Cove Swim	
1/18/'87	Mid-Winter Cove Swim (New Event)	10 a.m.
2/21/'87	*Pier Fouty One Swim	T.B.A.
3/21/'87	Spring Cove Swim	10 a.m.
3/21/'87	Polar Bear Swim Ends	
4/5/'87	*Dick Beeler Crazy Cove Swim	10 a.m.
4/18/'87	*Pier Thirty Nine Swim	T.B.A.
5/3/'87	Cove Handicap Swim	10 a.m.
5/23/'87	*Yacht Harbor Swim	T.B.A.
6/1/'87	One-Hundred-Mile Swim Begins	
6/6/'87	"Over 60" Cove Swim	10 a.m.
6/19/'87	*Twilight Cove Swim (Bar B Que To Follow)	6:30 p.m.
6/27/'87	*"Over 45 Swim	T.B.A.
7/11/'87	* Fort Point Swim	T.B.A.
7/18/'87	Tahoe Relay (not a qualifier)	
8/8/'87	*Fort Point to Club (tentative)	T.B.A.
10/3/'87	Alcatraz Swim	T.B.A.
10/17	Golden Gate I Swim (slow day)	T.B.A.
10/18/'87	Golden Gate II Swim (fast day)	T.B.A.
11/7/'87	Swimmers & Pilots Appreciation & Awards Dinner	
11/26	Thanksgiving Day Cove Swim	10 a.m.

1987 Swim Rules

*These Rules Will be Strictly Enforced
For Reasons of Safety and Fairness*

1. All Club-scheduled swims are restricted to club members only. Times and dates are subject to change.
2. Swimmers must wear fluorescent orange caps in all scheduled swims and swimmer's name must appear in LARGE numerals on cap.
3. Swimmers must be members in good standing (no delinquent dues) and swim fee paid (\$21) prior to participation in scheduled swims.
4. New members are not eligible to participate in any scheduled swim for six months from date of membership acceptance (board meeting).
5. Out-of-cove swims are limited to a maximum of 60 swimmers and may also be further limited at the discretion of the Swim Commission. The Alcatraz swim is limited to 75 swimmers to be chosen by lottery.
6. Swim sign up sheets will be posted two weeks prior to each scheduled swim.
7. Time limits will be imposed and enforced on each swim.
8. All Club boats are reserved for piloting on Club scheduled swim days. No riders or guests allowed in pilot boats.

Qualifications for Alcatraz and/or Golden Gate swims - in addition to rules 1 - 8 above:

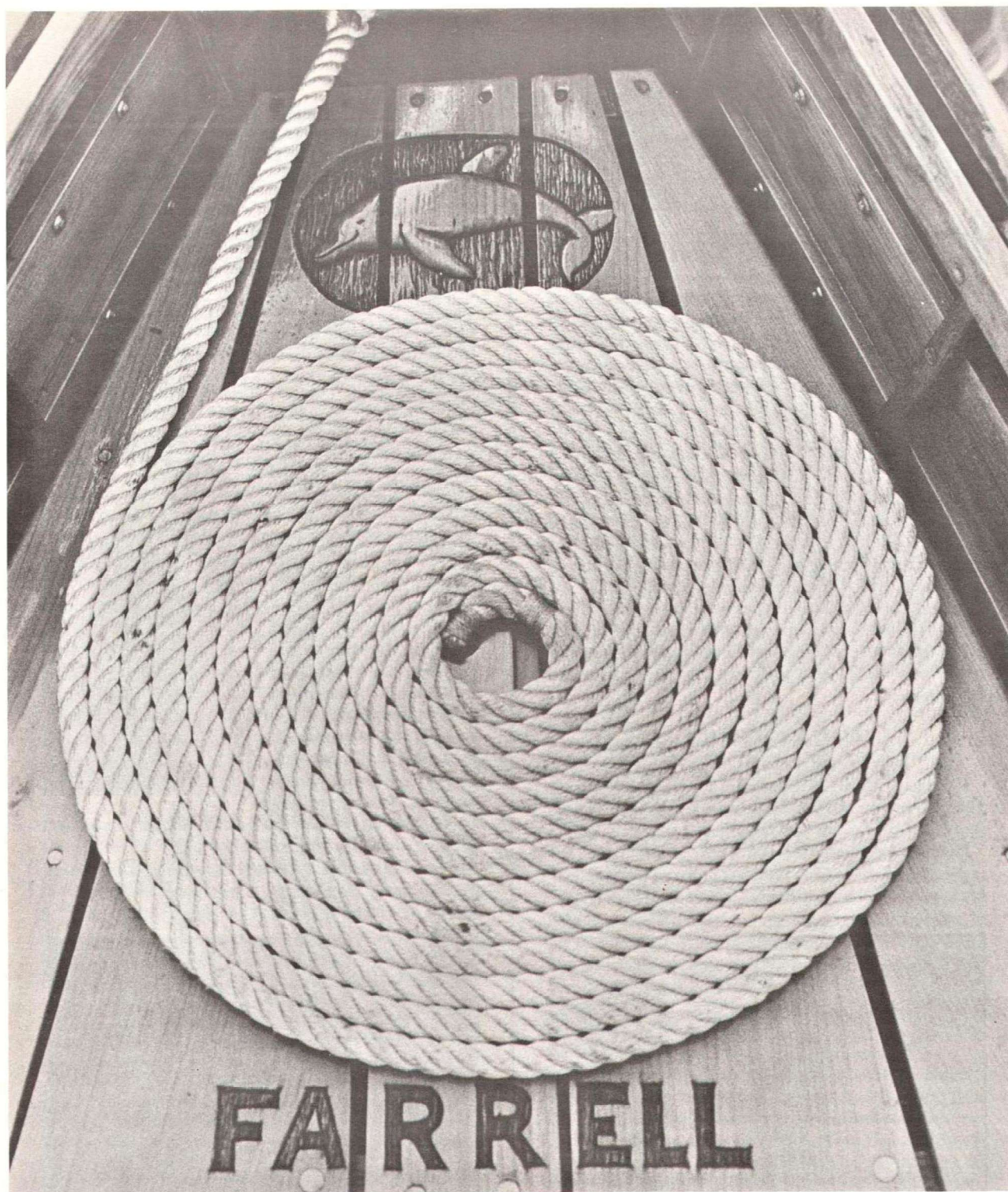
9. In-town members must successfully complete two swims marked with an asterisk (*) plus one other swim listed on the 1987 Swim Schedule (see back cover) and must help/pilot on two other Club scheduled swims (Tahoe Relay not a qualifier).
10. Out-of-town members (100 miles or more from S.F.) must have successfully completed two of the last three Club scheduled Golden Gate and/or Alcatraz swims.
11. Once a member has qualified for Alcatraz or Golden Gate swims (completion of three qualifying swims), non-qualified members will have priority to swim remaining qualifying swims.

NOTE: All scheduled times/dates on 1987 Swim Schedule are subject to change. Call Club prior to swim to check jump-off time.

Dolphin Swimming & Boating Club

502 Jefferson Street (Foot of Hyde)
San Francisco
California
94109

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DOLPHIN LOG

Official Bulletin of The Dolphin Swimming & Boating Club
Spring Edition - 1987

BULLETIN BOARD

Miscellaneous News and Notes for the Dolphin Club Membership

SUBMIT TO THE DOLPHIN LOG - PLEASE -

The Dolphin Log welcomes all submissions. Stories, news items, race results, etc. We are particularly looking for good black and white photos of club events which feature people. Please load your cameras with black and white film and submit your photos for our next issue, due out in late summer, 1987.

THIS ISSUE IS DEDICATED TO JIM SMALL

Words come with difficulty to intrude on the silence of shock and grief in the tragedy that claimed the life of James C. Small in October of 1963.

Jim embodied all that he hoped for in others - dedication, enthusiasm, loyalty, integrity, uncompromising quality.

We can only hope that all of us gain sincere consolation in the knowledge that James Small was one of those great young men whose influence breaks the boundaries of time, and of whom death itself can claim only a small part. See story on page 4.

CAUTION DEMANDED FOR OUT-OF-COVE SWIMS

During the Board of Governors meeting of April 15, 1987, it was voted to support policies regarding unauthorized out-of-cove swims with penalties.

Present rules mandate that out-of-cove swims must be approved by either the Club President or Swim Commissioner. In addition, the Boat House Captain shall give his ap-

proval on the use of pilot craft.

Furthermore, such swims shall include one pilot craft per swimmer.

Penalty for first time offense of this policy is one year suspension from the Swim Program and for a second offense, expulsion from the Club. Unescorted (no pilot) out-of-cove swims are not only unsafe, but may threaten the entire swim program.

ADDISON APPOINTED TO BAY DELTA PROJECT

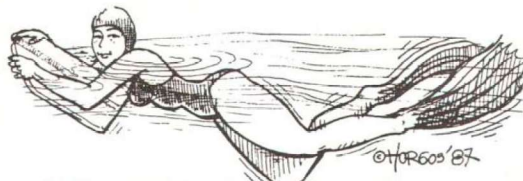
Dolphin Club member John Addison has been appointed to represent the Club on the Public Advisory Committee of the U.S. Environmental Protection Agency's Bay Delta project. He will be the main person on the board representing recreational usage of the Bay in this major study being done now.

THE RETURN OF THE FLAG BUOY

Thanks to Herman Zahler, Don Harrison, Cliff Jennings and Dan Osborne and Herb Madden for their efforts in making and placing a new flag buoy at the west end of the cove to keep the members swimming in a straight line this summer.

SWIM FEES ARE DUE AND PAYABLE

A reminder that the \$21 swim fees must be paid prior to participating in any scheduled swim events.



The Dolphin Log

Published By
Dolphin Swimming & Boating Club Inc
Organized in 1877

Editor: Jeffrey Howard Heth

Principal Photographer: Elmer Tosta

502 Jefferson St., San Francisco, CA 94109



A big crowd gathers in the Staib room before one of the first swims of the 1987 swim season begins.

Pavla Podolska

A Story of Guts and Achievement

Personality Profile by Katherine and Steve North

All of us have admired Pavla's gripping determination to finish each swim she's entered. No matter how difficult the swim or how long it takes her, it is a rare day (or night) that Pavla does not complete a swim she's started. But this isn't surprising because Pavla is that rare type of person who always finishes what she starts - even under the most trying of circumstances.

For example, in the summer of 1977 she swam across Clear Lake. Half way across her pilot abandoned her. She kept swimming until the sun disappeared and with only the lights on shore for a guide, she finally completed the swim in the dark, seven and one half hours after she started. Pavla

considers this to be her most difficult swim. But then she's never shied away from difficult situations.



In the summer of 1968 Pavla, who is a native of Prague was vacationing in Switzerland with her seven year old son when the Russians invaded Czechoslovakia. It was impossible for her to return and instead, she borrowed enough money to buy an airplane ticket to San

Francisco and arrived in Mill Valley with her son in December of 1968, penniless and not knowing a word of English. Finding a job as a housekeeper, she worked twelve hour days until she paid back the money she borrowed for her ticket. At the same time she enrolled in English classes at the YMCA. She also started taking courses in bookkeeping, computer programming and international banking. She excelled in her studies and after two years in the United States, she began working for the Swiss Bank Corporation. Pavla, who has been with the bank for sixteen years, is now an intra-bank investigator.

Pavla has always excelled.

As a young student in Czechoslovakia, she passed the medical school entrance exams on seven different occasions, but because the government considered her father to be a disgraced capitalist, she was never allowed to enter medical school. Her father, in fact, was a land owning farmer until 1950, when the Prague government confiscated his farm. Soon after, he died, leaving Pavla alone with her mother. Her mother who is still living in Prague has travelled to Mill Valley several times to visit Pavla. Yet Pavla because of political considerations has never returned to Czechoslovakia.

In 1974 Pavla joined a group of women swimmers known as the Waterbabies and began swimming in the Cove. This was before women were allowed in the Dolphin

Club. She tells of cold showers and primitive dressing facilities. With the Waterbabies she swam the Gate three times before joining the club in 1977. In all she has swum the Gate thirteen times and the Alcatraz Swim twenty times.

Currently, Pavla, in addition to swimming daily and working full time at the bank, is an assistant instructor for the Dale Carnegie Human Relations and Public Speaking Program. Just the other day, she proudly announced, one of her students won an award for public speaking.

Pavla is certainly an inspiration to us all, and we deem it a privilege to know her.



The Tortoise And The Hare- The Tale Is Born

As winter approached and the water cooled, the halls of the Dolphin Club quieted from the chatter of the 1986 swim season - which had come and gone. Upon us once again was our annual Polar Bear Swim Season, December 21 - March 21. Against the backdrop of those Dolphin diehards competing for the Golden Forty Miles the legend of "The Season of the Tortoise and the Hare" was born.

It became an every day occurrence to see both of them staggering out of the water up the stairs quietly clinging to the soap trays while showering. On one occasion the Tortoise, who was swimming twice a day, elected to swim from the Golden Gate Bridge to the Club in the dark of night while a major storm was in progress. Two days later he swam from the Bay Bridge to the Club and capped that feat with a mile lap afterwards.

The Hare, on the other hand, elected to start swimming three to four miles a day, staying in the water one hour thirty minutes to one hour forty minutes. After three days of this he had to be helped out of the water with both legs and hamstrings cramped.

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The Jim Small Tragedy Why We Have Strict Swim Rules

By Brian Gilbert

Those who do not learn from history are doomed to repeat it.

- George Santayana

Every year sees more rules for swimmers promulgated by the Swim Commission, and stricter enforcement of those we already have. The increasing number of participants in both formal and informal events has increased the pressure on the Swim Commission to relax these rules and encourages violations by those who chafe at restriction.

This small history is written to explain where our current policy originated and why strict observance is essential. And nothing is more essential to such understanding than the story of Jim Small.

In July of 1961, Rear Admiral Allen Winbeck was appointed Commandant of the 12th Coast Guard District, an area reaching from the Oregon border to San Luis Obispo, including the Bay and Lake Tahoe (!). It would prove to be a fateful appointment. Until he took command, the USCG had routinely supported Bay swims by furnishing patrol boats and by diverting shipping that menaced swimmers. With the coming of Winbeck, the 47-year-old policy was changed.

"We have absolutely no authority to provide patrol boats for swimming competitions," he said. "That responsibility lies entirely with those who sponsor such competitions... Our responsibility is to water craft and our facilities to properly protect these are limited."

In March 1963, the Dolphin Club Swim Commissioner sent the USCG a swim schedule, as had been done in the past, despite Winbeck's refusal to acknowledge any responsibility and his avowal of non-support. The result was predictable: Winbeck ignored it. Nevertheless, the normal swims outside the cove went ahead as scheduled; there were only four at that time - Alcatraz, GG, Gas House Cove and Pier 41.

In October, however, the Club planned a swim that was something new and different. It would start at Richardson Bay just north of Sausalito, proceed south across the Golden Gate to a point opposite the Palace of Fine Arts, and from there back to the Club - a distance of at least five miles and a long swim by any standard.

The two outstanding swimmers who were sure to lead the group had been close friends and competitors ever since college days at Berkeley. James Baird, 21, had won the GG swim in September and been pictured in Sports Illustrated. He was also a left-side breather, a fact that became important. The other man was Jim Small, 6 years older at 27, an ex-marine who had been Baird's teammate on the water polo and swimming teams (he held UC records for the

440 and 1500 meter freestyle), a fellow surfer and lifeguard, winner of every Club swim at least once - and a right-side breather. Of the two, Small was acknowledged to be the slightly better swimmer; his recent loss to Baird had nettled him.

"Jim was out late the night before the Gate swim; if it hadn't been for that, he probably would have won," said a friend. "Just the same, it bothered him; he didn't like to lose at anything."

Sunday morning, October 20, 1963 dawned clear and bright, as is so often the case in October.

A participant stated that "Conditions were excellent. An agreement had been made beforehand that every swimmer would have his own pilot, and that a pilot's failure to show up would automatically scratch his swimmer. As usually happens, some (three) of the pilots didn't show. And again, there was a lot of pressure brought on the Swim Commission to allow the swim to proceed anyway. So it did."

The swim began with 11 swimmers at 11:15 a.m. and ran true to past form. Baird and Small swam together and were approximately one and one-half miles in front of everyone except for one swimmer by the time they neared Presidio Shoal, offshore from St. Francis Yacht Club. The other swimmer was approximately 100 yards behind the two leaders who were being closely piloted by two of the Dolphin Club's most experienced pilots in the leading double, the Viking. They had been in the water for about an hour and 15 minutes.

One of the pilots in the Viking later stated that "We were more than halfway across the Gate, and keeping an eye on a group of sportfishing boats at least a half-mile away in the center of the channel. They were milling around slowly and didn't seem to pose any threat. Suddenly, a westbound submarine appeared from the channel that they use (north of Alcatraz). It was almost submerged, with only the conning tower visible, and from our angle it looked as if it were headed straight for the third swimmer. We decided to go back and cover him. Just before we reached him, one of the fishing boats left the pack and headed straight toward Baird and Small. It was perfect timing for a disaster, because we were at the furthest point from the two leaders in terms of a return."

The other pilot in the Viking recounted that "We had nearly reached Presidio Shoal, which was to be where we turned to go to the Club. The fishing boat made its approach heading toward us, which made it harder to see at first. When we saw the threat, we turned around and went back to Baird and Small at our best speed. When we realized we couldn't reach him in time, we stood up in the boat and shouted and waved our arms, trying to draw attention to Baird and Small. The captain was lounging in the cabin, and

he just waved back, apparently thinking we were being overly friendly. He never altered course or looked at where we were pointing."

The other pilot remembered: "The captain later admitted that he was on automatic pilot, but it never occurred to him that there might be swimmers in the water. I remember that he was making top speed; the sound indicated the motor was running full out and when I heard it miss, I knew someone had been hit."

The captain of the Pacific Dawn stated "I heard a thump and I thought we'd hit a piece of driftwood. Then I saw that head with goggles bob up, and thought, 'Oh, my God, we've hit a skin diver!'"

James Baird: "I looked up and saw the thing only five feet away. I saw it coming because I breath on the other side (the left) - I pushed myself away from the hull and just missed the propeller..."

But Jim Small was a right-side breather, and so he never saw the boat that ran right over the top of him. The spinning 22-inch propeller severed his left leg at once, badly mangled his right leg, fractured his hip and cut his left hand.

The pilots remember the moment well. One stated "It was terrible. When I first saw the area, there was a circle of blood in the water 30 feet across. Somehow we got him into the boat, and even retrieved his severed leg and all. Fortunately, it was only a couple of minutes until the Sea Raven moved in to help."

The other pilot said "It was the most horrible thing I've ever seen. Jim, of course, was unconscious and being supported in the water by Baird. We managed to get him into the boat, but couldn't do much besides try to stop the bleeding. Try as I will, I've never been able to forget how bad it was. Luckily, another boat (The Sea Raven) saw it all and radioed the Coast Guard. They were (docked) less than a mile away and arrived within minutes."

The Skipper of the Sea Raven: "We could see that boat cutting right across the swimmer. We could all see it was going to happen, but it was too late for us to do anything. When we reached the rowboat, we all helped get the swimmer on board, and laid him on the hatch cover."

The Dolphin Club pilot and a fisherman on the Sea Raven held their thumbs on the injured man's arteries to stop the flow of blood until help arrived.

The injured swimmer was taken to Letterman General Hospital in the Presidio. Doctors found that his right leg was too badly mangled to save and quickly amputated. Shortly after he was admitted, the commanding General said, "He is in deep shock - we don't think he can make it." However, several hours later, he said, "He's come out of shock and is surprising us - he still has a very good chance..."

By Monday night, he had regained consciousness for brief periods. No longer in a state of shock, he was able to feel the pain of his wounds.

"I think I've licked the worst of it," he told hospital personnel. His doctors reported that he was showing signs of improvement, although he remained in critical conditions.

By Tuesday morning, doctors at Letterman noted encouraging signs such as normal blood pressure, return to

consciousness, and "stabilization of vital signs." By this time, Jim had recieved 56 pints of blood in transfusions - 43 pints of whole blood and 13 of plasma. This replacement equalled four times the normal 14 pints in his entire body. A spokesman for the hospital called his survival a near miracle and credited every member of the staff.

On Tuesday afternoon, a call went out for blood donors to replenish the supply Jim had used. The response overwhelmed the Irwin Blood Bank, as more than 500 people showed up to donate blood. The bank director said that the turnout was "the largest response we've had in any one day for any one individual." The bank stayed open for more than five hours after the usual 6 p.m. closing time. From Jim's bedside, the report came that he was in good spirits and confident of the outcome of yet another operation.

"He was just like he was ready to go on another swimming meet," said his brother-in-law. The operation proceeded as scheduled.

At 7:14 a.m. on the morning of Wednesday, October 24, some 69 hours after the maiming, Jim Small died quietly. Death was attributed to "multiple internal hemorrhaging." Conscious and lucid until a few minutes prior to his final collapse, he was unable to overcome the internal injuries caused by the boat hull that ran over him. Doctors could bind up the ends of his shattered leg, but they could do little for the arteries leaking internally. Not that they didn't try. Once they accepted the idea that he might make it, their efforts were unstinting - the struggle to save him had consumed 72 pints of blood, more than one for each of his remaining hours of life, and an eloquent testimonial to the extent of his internal injuries.

The funeral was held on Friday. Three hundred mourners attended the service, held in St. Stephen's Episcopal Church in Orinda. That same day, a swim coach at the Club and Swim Commissioner of the Olympic Club, made a press announcement concerning the formation of a safety council for Bay swimming. Plans for such a council had been made some time prior to the accident. He said that he was among several intersted parties who hoped to establish a safety code for siwmmers and boaters as a means of solving the growing traffic problems on the Bay.

NEXT ISSUE; PART II- THE AFTERMATH

The Gladys Austin Joins the Fleet

Gladys Austin began rowing in her early twenties on the Barnegat Bay in New Jersey where she and her family used to summer. It became a lifelong activity for Gladys. She rowed her own dinghy in the Santa Barbara harbor until a few weeks before her death at the age of 94.

Last fall, Dolphin Club member Dr. George Austin of Santa Barbara was looking for a way to establish a memorial for his mother. Stan Hlynsky suggested that a rowing boat might be appropriate and George agreed.

Thus, the newest addition to the Dolphin Club Fleet is the 14 foot fiberglass Whitehall the "Gladys Austin". The boat will be used primarily as a trainer for new members being introduced to rowing. It is both durable and light - perfect for new members learning to launch the boats.

The boat has been re-fitted with new oar locks and rigging by John Bielinski. Modified oars were donated by Stan Wright. And, fabrication of a name plate with gold leaf has been accomplished by Herman Zahler and Bob Hoff.

Dolphin Club members are indebted

ed to Dr. Austin for this gift. It seems especially fitting that the Gladys Austin will be used to train others in the art of rowing. More observant veteran rowers of the Club will note that it is our first vessel to bear a name in the distaff.

The re-christening of the Gladys Austin has been scheduled for early this Summer when George is visiting the Bay Area.

- Ned Hoffman

Dolphins Can Shoot Baskets, Too!

Thursday, March 19th, 1987, The Dolphin Club was represented by a contingent of its finest athletes at the Recreation Center for the Handicapped to play basketball against the Special Olympics team. A formidable opponent, the San Francisco Special Olympics team has accumulated an unprecedented winning record of 156 and 0, spanning over the last nine years.

For the third straight year, despite the Club's basketball prowess, Dolphins lost in the final seconds of the game. The score was 57 to 16. All in all, the Dolphins enjoyed themselves, sharing in the comradery, making new friends and experiencing something new. The high Dolphin scorers for the evening were Joni Beemsterboer and Linda Braski. Other team members included Reuben Hechanova, Elmer Tosta, Jeff Heth, Bill Horgos, Susan Cobb, Pete Neubauer,

John Horner, Jamie Nelson and Vince Huang, team captain. Our official cheerleading squad consisted of Jill and Ariel Tosta and Jessica Huang. In the spirit of the Special Olympics creed; every athlete and participant is a winner, there are no losers, the Dolphin team celebrated their defeat with pizza and lots of beer.

The Special Olympics basketball team is comprised of young adults with varying physical and developmental disabilities.



Tortoise and Hare

- from page 3

On the other hand the Tortoise had to be helped from the water after once spending two hours and thirteen minutes in the water. I remember seeing both of them on one Friday when the air temp was 48 degrees and the water temp 48 degrees. How long were they in? The Hare, one hour ten minutes. The Tortoise, one hour twenty five minutes. Neither one could talk clearly.

As the season closed one had to wonder which one was going to drop first. Gone were the smiles and conversation. Both were showing total deterioration of body and mind from hours and miles spent in the cold waters. With two and a half weeks left the Tortoise elected to swim from the Bay Bridge to the Golden Gate Bridge in one hour twenty eight minutes. It doesn't really matter which one you favored or what the outcome - for there may never be another season. like 'The Season of the Tortoise & The Hare.

Dolphin Alan Poe

1987 Swim Commission

Phil Rollins, Carol Block, Jan Warmerdam
Hendrika Warmerdam & Dave Zovickian

Swim Program Update

By The Swim Commission

New Years Day

The year began on a windy, stormy morning with 19 brave souls braving the elements for the annual South End Alcatraz Swim. With Dolphin craft providing swimmer transportation to the island and much pilot support, Dolphin Sean Kelley won the event. This continues our domination of the event as Suzanne Heim was the winner in 1985 and 1986.

Thirty six members fought the cove currents in the traditional Dolphin New Years Day Cove Swim with Dan Osborne winning the long course and Dodi Morosi the short. Unfortunately, the stopwatch malfunctioned and no times were available.

Pier 41 Swim

About 30 pilots cleared the waters for some 56 participants in the Pier 41 Swim. Those swimmers who managed to clear the 'drifting marker boat' found the swift current that pushed them quickly to the cove entrance. There seemed to be a number of opinions about the best distance to maintain from the new breakwater, but it does seem that slow water and back eddies are evident close to the structure.

Sam Corn won this race in a fast time of 20:37 with Laura Merkl 2:30 behind.

Spring Cove

The Dolphin Club welcomed the end of winter with the Annual Spring Cove Swim on March 21. Sean Kelly and Sam Corn led the group of 42 swimmers around the cove with Kelly coasting to a :40 win, his second of the year. Corn and Kelly won their age groups along with Tom Hofmann, Dan Osborne, and Joan Bard, each of whom won their respective age groups.

Crazy Cove Swim

This traditionally long, difficult swim was held on a beautiful day without the current working for any difficulties. Pilots and helpers were out in force as Sean Kelly won his third race of the year. Age group winners were Dan Osborne, Ann Tingley, Kelly and Dave Zovickian leading the youngsters. Larry Alioto brought up the rear in a time of 82:50, a long time to expose oneself to 54 degree water. Congratulations to Larry for this effort.

Pier 39 Swim

One of the most popular swims of the year, 67 swimmers showed up for the 7:30 pump-off at Pier 39. It became evident during this event that it is necessary to get out into the current if one is to expect a fast time for out-of-cove swims. The new breakwater has made the east-to-west

swims somewhat longer, but the push may be stronger as one approaches the cove entrance.

Sean Kelly was again the first place finisher in a time of 21:36.

1987 Polar Bear

With a relatively mild winter, club members made some major marks in this years Polar Bear. First, Stan Hlynsky spent hours a day in the Bay accumulating 230 miles in 90 days, breaking the record of 204 miles set in 1986 by George Kebbe. George turned in 190 miles, followed by Laura Merkl (121), Bill Horgos (120) and Nancy Fougere (90). These 5 swimmers swam, between December 24 and March 21, mileage equivalent to driving from S.F. to San Diego. We salute this group for their efforts and congratulate Stan for his new standard.

Handicap Cove Swim

Armen Khachadorian, one of the club's running stars, managed to win this years Handicap Cove Swim. After bearing the brunt of much good-spirited abuse after his victory, Armen pointed out that this was the first swim he had finished in 1987 after failing to do so in the earlier swims. We offer our congratulations to Armen and will expect to see him finishing high in the standings in other swims this year.

Upcoming Events

The July 11 Ft. Point Swim will start at the Crissy Field Beach and conclude at the Club.

The second Ft. Point Swim, however, is scheduled to begin at the beach on the west side of Ft. Point (jump-off beach for Golden Gate

Swims) and finish at the Club.

Because this will be a new swim, and the longest on the schedule, participation will be limited. A qualifying swim will be held on July 25, 10 a.m. in the Cove to determine which members will swim. Watch the bulletin board for more information.

Good news that the Santa Cruz Swim will be held this year on August 1. The catch is that to officially enter the race, you must be a member of the Pacific Coast Masters Swimming. Call PCMS Registrar Nancy Rideout for information at 892-0771. As in past years, this swim counts as an "out-of-cove-qualifier".

Escape

Although not officially a part of the Swim Program, the Escape from Alcatraz Triathlon is scheduled for September 12. South End members have won most top

- continued on page eleven



Sean Kelly sweeps the season.

1987 Swim Season Is Off and Stroking Record Number of Participants/Helpers

New Years Cove Swim

January 1, 1987

-SHORT COURSE;

1. Dodi Marosi
2. Joan Bard
3. Meg Reilly
4. Joe Bruno
5. Mimi Osborne
6. Larry Alioto
7. Jerome Duffy
8. Paula Spiedel

-LONG COURSE

1. Dan Osborne
2. Joni Boensterboer
3. David Zovickian
4. Lori Weiner
5. John Dahlberg
6. Lisa Smith
7. Jerry Cullen
8. Kate Coleman
9. Eric Groneman
10. Herb Madden
11. Susan Anson
12. Roger Klieid
13. Jay Eamhardt
14. Wayne Riddle
15. Lorna Newlin
15. John Sullivan
17. Bill Horgos
18. Era Osibe
19. Charlotte von der Hade
20. Tom McGraw
21. John Dugan
22. Sam Lawson
23. Sue Garfield
24. Phil Rollins
25. Will Powning
26. Steve North
27. Pavla Podolska
28. Bill Powning

HELPERS; Beth Fisher, Ken Frank, Shannon Kilkenny, Ann Tingley, Linda Braski.

PILOTS; Herman Zahler, Hans Kramer, Jim Growden.

New Years Alcatraz Swim

January 1, 1987

- | | |
|------------------------------|-------|
| 1. Sean Kelly | 36:27 |
| 2. Ed King (SERC) | 38:44 |
| 3. Tim Reid (SERC) | 40:06 |
| 4. Bob Hoover (SERC) | 40:06 |
| 5. Paul Watts | 40:15 |
| 6. Bob Colyer | 40:15 |
| 7. Laura Merkl | 41:09 |
| 8. Rick Barthels (SERC) | 41:36 |
| 9. Rick Nelson | 42:02 |
| 10. Ed Urban | 42:10 |
| 11. George Kebbe | 44:46 |
| 12. Elmer Tosta | 45:29 |
| 13. Russ Morrison (SERC) | 45:30 |
| 14. Pete Applegate | 45:35 |
| 15. Denise Lyle | 45:54 |
| 16. Mike Moffit (SERC) | 53:28 |
| 17. Kevin O'Keffe (SERC) | 55:50 |
| 18. Diddo Clark (SERC) | 55:53 |
| 19. George Farnsworth (SERC) | 60:28 |

PILOTS; Don Harrison, Phil Rollins, Sam Lawson, Randy Pinetti, Herman Zahler, Dan Osborne, Paula Speidel, Jeanette Klingel, Jim Growden, Tom McGraw, Lorinda Snyderman, Neal Snyderman, Mike DeNunzio, Bill Walden, Guy Vaillancourt, Meg Reilly, Dave Hinton, Patraick Doyle, Bob West, Eduardo Barranco, Will Powning, Steve O'Neil, Bill Gordon, Kit Stycket, Ron Chism, Francis Smith, John Belinsky, Stan Hlynsky, Colin Gift, Ken Frank, Modesto Lanzone.

Mid-Winter Cove Swim

January 18, 1987

-LONG COURSE;

- | | |
|---------------------------|-------|
| 1. Laura Merkl | 28:43 |
| 2. Elmer Tosta | 30:28 |
| 3. Tom McGraw | 31:22 |
| 4. Dave Zovickian | 32:29 |
| 5. Susan Cobb | 34:02 |
| 6. Pete Neubauer | 34:28 |
| 7. Kate Coleman | 37:15 |
| 8. Lisa Smith | 37:11 |
| 9. Conrad Von Blankenberg | 37:37 |
| 10. Susan Anson | 38:14 |

- | | |
|-------------------|-------|
| 11. Nancy Fougere | 39:46 |
| 12. Jay Eamhardt | 40:29 |
| 13. Eric Groneman | 42:46 |
| 14. Mike Mitchell | 43:23 |
| 15. Roger Kleid | 44:32 |

-SHORT COURSE;

- | | |
|--------------------|-------|
| 1. Dan Osborne | 14:34 |
| 2. Lee Hammack | 18:50 |
| 3. Bob Danielson | 18:58 |
| 4. Helene Marchant | 19:24 |
| 5. Ken Coren | 20:38 |
| 6. Era Osibe | 20:54 |
| 7. Herb Madden | 21:00 |
| 8. Marcia Kemp | 21:52 |
| 9. Will Powning | 23:39 |
| 10. Noel Turner | 24:38 |
| 11. Bill Powning | 26:10 |

PILOTS; Mike DeNunzio, Herman Zahler, Dan de la Pena, Al de la Pena, Bill Walden, Hans Kramer, Susan Allen, Marty Reitingier.

HELPERS; Dan Murphy, Charlotte van der Hade, Wayne Riddle, Jamie Nelson, Glynn Jones, Linda Braski, Phil Rollins, Lou Marcelli, Mimi Osborne, Pavla Podolska.

Pier 41 Swim

February 21, 1987

- | | |
|----------------------------|-------|
| 1. Sam Corn | 20:27 |
| 2. Laura Merkl | 22:53 |
| 3. Elmer Tosta | 23:49 |
| 4. Dave Zovickian | 24:20 |
| 5. Ann Tingley | 25:44 |
| 6. Diane Schatz | 26:02 |
| 7. Pete Neubauer | 26:04 |
| 8. Lisa Smith | 26:29 |
| 9. Steve Jones | 26:39 |
| 10. Conrad von Blankenberg | 26:54 |
| 11. Kate Coleman | 27:00 |
| 12. Margy Titus | 27:20 |
| 13. Susan Anson | 27:31 |
| 14. Tom McGraw | 27:52 |
| 15. Bill Horgos | 28:20 |
| 16. Jay Eamhardt | 28:26 |
| 17. Jeff Heth | 28:34 |
| 18. George Buffington | 28:38 |

- continued on next page



Sitting around on the Dolphin Club deck is a favorite pastime for this trio.

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Dolphin pup Jessica Huang.

- from previous page

19. Roger Kleid	28:40
20. Susan Cobb	29:17
21. Nancy Fougere	29:18
22. Mike Mitchell	29:35
23. John Horner	30:48
24. Helene Marchant	30:55
25. Alan McColl	30:57
26. Ken Coren	31:31
27. Sue Garfield	31:35
28. Noel Frelicot	31:49
29. Lee Hammack	32:09
30. Flicka McGurrian	32:50
31. Buck Swannack	32:58
32. Era Osibe	33:10
33. Sandy Lehmkuhl	33:22
34. Cliff Jennings	33:28
35. George Galarza	33:44
36. Jim Weil	33:56
37. Carol Block	34:02
38. Peggy O'Leary	34:50
39. Marcia Kemp	35:05
40. Alan Liss	35:15
41. Bill Powning	36:18
42. Steve North	36:35
43. Ray Mondini	36:37
44. Joan Bard	36:38
45. Chris Cadelago	36:42
46. Kathy Dermitzakis	37:38
47. Pavla Podolska	39:04
48. Jerome Duffy	39:15
49. Jan Warmerdam	40:25
50. Jim Hamilton	40:35
51. Bob McKenzie	40:55
52. Elaine Peterson	41:50
53. Larry Alioto	42:07
54. Joe Bruno	42:30
55. Phil Kohlenberg	42:38

PILOTS; Herman Zahler, Paula Spiedel, Hans Kramer, Jim Growden, Marty Reutinger, Neal Snyderman, Bill Walden, Rich Cooper, Andy Camous, Cecco Menucci, Eduardo Barranco, Stan Wright, John Bielinski, Al de la Pena, Dan de la Pena, Randy Bradner, Noreen Tiemey, Neal Hartnett, Nike DeNunzio, Reuben Hechenova, Tim Callahan, Nick Zoller, Don Harrison, Mary Cantini-Norkin, Stan Hlynsky, Raphael Torrez-Gill, Sam Lawson, Bob Danielson, Susan Allen, Herb Madden, Cab Covey, Rich Antonchuk, Eric Groneman, Mike Dunn, Dan Goodman, John Brennan, Dan Marshall, Dave Duncan.

HELPERS; Brian Gilbert, David Martin, Glynn Jones, Nan Wong, Jan Warmerdam, Paul Watts, Phil Rollins, Loma Newlin, Lou Marcelli, Mimi Osborne, Bob Morsen, Joe Bruno, Dennis Watson, Dan Murphy, Ken Frank, Carol Block, Hendrika Warmerdam, Terry Watts, Karen Heisler,

Wayne Riddle, Elizabeth Hale, Suzanne Heim, Mike Mitchell.

Spring Cove Swim March 21, 1987

-AGE 20-29: (Place)	
Sam Corn (2)	20:25
Dave Zovickian (9)	25:17
Diane Schatz (11)	25:35
Nancy Fougere (19)	29:07
Patty Fujii (24)	30:48

-AGE 30-39:	
Sean Kelly (1)	19:44
Paul Watts (3)	21:30
Terry Watts (4)	21:45
Elmer Tosta (6)	24:21
Phil Rollins (7)	24:44
Joni Beemsterboer (8)	25:05
Rich Crafts (10)	25:19
George Buffington (16)	28:27
Margie Titus (17)	28:29
Wendy Kress (22)	30:21
Helene Marchant (23)	30:46
Charlie Martin (25)	31:32
Colin Gift (26)	32:50
Reuben Hechanova (27)	32:58
Sue Lauritzen (29)	34:18
Era Osibe (30)	34:23
Steve Latham (32)	34:29
Lee Hammack (33)	35:30
Allen Liss (34)	35:36
Marcia Kemp (35)	35:43
Thad Carhart (37)	36:39
Meg Reilly (39)	37:41
Will Powning (40)	40:13

-AGE 40-49:	
Tom Hofmann (12)	25:47
Ann Tingley (13)	25:52
Bill Horgos (14)	27:09
Scott Anderson (15)	27:17
Rich Livingston (18)	28:58
Jay Eamhardt (21)	30:07
Jim Ross (28)	33:24
Noel Frelicot (30)	34:23
Sarah McCloskey (36)	36:04
Jerome Duffy (41)	41:21

-AGE 50-59:	
Dan Osborne (5)	23:45
Jerry Cullen (20)	29:11
Jim Hamilton (42)	46:13

-AGE 60-69:	
Joan Bard (38)	37:30

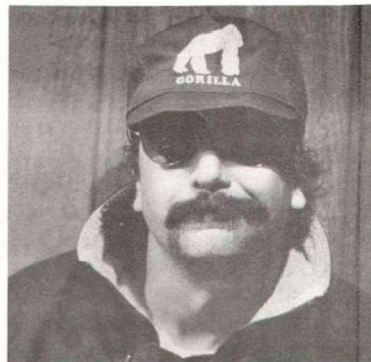
PILOTS; Herman Zahler, Mike DeNunzio, Bill Walden, Cab Covey, Andy Camous, Chris Cadelago, Ned Hoffman, Al de la Pena, Dan de la Pena, Jon Bielinski, Hans Kramer, Bob Danielson, Phil Lucier, Eric Shackelford, Tim Callahan.

HELPERS; Bill McKown, Diana Anderson, Neal Fishman, Lou Marcelli, Peter Marchant, Paula Podolska, Elizabeth Tippin, Frank Menucci, Neal Fishman, Larry Alioto, Don Harrison, Jack Giacomini, Karen Apell, Peter Applegate, Ray Mondini, George Gallarza, Buck Swannack, Vince Huang, Roger Kleid, Wayne Riddle, Laura Merkl, Lisa Smith, Susan Anson, Carol Block, Hendricka Warmerdam, Phil Rollins, Sandy Lehmkuhl, Bill Powning, Jamie Nelson, Dave Zovickian, Mimi Osborne, Linda Braski, Hendricka Warmerdam, Tracy Cambron, Mark Arms, Dan Osborne, Hendricka Waremerdam.

Polar Bear Results - 1987 -

	MILES
1. Stan Hlynsky (setting a new record)	230
2. George Kebbe	190
3. Laura Merkl	121.25
4. Bill Horgos	120
5. Nancy Fougere	90
6. Dan Osborne	68
7. Dave Zovickian	67.25
8. Brian Gilbert	62.50
9. George Gallarza	55.50
10. Elmer Tosta	54.75
Joe Bruno	51
12. Pat Clancy	51
Pete Applegate	50
Sam Corn	50
Susan Cobb	50
Chris Cadelago	50
Pete Neubauer	50
Conrad von Blankenberg	50
19. Lee Hammack	48.50
20. Jeff Heth	48
21. Ray Mondini	47
22. Sam Lawson	46.50
23. Joni Beemsterboer	46
24. Mike Mitchell	45
Alan Liss	45
Phil Kohlenberg	45
27. Jerry Cullen	44
Noel Frelicot	44
29. Reuben Hechanova	43.75
Helene Marchant	43.50
30. Pavla Podolska	43
31. Mimi Osborne	42.75
32. Margy Titus	42

- continued on next page



The Beast.



Travelling in style to Pier 39 are Bill Horgos and Hendrika Warmerdam.

- from previous page

Tom Hofmann	42
34. V. Morreale	41:50
36. Rich Livingston	41
Jay Eamhardt	41
Jim Ross	41
Diane Schatz	41
John Tansley	41
Sue Garfield	41
Phil Rollins	41
43. George Buffington	40:50
Scott Anderson	40:50
Bill Powning	40:50
Jim Hamilton	40:50
Vince Huang	40:50
Mike DiNunzio	40:50
Meg Reilly	40:50
50. Tom Callinan	40
Lisa Smith	40
Joan Bard	40
Ann Tingley	40
Mary Cantini-Norkin	40
Don Harrison	40
Armen Khachadourian	40
Era Osibe	40
Harry Jones	40
Tom McGraw	40
John Horner	40
Cliff Jennings	40

Crazy Cove Swim April 5, 1987

-AGE 50-59: (Place)	
Dan Osborne (5)	37:08
-AGE 40-49:	
Ann Tingley (10)	41:54
Pete Neubauer (10)	41:54
Kate Coleman (12)	42:49
Tom Hofmann (13)	42:50
Conrad von Blankenberg (14)	43:02
Tim Callahan (15)	43:16
Susan Anson (16)	44:06
Bill Horgos (17)	44:52
Armando Menocal (20)	45:56
Tom Callinan (23)	47:46
Eduardo Barranco (24)	48:02
Mary Robinson (25)	48:15
Roger Klieid (26)	49:35
Flicka McGurrin (29)	53:34
Larry Alioto (32)	82:50
-AGE 20-29:	
Dave Zovickian (7)	37:44
Nancy Fougere (18)	45:31
Peggy O'Leary (22)	47:39
Era Osibe and Joe Bruno	Short Course

PILOTS; Herman Zahler, Susan Cobb, Mike DiNunzio, Cab Covay, Don Harrison, Bill Walden,

John Bielinski, Cliff Jennings, Bob Danielson, Hans Kramer, Neal Hartnett, Ken Coren, Susan Lauritzen, Denise Lyle, Bob Wilkes, Lee Hammack, Eric Shakleford, Jay Eamhardt, Meg Reilly, John Horner, Carla Curtis, Bob McKenzie, Kathy Demitakis, Phil Lucier.

HELPERS; Peter Lewandowski, Hendrika Warmerdam, Pavia Podolska, Maida Taylor, Loretta Madden, Wayne Riddle, Marcia Grimm, Rich Livingston, Cecco Menucci, Lou Marcelli, Mimi Osborne, Lili Horgos, Jerome Duffy,, Alan McColl, Allen Liss, Carol Block, Jan Warmerdam, Charlotte van der Hoote, Ray Mondini, Vince Huang, George Galarza, Noel Frelicot, Phil Kohlenberg, Bill Powning, Mike Roller, Linda Braski, Patti Fujii, Paul Ainslie.

Pier 39 Swim April 18, 1987

1. Sean Kelly	21:36
2. Paul Watts	23:09
3. Bob Colyer	24:14
4. Peter Drino	24:45
5. Dan Osborne	25:32
6. Ann Tingley	27:00
7. Joni Beemsterboer	27:45
8. Peter Applegate	28:11
9. Peter Jacobson	28:30
10. Eric Shakleford	29:01
11. Peter Neubauer	29:05
12. Elisa Meyer	29:25
13. Mark Lubiszewski	29:28
14. Tim Callahan	29:31
15. Susan Anson	29:36
Jerry Cullen	29:36
17. Jim Biggs	29:55
18. Charlie Martin	30:08
19. Ken Frank	30:13
20. Patti Fujii	30:42
Carla Curtis-Egan	30:42
22. Mary Robinson	30:58
23. Nancy Fougere	31:05
24. Ken Howell	31:12
25. Jeff Heth	31:20
26. Bill Waters	31:21
27. Eduardo Barranco	31:33
Marcia Grimm	31:33
29. Steve Latham	31:41
30. Helene Marchant	31:52
31. Reuben Hechanova	31:53
32. Vince Huang	32:00
33. Peggy O'Leary	32:04
34. Susan Cobb	32:10
35. Colin Gift	32:28
36. George Galarza	32:35
37. Alan McColl	32:36
38. Sue Garfield	32:51
39. Cliff Jennings	33:02
40. George Gara	33:04
41. Neal Fishman	33:08
42. Lorna Newlin	33:11
43. Buck Swannack	33:19

44. Era Osibe	33:25
45. Bill McKown	33:33
46. Bob Wilkes	33:45
47. Susan Lauritzen	34:07
48. Alan Liss	34:10
49. Sandy Lehmkuhl	34:12
50. Marcia Kemp	34:18
51. Jerome Duffy	34:45
52. Keith Nelson	35:13
53. Don Harrison	35:14
54. Chris Cadelago	36:57
55. Jim Weil	37:08
56. Carol Berghen	37:44
Bob Liner	37:44
58. Ray Mondini	37:45
59. Will Powning	38:16
60. Steve Pinetti	38:55
61. Meg Reilly	41:23
62. Pavia Podolska	41:44
63. Bob McKenzie	41:51
64. Larry Alioto	42:43
65. Don Reid	43:41
66. Joe Bruno	44:42
67. Phil Kohlenberg	44:50

PILOTS; Nick DeMay, Elmer Tosta, Bill Walden, Al de la Pena, Marty Reutinger, Neil Snyderman, Cab Covay, Mike DiNunzio, Dave Hinton, Jim Growden, Fran Sutherland, Randy Pinetti, Sam Lawson, Milner, Hans Kramer, Mike Mitchell, Jack Griffin, Bev Ferreira, Flicka McGurrin, Mendelson, Eric Groneman, Bob Danielson, Tom McGraw, Linda Braski, Neal Hartnett, Louise Bea, Stan Hlynsky, Sam Lawson, Herb Madden, Lee Hammack, Hank Seipelt, Dave Duncan, Camille Manger, paula ?Spiedel, Herman Zahler.

HELPERS; Mimi Osborne, Terry Watts, Elizabeth Tipping, Dan Murphy, Noel Turner, Wayne Riddle, Hendrika Warmerdam, Jan Warmerdam, Phil Rollins, Mary Robinson, Steve North, Hendrika Warmerdam, Herman Zahler, Bill Horgos, Bob Monsen, Dennis Watson, Ned Hoffman, Peter Jacobson, Mike Mitchell, Charley Yourd, Peter Applegate, Mike Rollen, Brian Gilbert, Nick Zoller, Joe Bruno, Linda Braski, John Dahlberg, Susan Anson, Jay Eamhardt, Jerry Cullen, Mike Buck, Frank Menucci, Lou Marcelli, Jack Giacomini, Theoni Callahan, Suzanne Heim, Sam Corn, Noel Frelicot, Denise Lyle, John Heus and Mike Dunn (SERC pilots).

Handicap Cove Swim May 3, 1987

1. Armen Khachadourian	28:55
2. Jerry O'Dwyer	30:48
3. Nick Zoller	30:53
4. Bob Wilkes	30:56
5. Kathy Demitakis	31:06
6. Milo Weaver	31:22
7. Bill McKown	31:25
8. Rich Cooper	31:33
9. Rudy DeMay	31:59
10. Ted Coyle	32:05

- continued on next page



The Farrell is launched by Cecco Menucci and Andy Camous.



H. Zahler, C. Menucci & J. Bruno.

- From previous page

11. Doon Reid	32:06
12. John Dahlberg	32:12
13. Roger Kleid	32:21
14. Steve North	32:39
15. Bob Liner	32:58
16. Era Osibe	33:09
Joe Bruno	33:09
18. Herb Madden	33:48
19. Judy Polatchek	34:00
20. Chris Cadelago	34:20
21. George Gara	34:34
22. Pavla Podolska	34:40
23. Carol Block	34:42
24. Mimi Osborne	34:53
25. Steve Sancimino	34:56
26. Will Powning	35:06
27. Sandy Lehmkuhl	35:08
28. Dennis Watson	35:12
29. Jerry Cullen	35:16
30. Ray Mondini	35:26
31. NNancy Fougere	35:33
32. Lee Hammack	35:36
33. Bill Horgos	35:37
34. Tom McGraw	36:03
35. Julie Bemiker	36:04
36. Neal Fishman	36:08
Susan Cobb	36:08
38. Tim Callahan	36:21
Phil Lucier	36:21
Mary Cantini-Norkin	36:21
41. Guy Vailancourt	36:33
Don Harrison	36:33
43. Paul Ainslie	36:43
44. Jim Biggs	36:53
45. Loma Newlin	37:08
46. Bill Powning	37:18
47. Marcia Grimm	37:28
48. Noel Turner	37:30
Denise Lyle	37:30
Vince Huang	37:30
51. Louise Bea	37:38
52. Cathy Huang	37:46
53. Wendy Kress	37:58
54. George Galarza	38:02
Colin Gift	38:02
56. Helene Marchant	38:04
57. Ken Frank	38:15
58. Tom Hofmann	38:30
59. Phil Roillins	38:40
60. John Lennox	39:11
Dan Osborne	39:11
62. Stan Hlynsky	39:18
63. Suzanne Heim	39:30
64. Dave Zovickian	41:39
65. John Homer	****
66. Ed Urban	****
67. Paul Watts	****
68. Terry Watt	****



Tom McGraw & Joan Bard.

69. Karen Drucker ****
 70. Drew Washer ****
 71. Mike DiNunzio ****
 **** Times lost due to Timers being intoxicated on muffins. Furthermore, some times may be inaccurate due to the large number of swimmers finishing at the same time. Finishing order however, is correct.

PILOTS; Bill Walden, Hans Kramer, Andy Camous, Weissenberger, Herman Zahler, Mike Mitchell, Al de la Pena, Dan de la Pena, Jim Ross, Ken Coren, J. Milner, Susan Lauritzen, Steven Krolik.

HELPERS; Elmer Tosta, Joni Beemsterboer, Thad Carhart, Denise Lyle, Suzanne Heim, Phil Rollins, Maida Taylor, Mike Webb, Keith Nelson, Patti Fujii, Marsha Kemp, Larry Alioto, Alan McColl, Peggy Huff, Peggy O'Leary, Diana Anderson, Scott Anderson, Margy Tius, Wayne Riddle, Jerome Duffy, C. Ingraham, Alan Liss, Brian Gilpin, Jim Hulihan, Pete Neubauer, Rick Crafts, Carol Block, Dave Zovickian, Don Harrison, Stan Hlynsky.

Swim Program

- from page 7

places in past years with the exception of Dolphin Michael Elderkin taking 2nd place last year. We need help from our best athletes to take over our own event again.

And Finally

Support from Pilots and Helpers this year has been fantastic. We'd like to think people are participating because they want to, not just because it's necessary to qualify for the big fall swims.

We will continue to need much help for the remaining swims and will hope to see more of all of you. Thanks for all the Support.

Letter to the Editor

Dear Editor:

Before the sauna controversy becomes any more heated, I thought it necessary, as an impartial observer, to clarify the roles of various Dolphin contestants in this newly emerging sport. (See Dolphin Logs from 1986). Club members will be proud to learn that our sauna has produced more top athletes and been the site of more regional records than any other in the States. At present there is only a West Coast Conference, but we expect mid-western and east coast entries in some of this winter's "Bake-Off" meets. We have only recently sought recognition from the European Central Sauna Committee in Finland.

It is perhaps not commonly known that our Bob McKenzie played a pivotal role in the creation of this sport. He explored new realms of endurance during his construction of the men's sauna, and set a record that has not yet been equalled when he worked in the sauna, with the heat on, at an average temperature of 196 degrees, for a period of six days. It was this impressive marathon performance that brought the Dolphin Club to the attention of the Europeans and galvanized West Coast interest in the sport.

Brian Gilbert has also been a serious competitor in the various peripheral Sauna Sitting events that he describes in his letter to the Spring/Summer 1986 Dolphin Log, but it was Bob's spectacular feat of endurance that established the sport in this country. Since that time numerous contenders have stepped forward with records in various events, and Mr. Gilbert's breadth of talent has certainly helped to make Dolphins feared in competitive saunas up and down the coast.

Other serious Dolphin Sauna competitors: Bill Powning in newspaper hoarding; Harvey Gately, Cliff Jennings and Elmer Tosta in the "sweat out" category (Cab Covay has fallen behind because of erratic workouts); Dan Osborne and Mark Steinborn in the hypothermic recovery sprints.

There are many other mid-ranked sauna sitters, and as a club we have gained international recognition for heated discussions of tides and water temperature in the Men's Division, and the steamy perplexities of romance in the Women's Division.

I hope these few facts will set the record straight.

Sincerely,
 Marty Reutinger

1987 Swim Commission

Phil Rollins
 Carol Block
 Jan & Hendrika Warmerdam
 Dave Zovickian

1987 Swim Schedule

Swim Dates and times are subject to change. Call club two weeks prior to swim for jump-off times. T.B.A. means "To Be Announced"

12/21/86	Polar Bear Swim Begins (40 Miles)	
1/1/'87	Cove Swim	
1/18/'87	Mid-Winter Cove Swim (New Event)	10 a.m.
2/21/'87	*Pier Forty One Swim	T.B.A.
3/21/'87	Spring Cove Swim	10 a.m.
3/21/'87	Polar Bear Swim Ends	
4/5/'87	*Dick Beeler Crazy Cove Swim	10 a.m.
4/18/'87	*Pier Thirty Nine Swim	T.B.A.
5/3/'87	Cove Handicap Swim	10 a.m.
5/23/'87	*Yacht Harbor Swim	T.B.A.
6/1/'87	One-Hundred-Mile Swim Begins	
6/6/'87	"Over 60" Cove Swim	10 a.m.
6/19/'87	*Twilight Cove Swim (Bar B Que To Follow)	6:30 p.m.
6/27/'87	*"Over 45 Swim	T.B.A.
7/11/'87	* Fort Point Swim	T.B.A.
7/18/'87	Tahoe Relay (not a qualifier)	
8/1/'87	*Santa Cruz Pier Swim (counts as qualifier)	
8/8/'87	*Fort Point to Club (tentative)	T.B.A.
10/3/'87	Alcatraz Swim	T.B.A.
10/17/'87	Golden Gate I Swim (slow day)	T.B.A.
10/18/'87	Golden Gate II Swim (fast day)	T.B.A.
11/7/'87	Swimmers & Pilots Appreciation & Awards Dinner	
11/26/'87	Thanksgiving Day Cove Swim	10 a.m.

1987 Swim Rules

*These Rules Will be Strictly Enforced
For Reasons of Safety and Fairness*

1. All Club-scheduled swims are restricted to club members only. Times and dates are subject to change.
2. Swimmers must wear fluorescent orange caps in all scheduled swims and swimmer's name must appear in LARGE numerals on cap.
3. Swimmers must be members in good standing (no delinquent dues) and swim fee paid (\$21) prior to participation in scheduled swims.
4. New members are not eligible to participate in any scheduled swim for six months from date of membership acceptance (board meeting).
5. Out-of-cove swims are limited to a maximum of 60 swimmers and may also be further limited at the discretion of the Swim Commission. The Alcatraz swim is limited to 75 swimmers to be chosen by lottery.
6. Swim sign up sheets will be posted two weeks prior to each scheduled swim.
7. Time limits will be imposed and enforced on each swim.
8. All Club boats are reserved for piloting on Club scheduled swim days. No riders or guests allowed in pilot boats.

Qualifications for Alcatraz and/or Golden Gate swims - in addition to rules 1 - 8 above:

9. In-town members must successfully complete two swims marked with an asterisk (*) plus one other swim listed on the 1987 Swim Schedule (see back cover) and must help/pilot on two other Club scheduled swims (Tahoe Relay not a qualifier Santa Cruz Pier Swim is).
10. Out-of-town members (100 miles or more from S.F.) must have successfully completed two of the last three Club scheduled Golden Gate and/or Alcatraz swims.
11. Once a member has qualified for Alcatraz or Golden Gate swims (completion of three qualifying swims), non-qualified members will have priority to swim remaining qualifying swims.

NOTE; All scheduled times/dates on 1987 Swim Schedule are subject to change. Call Club prior to swim to check jump-off time.

Dolphin Swimming & Boating Club

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San Francisco
California
94109

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DOLPHIN LOG

Official Bulletin of The Dolphin Swimming & Boating Club

Photo Extravaganza Edition - Summer 1987



BULLETIN BOARD

Miscellaneous News and Notes for the Dolphin Club Membership

Computer-Savvy Bookkeeper Wanted

Bookkeeper needed for processing and production of Dolphin membership billings. Must have your own computer and printer and have rudimentary computer literacy and basic bookkeeping skills. Min size 512 K memory required. Prefer 1 floppy and 1 hard disc reader. Please call Brian Gilbert, financial secretary -- 986-1015 8-12 noon or 673-6857 5-10 p.m. Compensation negotiable.

Dolphin Ventures Out On Land Sets National Record

Dolphin Mary Cantini Norkin set a new national running record for her age group on Saturday and Sunday, August 22 and 23 at Hayward State University.

Mary ran 102.68 miles in 23 hours and 44 minutes which represented 413 laps around the track.

Club Equipment is Only for Dolphin and/or South End Events

A reminder to Dolphin Club members that Club equipment is for use on Dolphin Club or South End Club swims only. Use of Club equipment for any other purpose is expressly forbidden by the Board of Governors.

Regulations Will Be Enforced

Club members are urged to carefully study and observe the rules governing the care and handling of the

Club's historic fleet. These rules include: 1) Rowing of Doubles by non-members is prohibited even with a qualified Club member accompanying and 2) Rowing is not permitted in winds of 15 mph or more.

Other rules involving swimming include no out-of-cove swims without proper pilot-accompaniment of at least one boat per swimmer. Out-of-cove swims must be approved by either the Club President or Swim Commissioner. The Boat Captain must also give his approval on the use of pilot craft.

Annual Membership Meeting

The annual membership meeting of the Dolphin Club will be held in the Staib Room at 7 p.m. on Wednesday, September 16, 1987. The Board of Governors shall review with the members the business of the past year, proposed activities for the next year and may present any other issue for action of the members. All members are welcome and encouraged to attend.

Dear Editor:

Dear Editor/Jeff:

Congratulations on another successful issue of the Dolphin Log. I have been knocked out of the 1987 swim and sauna season with a "Joe Montana" back, so I particularly enjoyed catching up with Club news. Thanks to you, Elmer and the other Log contributors for keeping us informed and entertained.

I am delighted to see Marty Reutinger's letter taking competitive saunas off the back burner. It is time we established a Sauna Commission to formalize our sauna schedule and rules for our saunathons. When does the One-Hundred Sauna start? How about the Escape from Sauna? Sauna Relays?

May I suggest a theme song for our Dolphin competitors? "The Heat is On..."

I look forward to your further issues.

Heatedly,
Norm Duffett

Editor Needs Material

The Dolphin Log welcomes any and all submissions of news items, news articles, letters to the editor, poetry, short stories, personality profiles, true confessions, political diatribes, humor, rantings and ravings, etc., etc.

Please submit copy before the late November deadline for the Fall edition.

There has been a dearth of written submissions lately which accounts for this issue being so heavily photo oriented.



The Dolphin Log

Published By

Dolphin Swimming & Boating Club Inc
502 Jefferson St., San Francisco, CA 94109

Organized in 1877

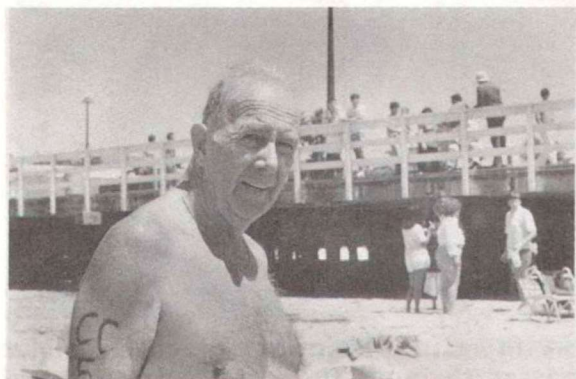
Editor: Jeffrey Howard Heth

Principal Photographer: Elmer Tosta

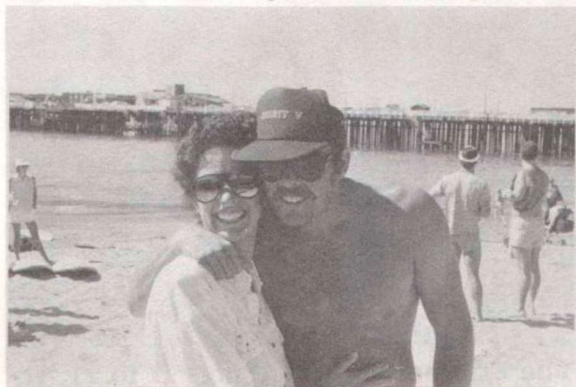
1987 Officers and Board of Governors: President: Stan Hlynsky. Vice President: Katie Maloney. Treasurer: Sam Lawson. Recording Secretary: Tom Hofmann. Financial Secretary: Brian Gilbert. Boat Captain Don Harrison. Governors: Vince Huang, Dan Osborne, Phil Rollins, Bill Horgos, Scott Anderson, John Dahlberg, Frank Drum, Pete Bianucci and Walt Stack.

- Summer Photo Play -

People Magazine Eat Your Heart Out



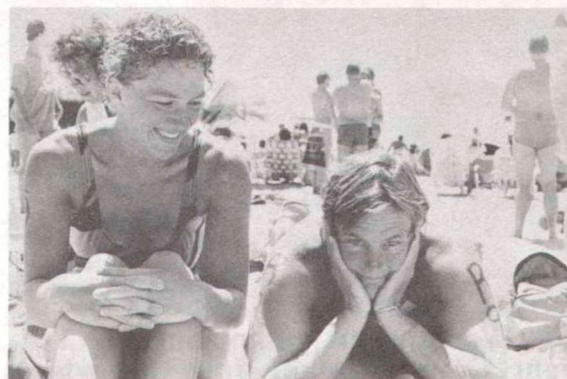
Frank Drum brightens up the beach on his umpteenth visit to the Santa Cruz Pier swim, reinstated in 1987 after last year's cancellation due to the Santa Cruz Lifeguards' insurance problems.



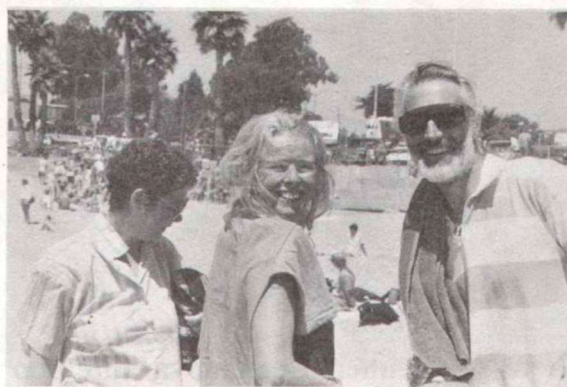
Now newly-wed, Marla and Nick DeMay were spotted in Santa Cruz, obviously in pre-nuptial rapture as they enjoyed the festivities on the northern tip of Monterey Bay.



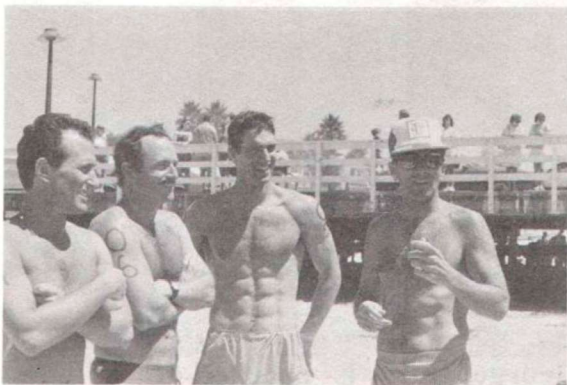
(L to R) Ken Frank, Brian Gilpin and Club President Stan Hlynsky recovering at the Santa Cruz Pier Swim.



Linda Braski (l) and Susan Allen are picture-perfect in repose at the beach in Santa Cruz. These two win the most-photogenic award hands down.



Meg Reilly (l) with Mimi and Dan Osborne were in the mood for a good party, which they found at the after-swim Bar B Que courtesy of the Herb Madden family.



(L to R) Steve Pinetti, Phil Rollins, Mark Steinborn and Tom Hofmann are watching the scenery at the pier-rounding swim.

- More Photo Play -

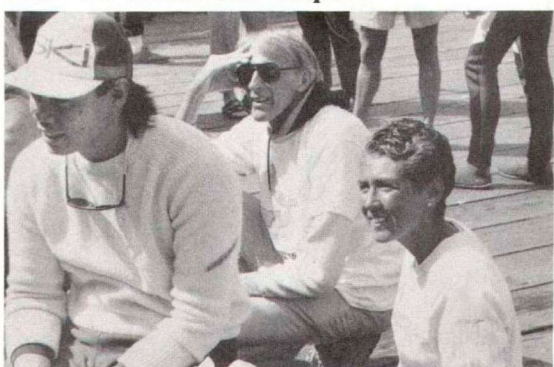
Literally Hundreds of Members Pictured This Issue



Guy Vaillancourt completing the Twilight Cove Swim of June 19, where ninety swimmers competed and more than 50 members helped.



Swim commissioner Carol Block passes through the checkpoint at the end of a good swim.



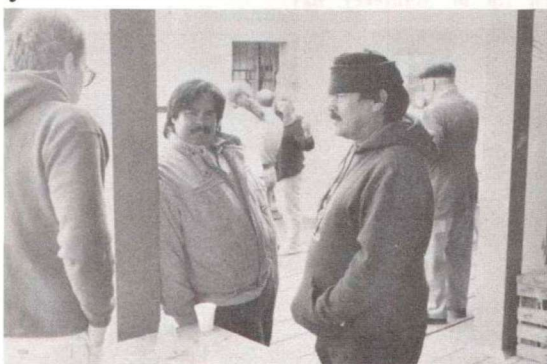
(L to R) Reuben Hechanova and Bob Danielson warm up in the friendly after swim crowd.



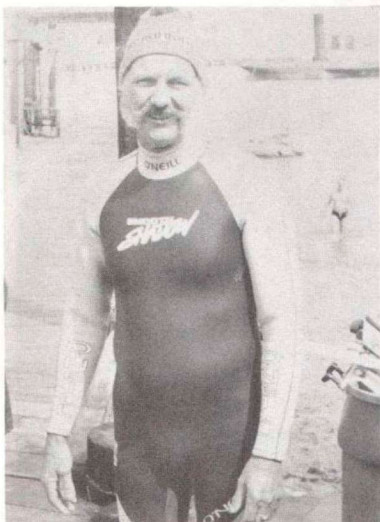
The exuberent water pigs (l to r) Armando, Karolyn, Ken, Conrad, Susan and Tim after completing last years Maui Channel Swim.



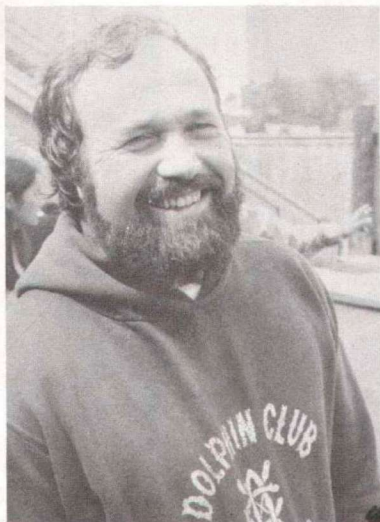
George Gara is checked-off by Jim Houlihan at the finish line.



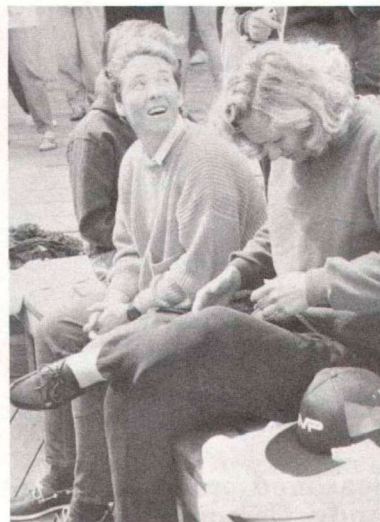
Two of the Clubs most consistent pilots, Dan and Al de la Pena.



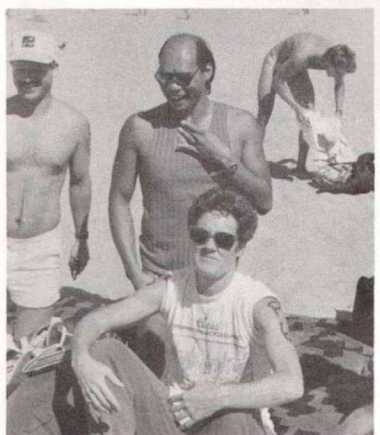
Boat Captain Don Harrison in full rescue regalia.



Tim Callahan has a hard time being serious while at the Dolphin Club.



Newcomers to the Dolphin Club get in the spirit of things.



(L to R) Steve with Reuben Hechanova and Susan Cobb.



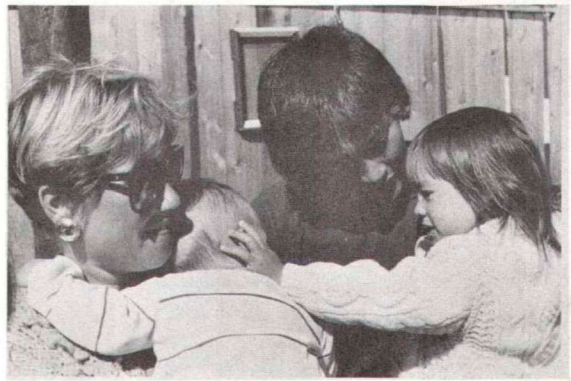
And the winner of the Cove Handicap was Armen Khachadourian.



Cathy Dermitzakis completes the swim.



Another mob scene on the deck after a swim.



(L to R) Ginny and T.R. Hofmann with Vince and Jessica Huang.



Seasoned pilots Bill Walden and Andy Camous.



Phil Lucier tends to an historic oar in the boathouse.



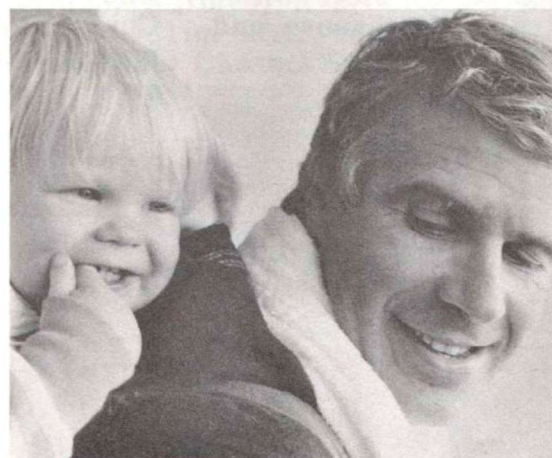
This is what you'd call a really big swim.



Forever lovebirds Hendrika and Jan Warmerdam.



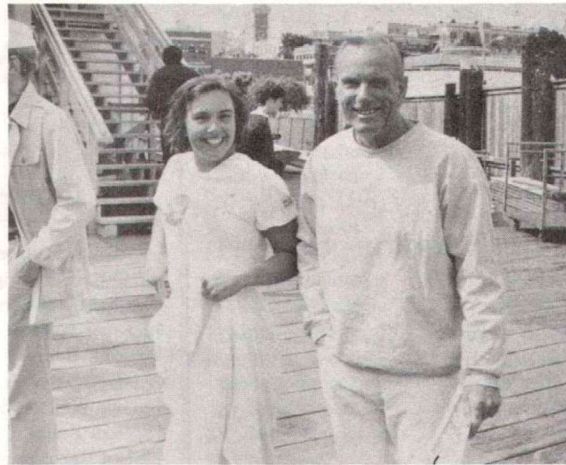
Artists Marcia Kemp and Marty Reuting with their creation.



Mike Garibaldi packing son on back at a Club swim.



Julie Bernicker seems in a mystical trance as she completes the swim.



Coleen and Herb Madden cast their winning smiles around the Dolphin deck.



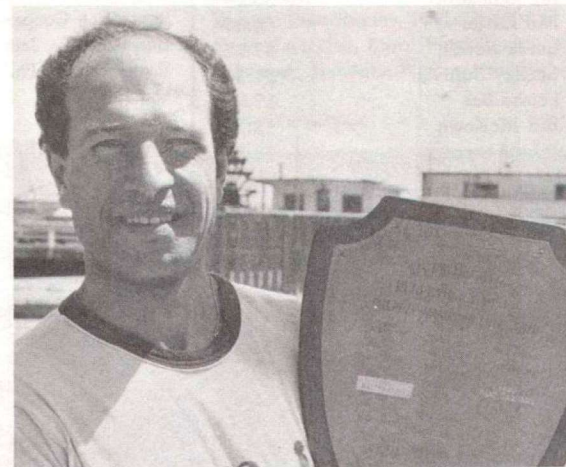
A couple of Dolphins on the Beach at Santa Cruz.



The over-60 swimmers pose for a group shot after the swim.



Jeanette Klingel with friend at the Santa Cruz Pier Swim.



"Handicap" winner Armen Khachadourian.

SWIM SCORES - Summer Season 1987

Yacht Harbor; Over 60; Twilight; Over 45; + Fort Points I & II

YACHT HARBOR SWIM; May 23, 1987

Swimmers:

1. Bob Momsen	33:42
2. Suzanne Heim	33:47
3. Sam Corn	37:49
4. Terry Watts	39:36
5. Bob Colyar	40:07
6. Ed Urban	40:19
7. George Kebbe	40:26
8. Laura Merkl	41:16
9. Jim Hulihan	44:22
10. Brian Gilpin	44:57
11. Rick Crafts	46:07
12. Peter Jacobson	47:06
13. Lori Weiner	47:21
14. Bill Waters	49:41
15. Elisa Meyer	49:55
16. Linda Braski	50:11
17. Susan Allen	50:13
18. Wayne Riddle	50:19
19. Scott Anderson	50:56
20. Julie Berniker	51:36
21. George Buffington	52:09
22. Margie Titus	52:29
23. Lisa Smith	53:17
24. Patty Fujii	53:35
25. Wendy Kress	54:10
26. Guy Vaillancourt	54:42
27. Steve Latham	55:22
28. Mary Robinson	55:39
29. Tom Callinan	55:54
30. Ken Coren	56:24
31. Jay Earnhardt	56:29
32. Phil Lucier	56:35
33. Lorna Newlin	57:24
34. Shelley Sullivan	57:34
35. Louise Bea	57:45
36. Bill McKown	58:32
37. John Lennox	58:52

Dennis Watson	58:52
39. Carla Curtis-Egan	59:11
40. Diana Anderson	59:15
41. Drew Washer	59:24
42. John Horner	59:55
43. Jerry O'Dwyer	61:11
44. Jim Weil	61:36
45. Nick Zoller	61:50
46. Lee Hammack	61:53
47. Rudy DeMay	62:09
48. Keith Nelson	62:54
49. Mike Webb	63:30
50. Thad Carhart	64:05
51. Susan Lauritzen	64:23
52. Carol Block	64:53
53. Rob Liner	67:20
54. Will Powning	67:52
55. Coklin Gift	68:59
56. Meg Reilly	69:24
57. Carol Berghen	69:49
58. Jan Warmerdam	74:19

Pilots:

Bill Walden, Hans Kramer, Andy Camous, Dave Hinton, Al de la Pena, Dan de la Pena, Neil Snyderman, Tracy Cambrion, Noel Turner, Ned Hoffman, Mike DeNunzio, Mark Block, Cab Coven, Sam Lawson, Frank Mennucci, Elmer Tosta, John Bielinsky, Mike Mitchell, Don Harrison, Herman Zahler, Cliff Jennings, Noreen Tiemey, Bob Danielson, Steven Krolik, Tony Cline, Padraic Coyle, Jim Biggs, Stan Hlynsky, Mike Mitchell, Jr., Sara, Rich Cooper-Kayak, Joni Beemsterboer, Jeff Heith, Rich Cooper, Scott Stewart, Phil Rollins, Paul Watts, and Jim Ross.

Helpers Listed Below Prepared Boats the

Night Before Swim, and Thanks:

Thad Carhart, Joni Beemsterboer, Elmer Tosta, John Belinski, Mike Elderkin, Mike Mitchell, Ken Coren, Lori Weiner, Carol Block, Denise Lyule, Stan Hlynsky.

Helpers:

Kitchen: Kent Rogers, Sue Garfield, Scott Anderson, Roger Klieed, Tim Callahan, Hendrika Warmerdam. Timing/Recording: Peter Neubauer, Jamie Nelson, Marcia Grimm, Kathy Dermatzakis, Dan Murphy, Mimi Osborne, Dan Murphy, Hendrika Warmerdam. Transportation: Charlie Martin, Bill Horgos, Susan Cobb. Boats In/Out: Chris Cadelago, Conrad von Blankenberg, Jeremy West, Kent Price, Bob West, Peter Jacobson, Keith Howell, Cliff Jennings, Brian Gilbert, Mark Lubiszewski. General Help: Susan Sward, Dave Zoovickian, Carol Block, Jan Warmerdam, Keith Howell, George Galarza, Phil Rollins.

OVER 60 COVE SWIM:

June 6, 1987

Swimmers:

-(place overall in parenthesis)

60-64 Years

1. Glynn Jones (1)	12:34
2. Dan McGill (3)	17:12
3. Rod McLeod (5)	17:43
4. Art Bauer (11)	38:13

65-69 Years

1. Bill Powning (7)	19:16
2. Charlie Rockwood (8)	19:54
3. Hans Krzmer (9)	21:24

70-74 Years

- continued on next page



Seated: Peter Marchant and Nancy Fougere. Strolling past: Thad Carhart.



Mr. & Mrs. Paul Sylvester.

- from previous page

1. Nick Zoller (2)	16:22
2. *George Farnsworth (4)	17:20
3. Joe Bruno (6)	18:59
4. *Charles Dallea (10)	24:26
5. Bill O'Brien (12)	40:38
*South End Club Members	

Pilots

Herman Zahler, Lorna Newlin, Paula Speidel, Cab Coven, Al de la Pena, Steve Pinetti, Bill Walden, Mike DiNunzio, Andy Camous, Scott Stewart, Padraic Doyle, George Gara, Linda Braski, Meg Reilly, Flicka McGurrian, Jim Heintz (SERC).

Helpers

Steve Jones, Helene Marchant, Kate Coleman, Shelley Sullivan, Pavla Podolska, Lou Marcelli, Carol Block, Suzanne Heim, Joni Beemsterboer, Dan Murphy, Phil Kohlenberg, Tim Callahan, Mark Lubiszewski, Will Powning, Chris Cadelago, Diane Schatz, George Galarza, Cliff Jennings, Bill Horgos, Cecco Menucci, Dave Zovickian, Jan Warmerdam, Carol Block, Phil Rollins, Hendrika Warmerdam.

TWILIGHT COVE SWIM

June 19, 1987

Swimmers

Long Course 1.75 miles

1. Charlie Yourd	34:30
2. Suzanne Heim	38:45
3. Laura Merkl	42:46
4. George Kebbe	42:51
5. Brian Gilpin	43:01
6. Dave Woodside	43:37
7. Jim Hulihan	44:45
8. Ed Urban	45:09
9. Phil Rollins	45:18
10. Dave Zovickian	45:45
11. Denise Lyle	46:12
12. Karen Drucker	47:05
13. Phil Gay	47:20

14. Dan Osborne	47:46
15. Steve Jones	47:49
16. Nick Demay	48:11
Tom Hofmann	48:11
18. Diane Schatz	50:30
19. Mark Lubiszewski	50:57
20. Tim Callahan	51:15
21. Pete Neubauer	51:54
22. John Lennox	52:03
23. Eric Shackelford	52:14
24. Glynn Jones	52:48
25. Scott Anderson	53:09
26. Kate Coleman	53:21
27. Drew Washer	53:42
28. Guy Vaillancourt	53:45
Julie Berniker	53:45
30. Charlie Martin	54:28
31. Vince Huang	55:37
32. Susan Anson	56:24
33. Susan Cobb	57:15
34. Bill Horgos	58:21
35. Roberta Campos	58:28
36. George Gara	59:00
37. Ken Frank	59:29
38. Armando Menocal	59:40
39. Lorna Newlin	59:45
40. Wendy Kress	59:46
41. Alan Liss	62:27
42. Helene Marchant	62:55
43. Shelley Sullivan	63:52
44. Cliff Jennings	63:58
45. Bob Wilkes	64:11
46. Tony Contreras	64:24
47. Mike Webb	65:35
48. Diane Anderson	66:03
49. Flicka McGurrian	66:15
50. Jim Ross	71:25
51. Keith Nelson	71:30
52. Will Powning	75:40
53. Steve North	81:52

Short Course - .75 miles

1. Wayne Riddle	24:15
2. Cathy Huang	25:48
Linda Braski	25:48
Susan Allen	25:48

Debra Howard	25:48
6. Jim Biggs	26:39
7. Margy Titus	28:23
8. Mary Robinson	29:01
9. Bob Danielson	29:25
10. Joni Beemsterboer	29:25
11. Jamie Nelson	29:35
12. Keith Howell	30:15
13. Jay Earmhardt	30:16
14. Nick Zoller	30:19
15. Steve Lathram	30:29
16. Tom Callinan	30:48
17. Lisa Smith	30:53
18. Armen Khachadorian	30:59
19. Sandy Lehmkuhl	31:48
Kent Rogers	31:48
21. Kathy Dermitzakis	33:24
22. ? Bennett	33:31
23. Steve Pinetti	35:44
24. Rudy Demay	35:52
25. Meg O'Reilly	36:51
26. Carol Berghen	38:46
27. Peter Butler	39:42
28. Mary Sancimino	39:50
29. Jim Sancimino	40:00
Tom Sancimino	40:00
Tom Sancimino	40:00
32. Steve Sancimino	40:10
33. Joe Bruno	41:08
34. Phil Kohlenberg	50:32
35. Capt. Colourz	59:52

Middle Course - ? Miles

1. Don Harrison	54:10
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Helpers

Linda Braski, Sean Kelley, Ed Urban, Rob Liner, Hugo Bucholtz, Sam Corn, Don Reid, Jim Weil, Noel Frelicot, Sam Lawson, Hans Kramer, Ann Tingley, John Bielinski, Don Harrison, Stan Hlynskyu, Kent Price, Jim Harwood, Roger Aplon, Armando Menocal, Jerome Duggy, Kent Rogers, Pavla Podolska, Dave Zovickian, Carol Block, Judy Polatchek, Hendrika Warmerdam, Jan

- continued on next page



Hendrika Warmerdam and Mimi Osborne.



Hendrika and Brian Gilpin.

- from previous page

Warmerdam, Mimi Osborne, Nancy Fougere, Elmer Tosta, Helene Marchant, Roberta Campos, Herman Zahler, Phil Rollins.

Pilots

Al de la Pena, Dan de la Pena, Cab Covay, Mike DiNunzio, Susan Lauritzen, Eduardo Barranco, Herman Zahler, Hans Kramer, John Bielinski, Steve Krolik, Bob McKenzie, Jeanette Klinge, John Homer.

DOC HOWARD OVER 45 GAS HOUSE COVE SWIM

Swimmers

1. Kent Price	17:25
2. Dan Osborne	18:21
3. Peter Applegate	19:02
4. Jim Harwood	19:05
5. Glynn Jones	20:36
6. Jerry Cullen	22:06
7. Conrad Von Blankenberg	22:09
8. Herb Madden	22:10
9. Bob Danielson	22:18
10. Susan Anson	22:48
Rich Antonchek	22:48
12. Rich Cooper	23:03
13. Keith Howell	23:12
14. Neil Hartnett	24:00
15. George Galarza	24:05
16. Jack Flemming	24:10
17. Nick Zoller	24:48
Dan Weinstein	24:48
19. Kent Rogers	25:27
20. Rudy DeMay	26:12
21. Noel Frelicot	26:39
22. Bob McKenzie	27:06
23. Ray Mondini	27:28
24. Steve North	27:29
25. Hugo Bucholz	27:31
26. Joan Bard	27:53
27. Joe Bruno	27:56
28. Mimi Osborne	28:10
29. Don Reid	28:21
30. Pavla Podolska	28:42

31. Roger Aplon	29:35
32. Charlie Rockwood	30:38
33. Larry Alioto	33:03
34. Bill O'Brien	39:55

Pilots

Bill Walden, Andy Camous, Hansd Kramer, Bill Horgos, Dave Hinton, Eduardo Barranco, Al de la Pena, Dan de la Pena, Steve Pinetti, Cab Covay, Noreen Tierney, Herman Zahler, Paula Speidel, Mike Mitchell, John Bielinski, Linda Braski, Jay Earnhardt, Phil Rollins, Jim Ross, Roberta Campos, Kathy Dermitzakis, Tom Hofmann, Meg Reilly, John Horner, George Gara.

Helpers

David Martin, Mike Webb, Brian Gilbert, Mark Lubiszewski, George Kebbe, Shelley Sullivan, Will Powning, Bob Colyer, Cecco Menucci, Herman Zahler, Stan Hlynsky, Mimi Osborne, Reuben Hechanova, Hendrika Warmerdam, Lee Hammack, Dan Murphy, Laura Merkl, Shannon Kilkenny, Mary Robinson, Kate Coleman, Carol Berghen, Jim Harwood, Linda Braski, Charlie Martin, Vince Huang, Hendrika Warmerdam, Jan Warmerdam, Cathy Huang, Dan Weinstein, Hugo Bucholz, Eduardo Barranco, Denise Lyle.

FORT POINT SWIM

July 11, 1987

Swimmers

1. Bob Momsen	37:54
2. Mike Garibaldi	39:15
3. Paul Ainslie	41:29
4. Kent Price	42:36
5. George Kebbe	43:57
7. Jamie Nelson	46:04
8. Dave Zovickian	47:01
9. Steve Jones	47:37
10. Karen Drucker	47:50
11. Rick Crafts	47:57

12. Peter Jacobsen	48:58
13. Lori Weiner	49:04
14. Linda Braski	49:15
15. Pete Neubauer	49:50
16. Eric Shackelford	50:07
17. Mark Lubiszewski	50:22
18. Glynn Jones	50:52
19. Ken Frank	51:03
20. Charlie Martin	51:27
21. Louise Bea	52:07
22. Marcia Grimm	52:35
23. Ann Tingley	52:40
24. David Marten	52:52
25. Phil Lucier	53:05
26. Rich Antonchuk	53:19
27. Bill Horgos	53:47
28. Susan Cobb	54:03
29. Jack Flemming	54:19
30. Mike Webb	54:26
31. Mike Mitchell	54:50
32. Jay Earnhardt	55:11
33. Lorna Newlin	55:17
34. Eduardo Barranco	55:23
34. Herb Madden	55:23
36. Neil Hartnett	55:28
37. Jeff Heth	55:36
38. Carla Curtis-Egan	55:41
39. Reuben Hechanova	56:26
40. Cliff Jennings	56:31
41. Nick Zoller	56:42
42. Dan Winestene	56:55
43. Jim Ross	57:34
44. Rich Livingston	57:44
45. Shelley Sullivan	58:03
46. Kent Rogers	58:10
47. Roberta Campos	58:34
48. Gerald O'Dwyer	58:37
49. Neal Fishman	59:34
50. Judy Polatchek	61:20
51. Will Powning	62:45
52. Kit Christian	63:10
53. Jim Sancimino	63:40
54. Hugo Bucholtz	65:12
55. Tom Sancimino	66:00
56. Buck Swannack	66:15
57. Bob McKenzie	66:24

- continued on next page



Bob McKenzie in a party mood.



Twist and shout.

- From previous page

58. Phil Kohlenberg 75:25
59. Larry Alioto 78:39

Helpers

Carol Block, Linda Braski, Dave
Zovickian, Phil Rollins, Jamie Nelson,
Bob Colyar, Jerome Duffy, Julie
Berniker, Era Osibe, Charlie Martin, Jerry
Cullen, Hendrika Warmerdam, Dan
Murphy, Steve North, Mimi Osborne, Jim
Biggs, Don Harrison, Diane Schatz,
Colin Gift, Stan Hlynsky, Denise Lyle,
Jeanette Klinge, Suzanne Heim, John
Bielinski, Elmer Tosta, John Dahlberg,
Lori Weiner, Vince Huang, Guy
Vaillancourt, Joe Bruno, Jerry Cullen,
George Galarza, Keith Nelson, Steve
Lathram, Bob Danielson, James Weil,
Kent Price, Steve Jones,.

Pilots

Lee Hammack, Jeanette Klingel, Kathy
Dermitzakis, Tom Hofmann, Steve
Krolik, Bob Danielson, Bill Walden, Dan

Osborne, Andy Carnous, Al de la Pena,
Cab Covay, Hans Kramer, Dan de la Pena,
Steve Salvi, Bill Post, Mike DiNunzio,
Elizabeth Tippin, Rich Cooper, Noreen
Tierney, Herman Zahler, Julie Berniker,
Wayne Riddle, Cecco Menucci, Denise
Lyule, John Bielinski, Stan Hlynsky,
Don Harrison, Mary Cantini-Norkin, Meg
Reilly, Dave Hinton, Bev Ferriero, Keith
Howell, Michael Mendelson, Flicka
McGurrin. SERC Pilots: Roger Major,
Mark Kane, Lee Bender, Bert Hoffman,
Hartzel, Holzman, Jim Hentz, Sal Reina,
Dave Kennedy.

2nd FORT POINT SWIM August 8, 1987

Swimmers

1. Bob Momson 53:43
2. Mike Garibaldi 56:36
3. George Kebbe 64:54
4. Phil Rollins 66:48
5. Denise Lyle 69:36

6. Wayne Riddle 70:11
7. Dave Zovickian 70:46
8. Joni Beemsterboer 71:27
9. Elmer Tosta 73:56
10. David Martin 74:56
11. Lori Einer 74:59
12. Peter Jacobson 75:57
13. Mark Lubiszewski 76:08
14. Ken Frank 76:33
15. Eric Shackleford 77:08
16. Tim Callahan 78:57
17. Pete Neubauer 79:51
18. Vince Huang 80:27
19. Glynn Jones 82:17
20. Marcia Grimm 83:01
21. Jay Eamhardt 85:11
22. Herb Madden 85:55
23. Roberta Campos 87:53

THIS WAS THE FIRST EXTENDED FORT
POINT SWIM.. 2.75 MILES. THANKS
TO THE 40 PILOTS WHO SHOWED UP
ALONG WITH NUMEROUS HELPERS
WHO MADE THIS A SUCCESSFUL DAY.

1987 Swim Rules

These Rules Will be Strictly Enforced For Reasons of Safety and Fairness

1. All Club-scheduled swims are restricted to club members only. Times and dates are subject to change.
2. Swimmers must wear fluorescent orange caps in all scheduled swims and swimmer's name must appear in LARGE numerals on cap.
3. Swimmers must be members in good standing (no delinquent dues) and swim fee paid (\$21) prior to participation in scheduled swims.
4. New members are not eligible to participate in any scheduled swim for six months from date of membership acceptance (board meeting).
5. Out-of-cove swims are limited to a maximum of 60 swimmers and may also be further limited at the discretion of the Swim Commission. The Alcatraz swim is limited to 75 swimmers to be chosen by lottery.
6. Swim sign up sheets will be posted two weeks prior to each scheduled swim.
7. Time limits will be imposed and enforced on each swim.
8. All Club boats are reserved for piloting on Club scheduled swim days. No riders or guests allowed in pilot boats.

Qualifications for Alcatraz and/or Golden Gate swims - in addition to rules 1 - 8 above:

9. In-town members must successfully complete two swims marked with an asterisk (*) plus one other swim listed on the 1987 Swim Schedule (see back cover) and must help/pilot on two other Club scheduled swims (Tahoe Relay not a qualifier Santa Cruz Pier Swim is).
10. Out-of-town members (100 miles or more from S.F.) must have successfully completed two of the last three Club scheduled Golden Gate and/or Alcatraz swims.
11. Once a member has qualified for Alcatraz or Golden Gate swims (completion of three qualifying swims), non-qualified members will have priority to swim remaining qualifying swims.

NOTE: All scheduled times/dates on 1987 Swim Schedule are subject to change. Call Club prior to swim to check jump-off time.

Swim Schedule Update

Swim Dates and times are subject to change. Call club two weeks prior to swim for jump-off times. T.B.A. means "To Be Announced"

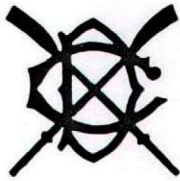
REMAINING 1987 SWIM SCHEDULE (AS OF JULY 15)

- Sept. 12 ESCAPE FROM ALCATRAZ TRIATHLON
Participants not eligible for Oct. 3 Alcatraz
Swim.
- Sept. 19 LOTTERY SIGN-UP posted for Oct. 3 Alcatraz
Swim.
Lottery to be drawn Sept. 26 (see below).
- Sept. 26, 11 a.m. CRAZY SUIT SWIM (1 mile cove course)
Awards for male and female craziest suits - before
and after swim. A non-qualifying swim. Helpers
and pilots needed. Suits Required. BBQ AND
ALCATRAZ LOTTERY TO FOLLOW.
- Oct. 3 ALCATRAZ SWIM
Sign-up for Oct. 17 Golden Gate Swim I (slow
day) posted at 8:00 a.m.
- Oct. 4 SIGN UP FOR OCT. 18 GOLDEN GATE SWIM I
(Slow Day)
Posted at 8:00 a.m.
- Oct. 17 GOLDEN GATE SWIM I (Slow Day)
- Oct. 18 GOLDEN GATE SWIM II (Fast Day)
- Nov. 1/'87 -- Oct. 31/'88 365 MILE SWIM. All open water mileage to
count, regardless of location. No pool mileage to
count, indoor or out.
- Nov. 11 ANNUAL PILOTS & SWIMMERS AWARDS
DINNER AT CLUB
- Nov. 26 THANKSGIVING DAY COVE SWIM
10:00 a.m. Jump-Off

Dolphin Swimming & Boating Club

502 Jefferson Street (Foot of Hyde)
San Francisco
California
94109

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DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club
San Francisco California - Established 1887 - Autumn, 1987

See Back Cover For Candidates' Photos

With President Hlynsky's Leadership

Club Reclaims Cove!

Dolphin Club swimmers were surprised and delighted recently when brilliant orange protective buoys were installed at the openings to Aquatic Park Cove to keep out dangerous motorboat traffic.

After the breakwater construction, the Cove had been subject to erratic traffic; Club members were unable to swim around the cove in creative courses without fear.

President Stan Hlynsky negotiated with the superintendent

of Aquatic Park, Golden Gate National Recreation Area and reached an agreement to install the buoys.

The GGNRA also agreed to send a letter informing vessel owners that no power boats are allowed in the Cove; that they must use the east entrance to reach their docking areas and that failure to comply can result in a \$500 fine.

Buoys were found under the Aquatic Park bleachers near the Maritime Museum and were

placed along the beach marking the swim lane. Tall white buoys announcing "Swim Area" have also been installed.

Special thanks for this project to members Sam Lawson, Jeffrey Heth, Herman Zahler, Elmer Tosta, Dr. Dave Zovickian, George Galarza, Lou Marcelli, Rubin Hechanova, Mike Toga, GGNRA Lifeguard Patrice, John Bielinski, Boat Capt. Don Harrison, and Asst. Boat Capt. Cliff Jennings for marking/installation of buoys.

Gala Christmas Party--December 20

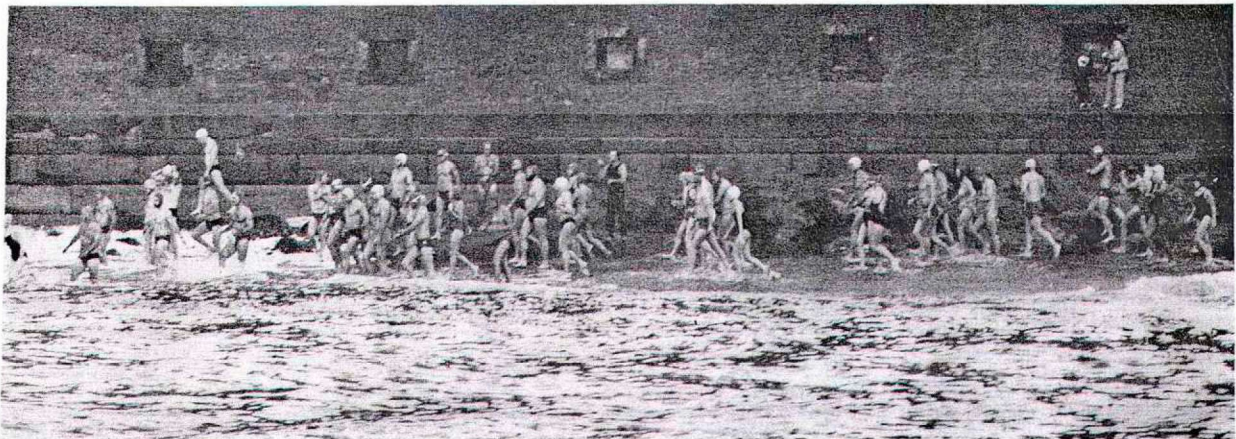
Entertainment Commissioner Herman Zahler has announced that the Dolphin Club will stage a gala Christmas party in the Boathouse at 502 Jefferson Street. All members and guests are cordially invited to attend.

The Club will supply most, if not all of liquid refreshment. Members are requested to bring savories and desserts as part of a pot-luck repast.

Admission to all is one Christmas ornament to be placed on the tree by the donor. (It is hoped to establish a permanent tradition of this mode of decoration.)

Children under the legal drinking age are not invited. Otherwise, Peace on Earth Good Will Toward Men (And Women). Per: Herman Zahler, Entertainment Commissioner.

The event will be held Sunday following the Alcatraz qualifications - Dec. 20, from Noon on.



Dolphins enter the water in front of Ft. Point on the south side of the Golden Gate. See page 2 for details.

Swim Program Update

As this 1987 Swim Season comes to a close and the water temperature has dropped to 55 degrees, the Swim Commission would like to thank the many, many members who have given their time to make this a successful year.

Alcatraz Swim, October 3

Fall at the DC generally means the exciting "big" swims are to be staged. The October 3 Alcatraz Swim proved to be one of the more difficult races of the year due to extreme tide conditions. Seventy-three participants began with sixty-eight finishing. Tremendous support from thirty-five Dolphin and eight South End pilots made for a safe event. Sean Kelly, winner of four 1987 Dolphin swims and the New Years Day Alcatraz race, beat Mike Garibaldi by 23 seconds to win this event. Congratulations to all who participated in this tough swim.

Golden Gate Swims: October 18 & 19

Fog on the GG Bridge deck almost caused cancellation of the Oct. 18 swim. The Swim Gods were with us, however, and the fog lifted at jump-off and closed behind as the race finished. Charlie Martin, competing in his first "Gate" swim, won over Nancy Fougere by 22 seconds.

The Dolphin Log

Published By
The Dolphin
Swimming & Boating Club Inc
502 Jefferson St.,
San Francisco, CA 94109
Organized in 1877
Editor: Jeffrey Howard Heth
Photography by Elmer Tosta, Mike Buck
and Mike DiNunzio

1987 Officers and Board of
Governors: President: Stan Hlynsky. Vice
President: Katie Maloney. Treasurer: Sam
Lawson. Recording Secretary: Tom
Hofmann. Financial Secretary: Brian Gilbert.
Boat Captain Don Harrison. Governors:
Vince Huang, Dan Osborne, Phil Rollins,
Bill Horgos, Scott Anderson, John
Dahlberg, Frank Drum, Pete Bianucci and
Walt Stack.

Sunday's race saw three of our fastest swimmers competing for first place. Once it was made clear by the Coast Guard that an incoming submarine would not cruise through the swim, the event was on. What appeared to be a smooth swim proved to be one of the roughest in recent years with some finishers complaining of seasickness. Suzanne Heim, Mike Garibaldi and Sean Kelly were the leaders at the half way point when Suzanne put on a sprint that the two men just couldn't match. *Suzanne Heim thus became the first woman to win the race in it's long history.* Our congratulations go out to Suzanne and all other participants. Of the 113 swimmers starting the races on Sat. & Sun., all finished, a tribute to the excellent pilot coverage and organizational help.

Swim Dinner, Nov. 7

The 1987 Swim Season concluded with the Nov. 7 Swimmers and Pilot Appreciation Dinner. A number of awards and thanks were given out and slides of 1987 swims were shown. Major awards were as follows:

- Alcatraz Winner--Sean Kelly
- Golden Gate Swim Winners--Suzanne Heim.
- Oldest Finisher--Joe Bruno.
- 1st City Employee--Jerry Cullen
- Polar Bear--Most miles Dec. 21, 1986--March 21, 1987--Stan Hlynsky (230 miles)
- Helper of the Year--Ned Hoffman
- Pilot of the Year--John Bielinski
- Most Improved Swimmers--Lorna Newlin & Cliff Jennings
- Most Inspirational Swimmer--Pete Applegate.

A short note on the Helper of the Year, Ned Hoffman. For the past several years, Ned has run the twice-monthly boat training classes. A number of excellent pilots have come from this program and for this reason, we wished to recognize his efforts.

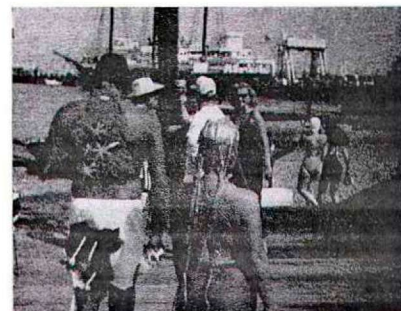
As a spectacular finale to the awards banquet, President Stan Hlynsky announced that the two new boats being built would be named after Frank "Cecco" Menucci and Joe Bruno.

Much help was necessary to stage this dinner, and our thanks go out to the kitchen crew (Mimi Osborne, Hendrika Warmerdam, Herman Zahler, Jerome Duf-

fy, John Bielinski and others) and the bar crew (Don Harrison, Jack Giacomini, Bob McKenzie and their helpers). Slides were provided by Mike Buck, Elmer Tosta and Phil Rollins and the popcorn machine was handled by Jan Warmerdam. The 30 lb. salmon served during cocktails was prepared by Phil Collins. Finally, a number of members supplied door prizes won by members: Blue & Gold Bay Cruise Tickets (Blue & Gold Fleet); GGNRA Small Boat Tour and Picnic (Sue Garfield/Steve Haller); One Years Supply Hot Dogs (Colin Gift); Pier 23 Restaurant Dinner for Two (Flicka McGurrian/Peggy Knickerbocker); Two Nights at Squaw Valley Ski Cabin (Ginny and Tom Hofmann); \$50 Gift Certificate at Galletti Shoe Service (Elmer Tosta); One Night at Meadowood, Napa Valley (Pete Applegate); Suite for One Night at Juliana Hotel, S.F. (Steve Pinetti); Suite for One Night at Monticello Inn, S.F. (Steve Pinetti); Champagne (Helene and Peter Marchant); Anchor Steam Beer (Phil Rollins); Assorted Beverages (Paul Silvester); Swim Gear (Vince Huang); Homemade Cake (Susan Cobb); Jewelry (Nancy Fougere); Jewelry (Lil and Bill Horgos); Salami (Cecco Menucci).

Thanks to everyone for all their help in putting on this dinner and for making possible a great 1987 Swim Season.

The 1987 Swim Commission:
Carol Block
Hendrika Warmerdam
Jan Warmerdam
Dave Zovickian
Phil Rollins



Rubin Hechanova and Era Osible display two of the more unique bathing costumes entered in the "Crazy Suit" swim event.

President's Message

At this time I would like to thank the membership of the Dolphin Club for giving me the opportunity to serve as Dolphin Club president for the past two years and to wish each and every one of you a happy holiday season.

I personally would like to thank Sam Lawson for the job he has done as Club treasurer, putting in countless hours handling our finances for the last two years as well as Jeffrey Heth who put in countless hours as editor of our Dolphin Log.

I would also like to thank Elmer Tosta who has helped out on the test swims and also acted as Club photographer; Dr. Dave Zovickian who has participated not only as a Swim Commissioner but also in many test swims, taking time away from work to swim when the tides weren't quite at their best to coordinate our starting times; and Cliff Jennings, Assistant Boathouse

Captain, who not only put in countless hours working with members on the renovation of our boats but still found



1985 Pilots of the Year Stan Hlynsky and Sam Lawson (currently treasurer) demonstrate the rescue capability of the Arias as they expertly shuttled Golden Gate finishers.

time to win the most improved swimmer award for 1987.

I'd like to congratulate gymnasium

commissioner George Galarza who has served for five years and this year completed his first Golden Gate and Alcatraz swims.

Also, Herman Zahler, my entertainment commissioner has designated Sunday, Dec. 20th as the day of our Christmas party. This promises to be the biggest and best one yet, held in our Boathouse. Herman's idea is a large tree to be decorated by the members on that day. So bring a dish, your appetite, an ornament and your holiday spirit and let's enjoy. (Thanks, Herman)

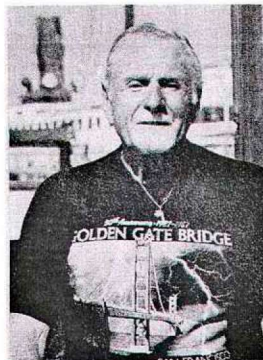
There also will be a Christmas swim from Pier 45, so check the bulletin board--it will be some time toward the end of December. All entrants will receive free admission to the Dicken's Fair afterwards.

Merry Christmas and a Happy New Year to all!

Stan Hlynsky



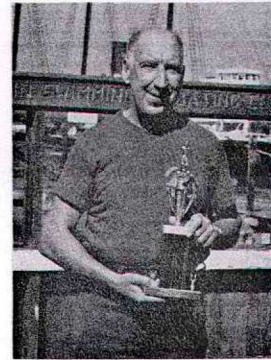
The first woman to ever win the Golden Gate Swim, Suzanne Heim.



Venerable Joe Bruno; no one has swum the Golden Gate more than he.



Swim Commissioner Phil Rollins; the Club's Master of Organization.



Champion Glynnis Jones displays another swimming trophy.



Prior GG Champ, Mike Garibaldi with current champ Suzanne Heim.



After the swim, participants and spectators return to the club.



Good cooks need helpers; Herman Zahler has many at the Club.



Jon Bielinski on the Bay during the Golden Gate swim.

Escape From Alcatraz Triathlon

- Relay Teams -

	Name	Swim	Bike	Run	Total	Club	Comment
1	Sam Corn John Holden Armen Khachadourian	33:27	46:29	2:15:41	3:35:37	DC	
2	Diddo Clark Rudy Stadlberger Mark Haskel	43:13	56:58	2:23:13	4:03:24	SERC	
3	Deirdre Koulakis Nan Wong Kathy O'Rourke	54:51	48:68	2:52:18	4:35:37	SERC	
4	Bob McKenzie Jerome Duffy Ned Hoffman	71:56	59:03	4:03:39	6:15:38	DC	
5	Terra Hardin Don Chesterman Walt Stack	93:10	66:02	?	?	DC/SERC	
	Special Category: Steve North Steve North	83.00 1:43:00			3:06:00	DC	Swin/Run Only

- Individuals -

	Name	Swim	Bike	Run	Total	Club	Comment
1	Paul Ainslie	34:36	48:51	2:04:21	3:27:58	DC	Fastest Swim & Run
2	Vince Fausone	39:49	43:05	2:07:58	3:30:52	SERC	Fastest Bike
3	John Kaplanis	39:37	48:03	2:13:52	3:41:32	SERC	
4	Jeff Gunderson	37:08	51:40	2:19:18	3:48:06	SERC	
5	Mike Laramie	45:53	47:10	2:22:31	3:55:34	SERC	
6	Neil DeNatale	54:07	50:06	2:31:50	4:16:03	DC	
7	Dennis Dunne	45:18	1:04:26	2:44:03	4:33:47	SERC	
8	Michael Lagios	50:46	52:06	2:54:33	4:37:25	SERC	
9	Phil Lucier	51:22	54:15	2:58:53	4:44:30	DC	
10	Lisa Smith	45:07	54:04	3:12:11	4:51:22	DC	1st woman
11	Tom Callinan	53:19	55:04	3:03:27	4:51:35	DC	
12	Gerald O'Dwyer	55:49	51:57	2:56:37	4:57:13	DC	
13	Eduardo Barranco	53:29	1:02:47	3:03:41	4:59:57	DC	
14	Noel Frelicot	64:40	1:02:26	3:03:12	5:03:15	DC	
15	Kevin Lorne	51:34	1:03:41	3:09:36	5:04:51	SERC	
16	Daniel Goodman	44:36	59:37	3:23:33	5:07:46	SERC	
17	Bob Wilkes	55:22	1:05:28	3:04:59	5:10:41	SERC	
18	Mark Steinborn	53:39	1:27:51	2:57:23	5:20:13	DC	
19	T.J. Heyman	49:13	1:12:56	3:19:29	5:22:38	DC	tie
19	Alan Liss	55:35	1:06:34	3:19:29	5:22:38	DC	tie
21	Mary Cantini-Norkin	60:09	1:13:40	3:09:59	5:22:48	DC	
22	Drew Washer	46:30	59:22	3:39:07	5:24:59	DC	
23	Eric Groneman	58:45	1:03:58	3:31:17	5:34:00	DC	
25	Herb Madden	54:22	1:20:40	4:00:33	6:15:35	DC	
26	Mike Roller	76:53	1:01:17	3:39:12	6:17:22	DC	
27	Pete Neubauer	49:12	1:11:21	4:28:00	6:28:33	DC	
28	Don Harrison	64:24	1:33:04	4:03:27	6:41:15	DC	
29	Ken Frank	47:49	1:12:40	4:43:11	6:43:40	DC	
30	Don Reid	76:42	1:22:30	5:31:47	7:10:59	DC	

SWIM SCORES

Alcatraz Swim- October 3, 1987

1. Sean Kelly	32:13
2. Mike Garibaldi	32:36
3. Kent Price	35:20
4. Peter Drino	38:29
5. George Kebbe	40:55
6. Dave Zovickian	42:04
7> Rick Crafts	42:31
8. Pete Applegate	43:52
9. Tom Hofmann	44:38
10. Bob Colyer	44:45
11. Joni Beemsterboer	45:02
12. Wayne Riddle	45:05
13. Diane Schatz	45:16
14. Ken Frank	45:36
15. John Lennox	46:01
16. Denise Lyle	46:54
17. Guy Vaillancourt	47:42
18. Jerry Cullen	50:14
19. Eric Shackelford	50:19
20. Pete Neubauer	50:23
21. Charlie Martin	50:29
22. Scott Anderson	50:34
23. Steve Jones	51:36
24. Vince Huang	52:07
25. Mark Lubiszewski	52:27
26. Tim Callahan	52:45
27. Lorna Newlin	53:12
28. Julie Berniker	53:51
29. Rich Antonchuk	55:04
30. Jay Earnhardt	55:31
31. Bill Horgos	55:33
32. Jeff Heth	55:48
33. Steve Lathram	55:51
34. Marcia Grimm	56:32
35. Susan Cobb	57:11
36. George Galarza	58:31
37. Roger Kleid	58:48
38. George Gara	58:50
39. Mike Mitchell	58:54
40. Louise Bea	59:02
41. John Horner	59:35
42. Cliff Jennings	59:50
43. Neil Hartnett	60:28
44. Mike Webb	62:12
45. Patti Fujii	
Neal Fishman (tie)	63:01
47. Shelley Sullivan	64:29
48. Helene Marchant	64:56

49. Sue Garfield	65:00
50. Rich Livingston	65:39
51. Jerome Duffy	67:57
52. Reuben Hechanova	68:23
53. Diana Anderson	68:44
54. Marcia Kemp	68:49
55. Buck Swannack	69:15
56. Rob Liner	69:48
57. Jim Ross	71:16
58. Kent Rogers	71:18
59. Cris Cadelago	73:08
60. Ray Mondini	75:42
61. Will Powning	75:44
62. Thad Carhart	76:13
63. Keith Nelson	76:29
64. Carol Berghen	77:42
65. Bill Powning	82:33
66. Pavla Podolska	85:58
67. Jan Warmerdam	90:04
68. Phil Kohlenberg	93:13
Kathy Dermitzakis	**
Joe Bruno	**
Jack Flemming	**
Judy Polatchek	**
Nick Zoller	**

**Due to difficult tidal conditions, these swimmers were picked up somewhere between Aquatic Park and Stockton. Good effort.

HELPERS

Rudy DeMay, Lee Hammack, Brian Gilbert, Carol Block, Steve North, Cliff Jennings, Sandy Lehmkuhl, Ray Dunaway, Cecco Menucci, Hendrika Warmerdam, Jan Warmerdam, Mike Buck (photos), Jim Sancimino (soup), Dan Murphy, Wendy Kress, Mimi Osborne, Meg Reilly, Glynn Jones, Jim Biggs, Zada Taft, Paul Ainslie, Phil Rollins.

PILOTS

Dan Osborne, Jeanette Klingel, Bill Walden, Dan de la Pena, Andy Camous, Al de la Pena, Eduardo Barranco, Hans Kramer, Omer Thompson, Joe Schatz, Lyrinda Snyderman, Neal Snyderman, Ken Coren, Mike DiNunzio, Rich Cooper, John Beilinski,



Dolphin Log editor Jeffrey Heth gives some pointers to new member Mary Fitzgerald after the Crazy Suit swim held this year at the Dolphin Club.



The ridiculous to the sublime were on display as the Club's most exhibitionistic turned out in force for the Crazy Suit Swim.



Everyone has a first time and this year was the first for this satisfied group shown here just after their first Golden Gate swim.



This distinguished group was singled out for their piloting efforts during the season. Without the pilots the Club's swims would not be possible.

More Swim Scores

Herman Zahler, Meg Fitzgerald, Sam Lawson, Cecco Menucci, Randy Pinetti, Don Harrison, Mary Cantini-Norkin, Dan McGill, Mark, Marty Reuting, Mike Weissenberger, Stan Hlynsky, Noel Frelicot, Bev Ferrera.

SOUTH END PILOTS

Dave Kennedy, Dan O'Neil, Dick D'Lorenzo, Bert Hoffman, Roger Major, Hank Seipelt, Dave Duncan, Trudy D'Lorenzo

DOLPHIN BOARD PILOTS

Bob McKenzie, George Buffington, Paula Speidel, Phil Lucier, Colin Gift, Susan Allen, Herb Madden, Carla Curtis, Dan Weinstein, Phil Rollins, Carol Block, Steve Krolik, Kees Prinse, Harry Louise, Bob Danielson.

Golden Gate Swims I and II

I: October 17

1. Charlie Martin	28:58
2. Nancy Fougere	29:20
3. David Martin	29:25
4. Lisa Smith	30:58
5. Glynn Jones	31:03
6. Jeff Heth	31:45
7. Bob Danielson	31:50
8. Mark Lubiszewski	31:55
9. Louise Bea	32:10
10. Neal Hartnett	32:40
11. Rich Antonchuk	33:00
12. George Galarza	33:45
13. Steve Lathram	34:03
14. Lorna Newlin	34:05
15. Marcia Grimm	34:06
16. Mike Webb	34:11
17. George Buffington	34:23
18. Keith Howell	34:25
19. Susan Anson	34:26
20. Tom Callinan	34:44
21. Jay Earnhardt	34:54
22. Roger Kleid	35:04
23. Cliff Jennings	35:34
24. Lee Hammach	35:34
25. Randy Pinetti	35:38
26. Carla Curtis	35:46
27. Buck Swannuck	36:05
28. Roberta Campos	36:14
29. John Horner	36:35
30. Peggy O'Leary	36:46
31. Alan Liss	37:53
32. Shelley Sullivan	39:18

33. Flicka McGurrian	39:40
34. Rudy DeMay	40:04
35. Marsha Kemp	40:20
36. Sandy Lehmkuhl	40:22
37. Carol Block	40:34
38. Thad Carhart	40:39
39. Dennis Watson	40:56
40. Kent Rogers	41:53
41. Reuben Hechanova	41:55
42. Neal Fishman	42:07
43. Sue Garfield	42:14
44. Robert Liner	42:21
45. Jim Ross	43:27
46. Susan Lauritzen	43:44
47. Colin Gift	43:47
48. James Weil	44:11
49. Chris Cadelago	44:29
50. Ray Mondini	45:27
51. Pete Neubauer	46:00
52. Joan Bard	46:18
53. Steve Pinetti	46:20
54. Will Powning	46:53
55. Judy Polatchek	47:47
56. Bob McKenzie	47:54
57. Noel Frelicot	48:00
58. Keith Nelson	49:18
59. Bill Powning	49:29
60. Don Reid	49:48
61. Meg Reilly	51:10
62. Steve North	53:05
63. Pavla Podolska	53:24
64. Joe Bruno	56:15
65. Larry Alioto	57:47
66. Phil Kohlenberg	73:28

II: October 18

1. Suzanne Heim	20:21
2. Mike Garibaldi	21:24
3. Sean Kelly	21:39
4. Sam Corn	23:58
5. Peter Drino	24:04
6. Paul Ainslie	24:08
7. Laura Merkl	25:19
8. Peter Applegate	25:43
9. Bob Colyar	25:48
10. Phil Rollins	25:52
11. Kent Price	26:01
12. Ed Urban	26:14
13. John Lennox	26:52
14. Jim Hulihan	27:06
15. Linda Braski	27:36
16. Dan Osborne	27:46
17. Wayne Riddle	27:48
18. Phil Gay	27:53
19. Joni Beemsterboer	28:01
20. Eric Shackelford	28:14
21. Karen Drucker	28:21
22. Lori Weiner	28:36



Pilots and swimmers really kicked up the water during this year's Golden Gate swims. Kayaks, surfboards, rowboats and motorboats keep the swims safe.



Swim Commissioner and official popcorn maker Jan Warmerdam seems to be a part of the rock at the finish line of the Golden Gate swim.



One of the Dolphin Club's most expert pilots, Hans Kramer deftly moves his rowboat through the swim crowd at this year's Golden Gate swim.



It takes a lot of work to put on the Club's swims. The launching of the fleet is a big task. Swimmers -- don't forget to help your pilots with this task.

23. Tom Hoffman	28:43
24. Ken Frank	28:54
25. Conrad V. Blankenberg	29:21
26. Jim Biggs	29:26
27. Guy Vaillancourt	29:35
28. Anne Tingley	29:38
29. Scott Anderson	29:51
30. Diane Schatz	29:57
31. Steve Jones	30:10
32. George Gara	30:58
33. Jerry Cullen	31:40
34. Herb Madden	31:47
35. Eduardo Barranco	31:55
36. Julie Berniker	32:34
37. Susan Cobb	32:41
38. Mike Mitchell	33:04
39. Wendy Kress	33:33
40. Bill Horgos	33:53
41. Patty Fujii	34:00
42. Ken Coren	35:07
43. Margy Titus	36:00
44. Vince Huang	36:26
45. Jerome Duggy	36:40
46. Helene Marchant	37:08
47. Conrad Liberty	37:17

HELPERS

Carol Block, Jan Warmerdam, Hendricka Warmerdam, Dave Zovickian, Phil Rollins, Linda Braski, Herman Zahler, Bill Horgos, Vince Huang, Mimi Osborne, Michael Buck, Pete Neubauer, Lorna Newlin, John Horner, Jerry Block, Meg Reilly, Diana Anderson, Lou Marcelli, Jack Giacomini, Stan Hlynsky, John Bielinski, Tim Callahan, Pete Royce, Ed Mitchell, Dick Decorezo (SE), Jack Fleming, Patti Fujii, Ray Taft, Zada Taft, Kate Coleman, Jef Garfield, Jerome Duffy, Frank Mennucci, Don Harrison, Nancy Fougere, Carol Watson, Dennis Watson, Ned Hofmann, Mike Rolleri, Joe Bruno, Pavla Podolska, Brian Gilbert, Phil Kohlenberg, Reuben Hechanova, Lorane Brown, Susan Garfield

PILOTS-BOARDS

Eric Shackelford, Linda Braski, Susan Allen, Kelly, Tom Hoffman, Roger Major (SE), Jim Ross, Jeff Heth, Jay Eamhardt, Lee Hammach, Marcia Grimm, Steve Lahram

KAYAKS

Harry Louie, Nick DeMay, Joni Beemsterboer, Steve Jones, Lorinda Snyderman, Bill Powning, Bob Danielson, Sam Lawson, Steve Krolik

BOATS

Bill Walden, Andy Camous, Eduardo Barranco, Al de la Pena, Joe Schatz, Hans Kramer, Dan Osborne, Ned Hofmann, Patrick Doyle, Mike DiNunzio, Elizabeth Tippin, John Lennox, John Bielinski, Herman Zahler, Susan Royce, Cecco Menucci, Stan Hlynsky, Sam Lawson, Dan McGill, Susan Cobb, Mary Cantini, Don Harrison, Tim Callahan, Armando Menocal, Jack Horner, Bob Passano, Jim Growden, Southland, Norcen Tierney, Snydermanus, Dino Landucci, Cliff Jennings, Randy Pinetti, Steve Pinetti, Dan de la Pena, Susan Lauritzen, Rich Cooper, Paula Speidel, Lorna Newlin, George Galarza, Mike Weissenburger

Thanks to Lou Gallic

Thanks for a generous and substantial contribution from Lou Gallic for new non-skid flooring planned for the men's locker room. The building committee will be making arrangements for the installation

Swimming For Fun and Profit

This is a story about three ordinary guys involved in what innocently began June 1, 1987 as a "just for fun" bet. To win, the winner would have to simply swim more miles than his rivals in the Bay for the following five months.

To characterize and protect the identities of these 3 individuals, they were given fictitious names. The main characters were the Hare, the Tortoise, and the Sleeper. Now initially, the Sleeper had everyone worried and going, only after several months it became evident that his threat was nothing more than his cameo appearance. Though the Sleeper had drifted into a suspended comatose state, his participation had added a three dimensional incentive; the need to know where we ranked daily, who was out of town, sick, or hurting, and who would have to or could swim three times a day just to stay in contention.

As the Sleeper slept, the Hare got faster and broke down...frequently, and the Tortoise...well we all remember what happened in the parable about the Tortoise and the Hare.

But this story is about more than who won or who came in second, or about what became the talk of the Club for months, the Snoozer vs. the Cruiser. This story is really about a couple of demented part-time athletes whose obsession touches upon all the virtues of what competition is all about.

This is a story about egos, and bigger egos, pride, obsessive-compulsive behavior, personal sacrifice, pain and more pain, psychological manipulation and intimidation, making daily decisions whether to go to work or continue swimming, and in the final weeks, it was as much a physical endurance event as it was a mind game, constantly planning new tactics and strategy to also beat the other mentally. This event, in retrospect, became more than a 5 month event of eat, sleep and swim. This event became about true friendship, that despite the months of cajoling, white lies, cons and fakes, insults and deceit, our bodies have now become humble, our backs, shoulders, arms are now beginning to heal and we are still good friends. And we are all still a little crazy.

By the way and for the record, the Tortoise won.

V.H.



There is an endless variety of swim strokes at the Dolphin Club... look at the difference between these two on this year's Golden Gate swim.



The Dolphin Club's cartoonist Bill Horgos provides his cartoon of a truck for the Club's use on most swims... usually to transport boards to the starting line.



The historical Staib Room at the Dolphin Club is cluttered with photos and trophies and before each swim, with swimmers.

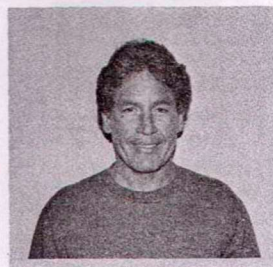


Another place where swimmers congregate is on the Blue & Gold ferryboat after the Golden Gate swim for warm clothes, coffee, muffins, etc.

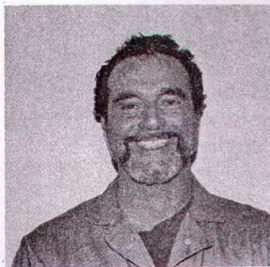
Candidates Photos--1988 Board Election - Mail Your Ballot!

Photos of those running for contested offices are pictured below to aid the membership in identifying the nominees and in making their voting decisions. Ballots to be mailed week of 11/22/'87. Not pictured due to space limitations are the four uncontested offices: Treas., Vince Huang, Fina'l Sec'y., Brian Gilbert. Boat Capt., Don Harrison. Rec. Sec'y, Tom Hoffman.

Board of Governors - 12 Contestants (Vote for 9)



Eduardo Barranco



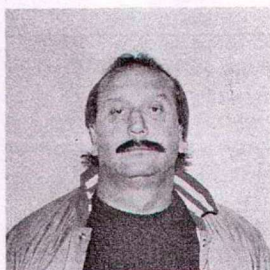
Mike DiNunzio



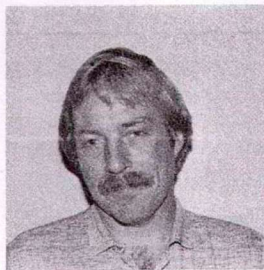
George Galarza



Jeffrey Heth



Stan Hlynsky



Cliff Jennings



Sam Lawson



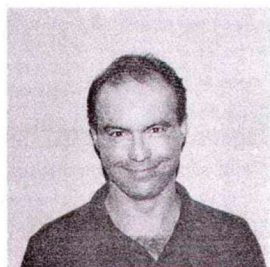
Meg Reilly



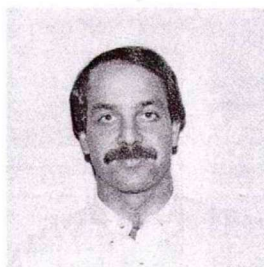
Neal Snyderman



Walt Stack



Elmer Tosta



Dave Zovickian

President: 2 Contestants



Katie Maloney



Herman Zahler

Vice President: 2 Contestants



James Biggs



Phil Rollins

Dolphin Swimming & Boating Club

502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

1623
WILLIAM W. SCHNEEBEL
83 Cragmont Ave.
SAN FRANCISCO, CA 94116

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DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club
San Francisco California - Established 1887 - Winter 1988

See Back Cover For 1988 Swim Schedule

Club Historian
Walt
Schneebeli's
List of the
Club's Life
Members
- see page 5

Karen Jacob's
Tribute to
Pioneer
Woman
South-Ender
Mary Dake
- see page 9

Jon Bielinski
Looks
Back On The
Productive
Hlynsky
Years
- see page 4

Dolphins Stage A Successful New Years Alcatraz Swim



Dolphin and South End pilots dot the Bay in the early morning of the annual New Years Day Alcatraz Swim. See pages 6 and 7.



Dolphin Bulletin Board

Miscellaneous News & Notes for the Dolphin Club membership

Crab Feed/Old Timers Dinner - February 20

The annual old timers' dinner/crab feed is scheduled for Saturday, February 20. Tickets are limited and can be purchased from Dan Murphy at the Club.

Submit to the Log

The *Dolphin Log* needs your black and white photographs and/or news items, articles, letters to the editor, etc. *The spring issue will be published on May 15. Deadline for submissions is April 30.*

The Dolphin Log

Editor: Jeffrey Howard Heth
Photographs by Elmer Tosta, Mike Buck
and Barbara Keller

Published By

The Dolphin
Swimming & Boating Club Inc
502 Jefferson St.,
San Francisco, CA 94109

Organized in 1877

Officers

President - Katie Maloney
Vice President - Phil Rollins
Treasurer - Vince Huang
Recording Secty - Tom Hofmann
Financial Secty - Brian Gilbert
Boat Captain - Don Harrison

Board of Governors

George Galarza
Jeffrey Howard Heth
Stan Hlynsky
Sam Lawson
Cliff Jennings
Meg Reilly
Walt Stack
Elmer Tosta
David Zovickian

Swim Fees Due Now

The Swim Commission has set this year's Swim Fees at \$26.00. Members must pay the fee prior to participating in Club swims. The fees are used to defray the costs of administering the swim program.

Guests are Welcome

Club members are welcome to bring guests into the club. A \$5.00 guest fee must be paid... use the envelopes at the front door and place in the wooden box provided there.

Informal Bike Events

Every Saturday morning at about 9:30 a.m., two-wheeled Dolphins have been congregating at the Club for informal bike rides to Marin County for breakfast and/or more cycling. All are welcome!

Your Fleet Needs You

Boat building and sanding and varnishing parties take place frequently on Wednesday evenings in the boat house. Contact Cliff Jennings or Jon Bielinski for details. More hands are always needed--various libations are often provided.

Rower Training

Members wishing to learn the skill of rowing are encouraged to attend the Saturday morning training sessions. Attending these classes is a requirement to becoming "qualified" to use the Club's historic boats. Check with the Boat Captain for the current schedule.

Lake Merced Reminder

Club members are reminded that the Club maintains a facility at Lake Merced for rowing. This is an excellent place to learn rowing without having to contend with the vagaries of Bay currents and tides. For further information, call Steve Salvi at 989-6646.

Historically of Note

The following was noticed in the *Dolphin Log* dated March, 1950:

"Lawton Hughes, chairman of the Valentine Dance Raffle, wishes to thank all the members who backed the affair and helped to make it a success. Although no Dolphin won the television set, \$1,000 was cleared. A gent named Louis Marcelli, who just dropped in for the evening, was the winner."



The Dolphin Club was invited to participate in last years International Boat Show at the Moscone Center. On display were the historic rowboat, the *Farrell* and the new rescue boat, the *Arias*. These contrasting craft made an interesting and provocative display which drew considerable attention at the event -- Sylvia the manequin was provided courtesy of Galetti Bros Shoe Repair; sporty wardrobe, hair and eyewear by Hlynsky.

President's Message

By all signs, 1988 should prove to be another great year for the Dolphin Club. The Board of Governors is delighted to report a major breakthrough in the effort to commence construction of the new annex next door.

On February 4, 1988 the Club at long last obtained a permit from the BCDC (Bay Conservation and Development Commission) approving the design of our project.

Obtaining this permit has cleared the way to securing the remaining two permits needed to start work. While we are not ready to break ground, we are definitely moving in the right direction!

Countless people have contributed to the new building effort, but special thanks are due to architects Dan Osborne (our lead architect), Reuben Hechanova and Lee Hammack, for the generous donation of their work as volunteers. Also, thanks to all the loyal Dol-

phins who attended the BCDC meetings -- we were told your show of support impressed the BCDC.



President Katie Maloney

Any member interested in learning more about the new building project should talk to the "New Building Permit Committee" (Dan Osborne, Pete Bianucci, and Phil Rollins).

The 1988 Swim Schedule has been published (see back cover) and it looks like another great year. The Swim Commission, led by Phil Rollins, looks forward to

another year of active participation by swimmers and rowers.

The Rowing Commission, headed by Diane Schatz, is hoping to receive increased input this year from current rowers as well as those interested in learning to row on the Bay. A breakfast row to Mission Rock, organized by a group of our regular rowers, was a great success. We look forward to seeing old and new members at similar events in the future. Dolphins at Lake Merced are welcome!

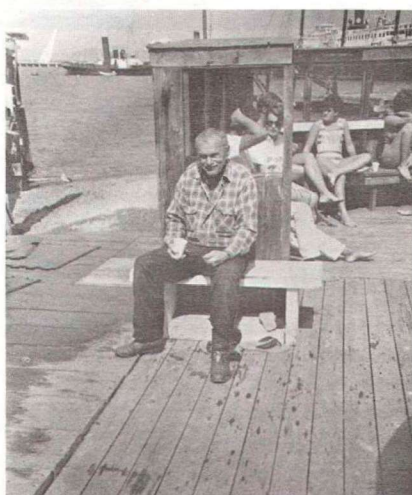
Finally, on a personal note, I would like to take this opportunity to say that I am very pleased to have the honor of serving as President this year, and am looking forward to an enjoyable year working with the Board of Governors. We hope that all of you will feel free to communicate your ideas to us throughout the year.

See you at the Club.

-Katie Maloney



The Wieland recently saw its first time on the Bay since April 1987.



Life Member Hans Kramer enjoys the Dolphin Club deck after a swim.



Club treasurer Vince Huang has a handful with daughter Jessica.

Club Enjoys Vast Improvements During Hlynsky's Term

By Jon Bielinski

Here is a list of improvements to the Dolphin Club made during the two years which Stan Hlynsky served as president. It details a fantastically productive term in office. Many long term members have expressed the opinion that Stan worked harder and got more done for the Club than any other president in its history.

He deserves the thanks of admirers and detractors alike. One thing all may agree upon: Stan Hlynsky worked long and hard for the benefit of the Dolphin Club.

Credit for the accomplishments listed must also go to the many people who worked with the president. He had a multi-talented Board of Governors, an experienced swim commission, a dedicated Boat Captain and broad-based support among the membership.

It was his vision of the improvements listed and his hard work example that got people doing things. With his leadership, then, here are the accomplishments:

Improvements to the Boat House:

- The size of the natural gas main was doubled and a new shut-off valve was installed.

- The electrical leads in the sidewalk were upgraded from household capacity to three-phase 220 volt current; the incoming water main was doubled in size.

- A new electrical distribution panel, main shut-off and meter were installed. All new circuit breakers replaced old broken ones. New conduit and wires connected the new power in the sidewalk to the electric panel.

- Non-skid rubber stair treads were installed on the front stairs.

- A grease pencil board for messages was installed in the foyer.

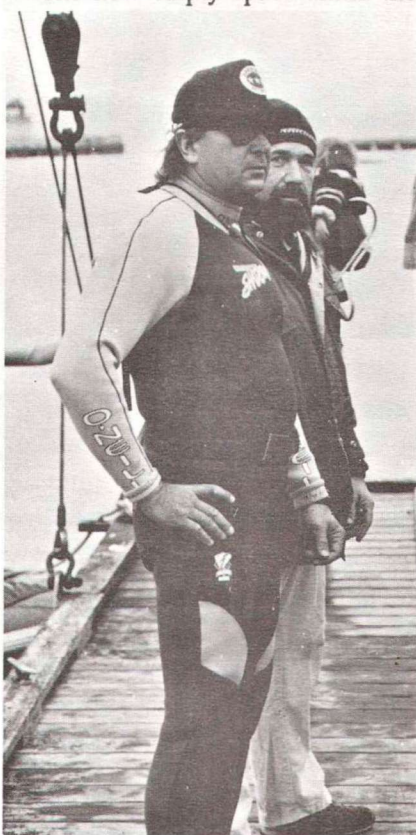
- The building was painted on the outside in back

- The tank type water heaters and furnace were removed from under the front stairs. (This had been a safety violation.)

- A fire-safe room was built and an entirely new flash/demand water heater system was engineered and installed. This incorporated two institutional type flash heaters and a reservoir for hot water.

- The forced-air furnace was completely inspected, serviced and properly re-installed in the fire-safe room with the water heater.

- The now empty space under the



stairs was rebuilt by removing the floor there; replacing all rotten floor joists; replacing wall studs to better support the stairs, then re-floored over the new joist.

- The 75-year old D.S.B.C. piano was tuned, cleaned and the keys were re-ivoried.

- A completely new sound system for the stage was installed. This included four speakers, amp, tuner, tape player, microphone and mixer.

- The D.S.B.C. boat-use rules were boldly displayed for the first time in a concise fashion.

- A varnish-drying light system was built and special infra-red bulbs were installed to accelerate drying time and

facilitate refinishing of the boats.

- Two new complete restrooms were constructed on the main floor adjacent to the boathouse along with a drinking fountain and new door with safety-type panic bar.

- The folding chair storage, an eyesore in the boathouse, was removed and chairs are now out of view in the new room under the front stairs.

- A leaky hose bib was replaced behind the bar.

- Broken bulbs, ballast units and fluorescent fixtures in the indirect lighting system were renewed.

- The bar was refinished.

- The south window over the bar was cleaned (previously done 5 years prior).

- All fire extinguishers in the building were recharged, updated or replaced.

Improvements in the Cove:

- Seven buoys across both entrances to the cove and signs on the muni pier and new breakwater prohibiting motor vessel traffic in Aquatic Park were installed.

- A new flag buoy was installed.

- Nine swim lane buoys were obtained and moored between the flag buoy and the Dolphin pier.

- "Swim Area" tall white buoys claiming the cove for swimmers were installed.

Improvements to the B Court:

- A 15 foot planking workbench was built.

- Two new tool lockers were installed.

- A twenty drawer rolling tool locker was obtained for boatbuilding.

- Seven electric outlets were installed with new overhead lights.

- More space was created by shortening the storage area under the stairway.

- A bandsaw (20") was purchased for boatbuilding and maintenance. The following tools were purchased to maintain and expand the fleet: Small bandsaw; wood planer, bench grinder, drill press and wet stone grinder.

Improvements in the Handball Court

- A scaffolding was set up to reach the tall ceiling and the burnt-out bulbs were replaced.

- The floor was refinished and all the boundary lines were replaced.

- continued on page 8



Dolphin Club Life Membership List

Compiled by Walt Schneebeli

The first Dolphin Club Life Membership was granted to Albert Rothkopf, a Dolphin Charter Member (1877), at the Club's Board meeting of April 8, 1908.

In 1927 Financial Secretary Frank Staib reported that there were twelve Life Members. The last, and only, complete list of Life Members was published in the Dolphin Log dated August 1954. At that time the list totalled 66.

Carl Ludemann currently holds the longest membership, having joined in January 1920. He is followed by Dick Harms, a member since July of that year and Chester Dechent who was accepted as a Dolphin in November 1920. Their combined years of membership total over 200!

The following is a listing of Life Members who have twenty-five or more years of membership in the Club.

Alexander, "Tex".....	1931	Gaal, Roger.....	1953	Mennucci, Frank.....	1941
Alexander, Wayne.....	1947	Gaal, Stephen.....	1956	Morino, Jim.....	1949
Anderson, Virgil.....	1930	Gallic, Louis.....	1956	Murphy, Dan.....	1958
Baggiani, Don.....	1935	Garassino, Dominic.....	1940	Murray, Gerald.....	1925
Belluomini, Ray.....	1954	Gelardi, Antone.....	1936	Nielsen, Robert.....	1947
Bianucci, Pete.....	1962	Gelardi, Gus.....	1936	O'Brien, Bill.....	1954
Blackburn, Frank.....	1959	Gelardi, Joe.....	1930	Orlando, Joe.....	1951
Bruno, Joe.....	1933	Gelardi, Pat.....	1945	Osborne, Dan.....	1961
Camous, Andy.....	1932	Gould, Tom.....	1956	Passanisi, Rico "Moon".....	1954
Campana, Pete.....	1938	Hall, Howard.....	1959	Passantino, Ignatius.....	1950
Cannizzaro, Dominic.....	1957	Harms, Dick.....	1920	Pfirter, Bill.....	1958
Cannizzaro, Sal.....	1955	Hathaway, Pierre.....	1962	Quist, Cliff.....	1935
Cannizzaro, Vince.....	1955	Herms, Fred.....	1938	Ray, Raymond.....	1952
Capriotti, Rudy.....	1952	Hinton, Dave.....	1957	Rourke, Phil.....	1962
Cervarich, Robert.....	1958	Hoff, Robert.....	1960	Sancimino, Sal.....	1940
Cook, Lew.....	1962	Hooper, Roy.....	1951	Sargis, John.....	1944
Corda, Carlo.....	1962	Hubacher, Elmer.....	1946	Scafani, Mike.....	1938
Cuneo, Aldo.....	1954	Jackson, Herb.....	1960	Schinkel, Ray.....	1928
Curtis, Edward.....	1954	Joseph, Ben.....	1961	Schneebeli, Walt.....	1948
Dechent, Chester.....	1920	Katurich, Bob.....	1961	Schroeder, Dick.....	1935
DeCossio, Edward Jr.....	1957	Kelly, Pat.....	1961	Scrivant, Lino.....	1959
DeGear, George.....	1948	Korelec, Charles.....	1954	Silvester, Paul.....	1930
Demarais, Roland.....	1946	Kramer, Hans.....	1960	Spiegelman, Les.....	1938
DeMay, Rudy.....	1959	Landucci, Dino Jr.....	1948	Stewart, Zach.....	1961
Demo, Robert.....	1954	Landucci, Dino Sr.....	1935	Sturiale, Pete.....	1940
Desmond, Mike Jr.....	1936	LaRocca, Anthony.....	1939	Van Alstyne, Byron Jr.....	1960
Drum, Frank.....	1958	LaRocca, Leo.....	1938	Vanya, Jim.....	1957
Duignan, John.....	1951	LaRocca, Vince.....	1949	Warto, Don.....	1961
Dupuis, "Duke".....	1935	Liva, Al.....	1940	White, Tom.....	1956
Fields, Harry.....	1949	Lucchesi, Gino.....	1932	Yeager, Charley.....	1954
Fossatt, Richard.....	1961	Ludemann, Carl.....	1920		
Gaal, Kenneth.....	1956	Luyken, Ed.....	1960		
Gaal, Phil.....	1954	Melee, Paul.....	1954		



Dolphin Club Hosts South Enders for the Annual New Years Day Alcatraz Swim

SWIM RESULTS

1. Suzanne Heim.....	27:33
2. Liam Hennessy	29:01
3. Sean Kelly.....	30:24
4. Ed King (SE).....	33:35
5. John Davies.....	33:47
6. Tim Reid (SE).....	34:14
7. Russ Morison (SE).....	34:53
8. Hal Linebargon (SE).....	35:49
9. Laura Merkl.....	36:01
10. George Kebbe.....	36:04
11. Bob Colyer.....	36:19
12. Jim Hulihan.....	36:22
13. Ed Urban.....	36:35
14. Phil Rollins.....	36:38
15. Micky Lavelle.....	36:54
16. Dave Zovickian.....	37:03
17. Mary Pat Barry (SE).....	37:48
18. Joni Beemsterboer.....	37:55
19. Elmer Tosta.....	37:55
20. Alan Levinson (SE).....	38:21
21. Ken Frank.....	39:19
22. Dan Macchiarini (SE).....	40:19
23. Kevin O'Keefe (SE).....	40:27
24. Dan Goodman (SE).....	40:35
25. Jim Cotton (SE).....	41:09
26. Nancy Fougere.....	41:28
27. Tony Ragusin (SE).....	41:57
28. Mike Moffat (SE).....	42:00
29. Walt Kriessmann (SE).....	42:01
30. Mike Laramie (SE).....	42:19
31. Br. Armbruster (SE).....	42:40
32. Geo. Farnsworth (SE).....	52:44
33. Mike Lagios (SE).....	43:03
34. C. Von Blankenberg.....	43:29
35. Pete Neubauer.....	44:09
36. John Sullivan.....	44:10
37. Jerry Smith (SE).....	44:21
38. Mike Restani (SE).....	44:22
39. Lorna Newlin.....	45:01

40. Jay Earnhardt.....	45:03
41. Bill Horgos.....	46:33
42. Rich Livingston.....	47:10
43. Laurey Greidor (SE).....	47:17
44. Patti Fujii.....	47:34
45. Lesley Steele (SE).....	47:35
46. Jeannette Kingle.....	47:59
47. Celia DeMartini (SE).....	48:00
48. Helen Marchant.....	48:41
49. John Rohosky (SE).....	49:21
50. Camille Manger (SE).....	50:09
51. Bert Huffman (SE).....	50:11

TEST SWIM HELPERS

Jon Bielinski
 Bob Danielson
 Sam Lawson
 Don Harrison
 Mary Cantini
 Elmer Tosta
 Phil Rollins
 Stan Hlynsky
 Charle Martin
 Nancy Fougere
 Dave Zovickian
 Jerry Cullen
 Mark Steinborn
 Ken Frank
 Cliff Jennings
 Mike Mitchell
 Mary Fitzgerald
 Tom O'Connell (SERC)
 Nel Patsel (SERC)
 Jim Hentz (SERC)
 Mike Lynch (SERC)

KITCHEN

Herman Zahler-Liam Hennessy
 Mimi Osborne-Larry Alioto
 Jerome Duffy

Elisa Meyer
 Cecco Menucci
 Reuben Hechenova
 Hendrika Warmerdam
 Paula Speidel
 J.B. Sullivan

GENERAL ORGANIZERS

Mel Patsel (SERC)
 Jim Hentz (SERC)
 Don Harrison
 Phil Rollins

TIMERS

Pavla Podolska
 Hendrika Warmerdam
 Jan Warmerdam
 Dick and Trudy DeLorenzo (SERC)
 Laura Small (SERC)
 Steve Guthrie (SERC)

CHECK-IN

Linda Braski
 Ken Frank
 Phil Rollins

BOAT LAUNCH & PULL

Wayne Riddle
 Tracy Cambron
 Margy Titus
 Tom Schmidt
 Jim Titus

PILOTS

Boards:
 Eric Shackelford
 Lee Hammack
 John Selmer
 Linda Braski

Susan Allen
 Herb Madden
 Bill Wilson (SERC)
 Andy Field (SERC)

Kayaks:

Bob Danielson
 Margie & Jim Titus
 Cliff Jennings
 Colin Gift
 Steve Hawkey (SERC)
 Bob Jochowitz
 Rich Porto
 Tom Pike

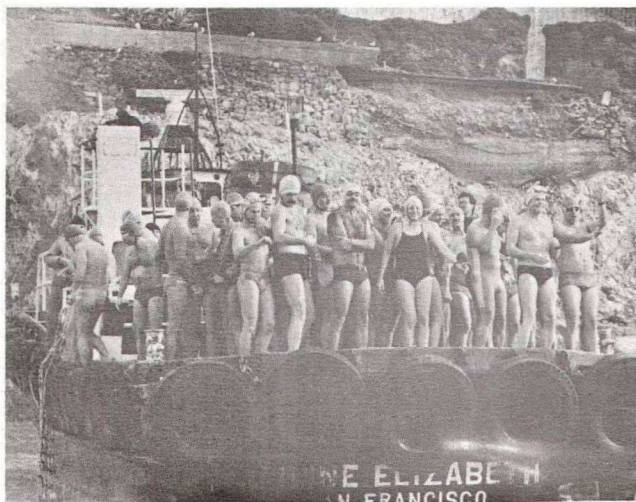
Boats:

Diane Schatz
 Randy Pinetti
 Scott Stewart
 Jim Growden
 Jon Bielinski
 Joe Schatz
 Mike DiNunzio
 Bill Walden
 Jeremy West
 Padraic Doyle
 Zack Stewart
 Hans Kramer
 Meg Reilly
 Dave Hinton
 Phil Lucier
 Cliff Jennings
 Mike Mitchell
 Sam Lawson
 Stan Hlynsky
 Tim Callahan
 Tom Callanan
 Barbara Keller
 Tom Martin
 Bob West

Don Harrison
 Omer Thompson

SERC Pilots:

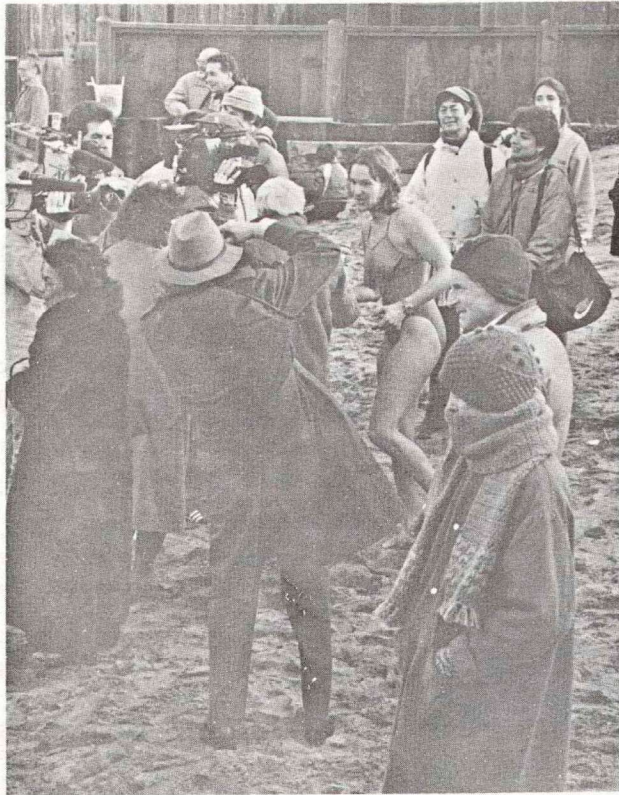
Joe Joiner
 Hank Seipelt
 Dan Marshall
 Lee Bender
 Cash and Patsel
 Others whose names we did not get.



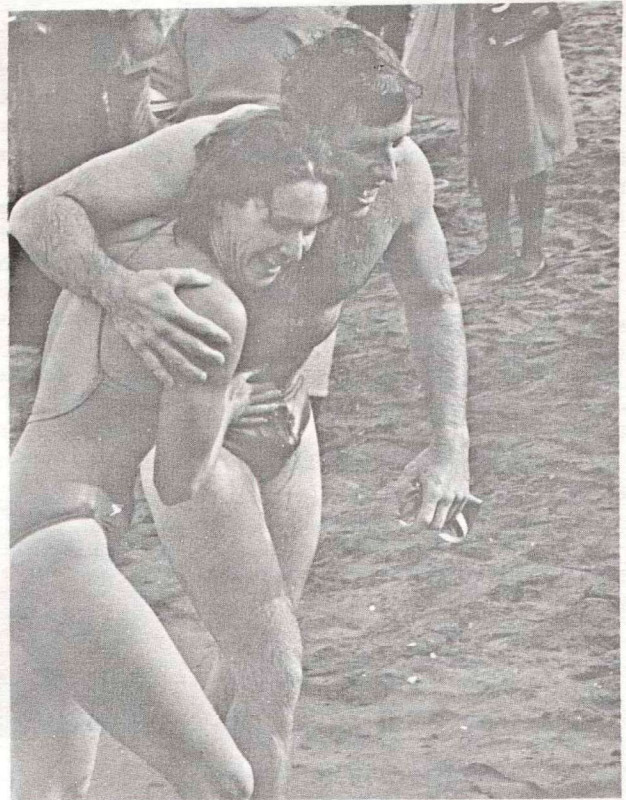
A barge is filled with swimmers from the Dolphin Club and South End Club who are poised before jump-off.



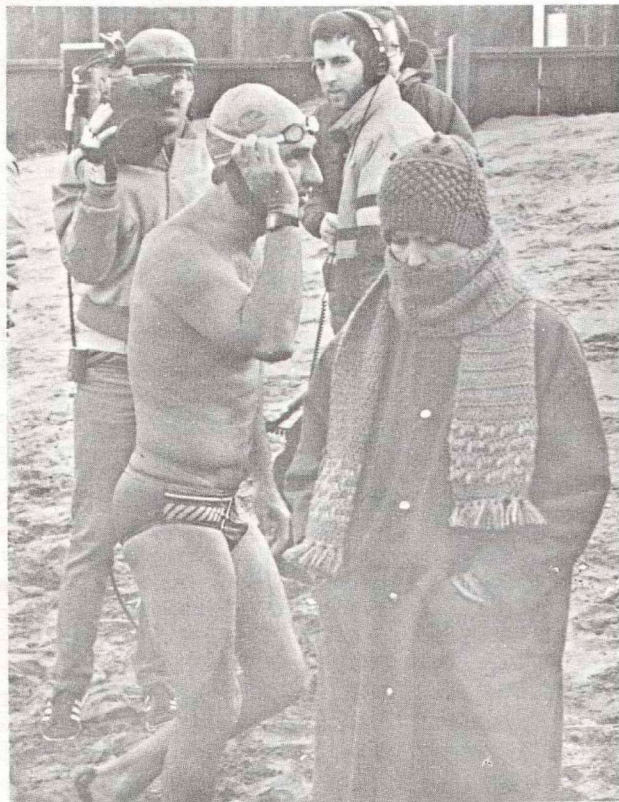
The moment of reckoning arrived inevitably and the swimmers made the plunge.



In a scene reminiscent of a feature film, the press corps gather around first place winner Suzanne Heim (27:33).



Suzanne Hein and second place finisher Liam Hennessy (29:01) share a special moment of comradery.



Third place finisher Sean Kelly (30:24) strolls nonchalantly through the press and spectators.



Just clowning around on the Dolphin Club dock on New Years day is Boat Captain Don Harrison.

Improvements Abound

- continued from page 4

•Up in the gallery of the court, five flash type water heaters were installed to give continuous hot water on demand to the women's showers.

Improvements to the Back Locker Room Stairs:

•The treads were closed in and resurfaced with plywood and covered with non-skid rubber.

•All old linoleum was torn up; a new sub-floor and new linoleum was installed.

•New banister guards were constructed.

•New lighting was installed.

•The entire area was cleaned, scraped and painted (for the first time in 20 years).

•An oar rack was built.

Improvements to the Kitchen:

•A new small stove was purchased and the old large stove and oven was completely inspected, serviced, cleaned and painted.

•A number of large pots and pans were purchased and marked as Dolphin Club equipment.

•New food service trays and rolling carts for the big dinners were purchased.

•The sink drain and faucet were fixed.

Improvements in the Gym:

•Many new free weights were obtained; new bars and a space saving storage rack were installed.

•New bikes, rowing machine, press benches, curl rack and lat machine were obtained.

Improvements to the Staib Room:

•A new room heater was purchased; the sprinkler head in the coupula was renewed and the television was replaced when the old one broke down.

Improvements in the Men's Locker Room:

•New sliding windows were installed; new benches were built in the sauna; new shower heads were installed to conserve water; new linoleum was put down; a water fountain was installed; a new bench was built in the drying area; new partitions were installed between the toilets; new sinks, faucets and mirrors were installed.

•The central heater was inspected, cleaned and serviced.

Improvements to the Pier & Deck Areas:

•Pier refurbishing was completed with \$2-\$3,000 savings from donated materials from American President Lines: new pulleys were installed; wire slings to hold on the pulleys were replaced with through bolts; all new shackles to fasten the wire rope ends were installed; wire rope was spliced and this new rope was installed on the winch to raise the apron; new wire rope was spliced and fastened to the counter weights; all pilings at the pier end



were wrapped to prevent torredo damage; all old pulleys used again in the apron rigging were cleaned, greased and modified to allow routine greasing with a grease gun; new wire rope was also spliced and rigged to the apron end and to the running rigging through the pulleys.

•Sea temperature sensor was installed.

•The flagpole was scraped, repaired, supplied with a new rope, painted and topped with a splendid golden eagle... we got a new flag, too!

•The balcony support pillars were rotting. These were replaced.

•Fire damage was torn down and the new deck was built.

•A new chain link fence was installed next to the pier.

•An anemometer (wind speed gauge) was installed; the tide board was renewed with tide-flow maps and a Beauford wind scale chart were framed and posted.

•New security night lights were set up for the pier, beach and building.

•A loading ramp was built from the pier to the street.

•A new staircase was built from the second floor to the deck area.

Improvements to the Boats:

•The *Arias* was purchased and extensively

modified for rescue work. This 5.4 meter hard hull Avon equipped with a 70 h.p. engine, Coast Guard and ship-to-ship communication, strobe light and loud siren and hailer has become the flagship of the pilot fleet of the Dolphin Club.

•All life jackets were upgraded in all boats to USCG approved style (previously, the Club's life jackets were those thrown out by the ferry boats).

•A public-relations program started with the *Arias* -- assisting handicapped kayaking programs as well as the Port of S.F. and Oakland.

•Six paddle boards were purchased for pilot service.

•Oscar pennants (red and yellow "man overboard" flags) were purchased and rigged on flagstaves for the boats during the swims.

•Oarlocks were obtained for the *Wieland* from a special casting made for the Dolphin Club to fit the oars.

•The *Cronin* restoration was completed.

•The *Landucci*, *Howard*, *Horse*, *Good Luck*, *Viking* and *Wieland* were all refinished, most of them with 30 coats of oil and varnish, most of them inside and out.

•Two new boats, the *Bruno* and the *Cecco* were commissioned and are under construction at this time.

•Boatbuilding supplies were purchased in bulk at considerable cost savings.

•A volunteer program was initiated to train Dolphin members in the upkeep and care of the boats. A resident boatbuilder was contracted to complete several projects working with volunteers and doing the work in the B-Court.

•Two new outboard 25 hp motors were purchased for the *Avon* inflatables along with new self oiling gas tanks. These motors have proven to be a great improvement of the rescue capability of the Club.

•Boat dollies were made new or refurbished to fit the *Landucci*, *Baggiani*, *Howard*, *Gladys Austin*, *Foster*, *Good Luck*, *Farrell*, *Cronin* and *Horse*.

The Dolphin Club has been fortunate to have a President like Stan Hlynsky; its members will enjoy the many improvements made during his administration far into the future. ★

Pioneer Woman Dolphin Mary Dake

By Karen Folger Jacobs

Mary Dake died in November, 1987. Mary led the effort to open the Dolphin and South End Clubs to women. Club members may want to know how this change came about.

For its first century the Dolphin Club allowed only male members. Formed in 1877 by four men, the Dolphin Club held its first meetings in a brewery owned by one of the four, John Wieland, the maker of Wieland Beer. His namesake, the 2,500 pound six-oar barge in the Club's boathouse, has belonged to the Club since 1887.

Mary Dake, Lee Bender, Joan Brown, Trudi Di Lorenzo, Diane Major and Marilyn Rodman were active plaintiffs in a lawsuit on behalf of all women. They endured three years of legal action (1974-77), legal bills, and resistance from many with support from a few.

Why did these women want to join the clubs? Trudi recalls, "I swam at Aquatic Park beach since 1957. We were called fire-kickers because we made beach fires to warm up. But, in the 60's the beach got bad - dangerous, too many bums stealing and in the 70-'s a rape. Most of the fire-kickers went inside; they joined the Dolphin Club -- Jack Giacomini, Bert Arias, Bob Hoff, Matt Moon, Bill Ferguson, Joe Ambrose and Dan Murphy. But Marilyn and I, we couldn't join, because we were female."

"We could go as a guest when a member invited us. But if you didn't have a friend or if you broke up with him you couldn't go," adds Marilyn.

Joan remembers, "Mary and I met when our children swam on Charlie Sava's team. She and I

would go to the Dolphin Club as guests of Gordon Cook, then my husband and the club president.

Mary loved bay swimming. She decided to join the San Francisco Rowing Club, the former Ariel Club adjacent to the club until the 1980 fire. It had only 6 or 7 members. When Mary inquired about membership she was told to leave the premises.



Mary Dake with two of her paintings.

Mary kept saying, "It's unfair! Outrageous!" Finally someone advised "You might have a legal case."

The three segregated clubs jointly hired a powerful attorney. Joan recalls, "To strengthen our case we added a feminist attorney, Sondra Terzian-Feliz. In her research she discovered that the clubs are on public property. This fact obligates them to not discriminate."

The legal outcome we all know and share. However, few club members know what Mary, Lee, Trudi, Joan and Marilyn went through. Marilyn notes, "Each had to pay her share of the legal expenses every month."

Psychologist Lee Bender, Ph.D., explains, "I know that reinforced behavior persists so I didn't reward those Dolphins for plugging up the women's shower for me. They stopped when they didn't get

what they wanted -- a rise out of me." Several times Mary, refreshed from her swim, couldn't drive home because her tires had been slit.

A South-ender not known for his reticence, George Farnsworth, reflects back, "I really wanted the clubs to stay all men. But change was inevitable. I was one of the first turncoats. The majority of the guys HATED those girls. They were retarded."

Whatever the mental capabilities of our members, we're not as backward as the Olympic Club and the Bohemian Club who still exclude women.

"The Dolphins were more opposed to us than the South-enders. They made it clear. 'We don't want litigants. No troublemakers.'" recalls Marilyn. Her co-plaintiffs became South-enders but she wanted to be a Dolphin along with her old buddies, the former fire-kickers.

The Dolphin Club held a "Powder Puff" swim around the cove for its "water babies." In only a decade, common opinions of females as frivolous weaklings have almost vanished. A female member, Suzanne Heim, has won the Alcatraz and Golden Gate swims. The two hundred female Dolphins include rowers, body builders, runners, pilots, cooks, and many strong personalities. Who could ever forget the larger-than-life swimmer and entertainer, Jane Dornacker?

As we lurch toward the 90's the Dolphin Club increasingly has visits from the offspring of Dolphin mates -- fruit from the growing number of unions between women and men who met as Dolphins. And the Dolphin Club elected its first female president, in December of 1987. Thank you for making all this possible, Mary Dake. ★

1988 Swim Program Update

by Phil Rollins
Swim Commissioner/Vice President

The 1988 Swim Schedule can be found on the back cover of this issue. We have exchanged schedules with the South End Club and look to again providing support for each other's swims this year.

Swim Fees \$26.00

Swim fees have been increased this year to \$26.00. Checks should be left in Carol Block's or Phil Rollins' lockers. Payment of fees is required prior to participation. The fee goes toward costs directly associated with the swim program.

Please

Last year, the Board voted to require that swim program participants sign a statement releasing the Club from liability in the event of an accident or injury. Swimmers, and pilots are required to sign this release which will be available prior to each swim. Please take time to read about the risks and sign the document before participating in any scheduled swims.

Cove Jump-Off Change

In an effort to finish cove swims earlier this year, all will begin at 9:00 a.m. rather than 10:00 a.m. as in past years.

DC/SERC Swims

The Dolphin and South End Clubs have agreed to co-sponsor a series of cove swims for 1988. The first will take place on March 9 at 9:00 a.m. This will present an opportunity for us all to get to know our neighbors and develop a continued competition. These swims are not on the schedule, but will be held each month. Watch the bulletin board for more information.

Escape From Alcatraz Triathlon

Due to the difficulties of permit application, the "Escape" has been tentatively scheduled for October 29. While this is a late date, there is no alternative in 1988.

New Years Day Alcatraz

Once again, our own Suzanne Heim walked away with first place honors in the New Years Day Alcatraz. In fact, the Dolphin Club swept the first three places (Liam Hennessy 2nd, Sean Kelly 3rd) and eleven of the first fifteen. The Dolphin and South End Clubs worked closely to stage this event and we look forward to continuing in this manner.

The 1988 Swim Commission

Your commissioners are:
Carol Block, Hendrika and Jan Warmerdam, Dave Zovickian and Phil Rollins.

Member Safety Advisory

The following was prepared by Dolphin Club governor Meg Reilly. All members are urged to follow these guidelines at all times.

•No Lifeguard on Duty:

Use the buddy system. Don't swim alone. Swim near the beach.

•New or Infrequent Swimmers:

The water is extremely cold! If you have any health limitations, check with your physician before you swim. Don't exceed 10 minutes (or less) in the water to start. Work up from there gradually. If you swim frequently and then stop for awhile, you need to limit your time in the water when you return.

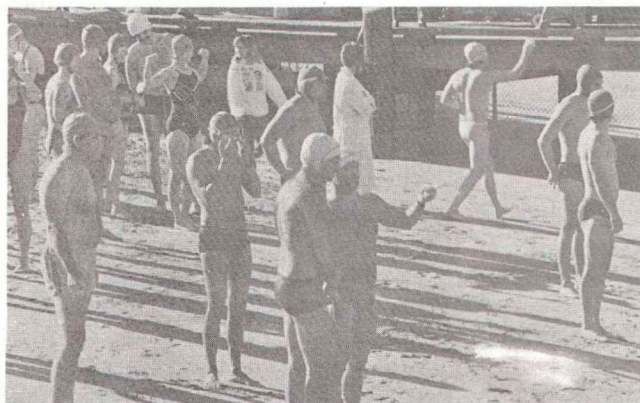
•Plan Your Swim:

Use the currents to your advantage. Plan to swim against the current at the beginning of your swim and with the current at the end of your swim. Don't count on the current to get you home. Learn to read and use the tide tables. *Always check the water temperature!* It can vary widely from day to day.

•Hypothermia:

Cold water kills. Depending on your conditioning and health, just minutes in the water can be fatal. New and infrequent swimmers are particularly susceptible. *Wear an insulated cap. Always wear a watch when you swim and time your swims.* Take precautions if you

- continued on next page



Dolphins gather and prepare to enter the water at the mid-winter cove swim event.



(l to r) Lou Marcelli, Bill Waiden and Lorna Newlin on the pier at the mid-winter cove swim.

- continued from previous page

intend to materially increase your swim time.

• **Safety Rules:**

No out-of-cove swims without proper approval and pilot coverage. *Watch for boats in the cove at all times.*

• **Rescue Tips:**

• Call "HELP" (get the attention of a second person)

• Bring victim to safety (nearest boat, dock, beach)

• Assess condition (If victim can't give name, address and phone number, victim is in serious trouble)

• Call "911" (If emergency medical service is necessary)

• **Victim Care:**

Victim breathing and conscious: Warm shower; remove wet clothing; wrap in dry blankets or towels; warm sauna (not hot); shaking is normal; do NOT rub skin and extremities; vomiting and faintness may occur

Victim not breathing or conscious: Administer mouth-to-mouth resuscitation (If qualified).

No pulse or heartbeat: Administer CPR (If qualified)

Mid-Winter Cove Swim Results

JANUARY 24, 1988

LONG COURSE - 1 MILE

1. Liam Hennessy.....	21:20
2. John Davies.....	22:36
3. John Selmer.....	22:51
4. Phil Rollins.....	25:26
5. Mary Fitzgerald.....	27:28
6. Elmer Tosta Dave Zovickian (tie)	27:30
8. Meg Fitzgerald.....	27:38
9. Scott Anderson.....	29:24
10. Dan Osborne.....	29:42
11. Mike Webb.....	30:38
12. John Sullivan.....	30:52
13. Ann Tingley.....	30:54
14. Kate Coleman.....	31:13
15. Jeff Heth.....	31:15
16. Rich Livingston.....	31:41
17. Pete Neubauer.....	32:06
18. Wendy Kress.....	32:14
19. Ken Coren.....	34:21
20. Roger Kleid.....	34:28
21. Bill Horgos.....	34:46
22. Sue Garfield.....	36:06
23. Mickey Lavelle.....	37:09
24. Mike Roller.....	42:29
25. Steve North.....	45:49

SHORT COURSE -- 1/2 MILE

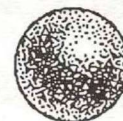
1. Bob Danielson.....	18:03
2. Lee Hammack.....	18:30
3. Alan Liss.....	18:50
4. Jeff Ranta.....	18:55
5. Era Osibe Carol Block (tie)	21:07
7. Diana Anderson.....	21:55
8. Meg Reilly.....	22:41
9. Susan Cobb.....	23:05
10. Jim Sancimino.....	24:21
11. Mimi Osborne.....	24:46

HELPERS;

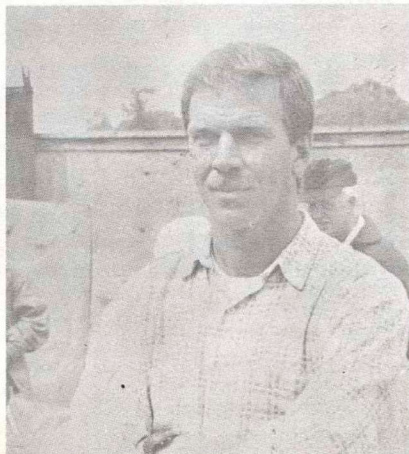
Carol Block
Joe Bruno
Jerome Duffy
Bill Horgos
Cathy Huang
Linda Braski
Dan Murphy
Nancy Fougere
Helene Marchant
Lorna Newlin
Elmer Tosta
Dave Zovickian
Tim Callahan
Patti Fujii
Mark Block
Neal Fishman
Wayne Riddle
Vince Huang
Diana Anderson
Scott Anderson
Phil Rollins
Cecco Menucci

PILOTS:

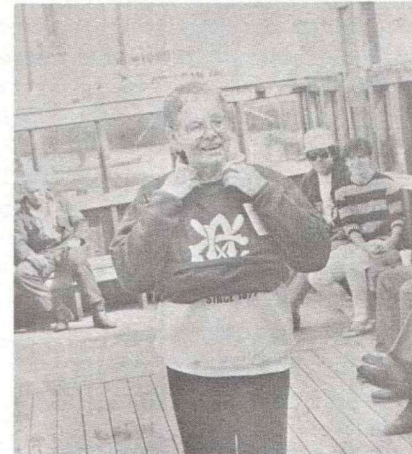
Herb Madden (Board)
Fred Mullter (Board)
Jay Earnhardt (Board)
Susan Allen (Board)
Hans Kramer (Austin)
Eduardo Barranco (Foster)
Bill Walden (Good Luck)
Cliff Jennings (Biaggiani)
Andy Camous (Landucci)



Dual citizen (South End/Dolphin) Joe Perodotta demonstrates his bran muffin consumption technique.



Handsome and photogenic Dolphin Wayne Riddle.



Swim commissioner and bon vivant Hendrika Warmerdam is an active contributor at Dolphin Club events.



1988 Swim Schedule

Date	Event	Jump-Off
December 21	Polar Bear Swim Starts -40 miles, ends March 21	
January 1 (Fri.)	New Years Day Cove Swim.....	12:00 noon
	New Years Day Alcatraz (with SERC)	9:00 a.m.
January 24 (Sun.)	Mid-winter Cove Swim.....	10:00 a.m.
February 13 (Sat.)	☛ Pier 41.....	TBA
March 19 (Sat.)	Spring Cove.....	9:00 a.m.
April 10 (Sun.)	☛ Pier 39.....	TBA
April 16 (Sat.)	☛ Dick Beeler Crazy Cove.....	9:00 a.m.
May 1 (Sun.)	☛ Yacht Harbor.....	TBA
May 15 (Sun.)	Handicap Cove.....	9 a.m.
June 1	100 Mile Swim Starts -ends October 31	
June 12 (Sun.)	☛ Doc Howard Over 45 - Gas House Cove.....	TBA
June 18 (Sat.)	Over 60 Cove.....	9:00 a.m.
June 24 (Fri.)	☛ Twilight Cove -BBQ to follow.....	6:30 p.m.
July 10 (Sun.)	☛ Crissy Field.....	TBA
July 31 (Sun.)	Qualifier Cove for August 13 Fort Point Swim.....	9:00 a.m.
August 13 (Sat.)	☛ Fort Point.....	9:00 a.m.
August 20 (Sat.)	Golden Gate I - Fast Day.....	TBA
August 21 (Sun.)	Golden Gate II - Slow Day.....	TBA
October 16 (Sun.)	Alcatraz.....	TBA
November 5 (Sat.)	Annual Swim/Pilot Appreciation Dinner.....	TBA
November 24 (Th.)	Thanksgiving Day.....	9:00 a.m.
December 18 (Sun.)	New Years Day Alcatraz Cove Qualifier.....	10:00 a.m.
<u>other important dates</u>		
July 16 (Sat.)	Lake Tahoe Relay	
August 6 (Sat.)	☛ Santa Cruz Pier Swim	



Swim Program Rules

1. Club scheduled swims are restricted to club members only.
2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
3. Swimmers must be members in good standing with dues current and swim fees (\$26) paid.
4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
7. Scheduled swim sign-up sheets are posted two weeks prior to each swim.
8. Time limits are imposed and enforced for each swim.
9. All club boats are reserved for scheduled swims and riders are prohibited.

Additional qualifications for Alcatraz and Golden Gate Swims

10. In-town members must successfully complete 2 swims marked with a pointed hand ☛ and one other scheduled swim and pilot or help on at least 2 others.
11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
12. Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

Note: Jump-off times are subject to change

Dolphin Swimming & Boating Club

502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

RICHARD B. COOPER
1140 FILBERT ST.
SAN FRANCISCO, CA 94109

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DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club
San Francisco California - Established 1887 - Spring 1988

See Back Cover For 1988 Swim Schedule

Colonel Evans'
Amazing
Farallones
Swim --
Brian Gilbert's
Personal Memoir
- see page 6

Steve North
Learns an
Important
Lesson on a
Golden
Gate Swim
- see page 8

Front Door Lock Change:

The Club's front door lock will be changed August 1st. Members will receive new keys in July with their second quarter statements.

There will be a \$10.00 deposit payable upon receipt of the key and refundable upon its return. Life members will be exempted from this deposit.

Club's 1988 Swim Season - Excitement & Action Prevail



"Dedication, grimness, and self-absorption were manifest to some degree in all of them" See story page 6.

Dolphin Bulletin Board

Miscellaneous News & Notes for the Dolphin Club Membership

New Flooring Planned For Locker Rooms

After considerable study, the Club's Building Committee has selected a contractor to install non-skid cushioned flooring for the men's and women's locker rooms. Watch for this improvement to the Club's safety and comfort coming soon.

Post Twilight Swim Pot Luck Planned

Following the great success of the "Spring Fling", Herman Zahler, the Club's Entertainment Commissioner, will organize a Pot-Luck BB Que to follow the Cove Twilight Swim, June 24th.

The Dolphin Log

Editor: Jeffrey Howard Heth

Assistant Editrixes:

Mary and Meg Fitzgerald

Photographs in this issue are by
Barbara Keller

Published By
The Dolphin
Swimming & Boating Club Inc
502 Jefferson St.,
San Francisco, CA 94109
Organized in 1877

Officers

President - Katie Maloney
Vice President - Phil Rollins
Treasurer- Vince Huang
Recording Secty - Tom Hofmann
Financial Secty- Brian Gilbert
Boat Captain- Don Harrison

Board of Governors

George Galarza
Jeffrey Howard Heth
Stan Hlynsky
Cliff Jennings
Sam Lawson
Meg Reilly
Walt Stack
Elmer Tosta
David Zovickian

The Balclutha Arrives

The historic 102 year old square rigged sailing ship *Balclutha* arrived in Aquatic Park on April 28. The ship has been a San Francisco waterfront landmark for more than 30 years and will remain in her new home indefinitely.

She was built in Scotland as a global trader. A veteran of numerous trips around Cape Horn, including her maiden voyage to San Francisco in 1887, the steel-hulled, three-masted sailing vessel worked the waters of the Pacific from California to Alaska to Australia into the 1930s.

New Apparel Item

Look for a new style shirt to be available soon. The shirt will be a 100% cotton polo style with the Club logo embroidered on the front. A sample shirt is on display in the case by the front door. The cost will be \$16-\$18.

Memorial Weekend Handball Tournament

Dolphin Club handball courts will be

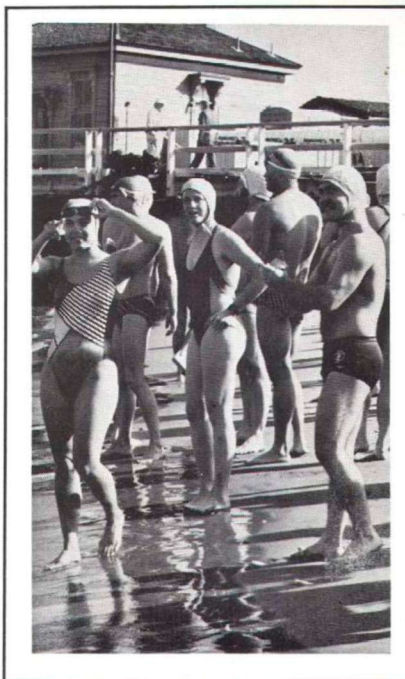
leased by the South End Club for their Memorial Day tournament from May 27 to May 30. Dolphin Club members are invited as spectators to this annual event.

Health Note

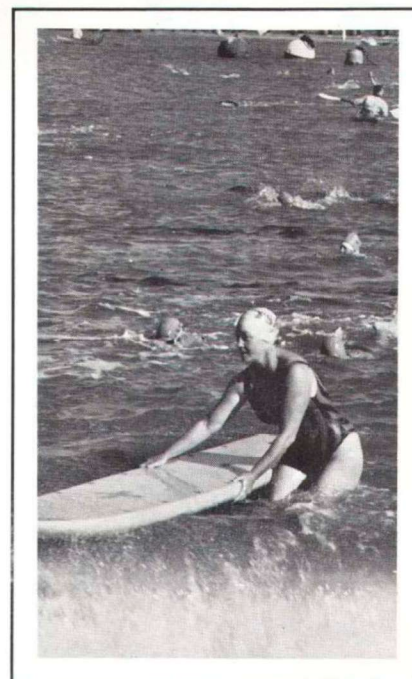
SUGGESTED AGE AND TEMPERATURE (FARENHEIT) CONSIDERATIONS FOR 'SENIOR' SWIMMERS

With increasing years, it is probably wise to venture into the Bay at times when the water is slightly warmer. A simple formula is offered, based on a limited sample of swimmers, not on scientific data collection. Start calculations with the temperature at which you were comfortable at any selected age above 70 years. This figure itself will probably reflect swimming history and fat pad. Whatever the base line, add 1° annually to find your minimum water warmth. For instance, if at age 76 you enjoyed swimming in 46° water, at 80 years you could accept 50°, at 85 -- 55° etc.

Coolly offered,
Leona Wolff



It's a bird, it's a plane... it's the Spring Cove swim!



And she'll have fun, fun, fun 'til her daddy takes the surfboard away.

President's Message

The first four months of 1988 have been active ones, in the usual Dolphin tradition. Here are some of the news highlights:

- On the social front, thanks go to Frank Drum and the kitchen crew for organizing a wonderful Old Timer's dinner, where we had a chance to enjoy an evening with some of our Old Timers. Also, thanks to Herman Zahler for the "Spring Fling", where we enjoyed entertainment by Dolphin member/singer Karen Drucker.

- The new building effort continues to progress. The Club has filed for preliminary plan review with the S.F. Building Department. We are informed that the building permit process in S.F. is currently moving slowly, and as of yet we have no estimated approval date. Meanwhile, our volunteer architects are continuing to finalize design work.

- The issue of the use of the Ari-

as and Avons was debated at the April meeting of the Board. The Board clarified that under current policy, the Arias and Avons are available for private use to all Club members who are "qualified" operators. Members are encouraged to learn to use these boats, in order to assist as pilots at Club swims. The Board defeated a motion to limit the use of these boats to activities related to Club swims, unless prior Board approval was obtained. The Board has not yet addressed the issue of whether/how the Club should be reimbursed for costs associated with private use of the motorized boats.

- The Board of Governors has voted to change the lock on the front door and to issue new keys to all members. A divided Board voted to assess a ten dollar (\$10) refundable fee for a new key. The Board concluded that the fee would encourage members who drop their memberships to return keys and would also finance a fund

for future re-keying of the lock.

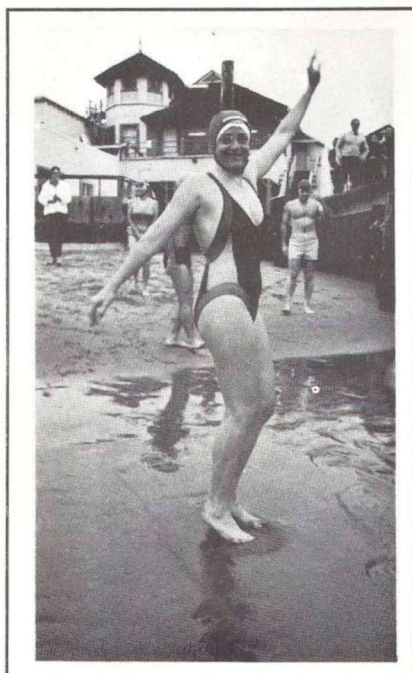
- Thanks for a thoughtful donation; the Staib Room now has a bookcase which is serving as a lending library/book exchange.

- The efforts of Jerome Duffy and Meg Reilly should soon bring us a new and much-needed bicycle rack.

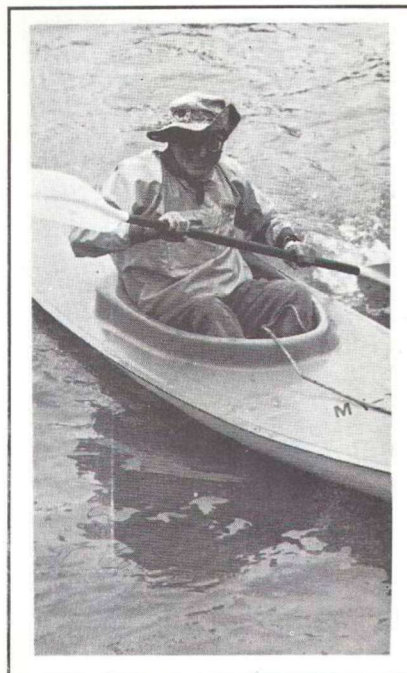
I would like to remind all members that the Board meets on the third Wednesday of each month at 7 p.m. The meetings are open to all members. Whether you are interested in hearing debate about current issues, or think you may be interested in running for the Board, all are welcome to attend. Meanwhile, if you want to communicate with the Board regarding any Club issue or policy, please write to The Board of Governors.

We like to hear from our constituents!

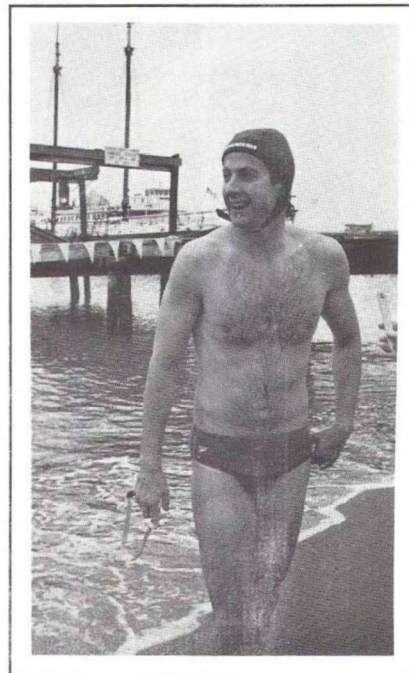
- Katie Maloney



Nancy Fougere displays her "windmill" stroke technique which keeps her ahead of the pack on Club swims.



Bill Powning fell of the wagon - and into the kayak.



This unidentified newer member is obviously enjoying himself at the Spring Cove swim.

Row, Row, Row Our Boats

by Diane Schatz
Rowing Commissioner

This year has been a terrific one, so far, for rowing. The fleet has never been in better condition! Thanks to all of the hard work and long hours donated by the boat house and Club officers, and their numerous helpers. The Club will soon be able to enjoy two new single Whitehulls named after two of the Club's favorite members, the *Cecco* and the *Joe Bruno*; built by our master craftsman, Jon Bielinski.

The fleet is expanding along with the number of rowers. Recently, more and more swimmers have become interested in rowing for pleasure and for piloting. Conrad von Blankenberg, Milo Weaver and Katie Maloney, to name a few, have learned to row and to pilot a swim in an unbelievably short time -- one week. They enjoyed watching the swim from a boat rather than from the water, where all one can see is water. It is excit-

ing to see all of the flailing arms and bobbing red hats racing for the Club.

Every year, as the number of swimmers increase, the number of pilots must increase also. Thank you all for your interest in rowing and piloting, and thanks especially to those of you who work so hard to maintain the fleet. In the next edition of the **Dolphin Log**, please look for the results of the Dolphin Club Regatta which will be held the morning of May 7!

Who Can Learn to Row?

Anyone can learn to row. The only basic requirements are: you must be a member in good standing, moderately coordinated and willing to spend time acquainting yourself with a new sport. Any interested members should watch the bulletin board for the date and time of the next monthly group instruction, given by Ned Hoffman and Scott Stewart. If you need individual help, please leave a note including

your telephone number for me, Diane Schatz on the bulletin board.

To All Rowers & Members

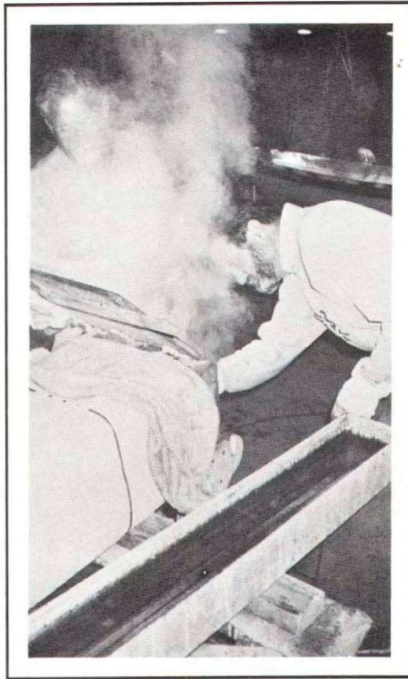
Did you love the "Row Well and Live" (Bene Remega et Vive) T-Shirts with a skull and crossed oars on the front? Were your friends impressed with your ability to understand Latin? Well, the T-Shirts are back after popular demand and are available at the Club in both short sleeve and tank styles. As all good Dolphins say when faced with the impossible, "Veni, Vidi, Vici". If only Caesar knew.

Oar Sleeve Damage

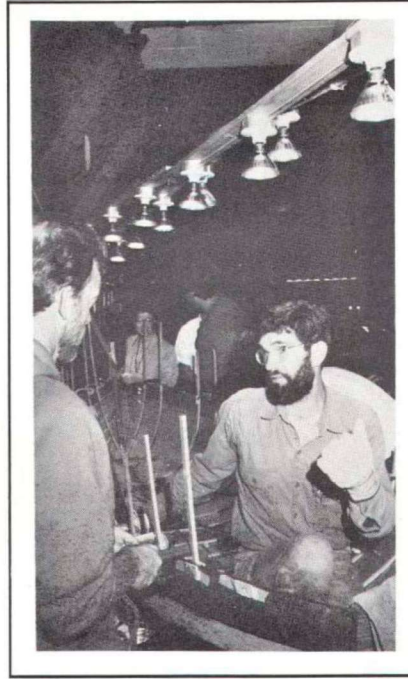
Continuing damage of the Club boats' oar sleeves indicates improper rowing techniques are being employed by some members. When rowing, the top of the blade should be at the top of the water.... any lower and damage can result. Ask the experts.... attend the Saturday morning rowing classes.... keep the Club's historic fleet intact!



(L to R) Bill Horgos, Jerry Cullen, Dave Zovickian, Phil Rollins and Meg Reilly.



Joe Bruno (l) and Bob Hoff assist in the building of the new singles under Jon Bielinski's direction.



Master craftsman Jon Bielinski explains it like it is to Jay Earnhardt.

Natomas Ergo Sumas

by Phil Rollins
Swim Commissioner

As some of you may have noticed, the Handicap Cove Swim is scheduled on the same day as the Examiner's "Bay-to-Breakers" footrace. To accomodate the many members who participate in this event, we have changed the Handicap Cove Swim jump-off time to 11:00 a.m. The Swim will be followed by a pot luck barbeque. Pray for a sunny day!

Swim Program Update

The 1988 Swim Program has reached mid-stride earlier than usual due to the lack of good tide days for our fall Golden Gate swims. This situation has caused us to select August dates for the Gate, thus the scheduling of swims early, as well.

Congratulations to Liam Hennessy for his first place finish in the Feb. 13 Pier 41 Swim as he joined 56 others who completed the race. John Davies took the March 19 Spring Cove, and Suzanne Heim set a new record and

won the April 10 Pier 39 Swim. This turned out to be one of the largest swims of recent times, primarily due to the tremendous effort put out by the large number of pilots present. Keep in mind that we allow 3 swimmers for each pilot. All the more reason for all of us to pilot swims so that fellow members may compete as swimmers.

A short, but extremely tough Dick Beeler Crazy Cove swim, was won by Liam Hennessy on April 16. An overcast, cool day drew a small crowd for this event that is traditionally more difficult than most out-of-cove swims. Watch out for the Twilight Cove Swim course later this year.

Our experiment with holding periodic joint cove swims with the South End Club seems to have failed. With the Dolphin Club supplying 5 swimmers for each one from the SERC, we have shelved the idea for the moment.

Coming up, we are planning to hold the annual Pilot Appreciation Breakfast after the July 10 Crissy Field Swim. Free breakfast for all pilots that day and a minimal charge for everyone else. Don't miss it.

Important Notice Re: Lifeguard Service

The Park Service recently announced that there will be no lifeguard service for the Aquatic Park Beach this summer.

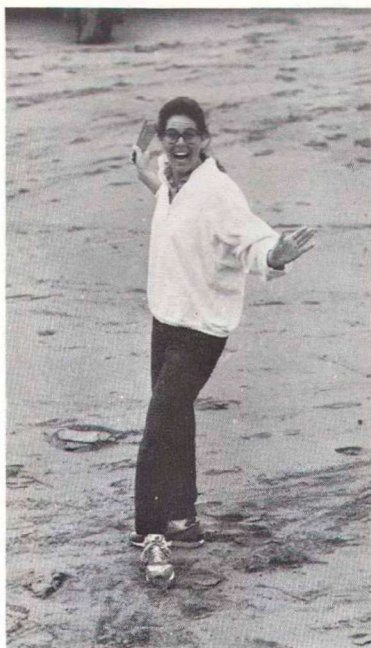
Because of the heavy use which Aquatic Park Beach and waters get from public swimming and boating, the lack of lifeguard supervision may lead to unsafe swimming conditions.

It is suggested that you direct your comments to:

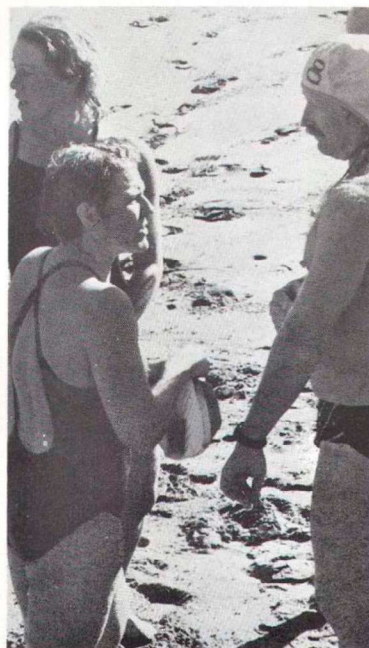
- Stanley Albright, Regional Director, Western Region, National Park Service, 450 Golden Gate Avenue, San Francisco, CA 94102 (415) 556-4196.

And/Or: Your City Supervisor(s):

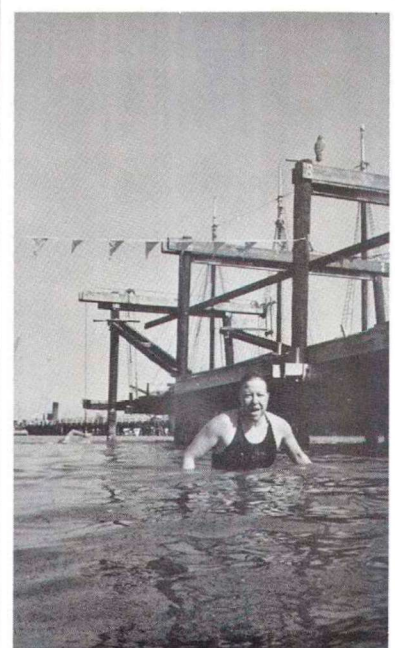
• Harry Britt	554-5145
• Jim Gonzalez	554-5338
• Richard Hongisto	554-5664
• Tom Hsieh	554-5015
• Willie Kennedy	554-5734
• Bill Maher	554-5401
• John Molinari	554-5555
• Wendy Nelder	554-5497
• Carol Ruth Silver	554-5254
• Nancy Walker	554-5943
• Doris Ward	554-5867



Swimmers who finished the Spring Cove were greeted by "stick lady" Dodi Marosi's lively presence.



Spring Cove participants seriously discuss the fine art of competitive swimming.



Joni Beemsterboer emerges from the water after placing 9th in the Spring Cove swim.

Colonel's Amazing Swim

A Personal Memoir
by Brian Gilbert

The Bay Area Sports Hall of Fame is replete with famous names: Willie Mays, Joe DiMaggio, Hugh McElhenny, Rick Barry and Wilt Chamberlain, to name just a few. One athlete's name will never appear there, which is a shame, because the athlete performed one of the greatest athletic feats by a Bay Area resident -- and he did it in a setting unique to the Bay Area. He was 41 years old at the time and he was a member of the Dolphin Club.

In August of 1967, the so-called "Summer of Love" was reaching its apex. Long lines of tourist automobiles jammed the streets in the Haight-Ashbury on weekends, with the occupants staring out at the "flower children posing in their beads and rags with derelict musical instruments. Every edition of the newspaper carried a new disquisition by gurus, such as Timothy Leary, on the life-enhancing properties of diverse chemical substances.

The City was gaining a reputation as a center of hedonism and self-indulgence that persists to this day.

We had more parties in those days,

and I first noticed the man at one of them. It was entirely appropriate that I did, because the strongest memory I have of the man is that of a fun-loving, jovial guy, an outgoing person who loved a party (and he fit right in at the Dolphin Club). He wasn't known for his athletic feats, and he didn't seem to be the kind of guy who would ever do any (so much for my ability to judge character). I was fresh out of Berkeley, and thus accustomed to seeing a number of young world-class athletes. *Dedication, grimness, and self-absorption were manifest to some degree in all of them.* These characteristics seemed to be totally lacking in him. His cheerful exterior belied a determination that epics are made of. He swam twice a day. As I recall, ten or twelve coves were a normal day's routine.

On August 27, 1967, with the water temperature 56°; he made the 27-mile crossing from the Farallones in 13 hours and 46 minutes (with two tide changes.)

Several old-timers remember heading off well-wishers trying to assist him out of the surf. "If they had helped him, it wouldn't have counted."

I didn't go to see it because I never

thought he could do it. Many great swimmers had already tried, and every one had failed (Ted Erickson did it soon after, in less time; but no one has done it since).

Stu Evans died several years ago when he lost his battle with cancer.

Reprinted below is the original newspaper story of August 2, courtesy of *The San Francisco Chronicle*:

The First Success

Colonel's Amazing Farallones Swim

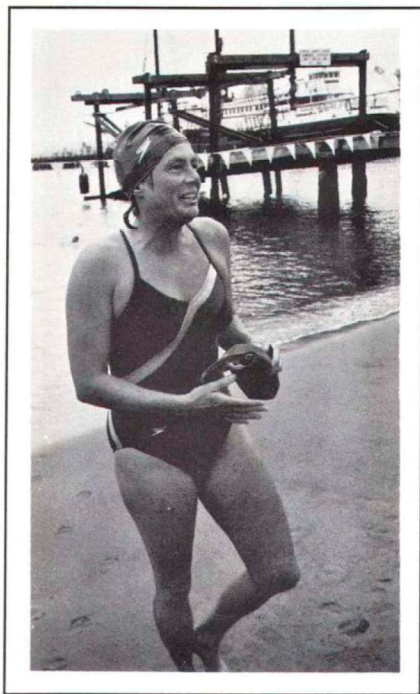
by Scott Thurber

Using two kinds of crawls -- the Australian and the one he learned as a child -- a Presidio colonel yesterday became the first person ever to swim all the way from the Farallon Islands to the mainland.

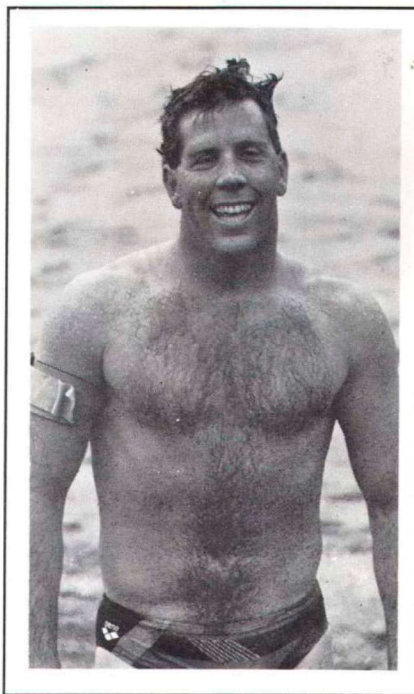
In succeeding where many before him had failed, Lieutenant Colonel Stewart Evans overcame treacherous tides, tricky currents and bone-chilling waters.

And since his age is 41, Evans gave long overdue aid and comfort to men in their 40s everywhere.

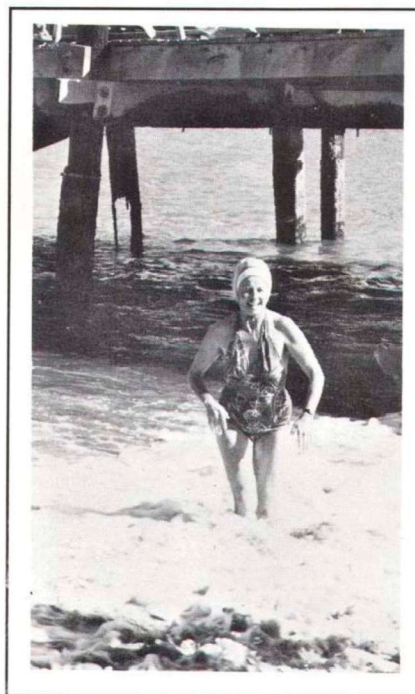
The colonel, a veteran long-distance swim-



Super swimmer Susan Allen emerges from the Bay.



Numero Uno, Liam Hennessey flashes his winning smile after a Club swim.



Avid Dolphin Club member Pavla Podolska plays in the surf at the Dolphin Club beach.

mer who had trained long and hard for the ordeal, plunged into the chill Pacific waters at the south tip of the Farallones at 10:17 p.m. Sunday.

For nearly 14 hours thereafter -- sustained by snacks of lemon Jello and Seven-Up, encouraged by relays of swimming companions from the Dolphin Club, urged on by a sheltering covey of boats -- Evans swam steadily with a relentless Australian crawl, 50 to 55 strokes per minute.

Then, just before noon, he reached his landing place inside Duxbury Reef off Bolinas in Marin County. He had covered "22 miles as the crow flies, 28 miles as a swimmer swims" He could still swim but he couldn't walk.

About ten yards offshore, the muscular colonel rose to his feet in the shallow water -- then toppled forward. "Crawl, Stu, crawl" his on-shore fans shouted -- and he literally crawled the rest of the way to the beach.

Then, elated by his achievement, he mustered the strength to jog knees high, for another ten yards before he collapsed into a wall of blankets and towels proffered by his wife, his fans and his friends.

There -- calm and good humored, although shivering violently and clearly exhausted -- he held an impromptu press conference.

Yes, he had some bad moments -- especially yesterday morning when his left shoulder suddenly started hurting him intensely. A Dolphin Club colleague said Evans had to abandon his crawl stroke for a side stroke until the pain subsided.

Yes, he thought -- seriously -- about giving it all up and quitting. This was when the shoulder

was giving him fits and he couldn't lift his left arm out of the water.

Did he have any theories on why he had succeeded where at least 15 previous attempts by top-notch swimmers -- including Ted Erickson of Chicago, San Francisco grandfather Ike Papke and Sacramento teen-ager Lenore Modell -- had failed?

No firm theories, Evans said. But he'd trained hard -- "I've been training for the past five months."

Reflecting a moment he added.

"We had a lot of cold water in the bay this year and it helped me get used to it."

He fought the cold -- and other things -- yesterday with a heavy and messy skin-covering comprised of petroleum grease graphite and a shark-repellant.

The swim originally was aimed at Stinson Beach, to the south -- but Club officials said unpredictable currents forced him to swim farther north, then circle south on a slack tide and aim for a narrow rocky beach guarded by rugged Duxbury Reef.

Dolphin Club physician Dr. Fred Howard -- who rode one of the two club-manned rowboats which convoyed Evans, and who swam alongside him sporadically, said the colonel made it because of his "great strength and determination" -- despite the cold water.

There was even one report -- unconfirmed -- of a shark headed toward the steadily stroking swimmer when he was about a half-mile off shore. Evans said he not only didn't see the shark he didn't hear the report.

The exhausted history maker walked part of

the way up to the beach -- but then surrendered to his exhaustion and lay down on a stretcher for the rest of the trip up the bluff to a waiting helicopter. At one point a newsman asked him "What's your next swim?"

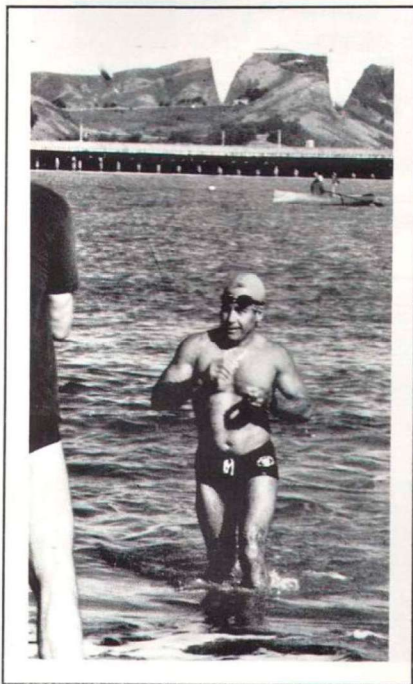
Water Quality News

On April 23 the South End Club invited the Dolphin Club to a reception for one of the engineers designing the boat berthing and fish handling project planned for construction between the Hyde Street Pier and Pier 45

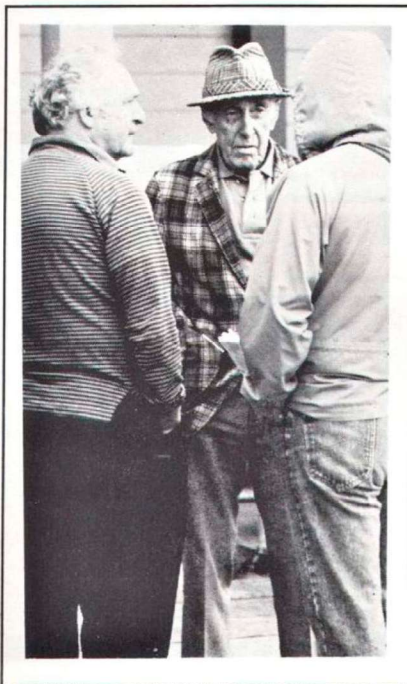
Dolphins who attended were surprised at the size of the planned construction and concerned regarding the effect that this project could have on the quality of water in Aquatic Park

While it appears that the design includes features to protect water quality, the Board believes that it is essential that the Club review the project. The purpose of the review will be to determine if the design could be modified to provide additional protection against pollution from the berthing and fish handling activities. The Club also plans to review all environmental impact studies.

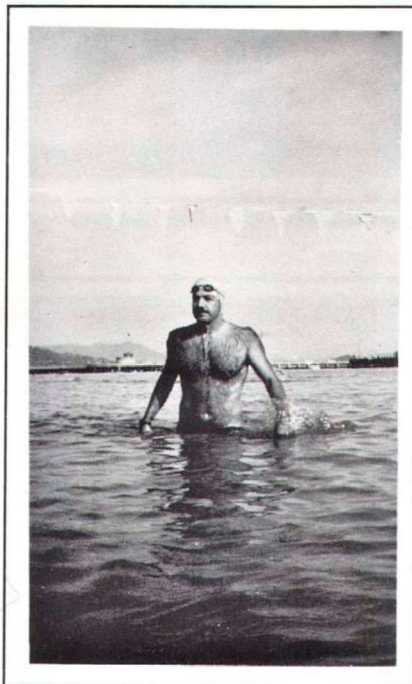
Any interested members who may be able to offer technical expertise in the areas of harbor engineering or water quality regulations are encouraged to contact the Board as soon as possible.



All-around Athlete Eduardo Barranco enjoys Club swims as much as anyone.



Dolphin veteran Dan Murphy (center) holds court at a Club swim.



Board member Dr. David Zovickian emerges from the water at the Spring Cove swim.

And Thus Endeth The Lesson

by Steve North

It was one those bitter, foggy mornings with a cold wind howling around the corners of Fort Point, the kind of morning that begs the question, WHY? Why was I so stupid to attempt a swim from one end of the bridge to the other when I could be somewhere else under a blanket, warm and secure? For me, all gate swims are terrifying experiences, especially ones not sanctioned by the Dolphin Club. The "other club" was sponsoring a swim for people fifty years old and over to celebrate the fiftieth anniversary of the Golden Gate Bridge. But just as we were gingerly walking barefoot across the sand to the Fort Point beach, Mel Patsel, the South End swim commissioner, called off the swim. He said the surf was too high for the pilot boats. I let out an embarrassing sigh of relief and as we drove back to the cove, I feigned disappointment,

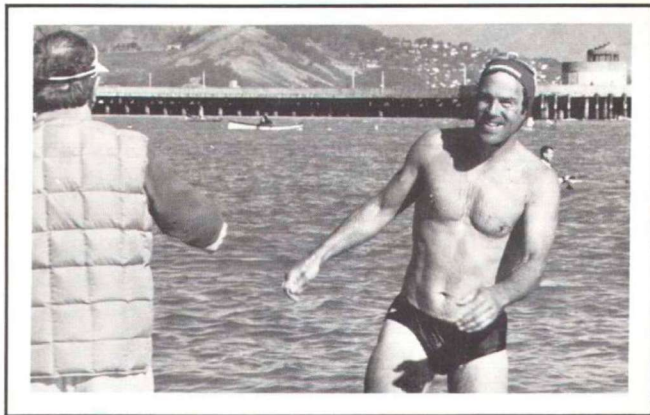
yet was secretly elated that I wouldn't have to battle the high waves and vicious currents.

But two months later on Sunday, September 20, 1987, the race was resurrected, and in spite of a feeling of dread and urged on by pride, I decided to try again. Thirty or so old guys from both clubs met in the lounge on the second floor of the South End Club, an unfamiliar setting but with familiar faces: Joe Bruno, Bob McKenzie, Jerry Cullen and others from the Dolphin Club. I felt better until Mel Patsel announced that he hadn't finished the test swim the day before. He was pulled, he said, because the tide had changed sooner than expected. Not a good sign. After the usual admonitions about currents and tides and the surprising news that we would be swimming from Lime Rock to Fort Point, from north to south (another bad omen), we set off for Scomas, where

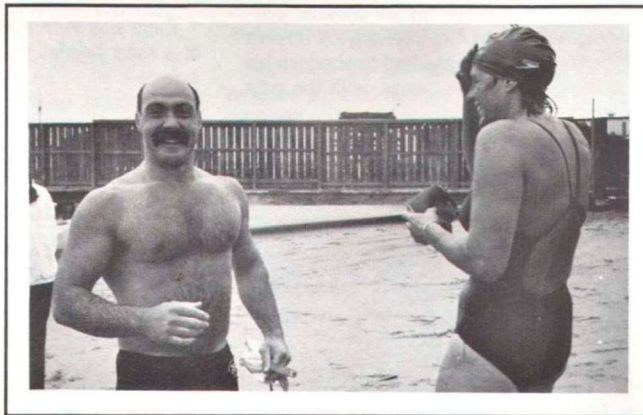
we boarded the restaurant's fishing boat.

The boat was filled with the usual light-hearted bantering to cover up raw, pre-swim fear that we all pretend not to feel. The day was sunny and the water seemed calm as we headed for Lime Rock, but the prevailing emotion was of apprehension and a feeling of doom. I sidled into the head three times. Each time my apprehension increased. Finally, we stopped dead in the water 100 yards or so north of Lime Rock. The moment of truth had arrived. George Farnsworth, bless him, urged the boat's captain to draw abreast of the rock, which he did, shortening the swim by the length of a football field. Every little bit helped.

"JUMP!" someone shouted, and in we plunged. Instant, bone-chilling cold. For the first five minutes, my heart and adrenalin pumped so fast



Roger Kleid finds his footing after a particularly vigorous Spring Cove swim.



Susan Allen is amused by George (strong like an ox) Kebbe.



Here's another happy swimmer leaning for her finishing "stick" after having completed a tough course.



Former Boat Captain and frequent pilot, Ned Hofmann enjoys a reflective moment in one of the Club's hisotirc rowboats.

that all became nothing but blurred confusion. After the initial fear wore down, I realized I was making progress -- swimming under the bridge, hearing the comforting din of cars clanking on concrete. The sound was a connection with the dry universe, a symbol of normal life. Fear and panic further subsided as I neared mid-span which marked one-third of the way. Surprisingly, I felt good now; the conditions were ideal; the sun was shining warmly, and I could already see the red buoy anchored west of the south tower. I headed for it. And then I saw people on the Fort Point beach. I even saw their faces. I stopped stroking and looked at my watch. 39 minutes. This swim was a cinch - another ten minutes at most. I heard the surf breaking on the beach. Already some swimmers had finished. I was between the red buoy and the south tower now. I marshalled up all my energy for the final dash. I composed my victory speech.

The easiest Gate swim yet, I'll

tell everyone. A breeze from start to finish. My personal best! Felt so good I could have turned around and swum back to Marin. Goes to show what a not-too-vigorous but sensible training program can accomplish. Yes, my success, ladies and gentlemen, proves once again that 20th Century man still has the ability and fortitude to overcome the awesome forces of nature and prevail.

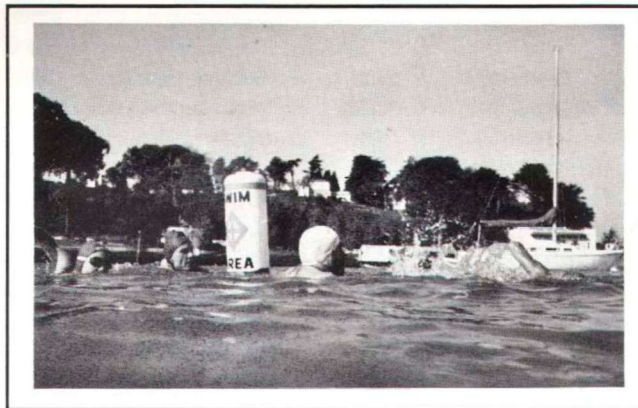
I interrupted my reverie to take a quick bearing on the red buoy. It should have been behind me. But it wasn't. It was gone, disappeared! I looked again. Strange! It was in front of me, to the right. In fact, it seemed to be moving away. Something was not right. And I looked at the beach. I could barely make out the figures now. Something was definitely wrong. A South End pilot rowed along side. "Tide's changed!" he pronounced like a judge serving up a death sentence. "Need help?" he added. "No. Of

course not," I blurted out. But the buoy was still receding, faster now, and the beach people were nothing but little tin soldiers, scurrying back and forth like ants. The miserable realization that I was swimming backwards finally dawned on me.

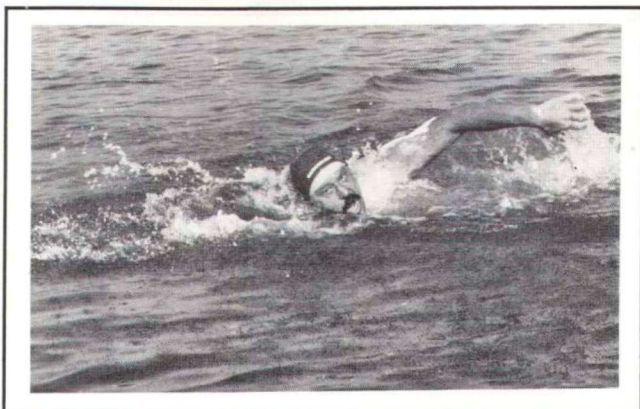
"Grab my stern!" the pilot commanded and I did. He tried to pull me back toward the buoy, but even he was having trouble making headway. He signalled the Avon, and seconds later Don Harrison, the savior, zoomed up. He unceremoniously popped me out of the ocean into the Avon, and I flopped on the floorboards like a beached walrus. Shouts were heard, signals given and soon I was transferred to Herman's motorboat. He wrapped me in a blanket and feeling like a survivor of a torpedoed tanker, I mulled over the morning's fiasco. Never, never, I resolved, compose a victory speech until the finish line is crossed. *And thus endeth the lesson.*



Looking like a wrestler, swimming like a fish... Mike Webb emerges from the water.



The course got a bit crowded on the Spring Cove swim when the swimmers round the buoy marker at the same time.



Sheer determination shows on the face of Stan Hlynsky as he finished a Sausalito-to-San Francisco Bay swim one morning.



Board member Meg Reilly grins at the camera amidst a gaggle of swimmers.

Dolphin Swim Statistics

PIER 41 SWIM FEBRUARY 13, 1988

1. Liam Hennessy	18:10
2. John Davies	19:17
3. Laura Merkel	20:48
4. Rick Crafts	21:01
5. Meg Fitzgerald	21:03
6. Geroge Kebbe	21:36
7. Linda Braski - TIE	21:40
7. Dave Zovickian - TIE	21:40
9. Mickey Lavelle	21:42
10. Dan Osborne	22:22
11. Joni Beemsterboer	22:23
12. Philip Gay	22:29
13. Mike Webb	23:40
14. Peter Jacobson	23:44
15. Tom McGraw	24:36
16. Lorna Newlin	24:53
17. Nick DeMay	24:57
18. Lori Weiner	25:04
19. Ken Frank	25:12
20. Eric Groneman	25:15
21. Pete Neubauer	25:17
22. Jeff Heth	25:20
23. Jay Earnhardt	25:31
24. Bill Horgos	25:38
25. Jerry Cullen	25:41
26. Helene Marchant	25:53
27. Tom Callinan	25:54
28. Alan Liss	26:02
29. Rich Livingston	26:43
30. Steve Lathram	26:51
31. Ken Coren	26:58
32. John Horner	27:23
33. Wendy Kress	27:24
34. Kent Rogers	27:34
35. Omer Thompson	28:00
36. Margy Titus	28:15

37. Sue Garfield	28:21
38. Shelley Sullivan	28:51
39. Jim Ross	30:21
40. Era Osibe	30:38
41. Meg Riley	30:47
42. Flicka McGurrin	31:01
43. Sara McCuskey	31:37
44. Mike Roller	32:08
45. Steve North	32:29
46. Larry Alioto	33:17
47. Chris Cadelago	33:18
48. Mary Sancimino	34:08
49. Nancy Fougere	
(on a kickboard)	34:32
50. Susan Lauritzen	34:41
51. Ray Mondini	35:08
52. Keith Nelson	35:36
53. Bob McKenzie	38:56
54. Tom Sancimino	39:06
55. Mike DiNunzio	39:12
56. Joe Bruno	39:47
57. Phil Kohlenberg	42:50

Pilots

Jim Growden, Hans Kramer, Bob Hoff, Don Harrison & Mary Nor-kin, Cliff Jennings, Bill Walden, Mike Mitchell & Katy Maloney, Rich Cooper, Andy Camous, Pete Bianucci & Harvey Gately, Colin Gift, Paula Dyer, Harry Louie, Ginny McGraw, Bob Danielson, George Gara, Susan Allen, John Selmer, Eric Shackleford, Allan Brown, Phil Rollins, Fred Mullen, Herb Madden. *South End Pilots:* Mike Muffat, Dave Kenny, Burt Huffman, Dave Duncan.

Boat Launch & Pull

Vincent Huang, Dennis Watson, Roger Kleid, Wayne Riddle and Mike Webb.

Test Swim & General Help

Omer Thompson, Mike Koga, Mary Fitzgerald, Don Harrison, Stan Hlynsky, Suzanne Heim, Jim Sancimino, Steve Sancimino, Hans Kramer, Elmer Tosta.

Timers/Recorders

Dan Murphy, Mimi Osborne, Susan Cobb, Wayne Riddle, Marcia Grimm, Cathy Huang

Kitchen

Jerome Duffy, Herman Zahler, Frank Mennucci.

General Help

Joe Bruno, Jim Ross, Lee Hammack, Roger Kleid.

SPRING COVE SWIM March 19, 1988

1. John Davies	19:24
2. John Selmer	20:18
3. George Kebbe	22:10
4. Mickey Lavelle	22:21
5. Linda Braski	23:40
6. Dan Osborne	23:48
7. Phil Gay	23:54
8. Ed Urban	24:18
9. Joni Beemsterboer	24:26
10. Mike Webb	24:56

11. Mitchell Day	25:33
12. David Zovickian	25:49
13. Lisa Smith	26:23
14. Charlie Martin	26:49
15. Ken Frank	26:54
16. Nancy Fougere	28:27
17. Jerry Cullen	28:42
18. Tim Callihan	29:01
19. George Buffington	29:14
20. Eric Goneman	29:15
21. Bill Horgos	29:16
22. John Sullivan	29:17
23. Susan Cobb	29:18
24. Colleen Madden	29:44
25. Rich Livingston	29:53
26. Jay Earnhardt	30:14
27. Vince Huang	30:16
28. Ann Tingley	30:48
29. Lee Hammack	30:59
30. Jeff Heth	33:28
31. Tom Pike	34:08
32. Kent Rogers	34:30
33. Colin Gift	36:37
34. Jim Weil	36:48
35. Jerome Duffy	36:55
36. Meg Reilly	42:58
37. Will Powning, Jr.	43:22
38. Peggy Knickerbocker	43:56
39. Helen Greeley	44:16
40. Mike Roller	45:29
41. Bill Powning, Sr.	48:42
42. Joe Bruno	52:31
43. Tom Callinan	54:26
44. Jack Kamesar	66:52

• Bill Horgos and Tim Callihan repeated course a second time: Horgos - 53:12; Callihan - 53:59. Congratulations to both!



Expert pilot Bill Walden with craft and coffee.



Pretty Patti Fujii at the finish of a swim.

Pilots
 Cab Covay, Hans Kramer, Ken Coren, Scott Stewart, Jim Growden, Omer Thompson, Bill Walden, Reuben Hechanova, Elizabeth Tippin, Herman Zahler, Lorna Newlin, Andy Camous, Ned Hoffman, Al de la Pena, Neal Hartnett, Phil Lucier, Susan Allen, Pete Brigham, John Horner, Flicka McGurrin, Karen Jacobs, Phil Rollins, Bob McKenzie, Bob Danielson.

Helpers
 Shelly Sullivan, Peter Jacobson, Alan Liss, Chris Cadelago, Ray Mondini, Neal Fishman, Greg Tuerk, Mike DiNunzio, Keith Nelson, Rick Crafts, Roger Kleid, Terry Kleid, Suzanne Heim, Larry Alioto, Elmer Tosta, Linda Braski, Dave Zovickian, Carol Block, Susan Cobb, Steve North, Ken Frank, Mitchell Day, Jim Hulihan, Mike Webb, Jerome Duggy, Pavla Podolska, Laura Merkl, Dan Murphy, Pete Applegate, Wayne Riddle, Mimi Osborne, Barbara Keller, Cecco Menucci, Dahlia Kamesar, Lou Marcelli, Carol Berghen, Steve Lathram, Lisa Smith, Jack Giacomini, Joe Bruno, Sue Garfield, Steve Sancimino.

PIER 39 SWIM
APRIL 10, 1988

1. Suzanne Heim	21:17
2. Sam Corn	23:00
3. John Davies	23:41
4. Rick Crafts	25:25
5. Denise Lyle	25:41
6. Dave Zovickian	25:48
7. Pete Applegate	26:10
8. Karen Drucker	26:11
9. Elmer Tosta	26:49
10. Joni Beemsterboer	27:01
11. Susan Allen	27:08
12. Phil Gay	27:12
13. Lori Weiner	28:02
14. Scott Anderson	28:16
15. John Sullivan	28:39
16. Jerry Cullen	28:41
17. Ann Tingley	28:47

18. Lisa Smith	28:48
19. Suan Cobb (TIE)	29:05
19. C. von Blankenberg	29:05
19. Bill Horgos	29:05
22. Tom Callinan	29:26
23. Alan Liss	29:31
24. Terry Kleid	29:38
25. Steve Lathram	29:40
26. Tim Callahan	29:46
27. Marcia Grimm	29:51
28. Cliff Jennings	29:59
29. Phil Lucier	30:11
30. Bob Danielson	30:14
31. Alan Brown	30:35
32. George Buffington	30:37
33. Fred Miller	30:46
34. Stan Hlynsky	30:48
35. Patti Fujii (TIE)	30:57
35. Helene Marchant	30:57
37. John Horner	31:05
38. Lee Hammack	31:06
39. Milo Weaver	31:11
40. Roger Kleid	31:20
41. Carla Curtis	31:54
42. George Gara	32:00
43. Rich Cooper	32:13
44. Tom Martz	32:18
45. Eduardo Barranco	32:25
45. Kent Rogers	32:25
47. Dennis Watson	32:36
48. Ken Coren	32:45
49. Mike Mitchell	32:49
50. Neal Fishman	32:59
51. Jerry O'Dwyer	33:07
52. Jerome Duffy	34:25
53. Keith Nelson	34:31
52. Sue Garfield	35:03
53. Mike Roller	35:42
54. Jim Weil	35:58
55. Buck Swanack	36:05
56. Will Powning	36:09
57. Rudy deMay	36:12
58. Pete Biannuci	36:17
59. Susan Lauritzen	36:26
60. Dahlia Kamesar	36:39
61. Mary Sancimino	36:45
62. Meg Reilly	36:49
63. Era Osibe	36:51
64. Peggy Knickerbocker	37:00
65. Don Reid	37:05
66. Larry Alioto	37:46
67. Steve Sancimino	37:53
68. Bill Powning	38:12
69. Jim Sancimino	38:36
70. Helen Greeley	38:52
71. Hugo Bucholz	39:02
72. Phill Sancimino	39:38
73. Pavla Podolska	39:46

74. Jack Kamesar (TIE)	39:49
75. Bob McKenzie	39:49
76. Ray Mondini	39:57
77. Joe Bruno	40:42

• New Dolphin Record

Helpers
 Pete Applegate, Carol Block, Ken Frank, Joe Bruno, Scott Anderson, Jerome Duffy, Peggy Knickerbocker, Dodi Morosi, Cecco Menucci, Ann McCamman, Dan Murphy, Colin Gift, Lorna Newlin, Laura Merkl, Margy Titus, Barbara Keller, Lou Marcelli, Jack Giacomini, Nick Zoller.

Pilots
 Pete Neubauer, Herb Madden, Ken Frank, Jay Earnhardt, Nancy Fougere, Norm Duffet, Rafael Torrez-Gil, Carol Block, Sam Lawson, Hans Kramer, Jon Bielski, Mike DiNunzio, Marty Reuttinger, Bill Walden, Neal Hartnett, Diane Schatz, Katie Maloney, Phil Rollins, Gregg Turel, Steve North, Don Harrison, Jim Biggs, Ned Hoffman, Herman Zahler, Paula Spiedel, Andy Camous, Steve Pionetti, Allen, Suzanne Heim, Stan Hlynsky, John Sullivan, Glynn Jones, Kent Rogers, Jerry Cullen, Mike Mitchell, Buck Swannack, Steve North, Conrad von Blankenberg, Hugo Bucholz, Elmer Tosta, Phil Kohlenberg, Cecco Menucci, Joe Bruno. SERC Pilots: Al Levinson, Jim Hentz, Murphy, Mike Berline, Monks, Hank Seiplet, Roger Major, Tom Carter, Pat Cunneen, Mike Moffett, Dave Kennedy.

DICK BEELER
CRAZY COVE SWIM
APRIL 16, 1988

1. Liam Hennessy	26:22
2. John Davies	29:36
3. Susan Allen	32:54
4. George Kebbe	32:55
5. David Claman	34:10
6. Nancy Fougere	39:07
7. Ken Frank	39:14

8. Steve Jones	39:27
9. Tom Hofmann	39:36
10. Karen Drucker	39:50
11. Charlie Martin	41:18
12. Eric Shackelford	42:03
13. Tim Callahan	45:05
14. Lori Weiner	45:40
15. Susan Cobb	46:02
16. Marcia Grimm	47:00
17. Bill Horgos	47:22
18. Lorna Newlin	47:53
19. John Horner	49:54
20. Gerald O'Dwyer	56:18
21. George Gara	61:52
22. Larry Alioto	67:58
23. Stan Hlynsky	71:30
24. Hugo Bucholz	82:04
25. Steve North	85:21

Short Course:

Vince Huang
 Joe Bruno
 Milo Weaver
 Herb Madden
 Sandy Lehmkuhl

• Escorted Joe Bruno, then finished course.

Pilots
 George Buffington, Jim Ross, Phil Lucier, John Dahlberg, Meg Reilly, Flicka McGurrin, Marty Reuttinger, Bob Danielson, Bill Powning, Mike DiNunzio, Hans Kramer, Rich Cooper, Armen Jalalian, Bill Walden, Conrad von Blankenberg, Diane Schatz, Bob Hoff, Herman Zahler, Ned Hoffman

Helpers
 Brock Settlemier, Ray Mondini, Chris Cadelago, Bill Powning, Brian Gilbert, Dahlia Kamesar, Steve Lathram, Jack Kamesar, Tom Sancimino, Helen Greeley, Phil Rollins, Jerome Duffy, Lou Marcelli, Ned Hoffman, Dodi Marosi, Dan Murphy, Cliff Jennings, Patti Fujii, Pete Neubauer, Barbara Keller.

Safety First
Watch Out for
Your Fellow
Dolphins!!!!

1988 Swim Schedule

<u>Date</u>	<u>Event</u>	<u>Jump-Off</u>
December 21	Polar Bear Swim Starts -40 miles, ends March 21	
January 1 (Fri.)	New Years Day Cove Swim.....	12:00 noon
	New Years Day Alcatraz (with SERC)	9:00 a.m.
January 24 (Sun.)	Mid-winter Cove Swim.....	10:00 a.m.
February 13 (Sat.)	☛ Pier 41.....	TBA
March 19 (Sat.)	Spring Cove.....	9:00 a.m.
April 10 (Sun.)	☛ Pier 39.....	TBA
April 16 (Sat.)	☛ Dick Beeler Crazy Cove.....	9:00 a.m.
May 1 (Sun.)	☛ Yacht Harbor.....	TBA
May 15 (Sun.)	Handicap Cove.....	11 a.m.
June 1	100 Mile Swim Starts -ends October 31	
June 12 (Sun.)	☛ Doc Howard Over 45 - Gas House Cove.....	TBA
June 18 (Sat.)	Over 60 Cove.....	9:00 a.m.
June 24 (Fri.)	☛ Twilight Cove -BBQ to follow.....	6:30 p.m.
July 10 (Sun.)	☛ Crissy Field.....	TBA
July 31 (Sun.)	Qualifier Cove for August 13 Fort Point Swim.....	9:00 a.m.
August 13 (Sat.)	☛ Fort Point.....	9:00 a.m.
August 20 (Sat.)	Golden Gate I - Fast Day.....	TBA
August 21 (Sun.)	Golden Gate II - Slow Day.....	TBA
October 16 (Sun.)	Alcatraz.....	TBA
November 5 (Sat.)	Annual Swim/Pilot Appreciation Dinner.....	TBA
November 24 (Th.)	Thanksgiving Day.....	9:00 a.m.
December 18 (Sun.)	New Years Day Alcatraz Cove Qualifier.....	10:00 a.m.
<u>other important dates</u>		
July 16 (Sat.)	Lake Tahoe Relay	
August 6 (Sat.)	☛ Santa Cruz Pier Swim	

Swim Program Rules

1. Club scheduled swims are restricted to club members only.
2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
3. Swimmers must be members in good standing with dues current and swim fees (\$26) paid.
4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
7. Scheduled swim sign-up sheets are posted two weeks prior to each swim.
8. Time limits are imposed and enforced for each swim.
9. All club boats are reserved for scheduled swims and riders are prohibited.

Additional qualifications for Alcatraz and Golden Gate Swims

10. In-town members must successfully complete 2 swims marked with a pointed hand ☛ and one other scheduled swim and pilot or help on at least 2 others.
11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
12. Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

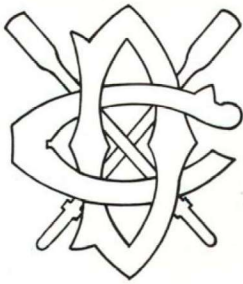
Note: Jump-off times are subject to change

Dolphin Swimming & Boating Club

502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

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1140 FILBERT ST.
SAN FRANCISCO, CA 94109

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DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club
San Francisco California - *Established 1877* - Summer 1988

See Back Cover For 1988 Swim Schedule

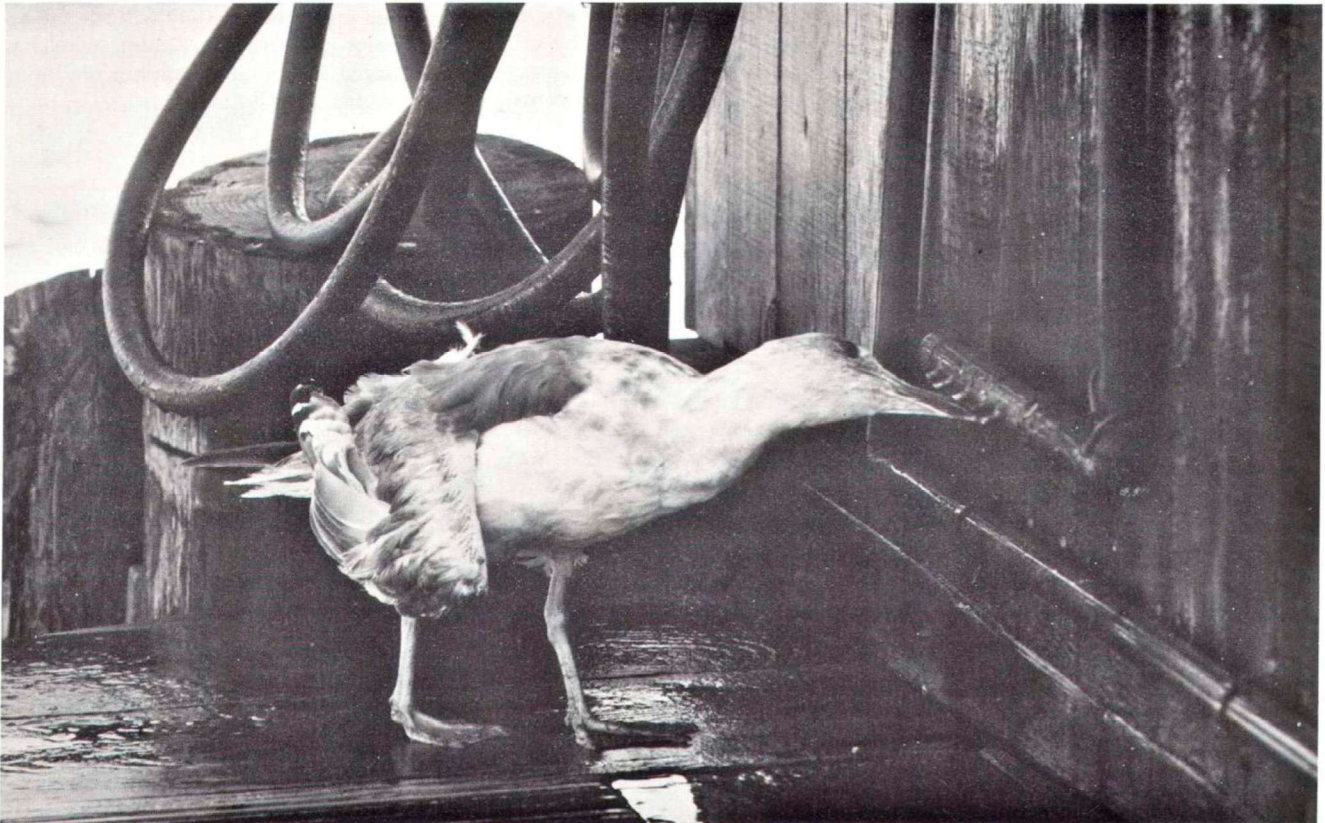
**How to
Land
A
Dolphin**
see page 8

**Our Eternal
Timer --
Frank
Staib**
see page 7

Please Help Conserve Water

During this period of drought and city-mandated water restriction, the Board of Governors asks that all Dolphins help to conserve water by limiting the length of their showers.

Busy Swim Season Continues With Alcatraz/Gate Upcoming Soon!



All Dolphins are encouraged to follow the example of this bird and to use our water sparingly.

Dolphin Bulletin Board

Miscellaneous News & Notes for the Dolphin Club Membership

Suzanne Heim Wins Silver at FINNA World Championship

The FINNA WORLD CHAMPIONSHIP was held on Thursday, July 14, 1988. Dolphin Club member **Suzanne Heim** won a silver medal as the second place woman. She was fourth over all! The U.S. team (consisting of two males and two females, including Suzanne) won the World Team Championship.

The Finna World Championship is a 15K swim. Its participants are selected in National Championships and comprise the best amateur long distance swimmers in the world. Suzanne had won the U.S. National Championship

in Long Beach last month, beating everyone, male and female by around 10 minutes. The Finna World Championship this year had 39 participants from around the world. The course took the swimmers from Lousanne, Switzerland to Evians, France. The water temperature was 66 degrees. The race was almost called off because winds were gusting at 40mph. *Congratulations Suzanne!*

Weight Room Users Urged To Keep Facility Tidy

Users of the weight room are asked to clean up after themselves and to put weights away and in general help to keep the room more tidy than it has been in the past.

Womens' Locker Room Expansion is Planned

Plans are underway to greatly expand the women's locker room by utilizing most of what is now gallery space above the Club's handball court. The

new design will leave some space for handball viewing and at the same time allow for a large number of new women's lockers to be installed.

New Building Plans Are Still In The Works

After years of planning and struggle, it appears as though final permits for the new Club annex to be built next door are likely to be granted this year. Construction may begin in this decade. The new structure will be constructed on the site of the burned down Ariel Club with fire insurance proceeds. The new building will add locker space, boat storage, history room and more to the Dolphin Club.

New Dolphin Carving Adorns Transom

Members are encouraged to look up above the sliding wooden doors separating the boat house from the deck area inside where they will see the artistry of Herman Zahler who has carved a very nice Dolphin rendering and installed it there.

The Dolphin Log

Editor: Jeffrey Howard Heth

Assistant Editors:

Mary and Meg Fitzgerald

Photographs in this issue are by
Barbara Keller • Elmer Tosta
Susan Lauritzen • Walt Schneebeil

Published By
The Dolphin
Swimming & Boating Club Inc
502 Jefferson St.,
San Francisco, CA 94109
Organized in 1877

Officers

President - Katie Maloney
Vice President - Phil Rollins
Treasurer - Vince Huang
Recording Secty - Tom Hofmann
Financial Secty - Brian Gilbert
Boat Captain - Don Harrison

Board of Governors

George Galarza
Jeffrey Howard Heth
Stan Hlynsky
Cliff Jennings
Sam Lawson
Meg Reilly
Walt Stack
Elmer Tosta
David Zovickian



Expert pilot and former *Dolphin Log* editor Bill Walden takes a break on the Dolphin Club deck.



Another Dolphin deck regular is Lou Marcelli, shown here catching up on the sporting news.

President's Message

As always at the Dolphin Club, "no news is good news". The best news is that the water has climbed to an amazing 63 degrees. Take note all of you who have been heard to say you'll swim if it ever reaches 70 degrees. Only a few more degrees to go...

In the past few months, the Board of Governors has been confronted with an unusual number of important business/policy related issues. The following are some of the key issues which have arisen.

- As reported in the Spring Log, the Port of San Francisco is planning the construction of a boat berthing and fish handling project between Hyde Street Pier and Pier 45. Due to the project's proximity to the Club, the Board of Governors retained an outside consultant to study potential water quality impacts which could affect our swimming area. The Board, through this consultant, is working cooperatively with the Port in an effort to ensure that adequate study of water quality impacts is performed. This project, as well as talk of possible dredging and dumping in the vicinity of Alcatraz,

should serve to remind all members that we cannot take our current water quality for granted. In the years to come, the vigilance and collective voice of all of us may well be decisive in ensuring that acceptable water quality is preserved in the Cove.

- Our landlord, the S.F. Recreation and Park Department, has invoked the "annual audit" provision of our lease and is requiring an audit of the Club's financial records for 1987. This review, which will establish a financial "baseline", should be useful to the Board in preparing budgets for future years. The auditor will provide advice on methods of bookkeeping and budget control. Given inevitable increases in costs of operation, the current and future Boards face the challenge of living within a "balanced budget", without cutting back on Club activities and maintenance. Anyone with questions regarding the financial workings of the Club should contact the treasurer (Vince Huang) or me.

- As a result of the drought the Club must reduce its water consumption. Conservation of water, as well as other utilities, is one way to keep our costs

down. Water bills suggest some minimal conservation is in effect - thanks!

- The Board of Governors voted in July to clarify the swim rules governing out-of-cove swims. (See page 9 of this issue) If you swim, please familiarize yourself with these rules. Feel free to contact the Swim Commissioner (Phil Rollins) if you need clarification of any rule.

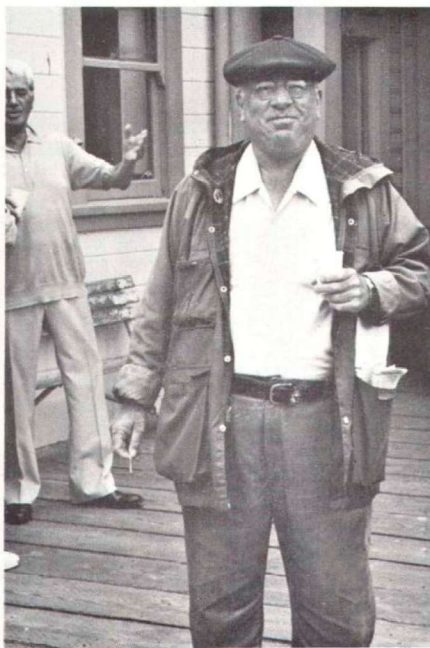
- The "Annual Meeting" will be held on Wednesday, September 21 at 7 p.m. At this meeting any member may present issues for vote by the Board or membership. Please see the Club Bylaws, or contact any Club officer regarding the procedure for raising issues by petition: Also, at the meeting the Board will review business of the past year, and proposed future activities. All interested members are encouraged to attend. Please contact me prior to the meeting to advise me of any issues which you wish to have added to the meeting agenda.

Thanks to everyone for their input to the Board during the first half of 1988.

- Katie Maloney



Meg Reilly, a member of the 1988 Dolphin Board of Governors prepares for a recent swim.



Noted for his hilarious wit, dual citizen (South End and Dolphin member) Joe Peradotto mugs for the camera..



Father and son rowing team Bob and Jeremy West.

Rowing Regatta Revived

by Diane Schatz
Rowing Commissioner

On Saturday May 7th, 1988, the Dolphin Club hosted a rowing regatta, marking the resumption of the Dolphin Club tradition of hosting an annual regatta. It had been seven or eight years since the Club had organized a rowing race.

The turnout was fantastic, especially since it was lightly raining and rather windy. There were 35 entrants from various rowing clubs; South End Club, Open Water Rowing (Sausalito), and Santa Cruz, to name a few. From the Dolphin Club, there were rowers of all ages and abilities.

The Club set two courses which both started next to the Jeremiah O'Brien. The heavy wooden singles and lightweight singles followed the course around the east end of Alcatraz down and around the buoy in front of the Yacht Club and back to Muni Pier, @ 3.5 miles. The heavy wooden doubles, vikings and lightweight doubles followed the same course as the singles, except that they turned at the buoy in front of the Coast Guard pier and then continued back to Muni Pier, @ 6 miles.

It was a typical day on the Bay for a Dolphin event: it was windy, lightly raining and the water was quite rough with 3 foot chop on the

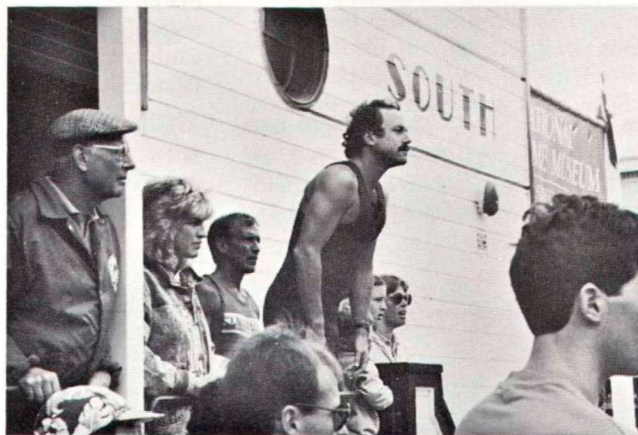
leg to the Coast Guard pier.

The Dolphin Club handily beat the South End in all boat classes. After the race, Herman cooked a magnificent Mexican feast for everyone. The event would never have been successful without the help of the ever present and generous Dan Murphy, Dan and Mimi Osborne, Herman Zahler, Pavla Podolska, Lorna Newlin, Stan Hlynsky (as captain of the Arias), the rowers and many others.

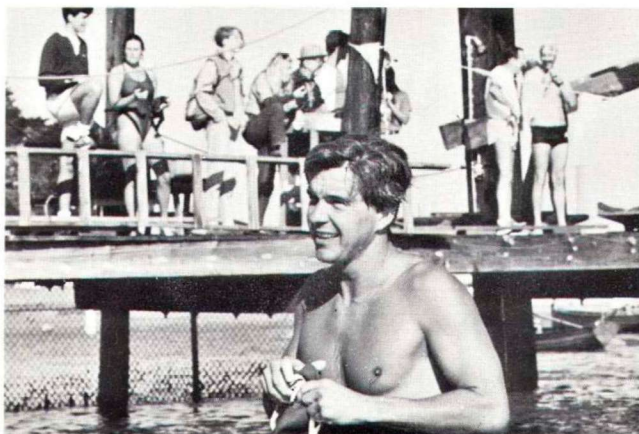
Everyone involved agreed that the tradition must be carried on. Thank you to all who participated and helped. Start practicing now for next year's regatta!



Former Boat House Captain Ned Hoffman with friend enjoy the comradie of the Dolphin Club.



Head Swim Commissioner and Vice President Phil Rollins peers intently at the activity on Jefferson Street in front of the Club.



Another swimmer finishes a long swim.



Seeing and being seen at the Dolphin Club is half the fun.

Dolphin Club's Lake Merced Facility Provides An Excellent Setting For Rowers at All Levels

The Dolphin Club maintains a boat house at Lake Merced, and has a dozen boats available for members' use. These boats range from training singles which can be rowed easily by novices, on up to Pocock fiberglass single racing shells. In addition, a double wherry, a Maas double, scull oars and a Four (four persons, each with a single "sweep" oar) are available.

The comraderie one experiences at 502 Jefferson Street is prevalent at Lake Merced. A regular group of oarsmen typically rows at 6:00 A.M. several weekdays, with a larger group on weekend mornings at 8:00 A.M. Although there are few formal regattas, informal rac-

ing can occur anytime two boats get together on the water.

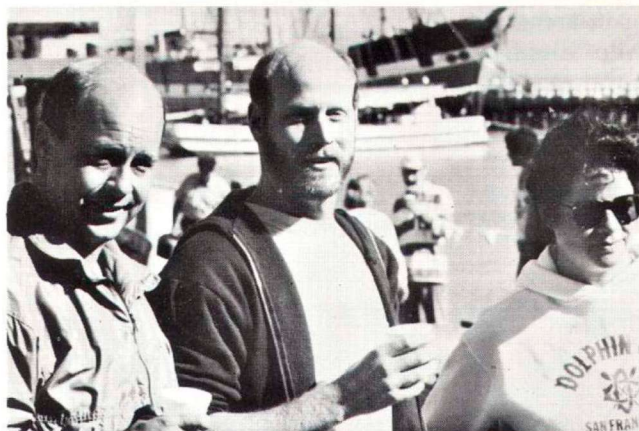
While several members out at Lake Merced have received national as well as international recognition as oarsmen, most members row for recreational purposes. The

experience of sitting two inches off the water, and moving a boat along at 4 - 5 knots while the sun rises is inspirational!

For more information please call: Steve Salvi, 781-7468 or Jim Storm, 752-1454.

Annual Meeting

The Club's annual meeting will be held on Wednesday, September 21 at 7 p.m. in the Staib Room. At the meeting, the Board of Governors shall review with the members the business of the past year, proposed activities for the next year, and may present any other issue for action of the members. Any issue may be presented for action of the members by the President, the Board of Governors or by written petition to the Board at least five days before the meeting and signed by five percent or more of the membership. Except for those issues presented for action of the membership, the members shall not be entitled to vote, but, upon recognition by the president, shall be allowed to speak on any issue.



Enjoying the aftermath of a Dolphin Club swim are these avid members.



(L to R) Diane and Ed Urban *Dolphin Log* editor Jeffrey Heth emerge from the water with pilots Colin Gift (kayak) and John Dahlberg (board) in the background.



Swimming banshees Mary Fitzgerald and sister Meg Fitzgerald with Jeffrey Heth after a Club swim.



Framed in the boathouse front door are participants in a recent Club event.

Escape From Alcatraz Set For Oct. 29

Plans for this year's Escape From Alcatraz have begun. The event will be held on Saturday, October 29. The tides are favorable and October is a better month for a Double Dipsea run. The course consists of a swim from Alcatraz, a bike ride to Mill Valley and finishes with a double Dipsea run.

It is the participants' responsibility to know the course. There are groups from both the Dolphin and South End Clubs going to the Dipsea for practice runs. By tagging along you can pick up some helpful hints as to pacing and short cuts.

It is time to stop thinking about the event and to start training. There is plenty of time to get in shape to have a successful event.

Each solo participant receives a belt buckle, T-shirt and dinner. Relay team participants will receive a T-Shirt and dinner. The entry fee is \$40 for solo participants and \$15 per person for the relay team members. Guests for dinner will be charged \$5 (well worth it!)

Applications will be posted September 1st and are due by October 25. Try to sign up early so we can plan on how many to provide for.

The *Escape From Alcatraz* triathlon is in all respects, a combination of endurance events. The rough water swim from Alcatraz involves numerous hazards including strong currents, cold temperatures, unpredictable weather and water conditions, poor visibility (at times), boat traffic, etc. Hypothermia is a real possibility.

Some of the bicycling portion involves riding through congested traffic and populated areas. One must assume full awareness and responsibility in dealing with other motorists, pedestrians and cyclists. Bicyclists will be required to wear a protective helmet. One not experienced with riding in areas of heavy traffic should not attempt to enter this event. Beware of crosswinds on the Golden Gate Bridge.

The Dipsea run is as treacherous as, if not more exhausting than,

the swim from Alcatraz. The trail is 95% severe hills involving remote, rugged and narrow trails with constantly changing terrain (remember that you will be running the trail out and back.) All participants should familiarize themselves with both the terrain and the route before the event.

One should be clearly aware that this triathlon is combining competitive events with the danger of exposure to the elements of nature as well as exceptionally difficult swimming, bicycling and running conditions. Only those individuals in top physical and mental condition should attempt to -- **ESCAPE FROM ALCATRAZ.**

For further information contact Pete Bianucci at the Club or 626-0336 weekdays or 897-8579 off hours.

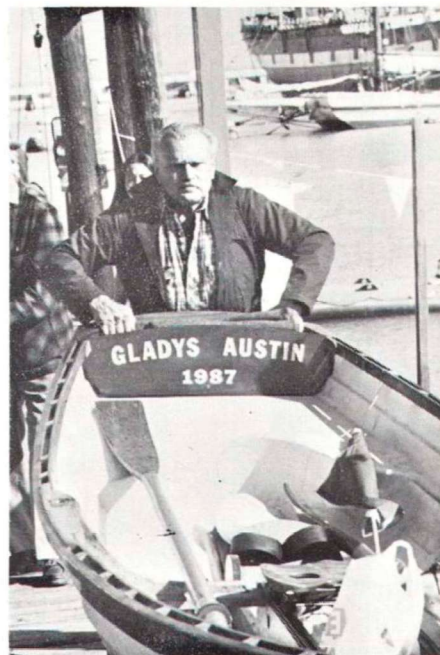
SafetyFirst
Watch Out
For Your
Fellow Dolphins!



New members Lourdes and Greg limber up before a race.



Armando Menocal finishes in fine form.



Life member Hans Kramer pulls the Gladys Austin down the Dolphin pier.

The Eternal Timer - Frank C. Staib

History Compiled by
Walt Schneebeli

Franks Staib joined the Dolphin Club on February 8, 1888. An 1889 article in *The Sausalito News* describes a "Wieland" row from the City to Sausalito with F. Staib as Coxwain.

All his life he was a bookkeeper, working for such businesses as L. Bancroft, Publishers; Will & Finck, Electrical contractors and Charles Brown & Sons Inc., Kitchen Supplies and Hardware.

Soon after joining the Club he became Financial Secretary, a position which he held for the rest of his life (about 50 years).

A 1913 *San Francisco Call* article tells of his having held his Club office for 24 years, and being unanimously voted life membership beginning the following year.

The Staib family lived at 932 Folsom Street for many years prior to the turn of the century. After the earthquake and fire of 1906 they moved to 409 Clayton Street. Soon he and his wife Georgina moved to 633 Frederick Street next to Polytechnic High School, until her death in 1932. At this time Frank Staib moved back to 409 Clayton

Street. He died on July 8, 1938.

Frank was extremely active in Club affairs including timing and judging row-



ing events and swims.

His picture is prominent in photographs over the years which now hang in the Dolphin front room, named after him - The Staib room.

Another Dolphin legend, Lawton C. Hughes who died in 1982 wrote the following memorium to Frank Staib in 1938:

Our Eternal Timer

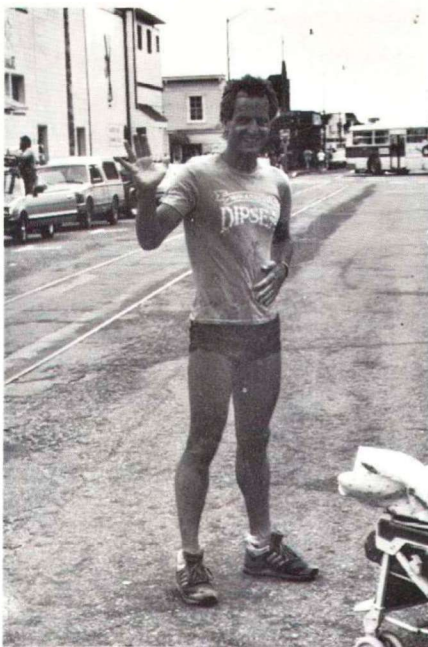
Hi! Frank! Climb aboard! This is the Officials' Boat. Here sir, down by me. I

see you didn't forget your overcoat this time. Well, we're shoving off on time. We should be at Fort Point in about 20 minutes. Sure you oiled up your Stop Watch? Look over there Frank, one of the pilot boats broke loose from the tow launch. Yep! Never seen it to fail. Gee! there's a big crowd on the spectators' boat. Let's take a look at your program, Frank. Thanks. Well Jimmie's starting the races again today. Wouldn't it be a surprise if his gun works this time? Well, here we are at Fort Point. Better get your watch ready Frank. The boys are about ready to jump. Makes one shiver just to look at them. It won't be long now, the pilots have started yelling for their swimmers. BANG! There's the gun! They're off! Frank! Did you snap your watch? Hi! Frank! -- Frank, where are you? Where did you go? Why I must be dreaming. You are no longer here with us, Frank, but you are watching us today from UP THERE in the Great Beyond. Just watching? That does not seem right. Does it Frank? We must find a job for you to keep you happy. Where you are now Frank, there is no need for your Stop Watch as Time is Eternal. That's it Frank, we appoint you "OUR ETERNAL TIMER" forever.

Lawton Hughes, 1938



Lee Hammack exhibits water saving technique of showering and drinking simultaneously.



Paul Ainslie was the 1st Dolphin to finish the run at the Dolphin/South End triathlon.



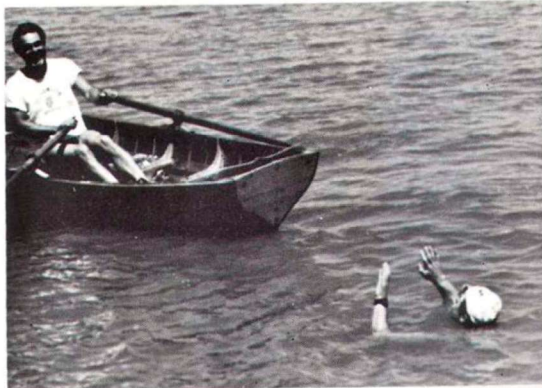
Placing well in the race was Dolphin woman Era Osibe.

How to Land a Dolphin!

Imagine it is August 21st, 1988. You are piloting the Golden Gate Swim, pulling through the fog from the south tower toward Lime Rock. Seventy-five swimmers are in the water. The swim-

1

Get the stern quarter next to the swimmer when signalled.



2

Tell the swimmer to grab the boat with both hands just forward of the name-board.



3

Control the trim athwartships. Use your weight to lower the freeboard on the swimmer's side. Tell the swimmer to put one leg up on the rail.



4

Control the trim athwartships again. As the swimmer comes aboard and is half in or more slide away from him.



mer following your rowboat looks pained and pale every time he takes a breath. You give a quick look around. All of the Avons are speeding away from your location to stop fishing boats from entering the perimeter of our swim. No help there. You maneuver a bit closer for a better look at the swimmer. The guy cramps up, stops swimming and signals you for help. How can you safely take him aboard your boat?

Article: Jon Bielinski, Photos: Susan Lauritzen
Pictured: Mike DiNunzio (Rower),
Ken Frank (Swimmer)

5

That puts him mostly in-board and uphill from the hole he rolls into.



6

Center him amidships so you can row.



7

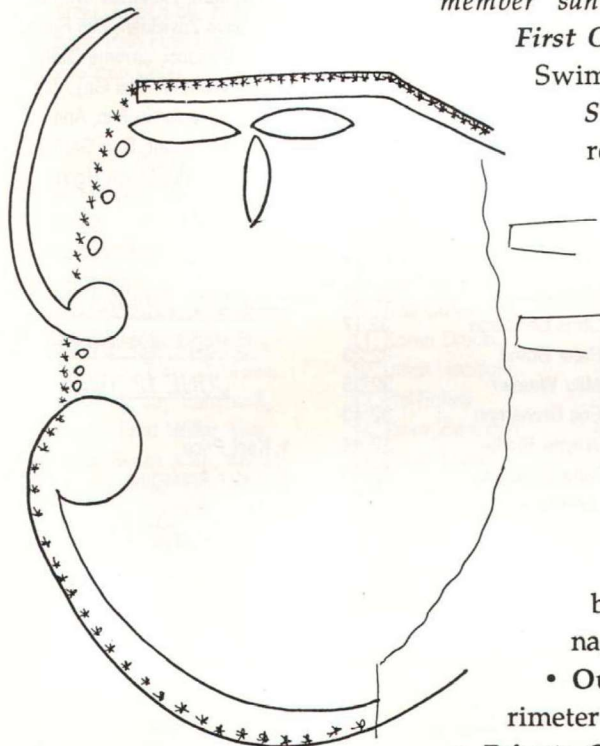
Cover him with a blanket. Pull for the nearest Avon or pull for the ferry at the end of the Gate swim.



Go back to picture #2. Understand it would be difficult for a small person to roll a big person into the boat. If you feel nervous about the maneuver get the swimmer in a lifejacket and signal for help. Also, this works better if you try it in the cove a couple of times before piloting service demands the real event.

The Fine Print About Private Out-of-Cove Swims

Swimming in the Bay is inherently risky. Bay swimming outside the Aquatic Park Cove in heavily-trafficked San Francisco Bay may present even greater risks. Accordingly, the Dolphin Club enforces the following rules regarding Out-of-Cove (defined below) swims which (a) are not Club Swims (defined below) and (b) which use Club Facilities (defined below). Since Private Out-of-Cove Swims (defined below) are the sole responsibility and risk of the participants, the Club will ask for a written release of liability from each participant. Any advice rendered in connection with such a swim by any Club member, whether or not an officer or Board member of the Club, is not rendered by or on behalf of the Club or by such person in his or her capacity as member or official of the Club. *Failure to obtain required consent for private out-of-cove swims using Club facilities is grounds for the following member sanctions:*



First Offense: One-year suspension from competing in Club Swims.

Second Offense: Expulsion from Club without rights of reinstatement.

Definition of Terms:

- **Club Swim** means those swims published by the swim commission in the Club's official swim schedule as part of the Club's organized swim program.
- **Required Consent** means consent to the swim (a) by the Club's head swim commissioner AND (b) consent of the boathouse captain to use Club Facilities.
- **Club Facilities** means any real or personal property of the Dolphin Club, including without limitation boats, radios, dock, wet suits, clubhouse, showers, sauna, etc.
- **Out-of-Cove** means any part of the Bay outside the perimeter defined by the line of stars on the sketch herewith.
- **Private Out-of-Cove Swim:** Any swim which (a) is not a Club Swim, (b) occurs in whole or in part Out-of-Cove and (c) uses or involves Club Facilities.

The Spirit and Intent of the Rules

While the above rules may be susceptible to "stretching" or contain "loopholes," the point of the rules is quite clear. These rules are intended to apply if a wet or cold participant may ultimately (directly or indirectly) end up in Club facilities. For example, even if a swim does not technically end at Club facilities, if participants return to Club facilities wet or cold (as opposed to pink, warm and dry), the swim is subject to consent rules. Likewise, if any Club equipment is used in a swim that does not otherwise involve Club facilities, the swim is subject to consent rules. If you have any doubt regarding whether a proposed swim or row is subject to the above rules, ask the head swim commissioner.

The above rules do not attempt to limit your freedom as a private citizen to conduct swims which are wholly unrelated to the Club and which do not in any way affect the Club (i.e., Private Out-of-Cove swims not involving Club facilities).

1988 Swim Schedule

<u>Date</u>	<u>Event</u>	<u>Jump-Off</u>
December 21	Polar Bear Swim Starts -40 miles, ends March 21	
January 1 (Fri.)	New Years Day Cove Swim.....	12:00 noon
	New Years Day Alcatraz (with SERC)	9:00 a.m.
January 24 (Sun.)	Mid-winter Cove Swim.....	10:00 a.m.
February 13 (Sat.)	☛ Pier 41.....	TBA
March 19 (Sat.)	Spring Cove.....	9:00 a.m.
April 10 (Sun.)	☛ Pier 39.....	TBA
April 16 (Sat.)	☛ Dick Beeler Crazy Cove.....	9:00 a.m.
May 1 (Sun.)	☛ Yacht Harbor.....	TBA
May 15 (Sun.)	Handicap Cove.....	11 a.m.
June 1	100 Mile Swim Starts -ends October 31	
June 12 (Sun.)	☛ Doc Howard Over 45 - Gas House Cove.....	TBA
June 18 (Sat.)	Over 60 Cove.....	9:00 a.m.
June 24 (Fri.)	☛ Twilight Cove -BBQ to follow.....	6:30 p.m.
July 10 (Sun.)	☛ Crissy Field.....	TBA
July 31 (Sun.)	Qualifier Cove for August 13 Fort Point Swim.....	9:00 a.m.
August 13 (Sat.)	☛ Fort Point.....	9:00 a.m.
August 20 (Sat.)	Golden Gate I - Fast Day.....	TBA
August 21 (Sun.)	Golden Gate II - Slow Day.....	TBA
October 16 (Sun.)	Alcatraz.....	TBA
November 5 (Sat.)	Annual Swim/Pilot Appreciation Dinner.....	TBA
November 24 (Th.)	Thanksgiving Day.....	9:00 a.m.
December 18 (Sun.)	New Years Day Alcatraz Cove Qualifier.....	10:00 a.m.
<u>other important dates</u>		
July 16 (Sat.)	Lake Tahoe Relay	
August 6 (Sat.)	☛ Santa Cruz Pier Swim	

Swim Program Rules

1. Club scheduled swims are restricted to club members only.
2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
3. Swimmers must be members in good standing with dues current and swim fees (\$26) paid.
4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
7. Scheduled swim sign-up sheets are posted two weeks prior to each swim.
8. Time limits are imposed and enforced for each swim.
9. All club boats are reserved for scheduled swims and riders are prohibited.

Additional qualifications for Alcatraz and Golden Gate Swims

10. In-town members must successfully complete 2 swims marked with a pointed hand ☛ and one other scheduled swim and pilot or help on at least 2 others.
11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
12. Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

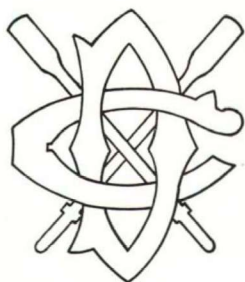
Note: Jump-off times are subject to change

Dolphin Swimming & Boating Club

502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

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1140 FILBERT ST.
SAN FRANCISCO, CA 94109

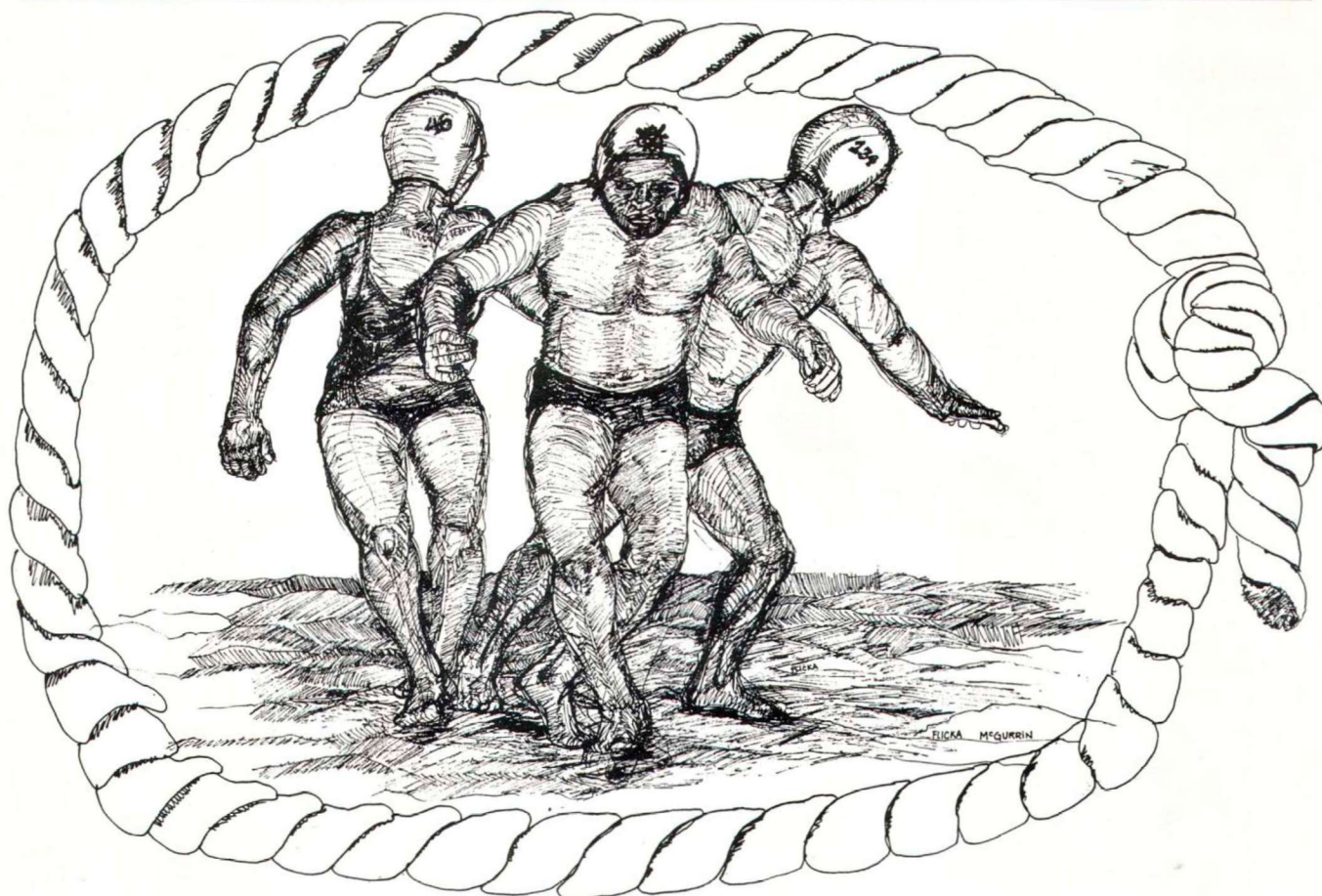
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DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club
San Francisco California - Established 1877 - Autumn 1988

Turn To Back Cover For 1989 Swim Schedule



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Benefactor
Joseph
Keenan
See page 5

Escape
From
Alcatraz
Results
See page 8

Dolphin Bulletin Board

Miscellaneous News & Notes for the Dolphin Club Membership

Christmas Pot Luck Scheduled For Dec. 18

The Dolphin Club's annual Holiday Pot-Luck will be held on Sunday, December 18 beginning at 12 noon. Families are welcome.

Dolphin Makes Waves- South Of The Border

Robin Phalen completed the Sixth International Mexico City Marathon

in 3:56. Robin was among the first women to join the Dolphin Club and has been living in Mexico City since 1985.

Women's Locker Room Expansion Correction

Plans were reported in the last issue of the *Dolphin Log* to expand the women's locker room by utilizing most of what is now gallery space above the Club's handball court.

The project had been approved by the Board earlier this year. Work was halted though, after objections from the Recreation and Park Department were received. They reminded the Club that "any changes to the Club beyond the scope of routine repairs would require approval of the Recreation and Park Commission."

Thereafter, interest in the project has waned and made somewhat moot by the fact that additional locker space will become available when the new building is built.

New Craft Honors Cook

A new boat has been donated to the Dolphin Club named the "Gordon Cook" in honor of Gordon, a noted artist and Dolphin who died recently. Negotiated by Stan Hlynsky and donated by Modesto Lanzone, the Mass Arrow single complete with a set of graphite oars will be stored at the Club's Lake Merced facility.

Door Prizes Add To Fun

The following individuals and/or firms contributed door prizes for the 1988 Swimmers/Pilots Appreciation Dinner:

- Flicka McGurrin/Peggy Knickerbocker, Pier 23 Restaurant - Lunch for two;
- Elmer Tosta, Galetti Bros. Shoe Service - \$50 gift certificate;
- Bill Horgos - Hand cast statuette;
- Steve Pinetti - 1 night at Villa Florence Hotel;
- Sancimino Family - Lunch for two at Swan Oyster Depot;
- Blue & Gold Fleet - Bay cruise;

The Dolphin Club appreciates your support.

Rowing Rap-Up

Another fantastic year of piloting and recreational rowing has passed. There are more active rowers this year than in years past. Recently, several Dolphin rowers competed in the "Head of the Estuary", the west coast's biggest race located in the Oakland Estuary. Michael Weissenberger finished third in the open men's singles and Diane Schatz and Neal Snyderman finished fifth in the open mixed doubles competition.

Bill Post and Jim Pivarnik competed in the open men's double class.

Coyote Point Regatta is in November, a 7 mile course south of San Francisco. Look in the next Log for the results of this Coyote Point race.

Plans are underway for the 1989 Dolphin Club Regatta. The regatta could never be a success without the help of the many Dolphin Club volunteers. Our greatest thanks go to Cecco Menucci who supplied the food for 1988's regatta and who is always on the scene cooking, joking and looking more handsome every day.

Special thanks to those Dolphins who toil in the boat house in the evenings making the boats seaworthy.

-Diane Schatz
Rowing Commissioner

Surf Skis Join Fleet

Over \$3,000 worth of state-of-the-art surf skis were donated to the Dolphin Club by O'Neills of Santa Cruz through the efforts of Stan Hlynsky and Peter Royce. The three surf skis are very stable surfboard/kayak-like craft.

Steve Cuthbert Honored

Captain Steve Cuthbert, past Dolphin Club member was shot down in Vietnam in the 1960's. Frank Drum's efforts have resulted in a commemorative plaque featuring Steve's photo now on display in the Staib Room. A duplicate of the plaque has been made and will be donated to Steve's survivors if any can be found. Any Dolphin Club members knowing the whereabouts of any of Steve's family are urged to contact Frank Drum at the Dolphin Club.



The Dolphin Log

Editor: Jeffrey Howard Heth

Assistant Editors:

Mary and Meg Fitzgerald

Photographs in this issue are by
Barbara Keller • Elmer Tosta
Cover Art by Flicka McGurrin

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Organized in 1877

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Vice President - Phil Rollins
Treasurer- Vince Huang
Recording Secty - Tom Hofmann
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Boat Captain- Don Harrison

Board of Governors

George Galarza
Jeffrey Howard Heth
Stan Hlynsky
Cliff Jennings
Sam Lawson
Meg Reilly
Walt Stack
Elmer Tosta
David Zovickian

President's Message

I would like to take this opportunity to thank the many Dolphin members who have contributed much time and effort to the Dolphin Club this year. Before I became President of the Club, I certainly realized that this Club relies heavily on volunteer effort. However, after being President for almost a year, I have had a chance to find out just how this place works, and I am truly amazed at the amount of time and effort that many people put into this Club to make it what it is. I feel very proud to belong to our organization, and sense that many others share my feelings.

This year the Club has faced some unusually rough moments. The Club has been subject to intense scrutiny from our landlord, the S.F. Recreation and Park Department, which has demanded an audit of past financial records. At the same time the Board of Governors has, throughout the year, been in almost constant disagreement over how to run the Club. While I

think that all who have been involved would agree that these facts may have made for a less than tranquil year, I believe that in the long run the Club will benefit from the hardships of the year.

Hopefully, the Park's review will help us maintain a good handle on our financial condition -- with the result of keeping dues down to a minimum. At the same time, the fighting among the Board, and some of the problems that it has caused, may have taught us something about the need to try and work together as a team. Since that's what people have been doing here for longer than any of us have been around, it seems fair to say that the Club will continue on the right track in the future. From the perspective "at the top" I can only say that I hope that members representing all viewpoints will continue to become actively involved in the running of the Club, because, though it sounds cliché, your participation does make a difference.

As for specific news items to report, there are two issues that come to mind:

First, the Fisherman's Wharf Project plans continue to move forward. There is much discussion among the S.E. Club and Dolphin Club regarding what position we want to take. In the future there should be public hearings on the issue of whether the project (including water quality issues) has been subject to sufficient environmental review. Members should be alert for signs posted to tell you the dates of the public hearings, in the event that you wish to attend and express an opinion on this crucial issue.

Second, we must start conserving more water. We are seriously over-using water which is paid for by all of us from our fairly limited treasury.

Hope that you all have a nice holiday season and "Don't forget to Vote!"

Sincerely,

Katie Maloney

A Summer of Marathon Swimming

John Davies, 38, spent the past summer trying his skills at marathon open water swimming with mixed results.

On July 10, he completed the 10 mile Seal Beach Swim in 3:13, placing eleventh out of fifty starters coming from all over the USA and abroad. Then on July 17, John completed an eight hour swim in The Cove, covering twenty five complete circuits of The Cove (about seventeen miles).

On August 6, John attempted the English Channel. After nine hours he had swum 21 miles and was within a half mile of France. However, the tide turned and he was unable to reach the shore. For an hour and a half he struggled but could get no closer. Finally he became unconscious with hypothermia and was pulled out by his crew. Three weeks later on August 27, John partly made up for his disappointment by completing the 28.5 mile swim around Manhattan. Of thirty-seven starters John placed seventh overall with a time of 7 hours and 57 minutes. John placed first in the men's over thirty age group.



A large gathering of the Dolphin Club Board and general membership gathered at the Club's annual membership meeting held in October. There President Maloney gave a report and members had the opportunity to speak on a variety of subjects. (Photo by John Perino)

1988 Swim Season Review

A great year it was. Our premier swimmer, Suzanne Heim won six Dolphin swims, including the Golden Gate and Alcatraz events. In recognition of her accomplishments, both within the Club and outside in the global arena, Suzanne was awarded "The Most Inspirational Swimmer of the Year" trophy for 1988. Our congratulations.

Swimming in his first full season, Liam Hennessey placed first in four Dolphin races. We're not sure if he's an up-and-comer or has reached his peak. Watch for him next year.

A large group of pilot/helpers were recognized during the annual swimmers and pilots dinner in November. The following individuals piloted and/or helped on ten or more swims in 1988: Susan Allen, Jon Bielinski, Carol Block, Andy Camous, Bob Danielson,

Mike DiNunzio, Jerome Duffy, Jack Giacomini, Colin Gift, Ned Hoffman, Bill Horgos, Stan Hlynsky, Don Harrison, Cliff Jennings, Barbara Keller, Hans Kramer, Lou Marcelli, Cecco Menucci, Dan Murphy, Mimi Osborne, Phil Rollins, Elmer Tosta, Bill Walden, Hendrika and Jan Warmerdam and Dave Zovickian. We salute these individuals and thank them for their support.

Out of this group, two individuals were selected to receive special awards, which were presented during the swimmers/pilots dinner. Our "1988 Helper of the Year" is Cecco Menucci, a remarkable man always ready to offer assistance. Long time member Andy Camous is the much deserved recipient of the 1988 "Pilot of the Year" trophy.

In perhaps the most challenging

event ever staged at the Club, nine members swam 365 or more miles between Nov. 1, 1987 and Oct. 31, 1988. Congratulations to these hardy souls: Scott Anderson (365 miles), Stan Hlynsky (365), Lorna Newlin (367), Dave Zovickian (372), Laura Merkl (475), Bill Horgos (481), George Kebbe (498), Mike Rollieri (500), and Pavla Podolska (555).

For the second year in a row, past president Stan Hlynsky swam the most miles during the Polar Bear Swim, Dec. 21 - March 21. This year's total was 170, more than most of us swim in 12 months. Congrats, Stan.

And finally, the 1988 most improved swimmer award went to Mike Webb, who showed great improvement this year, particularly in the major swims.

Thanks to all who participated.

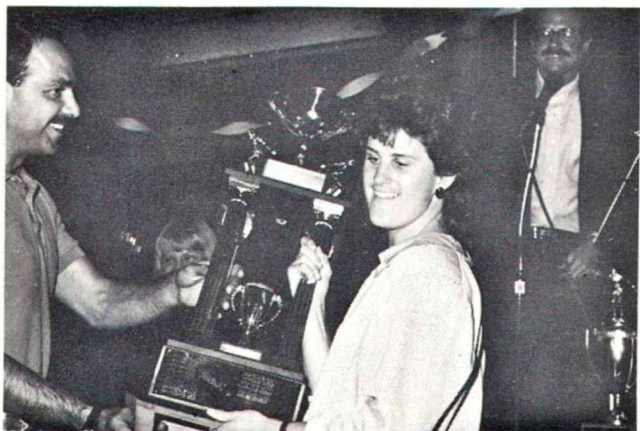
- 1988 Swim Commission



Those Dolphins who piloted or helped on 10 or more swims each were awarded a practical ice chest which can easily double as Dolphin head gear as shown above.



Winner of the Most Improved Swimmer Award was Mike Webb, shown here receiving a plaque from Swim Commissioner Dave Zovickian.



Shocked and thrilled by her unexpected victory as the Youngest Swimmer is the youthful Meg Fitzgerald holding the diminutive trophy.



(l to r) Dave Zovickian, Lorna Newlin, Pavla Podolska and Bill Horgos swam huge numbers of miles in 1988. (See story above for details)

Keenan, Generous Benefactor

History Compiled by
Walt Schneebeil

Joseph B. Keenan was born in San Francisco on August 19, 1869; the son of Bernard and Mary Fitzpatrick Keenan, both Irish immigrants. He joined the Dolphin Club in May of 1892.

dealers in marble.

An article in the *San Francisco Chronicle* of April 11, 1948 reports that the Dolphin Club members were in an almost violent split regarding the Club's galley (now the weight room). Their small treasury had been decimated by over-spending for materials to complete the job of building the gal-

in our ranks. Will the Board consent?"

The stunned and shamed Dolphins, after a brief silence, gratefully accepted Joe's offer.

This room was named "The Keenan Room" after our generous benefactor. A plaque on the east wall of our weight room may be seen today.

Some of us older members recall



Joseph B. Keenan entered the Dolphin Club in 1892 and who, through his generosity, was responsible for our Keenan Room (now the weight room).



Shown here is a younger Joseph Keenan. This photo was taken in the early 1900's, about fifty years earlier than the photo on the left.

He worked for Cahill & Hall, machinists and engineers, on Mission Street, where by 1895 he had become the secretary of that organization.

After being burned out of his downtown residence on Taylor Street in the earthquake and fire of 1906, he moved to 2646 Union Street where he lived for most of the rest of his life.

By 1910 he had become vice president (he later became president) of the Joseph Musto Sons--Keenan Company at North Point and Taylor Streets,

ley (the work was done by Club members).

Joe Keenan arose during the din and quietly asked how much money the members were quarreling about. When told that \$700 had been over-spent he said "Gentlemen, with your permission, and in order that we may preserve our complete unity in this club, it will be my pleasure to donate this sum and I will give you the check right now, if you permit. Money should not be permitted to cause dissension

Joe's appearance at the Old Timers Dinners during the 1940's and 1950's, where Joe was brought into the Club in a wheelchair by his chauffeur. He would tell of the early days, when he and his brother Tom; also a life member and boat builder who joined the Dolphin Club one month after Joe and died in January of 1933; would hike over the hills to the Club from their home at 1210 Clay Street.

Joe Keenan, a 66 year Dolphin Club member, died on August 30, 1958.

Irene Volodkevitch 1959-1988

Recalling her now brings an impression of motion; a swirl of blonde hair, head turning from side to side as she tried to take in everything, hand gesturing to hold your attention, and that bouncing walk off the balls of her feet. Most of all, her talk, a hurried flow of words that was half a chuckle, seemingly ready to break into laughter at any moment -- and frequently doing it.

Shortly after I met her, I began to suspect that she might be using Speed; nobody, I reasoned, could be that animated and enthusiastic without the help of amphetamine or some related substance. Of course I soon realized my error -- she could be, and she was. With the possible exception of George Kebbe, she seemed to have the highest energy level of any person I've ever known.

She also had a love of living that was impossible to restrain, not that she ever tried to restrain that or much of anything else -- full-fledged, all-out enthusiasm was her long suit. She was totally absorbed in the serious business of living, seemingly without ever being serious about it. Her conversation reflected that. Words tumbled up like

the bubbles on a glass of champagne, always trying to catch up to her thoughts and never quite making it.

Early on, she told me that she had recently mustered out of the United States Marine Corps. Naturally, I didn't believe it until she showed me her ID card. When I saw that she had attained the rank of Captain and realized that she was not yet 27 years old, I was amazed. What protected niche had she found, I wondered, to rise so fast in so short a time? Did she run a typing pool or administer a hospital program? Where could a cute, fun-loving blonde fit into the Marine Corps' plans?

I had to ask.

"Military Police", she answered crisply. Like, where else?

Did that include Shore Duty, I wondered?

"Of course. I had to do everything an officer normally does."

So, I asked, would you actually go into bars and arrest disorderly drunks?

"Well," she said, "I didn't go in with that intention -- but if they couldn't be persuaded..." she lingered over the last word, shrugged her shoulders and gave a little chuckle.

I tried to picture an NCO with ten years of active duty, maybe some jungle warfare, and a skinful of bourbon letting himself be persuaded. My imagination wasn't up to the task, so she came to my assistance.

She fell into Parade Rest; shoulders lowered and squared, wrists locked behind her back, head immobile, and her blue eyes, suddenly as frosty as the crevasse in a glacier, stared straight ahead without blinking.

"I'd say, 'Sergeant, do you really want a blemish like this on your career? Do you really want a court-martial on your record? Doesn't the honor of the Corps mean anything to you?'"

She smiled. "That last one usually did it. No Marine wants to dishonor the Corps."

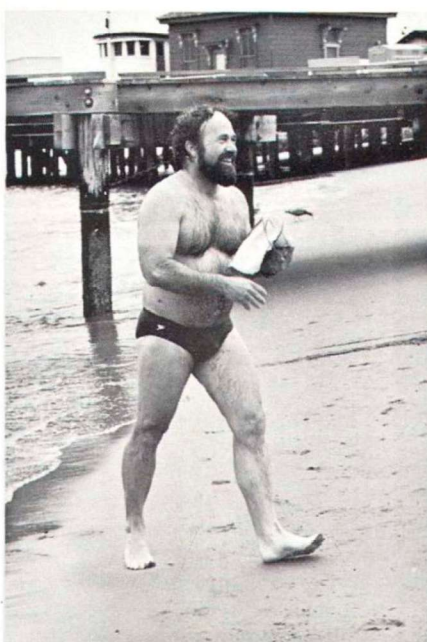
By now, I was almost a believer but...How did she, of all people, keep a straight face?

"Oh, it wasn't too bad. I just held it all in until I got back to my office -- then I would shut the door and I could laugh all I wanted. Of course," she continued "that was only Marines. The Navy guys were a lot easier." She grinned impishly and I had to wonder. Was she

-continued on next page



Top swimmers Liam Hennessey and Susan Heim display legs and trophy at the Golden Gate Swim.



Finishing the Fort Point Swim is the extraordinary Tim Callahan.



The Arias rescue team consisting of Beauties and the Beast.

Wow! It's Great To Be Back!

My family and I left the Bay Area (and Dolphin Club) in 1986 to relocate in the land of sun and opportunity, the City of the

Irene *-from page 6*

laughing at me or at the situation? With her I could never tell.

When she first became ill, her reaction was typical; she went to the doctor, got treated, and ignored it. Or at least, she refused to acknowledge that it might affect her life. It annoyed her that she had to leave the City and go live with her mother in San Diego. She gave you the feeling that she resented changing part of her life for something as trivial as terminal cancer.

Late this past summer, I saw an athletic blonde walking ahead of me on Chestnut Street. From behind, the resemblance was uncanny and I started to catch up until I remembered; then I stopped short and I realized for the first time that I'd never see her again.

So, Goodnight Irene; We'll see you in our memories, if not our dreams. The temptation is strong to add, Rest in Peace. But I never saw you resting in this life, and it's too much of a strain to imagine you doing it in any other.

Stars, Los Angeles, California. It wasn't long after settling, in Long Beach where we lived for a little over one year to learn that opportunity is not everything.

I soon located a new swimming hole, Naples Island, next to the Belmont Swimming Complex where the 1984 Olympic Swimming events took place. The water was not too bad except for an occasional mysterious red rash that showed up all over my body about fifteen minutes after a long swim which would last about an hour. Then I'd occasionally be almost run over by skulkers who hated swimmers for getting in their way. One morning a crazy skulker started yelling insanities at me, feeling confident with my distance and being in the water, I replied "Come over here and say that". He didn't know what to make of me and so he just continued on his way rowing and cussing.

I really have to admit that the swimming conditions were not all that bad, except for the fact that there were no showers or saunas afterward. Swimming and my family became my only release from the madness I found in L.A.

We lived in one of the more beauti-

ful (highly questionable) areas of Long Beach, on Country Club Drive, in an area known as Bixby Knolls. While all of this sounds great and harmless, we lived within spitting distance of the infamous 405 Highway and an oil refinery water reclamation processing plant, and two miles east (the direction the wind blew most often) of one of the largest refineries in L.A. When we first arrived and started experiencing the poor air quality, I immediately began calling the U.S. Government Air Quality Control Agency. At first they would come by, be quite friendly and ask a few questions. After several months of this, they would no longer respond to my phone calls. I guess they thought I was crazy.

One of the most interesting things that I learned while living in L.A. was that ones chances for improved health were better sitting in front of a TV all day with a case of "Beer" (the generic type with all the chemicals), than in being outside swimming or running 30 minutes each day.

It really feels great to be back among friends.

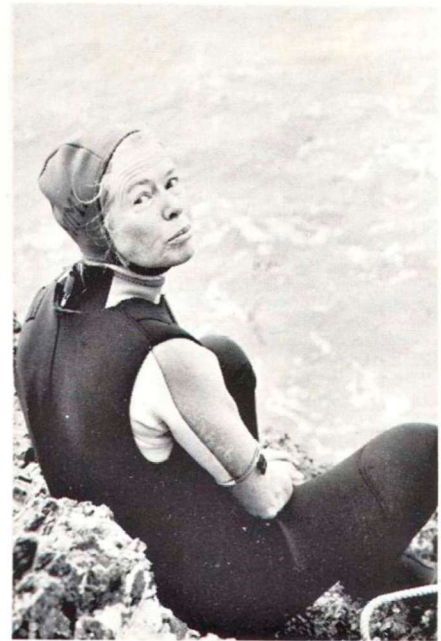
- Bill Callahan



Ken Frank looks dubiously at swim instructions.



Wired for sound and ready for the Golden Gate swim is Elmer Tosta.



Women's locker captain Mimi Osborne awaits the Golden Gate swimmers on Lime Rock.

Escape From Alcatraz Triathlon -October 29, 1988

Once again the "Escape" was a huge success. The tides cooperated and the water was flat. Sam Corn had a winning time of 32:55. The last swimmer had a time of 79:10. The bike portion of the race had no problems. The weather was mild. Vince Fausone of the South End Club had the fastest running time of 2:06:31. The overall winner was John Kaplanis of the South End Club with 3:38:05. The winning relay team was a Dolphin Club trio consisting of Sam Corn, James Mason and Armen Khachadourian with a time of 3:25:55. A fine dinner prepared by Herman Zahler and staff was held at the Dolphin Club. Many thanks to the Marin Amateur Radio Club and all the Dolphin and South End members and friends who helped at all levels.

<u>Name</u>	<u>Swim</u>	<u>Bike</u>	<u>Run</u>	<u>Club/Age</u>	<u>Comment</u>
- Relay Teams -					
1 Sam Corn James Mason Armen Khachadourian	32:55	1:14:00	3:25:55	DC/29 DC/37	Fastest Swim 32:55 Fastest Bike 41:05
2 Tim Reed Bob Belli Bob Belli	DNF	1:21:29	3:58:29	SE/27 SE/27	Bitten by Sea Lion/DNF
3 Shannon Kilkenny Meg Fitzgerald Ken Coren	43:20	1:29:47	4:01:30	DC/33 DC/24 DC/39	
4 Diddo Clark Phil Fay Marc Haskell	46:04	1:47:39	4:19:20	SE SE SE	
5 Mike Webb Jeff Ranta Peter Butler	44:05	1:27:25	4:37:38	DC/39 DC/34 DC/56	
6 Mike Mitchell Tom Koger Tom Koger	54:00	1:44:23	4:46:40	DC/36 DC/36	
7 Peter Applegate Milo Weaver Susan Allen	39:40	1:29:52	4:52:40	DC DC DC	
8 Bob McKenzie Dan McGill Bill Callahan	75:50	2:10:52	5:09:03	DC/52 DC	

- Individuals -

1 John Kaplanis	41:29	1:24:21	3:38:05	SE/28	Fastest Bike
2 Paul Ainslie	37:53	1:31:50	3:40:35	DC/41	Fastest Swim
3 Vince Fausone	44:56	1:40:20	3:46:51	SE/27	Fastest Run
4 Brian Toolajian	41:15	1:24:31	4:12:07	SE/24	
5 Dennis Dunne	44:45	1:43:09	4:19:20	SE/35	
6 Greg Tuerk	47:40	1:37:20	4:23:17	DC/25	
7 Gary Serrano	57:00	1:51:48	4:23:40	SE/28	
8 Mike Laramie	45:55	1:37:55	4:24:58	SE/52	
9 John Kinney	41:00	1:37:50	4:29:11	DC/29	
10 Bill Twomey	52:15	1:42:25	4:39:45	SE/31	
11 David Heffelfinger	64:45	2:01:11	4:40:58	SE/31	
12 Ulrich Hoenighausen	45:10	1:38:40	4:46:22	DC/24	
13 Daniel Goodman	46:30	1:42:59	4:48:24	SE/39	
14 Kevin Lorne	57:25	2:02:26	4:55:39	SE/32	
15 Tom Callinan	51:30	1:45:38	4:59:52	DC/44	
16 Keith Nowell	56:10	2:05:30	5:01:12	SE/34	
17 Joan Levison	49:40	1:56:33	5:02:16	DC/35	First Woman
18 Gerald O'Dwyer	55:40	2:13:28	5:05:35	DC/29	
19 John Mattox	58:50	2:11:36	5:05:52	DC/37	
20 Andrew Field	45:00	1:48:39	5:05:58	SE/33	
21 Michael Saal	64:20	2:00:22	5:07:57	DC/40	
22 Eric Groneman	50:45	1:56:21	5:09:58	DC/48	
23 Celia DeMartini	50:00	1:48:37	5:13:47	SE/36	Second Woman
24 Noel Frelicot	72:50	2:15:34	5:15:13	DC/50	
25 Eduardo Barranco	54:55	2:15:18	5:18:13	DC/45	
26 Daphne Hougard	51:45	1:53:12	5:27:55	DC/25	Third Woman
27 Marty Mattox	61:30	2:30:20	5:31:05	DC/34	
28 Lourdes Bellingsley	53:40	2:06:56	5:40:19	DC/24	
29 Kent Rogers	73:25	2:36:38	5:42:57	DC/58	
30 Marty Cantini	62:35	2:21:17	5:46:08	DC/44	
31 Alan Liss	58:00	2:09:30	5:46:08	DC/37	
32 Bert Hoffman	48:02	1:46:09	6:08:38	SE/46	
33 Harold Cranston	61:50	2:25:37	6:11:13	DC/41	
34 Elisa Meyer	48:41	1:55:57	6:25:40	DC/30	
35 Fred Muller	55:25	2:09:10	6:49:00	DC/42	
36 Don Reid	79:10	2:40:32	7:29:28	DC	
DNF Bill Capas-					

Nominees Photos--1989 Board Election

- Mail Your Ballot! -

Photos of those running for contested offices are pictured below to aid the Club membership in identifying the nominees. The following members have been nominated for office and are uncontested: Treasurer, Vince Huang. Financial Secretary, Mary Fitzgerald. Boat Captain, Herman Zahler. Recording Secretary, Jon Bielinski. Due to space limitations, their photos are not pictured. *Ballots to be mailed week of 11/21/88.*

President: 3 Nominees



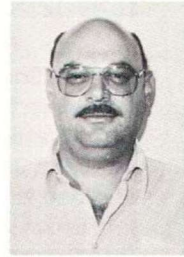
Neal Hartnett



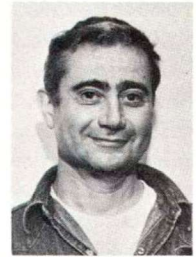
Stan Hlynsky



Phil Rollins



Peter Bianucci



Brian Gilbert

Vice Pres: 2 Nominees

Board of Governors - 16 Nomineess (Vote for 9)



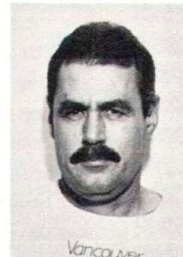
Tim Callahan



Mike DiNunzio



Frank Drum



George Galarza



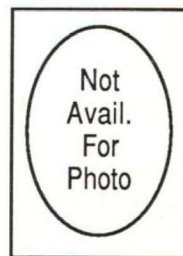
Don Harrison



Liam Hennessey



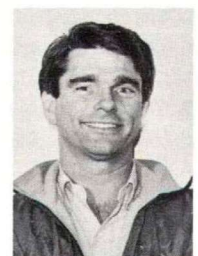
Jeffrey Heth



Bill Horgos



Cliff Jennings



Sam Lawson



Alan Liss



Lorna Newlin



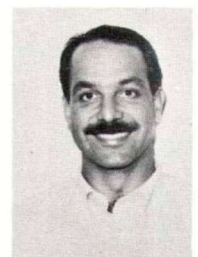
Dan Osborne



Meg Reilly



Elmer Tosta



Dave Zovickian

Dolphin Swim Statistics

GOLDEN GATE

SWIM I

AUGUST 20, 1988

1. Suzanne Heim..... 20:05
2. Liam Hennessey..... 21:05
3. Mike Garibaldi..... 21:38
4. Sean Kelly..... 21:45
5. John Davies..... 22:27
6. George Kebbe..... 24:57
7. Alan Budenz..... 24:59
8. Dan Osborne..... 25:21
9. Karen Drucker..... 25:27
10. Laura Merkl..... 25:37
11. David Zovickian..... 26:01
12. John Lennox..... 26:02
13. Bob Colyer..... 26:09
14. Linda Braski..... 26:10
15. Rick Craft..... 26:24
16. Peter Drino..... 26:32
17. Ed Urban..... 26:38
18. Mickey Lavelle..... 26:43
19. Ulrich Hoenighausen..... 26:45
20. Phil Rollins..... 26:47
21. Pete Applegate..... 26:51
22. Tom Hofmann..... 27:11
23. Meg Fitzgerald..... 27:33
24. Joni Beemsterboer..... 27:50
25. Phil Gay..... 28:21
26. Elmer Tosta..... 28:33
27. Ken Frank..... 30:07
28. Susan Cobb..... 30:33
29. Eric Shackelford..... 31:04
30. Eduardo Barranco..... 31:30
31. Lori Weiner..... 31:33
32. Vince Huang..... 31:35
33. Mike Webb..... 32:15
34. Wayne Riddle..... 32:44

25. John Sullivan..... 33:13
36. John Horner..... 33:15
37. Marcia Grimm..... 33:34
38. Jay Earnhardt..... 33:51
39. Herb Madden..... 34:07
40. Ann Tingley..... 34:17
41. Pete Neubauer..... 34:26
42. Alan Liss..... 35:17
43. Bill Horgos..... 35:36
44. Conrad Liberty..... 35:55

Pilots

Boats: Joe Schatz, Hans Kramer, John Belinski, Ned Hoffman, Al de la Pena, Dan de la Penz, Brian Martin, Rich Cooper, Bob Hoff, Bill Walden, Mike DeNunzio, Susan Lauritzen, Andy Camnous, Tracy Cameron, Jeremy West

Boards: Barbara Keller, Eric Groneman, Mike Roleri, Carla Curtis, Stan Morris, Steve Lathram, Karen Jacobs

Motorized Craft: Mike Mitchell, Stan Hlynsky, Tom Koger, Pete Bianucci, Harvey Gateley, Rafael Gil-Torres, Dan McGill, Herman Zahler

Kayaks: Noreen Tierley, Bob McKenzie, Don Harrison, Harry Louie, Bob Danielson

SERC: Jim Hentz, Stan ?

General Help

Charlie Rockwood, Greg Cohelan, Tom Martz, Dan Murphy,

Jack Giacomini, Lou Marcelli, Cecco Menucci, Herman Zahler, Pavla Podolska, Jan Warmerdam, Hendrika Warmerdam, Bill Callahan, Carol Block, Phil Rollins, Tom Gould, Mimi Osborne, Bill Horgos, Vicki Smith, Lee Ham-mack, Meg Reilly, Peggy Knickerbocker, Larry Alioto

GOLDEN GATE

SWIM II

AUGUST 21, 1988

1. Eric Groneman..... 30:04
2. Glynn Jones..... 30:22
3. Lorna Newlin..... 30:50
4. Scott Anderson..... 31:07
5. Bob Danielson..... 31:30
6. C. von Blankenberg..... 31:55
7. Kate Coleman..... 31:55
7. Kate Coleman..... 31:55
8. Rich Antonchuk..... 32:50
9. Jerry Cullen..... 32:55
10. Lee Hammack..... 33:13
11. Tom Martz..... 33:18
12. Jeff Ranta..... 34:05
13. Neil Hartnett..... 34:28
14. Ken Coren..... 34:30
15. Brion Applegate..... 34:30
16. Fred Muller..... 34:42
17. Steve Lathram..... 35:02
18. Mike Mitchell..... 35:47
19. Dennis Watson..... 36:16
20. Omer Thompson..... 36:48
21. George Gara..... 37:00
22. Jerome Duffy..... 37:20
23. Rich Livingston..... 38:19

24. Carla Curtis..... 38:30
25. Gerald O'Dwyer..... 38:51
26. Mike Roller..... 39:10
27. Dahlia Damesar..... 39:40
28. Flicka McGurrin..... 39:50
29. Carol Block..... 40:04
30. Keith Nelson..... 40:14
31. Susie Royce..... 40:17
32. Bill Callahan..... 40:43
33. Mary Sancimino..... 41:17
34. Will Powning..... 41:30
35. Susan Lauritzen..... 42:13
36. Pete Bianucci..... 42:33
37. Jimmy Sancimino..... 43:32
38. Steve Sancimino..... 44:11
39. Kent Rogers..... 45:18
40. Cliff Jennings..... 45:42
41. Peggy Knickerbocker..... 46:14
42. Tom Sancimino..... 46:56
43. Ray Mondini..... 46:57
44. Hellen Anne Greeley..... 48:44
45. Meg Reilly..... 49:19
46. Phil Sancimino..... 49:30
47. Steve North..... 49:59
48. Larry Alioto..... 50:13
49. Hugo Buchholz..... 53:00
50. Don Reid..... 54:08
51. Pavla Podolska..... 55:15
52. Bill Powning..... 56:23
53. Nick Zoller..... 58:59
54. Joe Bruno..... 61:01
55. Jack Kamesar..... 63:59
56. Bob McKenzie..... 66:43
57. Phil Kohlenberg..... 82:00
58. Bill O'Brien
- Tie George Austin



(l to r) Steve North, Bill Powning, Carla Curtis and Tom Sancimino finishing the Golden Gate..

Pilots

Boats: Eduardo Barranco, Hans Kramer, John Bielinski, Mark Allen, Rich Cooper, Mike DeNunzio, Bill Walden, Jim Growden, Ken Frank, Dan McGill, Joe Schatz, Andy Camous, Jeremy West, Bob West

Motorized Craft: Herman Zahler, Susan Cobb, Don Harrison, Ann Tingley, Stan Hlynsky, Dave Zovickian, Elmer Tosta

Boards: Jay Earnhardt, Rafael Gil-Torres, Alan Budenz, Ed Urban, Mickey Lavelle, Herb Mad-den

Boards: Marty Reutinger, Greg Cohelan, John Davies, Colin Gift

Kayaks: Harry Louie, Joni Beemsterboer, Noreen Tierley

SERC: Vince Fausone, Dave Kennedy, Mike Berline, Nancy Fougere, Dave Duncan, Wayne Buford, Roger Major

Helpers

Charlie Rockwood, Alan Brosn, Brian Gilbert, Steve Murphy, Mimi Osborne, Linda Braski, Phil Rollins, Jan Warmerdam, Hendrika Warmerdam, Carol Block, Lou Marcelli, Lourdes Billingsley, Jack Giacomini, Daphne Hougare, Cecco Menucci, Dave Zovickian, Barbara Keller, Herman Zahler, John Belinski, Mickey Lavelle, Kevin Hartnett, Pete Neubauer, Vince Huang, Suzanne Heim,

Conrad Liberty, Wayne Riddle

ALCATRAZ SWIM OCTOBER 18, 1988

1. Suzanne Heim.....	30:54
2. Sam Corn.....	32:50
3. John Davies.....	32:59
4. John Selmer.....	33:51
5. Kent Price.....	35:37
6. Alan Budenz.....	38:18
7. Rick Crafts.....	38:19
8. George Kebbe.....	38:28
9. Laura Merkl.....	38:30
10. Jim Hulihan.....	39:24
11. Peter Drino.....	39:49
12. Ed Urban.....	39:53
13. John Lennox.....	40:29
14. Karen Drucker.....	40:39
15. Peter Applegate.....	42:03
16. Greg Cohelan.....	43:12
17. Meg Fitzgerald.....	43:24
18. Elmer Tosta.....	43:41
19. Dan Osborne	
Tie Mary Fitzgerald.....	44:38
21. Mike Webb.....	46:24
22. Joni Beemsterboer.....	46:30
23. Lorna Newlin.....	46:36
24. Phil Gay.....	47:39
25. John Sullivan.....	47:57
26. C. von Blankenberg.....	48:01
27. Ken Frank.....	48:17
28. Eric Shackelford.....	48:20
29. Eric Groneman.....	48:21
30. Susan Cobb.....	48:26
31. Nick DeMay.....	48:52
32. Scot Anderson	
Tie Anne Tingley.....	49:13
34. Tim Callahan.....	49:38
35. Rich Antonchuk.....	49:57
36. Lisa Smith.....	49:59

37. Bill Horgos.....	50:08
38. Eduardo Barranco.....	50:18
39. Margy Titus.....	50:30
40. Neil Hartnett.....	52:00
41. Milo Weaver.....	53:06
42. Jerry Cullen.....	53:41
43. Steve Latham	
Tie John Horner.....	54:00
45. Helene Marchant.....	55:28
46. Lee Hammack.....	55:40
47. Marcia Grimm.....	55:46
48. Vince Huang.....	57:05
49. Brion Applegate.....	57:08
50. Patti Fujii.....	57:10
51. Jeff Ranta.....	57:11
52. Jay Earnhardt.....	57:12
53. Ken Coren.....	57:32
54. Tom Martz.....	60:16
55. Flicka McGurrin.....	61:11
56. Mike Mitchell.....	61:12
57. Cliff Jennings.....	61:21
58. Jerome Duffy.....	62:10
59. Carla Curtis.....	62:24
60. Shelley Sullivan.....	63:37
61. Bill Callahan.....	64:52
62. Susan Garfield.....	65:00
63. Keith Nelson.....	67:00
64. Mike Rolleri.....	67:40
65. Susie Royce.....	69:15
66. Dahlia Kamesar.....	70:06
67. Susan Lauritzen.....	74:08
68. Helen Ann Greeley.....	75:20
69. Era Osibe.....	76:55
70. Sandy Lehmkuhl.....	76:56
71. Larry Alioto.....	80:32
72. Don Reid.....	80:40
73. Chris Cadelago.....	82:04
74. Hugo Buchholz.....	82:41
75. Pavla Podolska.....	89:19
76. Bob McKenzie.....	98:04
78. Jack Damesar.....	108:00
79. Phil Kohlenberg.....	117:50

Helpers

Cecco Menucci, Roger Guillard, Jack Giacomini, Elizabeth Tippin, Lou Marcelli, Mimi Osborne, Dan Murphy, Diana Anderson, Paula Speidel, Mike Buck, Jill Tosta, Hendrika and Jan Warmerdam, Carol Block, Dave Zovickian, Jim Hill, Phil Rollins, Brian Gilbert

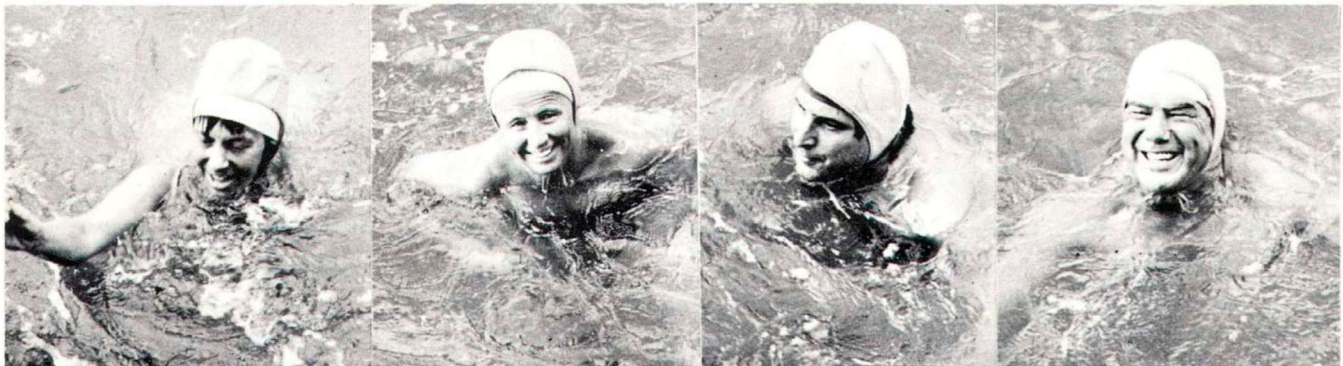
Pilots

BOATS: Reuben Hechanova, John Bielinski, Joe Schatz, Bob West, Andy Camous, Mike DeNunzio, Bob Hoff, Bill Walden, Jim Hamilton, Ned Hoffman, Phil Lucier, Dan McGill, Stan Hlynsky, Tom Koger, Rom Callihan, Kacey Callihan, Jerry O'Dwyer, Herman Zahler, Maggie, Jim Growden, Diane Schatz, Tricia Waters, Pete and daughter Bianucci, Mike Mendelson, Jack Horner.

BOARDS/KAYAKS: Mike Saal, Susan Allen, Rafael Gil-Torrez, Harry Louie, Colin Gift, Jerry Block, Karen Jacobs, Jeff Heth, Greg Prussia, Bob Danielson. SERC PILOTS: Roger Major, J.B. Sullivan, D. Duncan, Dave Kennedy, D. Goodman, D. Marshac, Y. Linebarger, Murphy

Test Swim Participants

Lorna Newlin, Tom Callinan, Dave Zovickian, John Bielinski, Sam Lawson, Don Harrison, Stan Hlynsky, Elmer Tosta, Charlie Martin, Barbara Keller, Dan Weinstein, Bill Horgos, Nancy Fougere, Harry Louie, Colin Gift, Mike DeNunzio, Phil Rollins



(l to r) Susan Lauritzen, Pavla Podolska, Phil Sancimino and Hugo Buchholz.





1989 Swim Schedule



Date	Event	Jump-Off
December 21	Polar Bear Swim Starts -40 miles, ends March 21	
January 1 (Sun.)	New Years Day Cove Swim.....	9:00 a.m.
	New Years Day Alcatraz (with SERC)(Cove qualifier 12/18/'88)	TBA
February 5 (Sun.)	Mid-winter Cove Swim.....	9:00 a.m.
March 4 (Sat.)	♣ Pier 41.....	TBA
March 19 (Sun.)	Spring Cove.....	9:00 a.m.
April 16 (Sun.)	♣ Pier 39.....	TBA
May 7 (Sun.)	♣ Dick Beeler Crazy Cove.....	9:00 a.m.
May 21 (Sun.)	♣ Yacht Harbor.....	TBA
June 1	100 Mile Swim Starts -ends October 31	
June 4 (Sun.)	♣ Doc Howard Over 45 -From Gas House Cove.....	TBA
June 11 (Sun.)	Handicap Cove.....	9:00 a.m.
June 23 (Fri.)	♣ Twilight Cove -BBQ to follow.....	6:30 p.m.
July 9 (Sun.)	Over 60 Cove.....	9:00 a.m.
July 22 (Sat.)	♣ Crissy Field.....	TBA
July 30 (Sun.)	Qualifier Cove for August 20 Fort Point Swim.....	TBA
August 20 (Sun.)	♣ Fort Point.....	TBA
September 9 (Sat.)	Golden Gate I - Slow Day.....	TBA
September 10 (Sun.)	Golden Gate II - Fast Day.....	TBA
October 7 (Sat.)	Alcatraz.....	TBA
November 4 (Sat.)	Annual Swim/Pilot Appreciation Dinner.....	TBA
November 23 (Th.)	Thanksgiving Day.....	9:00 a.m.
December 17 (Sun.)	New Years Day Alcatraz Cove Qualifier.....	9:00 a.m.
<u>other important dates</u>		
July 15 (Sat.)	Lake Tahoe Relay (date tentative)	
August 5 (Sat.)	♣ Santa Cruz Pier Swim	



Swim Program Rules



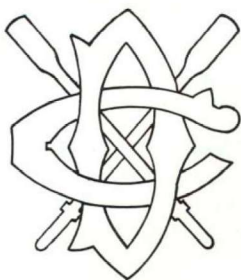
1. Club scheduled swims are restricted to club members only.
2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
3. Swimmers must be members in good standing with dues current and swim fees paid.
4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
7. Swim sign-up sheets are posted two weeks prior to each swim.
8. Time limits are imposed and enforced for all swims.
9. All club boats are reserved for scheduled swims; riders are prohibited.
 - Additional qualifications for Alcatraz and Golden Gate Swims •
10. In-town members must successfully complete 2 swims marked with a peace sign ♢ and one other scheduled swim and pilot or help on at least 2 others.
11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
12. Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

Note: Jump-off times are subject to change -- TBA means "To Be Announced"

Dolphin Swimming & Boating Club

502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

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DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club
San Francisco California - Established 1877 - Winter - 1989

Turn To Back Cover For 1989 Swim Schedule

Old Timers Issue - Salute to Club's History



Swimmers, pilots and helpers gather on the Dolphin Club's dock after last year's "Over-60" swim, a Club favorite and an example of some of the active older members who continue to find enjoyment in Dolphin Club events.

**Jim Hulihan
Visits A Very
British Swim
Club**

- see page 5

**The Drought
Continues....
All Members
Please Limit
Your Showers**

**1989 Swim
Season An
"Unsolved
Mystery"?**

- see page 9

Dolphin Bulletin Board

Miscellaneous News & Notes for the Dolphin Club Membership

Launching Ceremony Scheduled For March 4

On March 4, after the Pier 41 Swim, the Dolphin Club's two newest boats, the "Frank Menucci" and the "Joe Bruno" will be launched.

These boats, built at the Dolphin Club by club members under the direction of Jon Bielinski pay honor to two outstanding life members.

All are invited, especially those who volunteered their time and energy to building these craft. At

the event, a group photo will be taken for the next issue of the *Dolphin Log*.

New Dues Box and Communication Center

Herman Zahler's efforts have resulted in a fine new Club dues box and mail center, located just off the Staib room, inside the "office" door (near the heater).

All members can use this dues box, or continue to mail their dues/ correspondence in as before. Mail slots for all officers and committees are now established at this center.

Please note that the dues box inside the men's locker room will be removed.

New Floor Installed in Dolphin Club's Boat House

As many as 170 Dolphin volunteers worked over four evenings in January to dig for a new foundation, move boats, rip up the old floor and haul beams to make way for the new floor contractor. The Board of Governors wishes to thank these members for their time and energy which saved the Club many thousands of dollars. The end result is a new firm foundation and spendidly finished floor which will be enjoyed for decades to come.

Calling All Old Timers -- Where Oh Where are You?

The Club's new financial secretary, Mary Heth, is attempting to find mailing addresses for the following life members in order that they may receive the *Dolphin Log* and other Club mailings. If you know these members' whereabouts, please write to Mary at the Dolphin Club:

Byron Van Alstyne, Charley Yeager, Dick Schroeder, Les Spiegelman, Raymond Ray, John Sargis, Mike Scafani, Joe Orlando, Ignatius Passantino, Vince LaRocca,

Al Liva, Gino Lucchesi, Anthony LaRocca, Leo LaRocca, Pat Gelardi, Dick Harms, Elmer Hubacher, Stephen Gaal, Dominic Garassino, Harry Fields, Kenneth Gaal, Phil Gaal, Roger Gaal, Bob Demo, Mike Desmond, Jr. and Clement Oupuis.

A Warm Welcome To New Dolphin Club Members

The Dolphin Club welcomes the following new members who have joined recently:

• **August, 1988:** Judi Apfel, Michael Blue, Maggie Reilly, Roger Guillard, George Jaqua, Paula Martin, Tom McCarthy, Jim Nielsen, Patrick Thatcher, Peter Cohn.

• **Septemer, 1988:** Karen Boyer, Paul Bridges, Lewis Buccola, Bob Bullard, Hal Irish, Aaron M. Levinson, Jon Nakamura, Mark Reischer, Minda Rosenthal, Rick Snider, Joan Steidinger, Laurel Mayer, Tony Weaver, Gina Bianucci.

• **October, 1988:** Val C. Gagre, Jeff Grenzke, Richard Try, Alan Sullivan, Eric Wilson, Carl Wilson.

• **November, 1988:** Bob Denham, Marcus Livingston, H. Charles Vogt, Keith B. Weaver, Andrew Xu.

• **December, 1988:** Bill Hegarty, Jonnie Farmer, Jack Hamilton.

• **January, 1989:** Gayle Holmlund, Jim Kuklok, Bill Post, Chris Chorak, Melanie Denniger, Bill Craig, Tom Saarman, Tom Pike, Lisa Royce, Peter Royce, Yannick Sanchez, Bob Davis.

• **February, 1989:** Peter Mavridis, Nikola Pavicic, Mark Gleaton, Brett Graessle, Dale Gullicksen, Christopher Deam.

Regularly Scheduled Events

• **3rd & 4th Saturday Mornings**
09:00 sharp: **Rowing classes** given by Ned Hofmann.

• **Tuesday Evenings: Boat building parties** hosted by Herman Zahler.



The Dolphin Log

Editor: Jeffrey Howard Heth

Photographs in this issue are by
Barbara Keller • Elmer Tosta

Published By
The Dolphin
Swimming & Boating Club Inc
502 Jefferson St.,
San Francisco, CA 94109
Organized in 1877

Officers

President - Stan Hlynsky
Vice President - Pete Bianucci
Treasurer- Vince Huang
Recording Secty - Jon Bielinski
Financial Secty- Mary Heth
Boat Captain- Herman Zahler

Board of Governors

Daniel Osborne
Meg Reilly
Elmer Tosta
Jeffrey Heth
Frank Drum
Don Harrison
Cliff Jennings
Sam Lawson
David Zovickian

Dolphins Turn Out For Old-Timers

Revelers enjoyed 500 pounds of fresh cracked crab along with pasta, salad and various liquid refreshment as more than 200 Dolphins celebrated the Club's "Old-Timers" at a banquet held Saturday evening, February 11, 1989.

The boathouse's new floor was just completed in time for the event which united a number of old friends and kindled memories of the Dolphin Club's rich past.

After the superb crab from the Sancimino family was consumed, president Stan Hlynsky introduced past president Tom Gould who unveiled a splendid plaque artfully created by life-member Bob Hoff. The plaque lists the Club's life members from information developed by Club historian and life-member Walt Schneebeil. Herman Zahler provided help with the woodworking. It will be on permanent display on the west wall of the Staib room.

Mr. Gould then turned the podium over to another past president (and current Board member) Frank Drum who expressed accolades and appreciation to all the life members in attendance.



Drum led a special standing moment of silence for the late Dolphin Steve Cuthbert who was shot down in Viet Nam in 1966 on the last day of that war.

"He was a three-time Golden Gate swimmer; a real hell-raiser; a University of California Graduate; Lake Temescal lifeguard and one hell of a guy and a good Dolphin," stated Frank.

Because of Frank's effort, a special plaque with Steve's photo is now on display in the Staib room.

Vice President Pete Bianucci then took over to read the names of the Club's 100 or so life members, many of whom were in attendance.

Pete introduced Carl Ludemann, the Club's longest standing member having joined in 1920. Mr. Ludemann stood up and exclaimed "It's damn good to be here!"

After the official announcements and pronouncements, the party continued on in full swing. The quality of the crab, the sheen of the bright new floor and the comraderie of the group all added up to one of the best "Old-Timers" nights the Club has seen.

(Club records are being updated with correct mailing addresses for our life members -- see story on page two for details.)

**Turn To Pages 6 and 7
Of This Issue For
More Photos Of The Event**



Andy Camous (l) and Colin Gift enjoy a sunny moment together on the deck.



Frank "Cecco" Menucci completes the "Over 50" swim.



Dan McGill and Meg Reilly on the Dolphin Club's dock after a swim.



Steve Salvi is the man to contact about the Dolphin Club's Lake Merced facility.



Dolphin Rich Antonchuk enjoys the sunshine after the 1988 "Over 60" swim.



Mr. & Mrs. Nick DeMay in the Staib room before a swim.

Club Treasures Its Golden Dolphins

by Walt Schneebeil

Frank Staib was the first member to have completed 50 years of membership in the Dolphin Swimming and Boating Club. He joined in 1888 and died in 1938.

James Cronin was the second, joining in 1891. He died in 1956.

The third 50 year member was Joseph Keenan who joined in 1892. He lived until 1958.

For those of us who view a Dolphin Club life membership (25 years) as a very long time, the attainment of Golden Dolphin (50 years membership) must seem like an eternity.

Surprisingly, the Club has 23 of these "Old-Timers", who should be treasured for being a part of our many years of aquatic history.

These Dolphins and their year of joining, are:

• C.F. "Tex" Alexander	1931
• Virgil Anderson	1930
• Don Baggiani	1935
• Joe Bruno	1933
• Andy Camous	1932
• Pete Campana	1938
• Chester Dechent	1920
• Mike Desmond Jr.	1936
• Clement "Duke" Dupuis	1935
• Gus Gelardi	1936
• Dick Harms	1920
• Fred Herms	1938
• Dino Landucci Sr.	1935
• Leo La Rocca	1938
• Gino Lucchesi	1932

• Carl Ludemann	1920
• Gerald Murray	1925
• Cliff Quist	1935
• Mike Scafiani	1938
• Ray Schinkel	1928
• Dick Schroeder	1935
• Paul Silvester	1930
• Les Spiegelman	1938

One Hundred Years Ago:

From "The Sausalito News"
Friday, February 8, 1989:

A HANDSOME BARGE

Last Sunday the magnificent six-oared barge "JOHN WIELAND" of the Dolphin Rowing Club of San Francisco, manned by the regular crew, made the trip across the Bay and landed at Chas. Forrest float.

The barge is a very handsome vessel and is the largest rowboat on the Pacific Coast, measuring 40 feet in length, 52 inch beam, and 23 in depth, and cost when completed \$800.

The crew are a fine, healthy, vigorous lot of young men and made the barge cut through the water like a knife.

They comprise the following:
Coxwain, F. Staib; Stroke, Thomas Tennison; After Waste, DeWitt Davis and B. Jamison; Forward Waste, F. Conway and F. Deucher; Bow, A.P. Rothkopf.

Dolphin Club

Milestones 1988:

Life Memberships (25 years)

	Year Joined
• Pat Clancy	Sept. 1963
• Bill Greer	June 1963
• Bill Walden	Nov. 1963

Golden Dolphins (50 years)

• Pete Campana	Nov. 1938
• Fred Herms	Feb. 1938
• Leo LaRocca	Oct. 1938
• Mike Scafani	May 1938
• Les Spiegelman	Apr. 1938

Died

- Paul Adrian, joined July 1960, Died 1/7/1988
- Joaquin Claveria, joined Jan. 1954, Died 1/10/1988
- Joe M. Gelardi, joined Apr. 1930, Died 9/21/1988
- Emilio "Horse" Massucco, joined Feb. 1948, Died 1/17/1988



Dolphin member Bill O'Brien is frequently seen at Club events.



John Davies (l), Carol Block and Mike Roller discuss swim technique.



Denise Lile makes use of the Club's Lake Merced facility.



Carol Block and Nick Zoller share a moment at the "Over 60" swim, 1988.

Reminiscent of Dolphin Club's Past

England's Brighton Swimming Club

by Jim Hulihan

It was November 12, 1988, a bright and sunny day on the southern coast of England in the town of Brighton. The temperature was in the mid 40's. Being England's early winter, the locals felt that it was a beautiful day.

My wife Shelley and I were on vacation with English friends. Our hotel, called "The Ship", overlooked the English Channel and the beach. After checking in, we took a walk along the promenade. I watched with interest fishermen pushing whale boats to the water's edge to launch in the surf. Because the beach was entirely composed of small stones, they methodically used round logs, taking them from the back and placing them in front of the boat, rolling the boats on their keels. The process took five

minutes at least. I thought to myself that we have a much easier time launching and retrieving boats at the Dolphin Club.

Then I spied some skin divers and immediately approached them to ask the water's temperature. They told me it was 55 degrees which didn't sound too bad since when I left San Francisco the week before, the Bay had been 58.

I had my swim suit and cap with me and was intrigued at the thought of a swim, for I was already experiencing the effects of one week on vacation away from the water. The air was very cold, though. Little did I know what was going to happen next!

Further down the promenade, I saw two Joe Bruno/Walter Stack look-alikes standing in the sun wearing swim suits, caps and fins. My wife, having given up on me after this (our third stop in less than a half mile), didn't protest as I approached the swimmers. I immediately introduced myself to them.

Yes, they were daily English Channel swimmers. They pointed to a small doorway under the promenade which bore a sign reading "Brighton Swim Club". They were members of the oldest continuous swimming club in England, founded in 1822 (55 years before the Dol-

phin Club). I was invited into their locker room to meet their members. Calling it a locker room is being kind. The room was probably 8 x 25 feet with hooks on the wall. One pot belly stove was visible with a brewing coffee pot on top.

After the amenities of meeting about 8 members in various stages of dress (men only), I amusingly inquired about a shower or sauna. They laughed and brought me to the end of the room to one sink and a small hidden makeshift shower with a wall heater to warm the water. There was no bathroom; the members used the public facility next door -- not exactly on a par with the luxuries of the Dolphin Club.

The men were all extremely friendly to the "Yank" from San Francisco and we talked about the Dolphin Club. Three or four of them had been to San Francisco, knew of the Club and had seen the swimmers in Aquatic Park. None had been as willing as the Yank to invade the privacy of the Club by knocking on the door to say hello. One gentleman was an international swim official and knew of Suzanne Heim, our great swimmer. The members' ages ranged from the low 30's to the 60's. One member

- continued on page 8



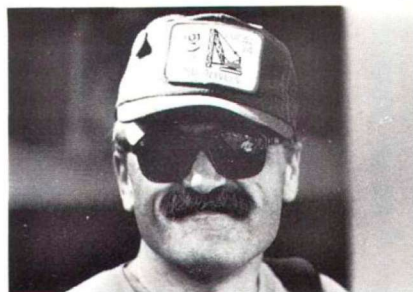
Neal Snyderman (r) and friend enjoy the Club's Lake Merced facility.



Club champion Sean Kelly and John Selmer warm up in the Staib room.



Considered one of the more photogenic Dolphins, Bill Powning.



Considered one of the more playful Dolphins, Bill Horgos.

Annual Crab Feed & Old Timers Banquet



"Taste Test" courtesy of Herman Zahler shown with Jon Bielinski in the galley.



Old Timer Carl Ludemann (l) is introduced by Frank Drum (center) and Pete Bianucci.



Proud Old-Timer Paul Melee (joined in 1954) shown here with his beautiful family.



Hans Kramer who joined the Dolphin Club in 1960 is shown here with his son.



Club Historian Walt Schneebeli (center) joined the Club in 1948, seated with his lovely wife.



Father and sons Pinetti enjoy the fun at the crab feed.



Charlie Weinberger lifts a toast to the Club's Old-Timers.



Dolphin George DeGear (joined 1948) came to dinner with his steady date.



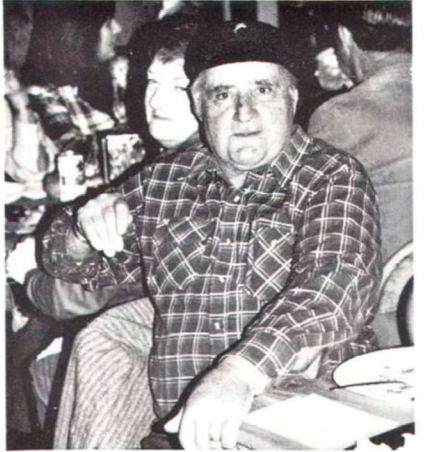
World famous Dolphin Walt Stack added his special warmth to the evening.



Pretty Patti Fuji and handsome Jay Earnhart were all smiles.



Longest standing Dolphin member Carl Ludemann was happy to be there.



Paul Silvester joined the Club in 1930 and was part of the evening's festivities.

Unites Friends - Makes New Memories



Bob Maxwell (South-End) shares the fun with Dolphin Pete Campana (joined 1938).



"Number One" Dolphin Old-Timer Joe Bruno is very active at all Club events.



Dolphin Al Liva (joined 1940) enjoyed the evening with his wife accompanying.



Dolphin Antone Gelardi (joined 1936) and his lovely wife enjoying the evening.



Dolphin "Tex" Alexander (joined 1931) and his smiling wife had a merry time.



Dolphin Herb Jackson (left) is shown seated with Bob Hoff (both joined 1960).



Mr. & Mrs. Bill Powning enjoyed the evening's celebration.



Jack Giacomini and Charlie Korelec (joined 1954) shared bartending duties.



Dolphin Sue Garfield and husband Jeff enjoyed the festivities.



Young whippersnapper Cliff Jennings makes himself useful in the Club galley.



Old whippersnapper Dan Murphy (joined 1958) worked the door.



Head crab cracker Steve Sancimino delivered the 500 pounds of crab on schedule.

Brighton Swim Club Welcomes Dolphin

- continued from page 11

had trained for flying fighter planes in Arizona during WWII.

I instantly felt at home with this gang of hardy souls. When they invited me for a swim at 10:00 a.m. the next day, I immediately said yes. Then I asked the question I was most concerned about -- the water temperature. That day's reading was 52 degrees. Not bad, I thought, but definitely not the 58 degrees I had left in San Francisco. Knowing how I dread it when the temperature in our beloved Bay drops below 55 degrees, I had some trepidation about both the air temperature as well as the sudden 6 to 7 degree difference--but I knew I had to do it.

The next morning was as bright and sunny a day as the previous one. Being a little nervous over my swim, I had only coffee while my wife and English friends told me how crazy I was to go swimming. The night before while out to dinner, other English people had supported those comments, saying Brighton Swim Club members were crazies--especially during the winter when they still swim.

At 9:30 I walked to the Brighton Swim Club. As I donned my suit, I asked whether they had "cranked-up" their wall heater as I knew from the air temperature that I was definitely going to need a warm shower. The normal dialogue of "what's the course?" took place. The Club is situated next to a long pier, much like Santa Cruz's, filled with shops and restaurants. Four members wanted to swim the mile out and around the pier. Three other members were going to swim between the pier and a nearby breakwater parallel to the beach. I really wanted the pier course. However, being a little wiser in my old age (1988 was my first year in the Doc Howard "over-40" swim)

and concerned about the temperature, I opted for the beach course.

As I nimbly walked to the water's edge, a good 50 yards over pebbles and rocks, I understood why the old timers wore swim fins. It wasn't because they were weak swimmers, as I had first suspected. I thought with great concern how the painful return over those same rocks with cold, frozen feet would feel.

The members quickly entered the water without hesitation. Immediately I was alone. I figured I'd better get it over with as the air temperature was no bargain either. The water was very cold but I quickly adjusted and could feel that I was swimming pretty fast. I swam between the pier and breakwater twice, noticing I had been in the water about 8 minutes. With no sauna and limited hot water, I decided that discretion was the better part of valor and headed for the beach.

Total elapsed time in the English Channel -- less than 10 minutes. Not exactly the 9-10 hours Suzanne Heim had spent on her Channel crossings, which I've often fantasized about trying. Though I really was not too cold when I got out, the trip across the rocky beach was as bad as I had expected. The beach course members already in the clubhouse kindly turned the hot water on for me. Being somewhat embarrassed as the only one taking a hot shower, I cut it much shorter than I normally would have. I dressed quickly, now being cold and was immediately given a mug of "reinforced" coffee. The pier course members had shwon up by then after 20-30 minutes in the water. Not one of them even took a warm shower! A couple of them were noticeably cold (shivering); but coffee and outside sun were their sauna.

The Brighton Swim Club has a "Below 40 Degree" swim program, much like our "Polar Bear". However, as I suspected, they weren't talking about air temperature, but water temperature. They swim throughout the winter and cherish their "Below 40" program -- all without benefit of a sauna or real hot showers. They are an impressive group of hardy individuals filled with comraderie and goodwill, much like what the early Dolphins must have been like.

They represent something that I feel the Dolphin Club has almost lost in the 12-13 years I've belonged as the polemics of modern American society have entered the Club. The Brightons made me remember why I love the Dolphin Club and why I go there almost every day of my life to swim. They reminded me of "Old Timers" dinners in the 1970's. Then tales used to abound by storytellers like Lawton Hughes and others of past Golden Gate swims where there was no bridge to guide swimmers, and fires on the beach would provide warmth as there were no saunas or hot showers -- the way the Brighton Swim Club still is today!

I experienced a view into our Dolphin past, and I will always cherish that day and the "Below 40 Degree" placard changed to 52 degrees that the Brightons kindly signed and surprised me with as we stood outside in the sun drinking "reinforced" coffee, chatting amicably. It was the highlight of my trip to Europe, regardless of all London and Paris offered. Hopefully, some of those kind gentlemen will take me up on my offer of Dolphin Club hospitality, should they ever visit San Francisco.

We all would be better off to make their acquaintance!

The 1989 Swim Season -- an "Unsolved Mystery"?

The 1989 swim season was inaugurated with our New Year's Day Cove and Alcatraz swims. The Alcatraz swim, co-hosted with the South End Club, came off with a minimum of hitches, as the nimble Dolphins took seven of the top ten spots, including Liam Hennessy and John Davies in first and second place.

It remains an "unsolved mystery" how 49 swimmers could challenge icy shark-infested waters and dare "escape from Alcatraz" to the City, without the benefit of prime time television coverage!

Flush with this success, Dolphins everywhere are entertaining visions of actually triumphing over the South Enders in our annual inter-club triathlon.

This season's "polar bear" is proving to be a challenge of inner strength and outer body fat with 40 out of 46 sub 50 degree days. As we go to press, an Alaskan cold front has sent the mercury south to 47 degrees with no relief in sight, giving us our coldest February in years.

Taking advantage of these ideal conditions, the Mid-winter Cove was held February 5. New Dolphin Jon Nakamura dodged icebergs to grab top honors, with rising star and dad-to-be Lee Hammock cracking the top ten. Regrettably, water conservation was dealt a blow when the foot bath froze over, forcing use of the foot shower.

On a note of interest to any Dolphin who dares to enter the Bay, our local attack sea lion has apparently gone to his final reward. Despite the vocal pleas of our early morning swim crew, the playful nipper hasn't been coaxed out of retirement.

In view of the varied challenges facing Dolphins, it is vitally important to maintain a proper and nutritious training table. Many of our swims will offer such gourmet treats as Herman's distinctive

Dolphin oatmeal mush, carefully calculated to combat cholesterol, and delicately fried wholesome grains (AKA donuts) to provide the fiber needed to round out our diets and figures, essential in

The 1989 Swim Commission

Head Commissioner:

David Zovickian

Assistants:

Tim Callahan

Gina Bianucci

Meg Fitzgerald

Hendrika Warmerdam

Jan Warmerdam

Questions About the Swim Program?

Look for these swim commissioners at Club events dressed in their distinctive new windbreakers with the DC logos. These were a gift to the Club from Mike Mendelson and Flicka McGurrian of Pier 23 Restaurant.

guarding against hypothermia.

This year, the rules and regulations governing our swim program remain essentially unchanged. Swim fees are \$26 and must be paid prior to participating in the swims. (Please do not combine this payment with your membership dues -- give your swim fees to a swim commissioner). A signed waiver of release is required of all swimmers, pilots and helpers.

In the fine tradition of Dolphin swims, please refrain from using booties, gloves, paddles, fins, swim buoys, body suits and other wimpy contraband in scheduled swims. Orange caps and swim suits are a must for all events.

To encourage swimmers to get out of the water and into pilot craft or other supporting roles, any member

who wishes to swim the Golden Gate swim or enter the Alcatraz lottery must pilot or help out on at least two swims during the 1989 swim season. Members wishing to help should sign up prior to the event and report to a swim commissioner at least one hour prior to jump off. Don't miss the boat -- come early and often to help.

Sign-ups for swims will be posted two weeks prior to the event. To protect everyone's position on the list, any spaces created by crossed-off names are to be left blank. Additionally, swim fees must be paid, and you must be a member for at least six months.

All pilot craft are to be reserved at this time. As in the past, certain pilot craft may be reserved for our experienced senior pilots. All reserved pilot craft (Avons, Boats, Surf Skis, Kayaks and Surf Boards) must be claimed at least one hour prior to jump-off, unless otherwise noted on the sign-up sheet. After this time, the craft will be re-assigned on a first come first served basis. Chief pilot Don Harrison will be coordinating the above to insure safe and experienced pilot coverage for our swims.

Next up on our schedule is Pier 41 on Salturday, March 4th. Sign-ups will be posted on Saturday, February 18th.

Note that the previously published Alcatraz swim date has been cancelled due to a scheduling conflict with Fleet Week. Stay tuned for the new date.

A final thank you to Phil Rollins for all his hard work in running the Swim Program these last few years. His assistance in laying the groundwork for our 1989 swim schedule has been invaluable in helping the new swim commission prepare a fun and successful swim program.

Dave Zovickian

Head Swim Commissioner

Dolphin Swim Statistics

New Years Day Alcatraz Swim January 1, 1989

Weather was clear, no wind following showers on Sat., water temp. 49. Briefing by SERC Swim Commissioner to both clubs' pilots and swimmers. Start was 1311 (Low 1306+5 mins.) off cement retaining wall slightly east of lighthouse. Transportation by Crowley water-taxi. In spite of prior arrangements (60 capacity promised), the boat sent to pick up swimmers at Pier 41 held only 35, so it had to ferry one group to Alcatraz, return to SF to pick up the the rest, pick up the first group and be at the start by jump-off. Fast swimmers swam directly for the opening. Slower swimmers were told to swim directly toward SF, allowing the ebb to carry them past the opening, then return on the flood or slack. The flood never materialized, however all but two swimmers made the opening under their own power. We set an arbitrary cut-off time of one hour outside the Cove or be pulled. Each club made decisions regarding their own swimmers.

J.B. Sullivan and his great crew of volunteers prepared and served minestrone, cold cuts, salads, and pineapple upside down cake in the cookshack to approx. 225. Dolphin Dave Zovickian announced the places and awarded the New Year's Day trophy. The marvelous weather encouraged members to come to the clubs.

1. Liam Hennessy	27:34
2. John Davies	29:39
3. Dave Horning	31:22
4. John Selmer	32:52
5. Laura Merkl	33:14
6. Tim Reid	33:49
7. Joe Ferrero	34:21
8. George Kebbe	35:03
9. Russ Morison	35:40
10. Jim Hulihan	36:02
11. Mary Pat Barry	36:08
12. Rick Barthels	36:31
13. Ed Urban	36:59
14. Elmer Tosta	38:42
15. Carl Gerlach	39:20
16. Meg Fitzgerald	40:06
17. Susan Boling	41:31
18. Kevin O'Keefe	41:38
19. Mickey Lavelle	41:46
20. Andy Field	41:57
21. Bert Huffman	42:18
22. Mike Webb	42:25
23. George Farnsworth	42:27
24. Steve Jones	42:59
25. Kate Coleman	43:45

26. Mike Laramie	44:36
27. John Sullivan	44:41
28. Bruce Armbruster	44:48
29. Ann Tingley	46:27
30. Rich Antonchuk	46:52
31. Nancy Fougere	46:55
32. Laurie Greider	47:02
33. Dan Macchiarini	48:08
34. Mike Lagios	49:18
35. Celia Demartini	49:43
36. Pete Neubauer	49:55
37. Barbara Keller	51:06
38. Stan Morris	52:27
39. Rich Livingston	52:57
40. John Rohosky	53:05
41. Frank Blair	53:09
42. Fred Muller	53:28
43. Tom Martz	55:25
44. Bill Horgos	56:35
45. Cliff Jennings	59:11
46. Courtney Clarkson	63:20
47. Jerome Duffy	65:05
48. Tom O'Connell	66:22
48. Tom O'Connell	66:22
49. Mike Roller	80:10
DNF - Herb Madden, Eric Groneman	

Pilots- South End Club

Bill Wilson, Bob Castillo, Hans Kramer, Lucille Matthews, John Kaplanis, Jim Hentz, Mike Berline, Pat Cunneen, Wayne Buford, Hank Slepelt, Diddo Clark, Richard Warren, Dan Marshall, Dan O'Neill, Jim Flack, Scott Ellsworth, Rich Porto,

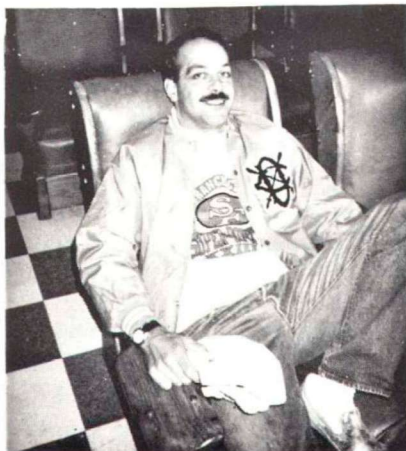
Ann DeSouza, Tom Carter, Bob Jochnowitz, Dang Nguyen, Tony Watch, Tara Hardin, Mary Clark, Dan Goodman, Tom Busby, Gary Serrano; Sat. & Sun: John Brunnan, Dave Kennedy, Nancy Stretch; Sat: Kevin O'Keefe, Bruce Armbruster.

Helpers- South End Club

Dick and Trudy DiLorenzo, Jill Vanderfleet, J.B. Sullivan, George Dillon, Dave Duncan, Tony Ragusin, Elaine Robertson, Tara Hardin, Linda Nowell, John LaRoque, Eugene and Aya Cash, Alex, Buddy, High and Kyle. Sat. test swimmers: Keith Nowell, Donald, John Heus.

Pilots- Dolphin Club

Susan Allen, John Horner, Ted McKowin, Tom Hofmann, Mike Saal, Eric Shackelford, Alan Budenz, Steve Baldwin, Steve Lathram, Bob Danielson, Brian Marin, Bob McKenzie, Don Harrison, Mary Cantini, Ronald Downs, Paulette Wood, Carol Block, Jerry Block, Colin Gift, Will Powning, Joni Beemsterboer, Neal Snyderman, Hans Kramer, Jon Bielinski, Ken Corren, Dan Osborne, Noreen Tierney, Stan Hlynsky, Sam Lawson, Dave Zovickian, Gerald O'Dwyer, Rich Cooper, Eduardo



1989 Head Swim Commissioner Dave Zovickian sporting one of the new Commissioners jackets.



Boatbuilder and 1989 Recording Secretary Jon Bielinski on the Bay.



Newer Dolphin Jon Nakamura came in first on the mid-winter cove swim.

Barranco, Bill Walden, Omer Thompson, Mark Steinborn, Pete Bianucci, Pete Applegate, Herman Zahler, Karen Boyer, Bob Hoff, Steve Salvi, Padraic Doyle, Kit Stycket, Flicka McGurrin, Mike Mendelson; Fri: Jon Bielinski, Stan Hlynsky, Elmer Tosta, Jeff Daniels, Don Harrison; Sat: Dave Zovickian, Elmer Tosta, Stan Hlynsky, Bob Danielson, Don Harrison, Will Powning.

Helpers- Dolphin Club

Larry Alioto, Stan Wright, Ned Hoffman, Jim Hill, Frank Menucci, Roger Kleid, Lou Marcelli, Dan Murphy, Pavla Podolska, Mimi Osborne, Susie Royce, Era Osibe. Sat. test swimmers: Mike Roller, Alan Budenz, John Davies. Fri. test swimmers: Dave Zovickian, Susan Cobb. Sat. Avon set-up: Jerome Duffy, Mike Roller, Cliff Jennings, Stan Hlynsky, John Davies.

New Years Day Cove Swim January 1, 1989

1. Osborne, Dan	13:48
2. Beemsterboer, Joni	14:03
3. Von Blankenberg, C.	15:46
4. McGraw, Tom	15:51
5. Lathram, Steve	16:19
6. Kleid, Roger	16:44
7. Hornor, John	17:03
8. Callahan, Bill	17:24
9. Liss, Alan	17:30

10. Garfield, Sue	17:55
11. Harrison, Don	19:00
12. Zovickian, Dave	19:14
13. Osibe, Era	19:26
14. Royce, Suzanne	19:47
15. Alioto, Larry	20:00
16. Lehmkuhl, Sandy	20:28
17. Saal, Mike	20:45
18. Osborne, Mimi	21:33
19. Dahlberg, John	22:08
20. McKenzie, Bob	22:12
21. Bruno, Joe	22:50
22. North, Steve	23:12
23. Podolska, Pavla	23:53
24. Mittelstadt, Bob	31:13

Pilots

Jon Bielinski, Tom Callinan, Colin Gift, Bowser Gift, Stan Hlynsky, Hans Kramer.

Helpers

Gina Bianucci, Karen Boyer, Jerome Duggy, Cecco Menucci, Dan Murphy, Rick Snider, Conrad Von Blankenberg.

Mid-Winter Cove Swim February 5, 1989

1. Nakamura, Jon	12:17
2. Chorak, Chris	12:36
3. Selmer, John	12:52
4. Osborne, Dan	13:52
5. Newlin, Lorna	14:45
6. Cobb, Susan	15:30
7. Danielson, Bob	15:30
8. Kleid, Roger	16:18

9. Lathram, Steve	16:42
10. Hammock, Lee	16:59
11. McGraw, Tom	17:01
12. Coran, Ken	17:05
13. Marin, Brian	17:17
14. Gift, Colin	17:18
15. Callahan, Bill	17:25
16. Madden, Herb	18:06
17. Duffy, Steve	18:12
18. Brigham, Peter	19:17
19. Alioto, Larry	19:24
20. Powning, Bill	20:55
21. Sancimino, Jim	21:03
22. McKenzie, Bob	21:40
23. North, Steve	23:04
24. Osborne, Mimi	23:13
25. Podolska, Pavla	23:30
26. Bruno, Joe	24:17
27. Sancimino, Phil	24:30
28. DiNunzio, Mike	26:50
29. Kohlenberg, Phil	28:14

Helpers

Mike DiNunzio, Steve Duffy, Jay Earnhardt, Neal Fishman, Patty Fujii, Sue Garfield, Colin Gift, Don Harrison, Cliff Jennings, Barbara Keller, Lou Marcelli, Cecco Menucci, Dan Murphy, Pavla Podolska, Tony Reveaux, Minda Rosenthal, Mary Sancimino, Rick Snider, Herman Zahler, Dave Zovickian

Pilots

Susan Allen, Jon Bielinski, Neal Hartnett, Kevin Hartnett, Stan Hlynsky, Hans Kramer, Susan Lauritzen, Fred Muller, Mike Roller.

TO ROW

To row
is to sow
the happiness that lies
within
the taught muscular form
made lean and thin
by the rowing
born of the desires to perform.

SWIMMING

At times I wish I were a fish.
I could float without the
bloat
of too much to eat
in preparation of the treat
of swimming in the bay
which gives me the pleasure
of children's play
in salty silent joy.

-Anonymous

CORRECTIONS

• Due to an editing error, the author's name was omitted from the tribute to Irene Volodkevitch which appeared in the last issue of the *Dolphin Log* (Autumn, 1988). The article was written by Brian Gilbert.

• The 1988 Swim Commission regrets the omission of Herman Zahler's name from the list of those members who piloted or helped on ten or more swims in 1988. The Commission is indeed grateful for the time and effort Herman spends supporting the Swim Program and apologizes for this oversight.



Dolphin Pavla Podolska strikes an attractive pose in the Staib room.



Dolphin Virgil Anderson (joined 1930) bundles up in the Staib room.



Life member Hans Kramer (joined 1960) casts his bright smile around the Staib room.



1989 Swim Schedule



December 21	Polar Bear Swim Starts -40 miles, ends March 21	
March 4 (Sat.)	♣ Pier 41.....	TBA
March 19 (Sun.)	Spring Cove.....	9:00 a.m.
April 16 (Sun.)	♣ Pier 39.....	TBA
May 7 (Sun.)	♣ Dick Beeler Crazy Cove.....	9:00 a.m.
May 21 (Sun.)	♣ Yacht Harbor.....	TBA
June 1	100 Mile Swim Starts -ends October 31	
June 4 (Sun.)	♣ Doc Howard Over 45 -From Gas House Cove.....	TBA
June 11 (Sun.)	Handicap Cove.....	9:00 a.m.
June 23 (Fri.)	♣ Twilight Cove -BBQ to follow.....	6:30 p.m.
July 9 (Sun.)	Over 60 Cove.....	9:00 a.m.
July 22 (Sat.)	♣ Crissy Field.....	TBA
July 30 (Sun.)	Qualifier Cove for August 20 Fort Point Swim.....	TBA
August 20 (Sun.)	♣ Fort Point.....	TBA
September 9 (Sat.)	Golden Gate I - Slow Day.....	TBA
September 10 (Sun.)	Golden Gate II - Fast Day.....	TBA
To Be Announced	Alcatraz.....	TBA
November 4 (Sat.)	Annual Swim/Pilot Appreciation Dinner.....	TBA
November 23 (Th.)	Thanksgiving Day.....	9:00 a.m.
December 17 (Sun.)	New Years Day Alcatraz Cove Qualifier.....	9:00 a.m.

other important dates

July 15 (Sat.)	Lake Tahoe Relay (date tentative)	
August 5 (Sat.)	♣ Santa Cruz Pier Swim	<i>Note: Jump-off times are subject to change -- TBA means "To Be Announced"</i>

Swim Program Rules

1. Club scheduled swims are restricted to club members only.
2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
3. Swimmers must be members in good standing with dues current and swim fees paid.
4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
7. Swim sign-up sheets are posted two weeks prior to each swim.
8. Time limits are imposed and enforced for all swims.
9. All club boats are reserved for scheduled swims; riders are prohibited.
 - Additional qualifications for Alcatraz and Golden Gate Swims •
10. In-town members must successfully complete 2 swims marked with a peace sign, and one other scheduled swim and pilot or help on at least 2 others.
11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
12. Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

Important Rules Regarding "Out-Of-Cove" Swims

Swimming in the Bay is inherently risky. Bay swimming outside the Aquatic Park Cove in heavily-trafficked San Francisco Bay may present even greater risks. Accordingly, the Dolphin Club enforces the following rules regarding Out-of-Cove (defined below) swims which (a) are not Club Swims (defined below) and (b) which use Club Facilities (defined below). Since Private Out-of-Cove Swims (defined below) are the sole responsibility and risk of the participants, the Club will ask for a written release of liability from each participant. Any advice rendered in connection with such a swim by any Club member, whether or not an officer or Board member of the Club, is not rendered by or on behalf of the Club or by such person in his or her capacity as member or official of the Club. *Failure to obtain required consent for private out-of-cove swims using Club facilities is grounds for the following member sanctions:*

First Offense: One-year suspension from competing in Club Swims. **Second Offense:** Expulsion from Club without rights of reinstatement.

Definition of Terms:

- **Club Swim** means those swims published by the swim commission in the Club's official swim schedule as part of the Club's organized swim program.
- **Required Consent** means consent to the swim (a) by the Club's head swim commissioner AND (b) consent of the boathouse captain to use Club Facilities.
- **Club Facilities** means any real or personal property of the Dolphin Club, including without limitation boats, radios, dock, wet suits, clubhouse, showers, sauna, etc.
- **Out-of-Cove** means any part of the Bay outside the perimeter of Aquatic Park Cove.
- **Private Out-of-Cove Swim:** Any swim which (a) is not a Club Swim, (b) occurs in whole or in part Out-of-Cove and (c) uses or involves Club Facilities.

The Spirit and Intent of the Rules

While the above rules may be susceptible to "stretching" or contain "loopholes," the point of the rules is quite clear. These rules are intended to apply if a wet or cold participant may ultimately (directly or indirectly) end up in Club facilities. For example, even if a swim does not technically end at Club facilities, if participants return to Club facilities wet or cold (as opposed to pink, warm and dry), the swim is subject to consent rules. Likewise, if any Club equipment is used in a swim that does not otherwise involve Club facilities, the swim is subject to consent rules. If you have any doubt regarding whether a proposed swim or row is subject to the above rules, ask the head swim commissioner.

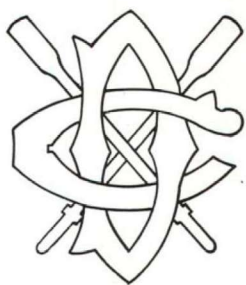
The above rules do not attempt to limit your freedom as a private citizen to conduct swims which are wholly unrelated to the Club and which do not in any way affect the Club (i.e., Private Out-of-Cove swims not involving Club facilities).

Dolphin Swimming & Boating Club

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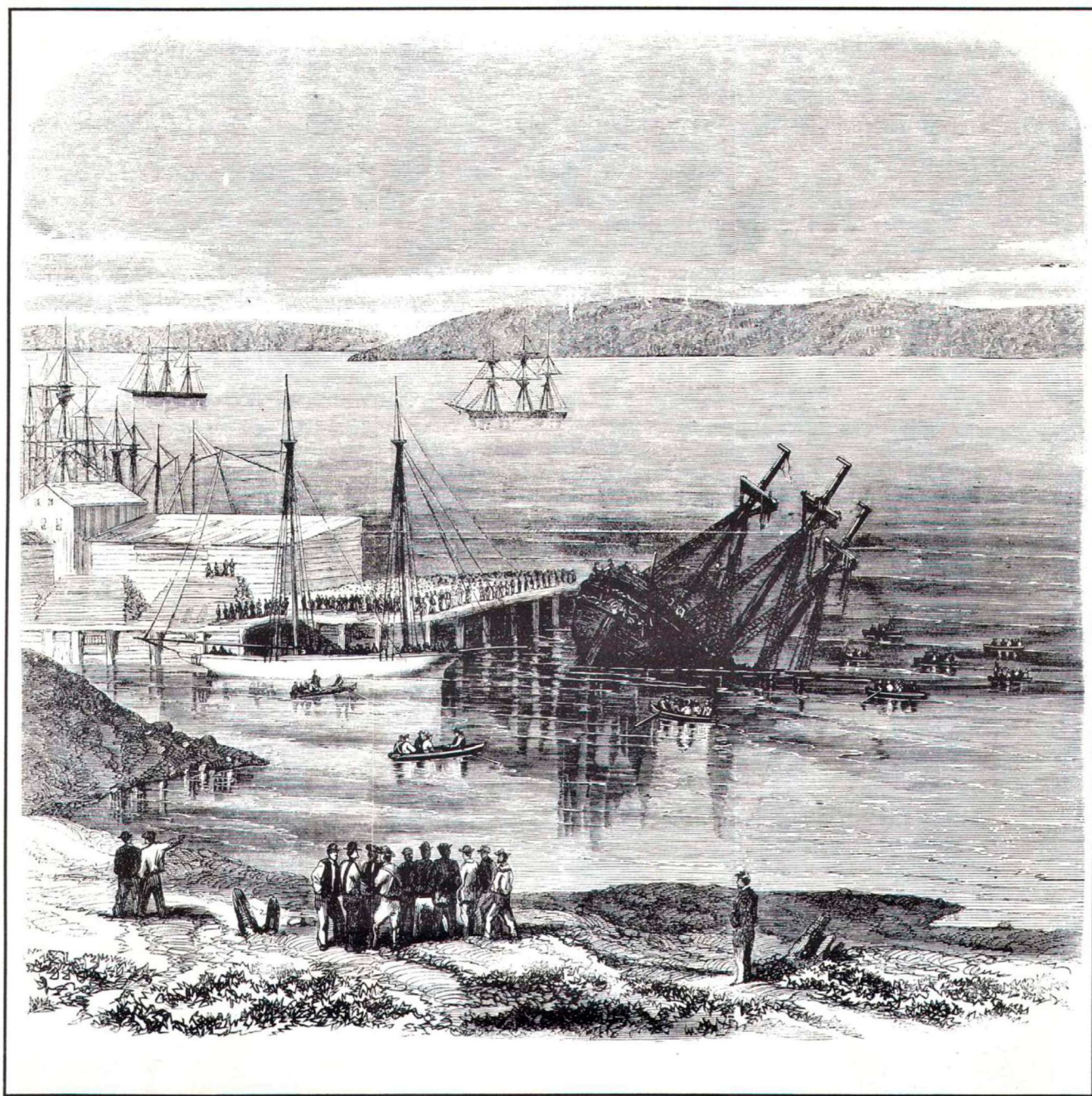
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DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club
San Francisco California - *Established 1877 - Spring - 1989*

Dolphin Alert - Aquatic Park Threatened - See page 3



The wreck of the Aquila, at San Francisco, from a sketch by G. H. Bigelow (as reproduced on the cover of *Frank Leslie's Illustrated Newspaper*, New York -- January 16, 1864, loaned to the *Dolphin Log* from the collection of Dolphin Padraic Doyle). For another look at San Francisco Bay before the Golden Gate Bridge, please turn to page 5 for Walt Schneebeil's story about the first Golden Gate Swim, held in 1917.

Dolphin Bulletin Board

Miscellaneous News & Notes for the Dolphin Club Membership

"Escape From Alcatraz" Triathlon Set For October 22

Plans are now underway for this years "Escape", October 22, a Sunday. The event consists of a swim from Alcatraz to the Dolphin Club, a bike ride to Mill Valley and a run over the Dipsea trail to Stinson Beach and back. Now is the time to start a training plan if you plan to enter. Others wishing to help should keep the date free and watch for further notices.

Applications will be posted August 22. Please complete the application as best you can and enclose a check for the entry fee.

The event is open to all members of the Dolphin and South End Clubs in good standing.

Members with questionable ability to withstand any conditions must pre-qualify. See Pete Bianucci if you have any questions.

complete the rowing training course prior to being certified to use the Club boats. Current members of the Club are also welcome in the program.

Look for Mike in the boathouse and ask him questions. Rowing training is conducted at 09:00 sharp on the third and fourth Saturday of each month.

Search Continues for Four "Old Timers"

The Club's financial secretary, Mary Heth has expressed thanks to Walt Schneebeil and others who wrote in with the mailing addresses of certain Life Members in order that they can receive Club mailings. Still missing, though, are Harry Fields, Ignatius Passatino, Raymond Ray, John Sargis and Byron Van Alstyne. Anyone with information as to their whereabouts please notify Mary.

A Warm Welcome To New Dolphin Club Members

The Dolphin Club welcomes the following new members who have joined since March of this year:

Joan Alpert, Margaret R. Arent, Wm Craig Brown, John J. Burgoyne Jr., Peter J. Campbell, John Anthony Casey, Christopher Deam, Wm. M. Dick, Mark Gleaton, Brett F. Groessle, Dale Gullicksen, David M. Jorkelson, Mandy Joslin, Eric Junker, Joan Lubenow, JoAnn Lucibello, John E. Martin, James Mason, Peter Mavridis, Carol McCallion, Donna Mc Coll, Marla McGowan, Leonard Mejia, Raymond Moreno, Peggy O'Leary, Nikola T. Pavicic, Robert A. Pollan, Dave Robertson, Evaristo Rocha, Elizabeth B. Rodgers, Penelope Douglas Rollins, William E. Rus, Eric Schleelein, Noah Stroe, Kevin Michael Sugar, Roberto Varriale, Michelle Fatima Vermeiren, Gene Vick, Tom Whelan, Martha Whiteside, Constance Jiun Yee Yu.

The Key to Health

Accepting the key to open the Dolphin Club door brings to each person a responsibility to honor the safety of its fine membership and to protect the Club property which serves us all daily.

The key that opens wonderful health opportunities symbolizes an ongoing trust which makes one accountable for his or her actions. For the safety of all members we deeply appreciate your voluntary



effort in returning the key to the front door when you have decided to leave the membership.

Mail the key back or drop it off at the Club. This responsible action on your behalf will prevent unforeseen problems which can affect our Club's equipment and the personal possessions of its members.

Hopefully, the key to health will continue to serve your recreational enjoyment for numerous years to come as a member of the Dolphin family.

*Robust health to all
Steven R. Krolik*

Mike DiNunzio Appointed To Rower Trainer

Dolphin member Mike DiNunzio will now share rowing orientation and instruction duties with trainer Ned Hoffman.

New members, regardless of prior rowing experience, are required to



The Dolphin Log

Editor: Jeffrey Howard Heth

Photographs in this issue are by
Barbara Keller • Elmer Tosta
Dave Zovickian

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The Dolphin
Swimming & Boating Club Inc
502 Jefferson St.,
San Francisco, CA 94109
Organized in 1877

Officers

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Vice President - Pete Bianucci
Treasurer - Vince Huang
Recording Secty - Jon Bielinski
Financial Secty - Mary Heth
Boat Captain - Herman Zahler

Board of Governors

Daniel Osborne
Meg Reilly
Elmer Tosta
Jeffrey Heth
Frank Drum
Don Harrison
Cliff Jennings
Sam Lawson
David Zovickian

Dolphin Alert- Aquatic Park Cove Threatened!

Aquatic Park and the Dolphin Club face a critical situation. As many readers know, the Port of San Francisco plans to build a \$25 million "seafood center" right next door to our favorite swimming hole - Aquatic Park Cove. Many believe that the Port project will have serious detrimental effects on water quality in the Cove unless it is constructed and operated with the greatest level of care. The purpose of this article is to alert all Dolphin Club members to (1) the seriousness of the situation; (2) the current status of the project; and (3) the ways in which *each member can be of help*. Please Read On!

• **Project Description:** The Port project will double the number of commercial fishing boats in Fisherman's Wharf by adding berths for 100 more commercial fishing boats. These new berths will be constructed directly on the other side of the Hyde Street Pier. In other words, these boats couldn't get any closer to the Cove without being in it.

Under the port plan, Pier 45 will be devoted nearly entirely to new fish handling and fish processing facilities. These facilities are expected to handle an additional 8.7 million pounds of fish annually.

The new berths and fish processing facilities are expected to produce a marked increase in vessel traffic and fish processing activities. The existing fuel dock located just on the other side of Pier 45, will be expanded to add a second fueling station. Parking for a total of 300 plus cars will be added on Pier 45 and Hyde Street Pier.

• **Potential Effect on Water Quality:** The port project will significantly increase those activities which currently contribute to poor (pitiful) water quality in Fisherman's Wharf lagoon. As we all know, this severely polluted lagoon water moves into Aquatic Park on every ebb tide. With it, comes gasoline from boats and gas docks, fish-related wastes, and to an unknown degree, toxins, solvents, paints, detergents,

sewage and other unthinkables from restaurants, tourists, boats and other wharf activities.

The project construction will involve an unquantified amount of dredging, rock removal and pile driving over an unspecified period of time. It is believed that the Port has conducted no soil samples to determine what toxins would be disturbed by construction.

In short, unless the project is *constructed and operated* with extreme care, many believe that Cove waters will become *unswimmable*.

• **Project Status:** Construction is scheduled to start next year! The Port persists in its intention to seek the *lowest* level of environmental review for the project by submitting "conceptual" plans to the S.F. Environmental Review Board. That board is composed in part of City employees. Their ultimate boss, Mayor Agnos, is strongly behind the project which is intended to be "the

Continued on Next Page



Celeste McMullin is ready for anything, including the Yacht Harbor Swim.



Third generation Dolphin Gina Bianucci keeps score at a recent swim event.



Carla Curtis and Mike DiNunzio enjoy the warmth after a swim.

Membership Alert - Aquatic Park Threatened

- Continued from previous page
hallmark of this administration."

The Dolphin Club Board of Governors and officers have held extensive meetings with Port representatives in 1988 and in 1989 including a recent meeting with the Project Manager and a Port Commissioner. Members of the Club (who have signed a petition which was recently posted) have presented their main concerns in writing to the Port. Among these concerns is the fact that much of the storm and other runoff (e.g., hosing of decks and pier aprons) from the project, apparently, will be allowed to run *directly* into the Bay! This runoff could and should be caught in gutters and treated for bacteria and toxins. Many who have studied the project believe that containment of all project wastes and treatment in a project treatment plant is the *only* method to insure that the Cove will remain swimmable. The Port steadfastly has failed to adequately address these and other stated concerns and proposals.

The Port has supplied the Club with a proposed "Water Quality Management Plan" (a copy of the Plan is on

the Club's information bulletin board). The Board and others who have studied the Plan find it *wholly* inadequate to address a number of critical concerns. At their last meeting, the Club's Board members expressed this opinion to a Port Commissioner in attendance. That opinion will be delivered in writing by the Club's environmental lawyer.

If the Port seeks a "lowest level" of review from the City Environmental Review Board, the Club's Board will need to decide how to respond. The Club could file a formal objection and could also formally appeal any adverse decision.

• How You Can Help:

- *Please read* all notices posted on the Club's information bulletin board! This is critical to keeping Club membership informed.

- *Please sign* all petitions that appear on the Club's information board. The first petition was signed by many; the next is now posted and responds with specifics to the recently proposed in-

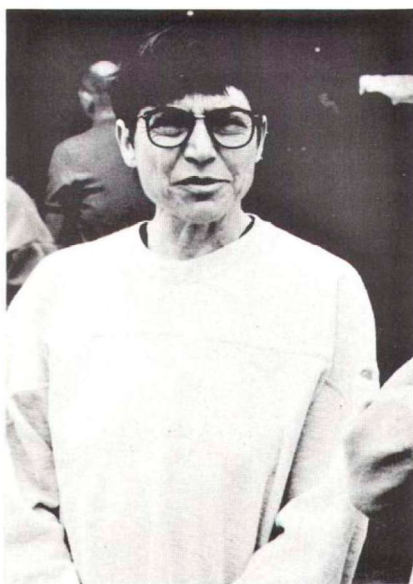
adequate Port Management Plan.

- *Please express* your opinion to the Club's Board members. They need membership input.

- *Please show up!* At some point, and probably on short notice, your presence at certain critical meetings will be necessary. You won't be required to speak. Numbers speak for themselves. Please watch the bulletin board for announcements and please spread the word.

- *Please advise* a Board member if you know anyone who can donate technical assistance such as water and soils testing, technical expertise in regulations affecting water quality, toxic discharge and disposal of toxic wastes, etc.

If the Club is forced to pursue legal remedies, it will be expensive. Your continued economic support of the Club is appreciated and of particular importance now.



Susan Anson is just one of many Dolphins who enjoy a good swim.



John helps out pulling rowboats out of the water at a recent swim.



Lorna Newlin assists with the record keeping at a 1989 swim event.

"Brine Indulgers" Set Fast Pace in 1917

History by Walt Schneebeili

As the Dolphin Club approaches its yearly Golden Gate Swim event, it will serve the membership well to remember the great races of the past, including the very first Dolphin Club Golden Gate Swim which took place on September 9, 1917. The following words appeared in the *San Francisco Chronicle* dated September 10, 1917:

.....

GATE SWIM IS WON BY KOCH OF DOLPHINS

*Twenty-three Starters
Out of Twenty-four
Have Ideal Day For Contest*

Such a day was experienced yesterday in the Dolphin Swimming and Boating Club's Golden Gate Swim as did Walter Pomeroy have when he established the now

standing record of twenty minutes and forty-four seconds for the strait swim. Twenty-three club splashers out of twenty-four entrants succeeded in negotiating the buck against tides and cold water, touching Lime Point in evidently good condition.

Doc Koch, the crack distance swimmer of the Dolphins, was piloted to first place by Alex Pape, the veteran champion oarsman and merman. The tide was near toward the turning point when Earl Burke fired the starting shot and Alex Pape showed that he was well acquainted with such conditions when he headed his winner in the direction of Angel Island until within 400 yards of the finish, when they swung into the then outgoing current, making a perfect landing.

The time for Koch to cover the distance was clocked at twenty-six minutes and fifty-one seconds. If Norman Ross, American champion distance swimmer of the Olympic Club when he narrowly missed touching Pomeroy's mark in the recent Olympic Club Golden Gate

Swim had been favored with such ideal tidal and weather conditions, there is no doubt he could have placed a new mark for the three-quarters-mile grind.

There is one strong brine indulger in James J. Cronin, who is 52 years old. He is deserving of honorable mention, for he took eighteenth place.

The results:

1. Doc Koch	26:51
2. J. Zander	26:54
3. Clarence Kiernan	26:58
4. William White	27:01
5. Chris Sarantis	27:04
6. Paul Giovannoni	27:08
7. William Hortenstine	27:18
8. William Ringen	27:19
9. Dr. J. G. Harrington	27:24
10. A.G. Scantena	27:58
11. Ben Bassine	28:02
12. Edgar Oden	28:07
13. Sydney Johnson	28:15
14. Harold McLean	28:28
15. Walter Smith	28:45
16. Henry Kanter	29:01
17. Herbert Maunder	29:12
18. James J. Cronin	29:22
19. Mike Desmond	29:24
20. Steve Narinian	29:38
21. Charles Hinze	30:10
22. Jack Shannon	31:00
23. Emil Cuenin	32:08



The start of the 1917 swim at the foot of Fort Point.



The 1917 winner was "Doc" Koch, shown with his pilot Alex Pape on left.



Drawing by Klement Jesch

Personality Profile-

A Mermaid Called Suzanne

by Tim Callahan

One day shortly after joining the Club, I walked out on to the back deck. The high tide seemed about ready to wash the weight room away. Two guys sitting in the sun talking with an attractive woman were excited by the tide and arguing in a comical sort of way with San Francisco Bay charts spread in front of them.

I had sort of met the bigger of the two when he had stopped me three or four times at the front door to check my membership status. He was Stan Hlyn-sky. The other was Randy Pinetti, a good rower and merchant mariner who was very knowledgeable of the tides and currents in the Bay. The level of excitement was high. Something was going on. Others were gathering and one old-timer muttered "Swimming outside the Gate -- too much chop -- 10 to 15 foot swells around Mile Rock -- crazy. It's no-man's land -- wouldn't even take a good size boat out there -- they must be nuts."

Stan called me over. "Hey Callahan. I want you to meet someone. This is Suzanne Heim. She's going to swim Bay-to-Breakers."

"Bay to Breakers?" I responded. "That's a long way." The thought of it dwarfed my own aspirations of just making it from Alcatraz some day. Stan, meanwhile, had turned back to

his charts and to a thick pad of yellow paper on which he made copious notes.

"I want you in the Avon with me," he said. Can you be here at 4 a.m. tomorrow morning? If you get here first, the front door will be locked from the inside. Just go around to the Hyde Street Pier and climb over the South End's fence."

"Me?" This was only my first week at the Club. "Four in the morning?"

"Hi Tim," Suzanne interrupted. "Glad to meet you. Don't pay any attention to Stanley. He's always like this on a swim." Suzanne's pleasant manner captured my attention, and at that moment a great friendship began with a great swimmer and an even greater person.

"Sounds interesting," I said. "I'll be there."

The next morning at 4 a.m. the front door fortunately opened at the turn of my key and I walked into a whirlwind of activity. Tom and Ginny McGraw were getting their kayaks ready. Stan was shouting directions to everyone. Coffee was brewing in the kitchen. I was told to grab some doughnuts and to give Don Harrison a hand in the motor room.

"Motor room?" I had just discovered the handball courts the day before.

"Over there," Stan said impatiently. Within one hour the kayaks were on their way by van to the Bay Bridge and we were in an Avon pulling a rowboat which Randy would row as Suzanne's pilot. I don't remember her time on that swim, but I do remember vividly how she calmly and almost anticlimactically jumped into the flat water beneath the Bay Bridge and began to swim effortlessly through water which turned increasingly rough as we approached Alcatraz.

About a quarter of a mile west of the Island the water turned as turbulent as third-class rapids in a wild mountain river. Under the Golden Gate we encountered huge rolling waves. I didn't even see the first one until we were going over it. I turned around in the Avon to say something to Stan who was trying to squeeze a little more power out of the old 7 1/5 horsepower engine. I saw his jaw drop. He shouted "hold on." I turned as we were going up the side of that thing and asked if he thought we would make it over. "I don't know," he shouted back as we crested it, "but here comes another one" as we slammed down into the trough. I don't think Suzanne even noticed that the water had turned nasty. She never looked up and never missed a stroke until she swam into the surf at Ocean Beach, the first person ever to swim that course.

That was characteristic of Suzanne.

She was always game for a swim, no matter how far, and no matter what the conditions. She never complained, whined or revealed her problems, and she never missed a stroke. She became an inspiration to me and many others.

Later, I had the great pleasure of helping on her 27 mile swim from Vallejo to the Golden Gate. I didn't get any sleep that night. Suzanne started some time after midnight. Don Sanchez of ABC came along with his film crew, and to this day, he reminds me of that, the worst night of his life. Despite the cold, wet, misery and a bad shoulder, Suzanne swam at a constant 65 strokes per minute for the entire swim! Only afterward she told me that her right shoulder was tight and painful toward the end. We have shared a lot of cold water breaking over us in the middle of the night since then, with her in the water and we in wetsuits and wool sweaters and boats. I can't remember her ever complaining of anything; she was always appreciative of the 10 to 20 Club members who would show up to help.

She has had many great swims: Aquatic Park around Alcatraz and back; Tiburon to S.F.; Alcatraz to San Quentin; Larkspur Ferry Terminal to S.F. Ferry Building, Candlestick Park to the Club; San Rafael Bridge to San Mateo Bridge (30 miles); the length of the San Mateo Bridge; S.F. to Sausalito; non-stop crossings under the Golden Gate Bridge; Bay Bridge to Golden Gate Bridge and back to the Bay Bridge non stop.

More recently she has made numerous crossings of the English Channel. Six times to date! The first year she trained 30-40 hours a week while working 40 hours as a special education teacher. Once in England, she waited four weeks for good conditions which never came, so she decided to just do it, crossing in a little over 10 hours. A good time for anyone, but not one Suzanne would be content with. The next year she trained more. But, as the time for her swim grew near, she began to feel tired. One week before leaving, her doctor told her that her lymph glands were badly swollen and that she possibly had lymphoma. She would have to have some tests; Suzanne replied that the tests would have to wait and she left for England. On her first

attempt that year, she was just one mile from shore after 7 hours -- clearly on a record breaking pace.

"A mile is less than the distance from Alcatraz to the Club," she thought to herself. A piece of cake. But the tide turned and it took another three hours and one minute to cross the last mile. Her time was 10:01. Six days later, she crossed in 10:25. She was then invited to represent the U.S. in an international relay which would attempt a triple crossing. Thus just two days after her



Suzanne is shown here in a recent swim in New Zealand where she placed second, narrowly beaten by the 16 year old pictured here -- with a better pilot she would have won.

second solo crossing, Suzanne was in the water again anchoring that relay team, sleeping between her turns on the cold steel deck of a fishing boat. The relay team succeeded in its triple crossing in a world record 32 hours. Returning home, Suzanne found herself getting sick repeatedly. After five months of blood tests she was finally diagnosed with Epstein Bar Virus. Her immune system had been badly compromised and her doctor told her that she was lucky not to have sustained permanent damage. For four months, she could not swim, but then she gradually began to push herself back into shape, determined to live with her illness and to return to England for another attempt at the record for a solo crossing.

Again in England, it rained constantly as she waited another four weeks for good conditions. Finally, it was time to go. But, four hours into the swim, on an eight hour pace in 56 degree water and rolling swells, she just came apart. She stopped swimming and got out of the water. Her swim was over. Suzanne said she felt ashamed and that she had let us down back at the Dolphin Club.

"I just felt stupid," she said. "There was no reason to quit. I just came apart. I have no excuses. I just lost it." I guess that is what I most like about Suzanne. She is perfectly, even painfully, honest.

Back from England, Suzanne's thoughts turned to the National Championship 25k swim in Long Beach. She wondered whether a thirty-year old could do well enough in Long Beach to qualify to compete in the Fina World Championship in Lake Geneva, Switzerland. Her old crew quickly assembled to start the preparations: Jon Bielinski, Don Harrison, Sam Lawson, and of course, Stan Hlynsky. Before going they contacted the Coast Guard, local pilots and fishermen, consulted tide charts, looked over the construction of the Long Beach Harbor breakwater, and learned every eddy, swirl and backwash along the course. Suzanne was very nervous and unsure of herself, but she hid it well, and came back in full glory. She not only was the first woman finisher, but won the event overall and also won the National title. She was then chosen Captain of the U.S. National Team to compete in the World Championships. In Switzerland, she won a silver medal, and her team won the overall world title. Their trophy and picture are on display in the Swimming Hall of Fame in Florida. In addition, at the U.S. National convention Suzanne was named the U.S. Long Distance Swimmer of the Year for 1988.

Suzanne is now in New Zealand attending Auckland University on a scholarship for one year. She has continued to swim, and has won cups there in both the Rangitoto to Auckland and Maraetai open water swims. In late May, she was invited by the U.S. Olympic Committee to return to the World Invitational Championship swim in Lake Geneva in August to represent the United States.

She plans to return to San Francisco in October of this year.

A "Neat" Trick - from Jon Bielinski

Let's say it took you seven full seconds to look through the series of photographs next to this article. Ten seconds at the most. Guaranteed, that is all the time you need in a rowboat to properly stow your oarlocks as shown when landing at the Dolphin dock.

1



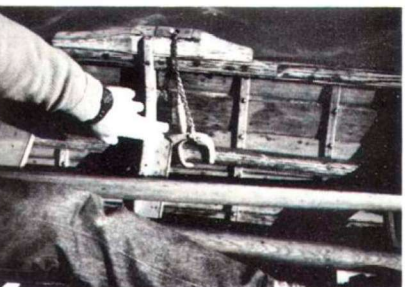
2



3



4



5



6

Both the rower and the boat benefit when oarlocks are put away like this. Andy Camous, Life Member and 1988 Pilot of the Year, showed me this technique. The neat part is being able to keep the fingers out of the leftover grease on the oarlock.

This is the trick, step-by-step. In photo "1" the rowboat is at the dock after the row. The oars are out of the locks and laid in the boat so they are not between the rower and the dock. The photo also shows that the oarlocks are in the way for getting out of the boat. In photo "2" and "3" the ring on the end of the oarlock chain is picked up and placed over one horn of the oarlock (either horn works). Practice this and both oarlocks can be done at once; one ring in each hand. In photo "4" the oarlock is picked up and lifted clear of the socket. Grab it where there is no grease at the top of the horn. Without changing your grip, gently place the oarlock into the boat hanging from the chain just like photo "5". Note that the oarlock is only grabbed once and the entire job is done one-handed.

Realize too, while looking at photo five, that it is kinder to the boat to put the oarlock where it belongs than it is to drop it there. Dropping the oarlock dings the varnish and scars the wood.

Finally, photo six shows a clean hand (Look! No grease!) is possible when stowing oarlocks like this.

I've seen a lot of boats land and some boats even stowed in the boathouse with the oarlocks still standing in the socket. Some people reading this must be wondering then "Why bother taking it out at all?"

Stowing the oarlocks before getting out benefits both the rower and the boat. It is safer to get out of a boat that does not have horns waiting to poke the hide of the rower who loses balance and falls across the gunnell.

It is also safer because there is no chance of snagging clothing on an oarlock if it is properly stowed below the rail.

The boat benefits too. Stowing the oarlocks upon landing ensures they will stay with the boat and not pitch overboard. I have personally witnessed a rowing student in an swimsuit, snorkel and mask free dive for twenty minutes off the end of the dock to recover an oarlock lost over the side for want of a proper stow while docking. To her credit, she dove until she found it. Also, even if the oarlock and boat are fortunate enough to remain together while docking there is a problem rolling into the boathouse with the oarlocks standing. There is a good chance of scraping the horns of the oarlock against the hull of another boat while rolling the boat back into the boathouse.

After the last Yacht Harbor swim when all the pilot boats were coming in I was at the end of the dock landing boats. There was a chance to see some of the best rowers in the Club bring their boats in. They all stowed their oarlocks before getting out of the boat. Only one guy, Andy Camous, stowed them fast, properly and kept his hands grease free. One of our best rowers had the added distinction of having the best oarlock stow. Now, you know the trick, too.

New "Media Star" Updates 1989 Swim Season

Summer is looming just around the corner as we enter the heart of our swim season. With several swims under our chin straps, Liam Hennessey is already making a name for himself, in addition to taking top honors in the Pier 41 and Pier 39 swims. Good luck in the Doc Howard Swim, Liam.

Coming up this month are the Doc Howard Over 45 Gas House Cove Swim, the Handicap Cove and the Twilight Cove and BBQ. June 1st marks the beginning of the 100 mile swim, a time when the days grow longer and each mile shorter. Remember, the walls have eyes.

Swim schedule updates include a new Alcatraz Swim date of September 23rd (see schedule back cover this issue). This season marks the introduction of a new swim from the Bay Bridge to the Dolphin Club to be held on Saturday, October 14th. A qualifier cove swim will be held two weeks prior. Speculation that the Bay Bridge swim is just an excuse for yet another Dolphin BBQ and pot luck is just plain true. The escape from Alcatraz party and triathlon is planned for Sunday, October 22nd -- more details will follow.

As always, everyone is encouraged to attend the swims, whether to swim, pilot, help or just eat the food. When helping, please note it is most beneficial to the success of the event to arrive *before* the conclusion of the swim.

To ensure that all of our pilot craft are utilized during swims, craft that are reserved must be claimed in person by the posted time. Unclaimed craft will be reassigned. Unfortunately, too many individuals are signing up (or being signed up by others) for boats, boards and kayaks and then not showing up for the events. If you can't make

the event, please cross your name off or call the Club. Remember, the more pilots there are on the water, the more swimmers there can be in the water. Always check the swim results for complete help

The 1989 Swim Commission

Media Star:

David Zovickian

Assistants:

Tim Callahan

Meg Fitzgerald

Gina Bianucci

Hendrika Warmerdam

Jan Warmerdam

and pilot credit. My mailbox (located in the mail center just off the Staib Room behind the heater) is

always open for your corrections and additions, along with any suggestions, gripes, comments or bribes.

With everyone's cooperation and participation, the 1989 swim season promises to be darn sure fun in the San Francisco Bay, O'Tay.

Finally, I want to thank Bryant, Jane, Willard and all the little people who helped make possible my ascent as a media star -- I'll never forget you.

Dave Zovickian

Head Swim Commissioner

(Editor's Note: Head Swim Commissioner Dave Zovickian was filmed by NBC TV's Today Show swimming from Alcatraz to Treasure Island one morning in May.)

Important Rules Regarding "Out-Of-Cove" Swims

Swimming in the Bay is inherently risky. Bay swimming outside the Aquatic Park Cove in heavily-trafficked San Francisco Bay may present even greater risks. Accordingly, the Dolphin Club enforces the following rules regarding Out-of-Cove (defined below) swims which (a) are not Club Swims (defined below) and (b) which use Club Facilities (defined below). Since Private Out-of-Cove Swims (defined below) are the sole responsibility and risk of the participants, the Club will ask for a written release of liability from each participant. Any advice rendered in connection with such a swim by any Club member, whether or not an officer or Board member of the Club, is not rendered by or on behalf of the Club or by such person in his or her capacity as member or official of the Club. *Failure to obtain required consent for private out-of-cove swims using Club facilities is grounds for the following member sanctions:*

First Offense: One-year suspension from competing in Club Swims. **Second Offense:** Expulsion from Club without rights of reinstatement.

Definition of Terms:

- **Club Swim** means those swims published by the swim commission in the Club's official swim schedule as part of the Club's organized swim program.
- **Required Consent** means consent to the swim (a) by the Club's head swim commissioner AND (b) consent of the boathouse captain to use Club Facilities.
- **Club Facilities** means any real or personal property of the Dolphin Club, including without limitation boats, radios, dock, wet suits, clubhouse, showers, sauna, etc.
- **Out-of-Cove** means any part of the Bay outside the perimeter of Aquatic Park Cove.
- **Private Out-of-Cove Swim:** Any swim which (a) is not a Club Swim, (b) occurs in whole or in part Out-of-Cove and (c) uses or involves Club Facilities.

The Spirit and Intent of the Rules

While the above rules may be susceptible to "stretching" or contain "loopholes," the point of the rules is quite clear. These rules are intended to apply if a wet or cold participant may ultimately (directly or indirectly) end up in Club facilities. For example, even if a swim does not technically end at Club facilities, if participants return to Club facilities wet or cold (as opposed to pink, warm and dry), the swim is subject to consent rules. Likewise, if any Club equipment is used in a swim that does not otherwise involve Club facilities, the swim is subject to consent rules. If you have any doubt regarding whether a proposed swim or row is subject to the above rules, ask the head swim commissioner.

The above rules do not attempt to limit your freedom as a private citizen to conduct swims which are wholly unrelated to the Club and which do not in any way affect the Club (i.e., Private Out-of-Cove swims not involving Club facilities).

Dolphin Swim Statistics

Pier 41 Swim March 4, 1989

1. Liam Hennessy	17:08
2. Sam Corn	18:10
3. John Davies	18:39
4. George Kebbe	20:01
5. Laura Merkl	20:16
6. Bob Colyar	22:32
7. Dan Osborne	23:05
8. Diane Schatz	23:26
9. Pete Neubauer	23:29
10. Lorna Newlin	23:31
11. Nick DeMay	23:56
12. Kate Coleman	24:29
13. Susan Cobb	24:30
14. C. Von Blankenberg	25:15
15. Tom Martz	25:36
16. Steve Lathram	25:38
17. Ted Coyle	25:55
18. Marcia Grimm	25:55
19. Jerry Cullen	26:02
20. Barbara Keller	26:03
21. Ken Coren	26:27
22. Colin Gift	26:54
23. John Horner	27:20
24. Vicki Smith	28:13
25. Helene Marchant	28:22
26. Brian Marin	29:00
27. Jerome Duffy	29:06
28. Sandy Lehmkuhl	29:37
29. Kent Rogers	29:56

30. Pete Brigham	29:58
31. Sue Garfield	30:01
32. Suzy Royce	30:06
33. Rick Snider	30:10
34. Larry Alioto	30:44
35. Keith Nelson	31:16
36. Steve Sancimino	31:35
37. Meg Reilly	32:06
38. Steve North	32:16
39. Will Powning	34:29
40. Pavla Podolska	35:09
41. Joe Bruno	35:39
42. Bill Powning	35:42
43. Mike DiNunzio	41:28
44. Phil Kohlenberg	44:35
45. Minda Rosenthal	DNF

TEST SWIMMERS

March 2, 1989

1. Gina Bianucci	29:00
2. Mary Cantini	31:00

Pilots:

Stan Hlynsky, Don Harrison

March 3, 1989

1. Meg Fitzgerald	25:10
2. Stan Hlynsky	28:40

Pilots:

Don Harrison, Bob Danielson, Elmer Tosta, Jon Bielinski

Pilots

Mike Roller, Jim Ross, Phil Rollins,

Jay Earnhardt, Eric Groneman, Bill Callahan, Bob Danielson, Patty Fujii, Ken Frank, Harry Louie, Wendy Kress, Doug Akagi, Celeste McMullin, Joe Schatz, Karen Boyer, Cliff Jennings, Rich Cooper, Jon Bielinski, Omer Thompson, Bill Walden, Peter Brand, Susan Lauritzen, Andy Camous, Cecco Menucci, Ned Hoffman, Hal Irish, Kevin Hartnett, Reuben Hechanova, Jeremy West, Trace Cambron, Herman Zahler, Lisa Royce, Tom Callanan, Pete Bianucci, Kit Stykett, Don Harrison, Noreen Tierney, Chris Chorak, Sam Lawson, Stan Hlynsky, Ned Hoffman.

Helpers

Susan Anson, Jon Nakamura, Roger Kleid, Terry Kleid, Bill O'Brien, Rudy DeMay, Vince Huang, Bob Colyar, Sean Kelly, Jim Hulihan, Meagan Hulihan, Dan Murphy, Mimi Osborne, Keith Weaver, Wayne Riddle, Barbara Keller, Vicki Smith, Jack Giacomini, Phil Kohlenberg, Susan Cobb, Lorna Newlin, Lou Marcelli, Don Reid, Brett Graessle, Rick Snider, Ken Maynard, George Kebbe, Liam Hennessey, Sam Corn, Carla Curtis, Conrad Von Blankenberg, Denise Lile, Jerome Duffy.

Spring Cove Swim March 19, 1989

1. Liam Hennessy	16:58
2. John Davies	17:54
3. John Selmer	20:02
4. Laura Merkl	20:24
5. Ed Urban	20:30
6. Peter Brand	20:52
7. Linda Stanley	21:30
8. Cathy Huang	21:30
9. Elmer Tosta	21:48
10. Tom McCarty	21:49
11. Allan Godsey	21:55
12. Joni Beemsterboer	22:48
13. Eric Groneman	24:29
14. Vincent Huang	26:11
15. Allan Liss	26:13
16. Milo Weaver	26:18
17. Barbara Keller	26:19
18. Patty Fujii	26:30
19. Roger Kleid	26:49
20. Bill Callahan	27:18
21. Herb Madden	27:20
22. Jay Earnhardt	27:31
23. Fred Miller	28:20
24. Jeff Heth	28:35
25. Kent Rogers	28:37
26. Greg Bell	28:43
27. Jerome Duffy	28:59
28. Marti Mattox	29:42



Jerome Duffy lends his hand in the kitchen providing nourishment for hungry swimmers.



Dolphin and songstress Karen Drucker warms up after a recnet swim.



Karen Boyer and Nick Zoller enjoy the fun at the Dolphin Club.

28. Dan Weinstein	30:26
29. Phil Fernandes	30:30
31. Era Osibe	30:32
32. John Mattox	30:41
33. Kevin Hartnett	30:46
34. Suzy Royce	31:33
35. Rudy DeMay	32:14
36. Thad Carhart	32:58
37. Meg Reilly	33:30
38. Chris Cadelago	34:18
39. Minda Rosenthal	36:22
40. Joe Bruno	37:05
41. Bill Powning	37:10
42. Don Reid	37:49

Pilots

Mike Roller, Susan Allen, Marcia Grimm, Greg Cohelan, Susan Cobb, Doug Akagi, Lisa Royce, Alan Budenz, Bob Danielson, D. DeLa Pena, A. De La Pena, Cliff Jennings, Bill Walden, Bob Hoff, Andy Camous, Dan Osborne, Mike DiNunzio, Stan Hlynsky

Helpers

Milo Weaver, John Sullivan, Sue Garfield, Bill Van Horn, George Galarza, Lori Weiner, Mary Heth, Alexandra Liss, Molly Selmer, Dan Murphy, Mimi Osborne, James Weil, Wayne Riddle, Pavla Podolska, Helene Marchant, Peter Marchant, Dan Weinstein, Mary Cantini, Joe Bruno, Glynn Jones, Liam Hennessy, Lou Marcelli, Ned Hoffman, Mary Fitzgerald, Cecco Menucci, Rich Cooper, Vincent Huang, Pete Neubauer, Pete Brigham, Tom Callinan, Chris Chorak, Chris Cadelago.

Pier 39 Swim April 15, 1989

1. Liam Hennessy	23:56
2. Sean Kelly	24:50
3. Rick Craft	26:41
4. Laura Merkl	27:06
5. John Selmer	27:23
6. George Kebbe	27:24
7. Pete Applegate	28:10
8. Nick DeMay	28:24
9. Peter Brand	28:34
10. Bob Colyar	28:47
11. Dan Osborne	29:29
12. Joni Beemsterboer	30:14
13. Mike Webb	30:18
14. Pete Neubauer	30:40

15. Eric Shackelford	30:41
16. Liz Anne Zirker	30:45
17. Eric Groneman	31:11
18. Tim Callahan	31:32
19. Susan Cobb	31:33
20. Lorna Newlin	31:33
21. Marcia Grimm	32:57
22. Jerry Cullen	33:11
23. Roger Kleid	33:24
24. Helene Marchant	33:34
25. Ann Tingley	33:37
26. Carla Curits	33:45
27. Dan Weinstein	33:46
28. Tom Martz	33:49
29. Flicka McGurrian	33:59
30. Collin Gift	34:02
31. Bill Callahan	34:08
32. John Sullivan	34:12
33. Steve Lathram	34:15
34. Ken Coren	34:29
35. Tom Callinan	34:50
36. Alan Liss	35:14
37. Lee Hammack	35:37
38. Jerome Duffy	35:51
39. Brian Marin	36:53
40. John Mattox	36:21
41. Pete Bianucci	36:52
42. Phil Fernandez	37:00
43. Cliff Jennings	37:01
44. Neil Fishman	37:19
45. James Weil	37:24
46. Peter Brigham	37:49
47. Gerald O'Dwyer	37:56
48. Mark Allen	38:26
49. Dan McGill	38:35
50. Rick Snider	39:14
51. Meg Reilly	39:24
52. Rudy DeMay	39:25
53. Era Osibe	40:00
54. Thad Carhart	41:05
55. Larry Alioto	41:38
56. Susan Lauritzen	41:48
57. Don Reid	42:04
58. Bill Powning	42:04
59. Chris Cadelago	42:39
60. Pavla Podolska	45:12
61. Joe Bruno	48:55
62. Phil Kohlenberg	59:54

Pilots

Harry Louie, Susan Allen, Herb Madden, Bob McKenzie, John Davies, Greg Bell, Charlie Yourd, Kelly Ray, Rich Cooper, Jon Bielinski, Neal Hartnett, Mike DiNunzio, Andy Camous, Bob Hoff, Cecco Menucci, Ned & Vogt Hoffman, Jeremy West and Tracy Cambron, Kate Coleman, Suzy Royce and Herman Zahler, Alan & Brett Brown, Mary Cantini and Don Harrison, Stan Hlynsky, Sam Lawson & Tim Callinan.

Helpers

Gerald O'Dwyer, John Sullivan, Pete Neubauer, Bill O'Brien, Chuck Vogt, Jerome Duffy, Cecco Menucci, Lou Marcelli, Hartnett, Rick Crafts, George Kebbe, John Bielinski, Harry Louie, Tom Callinan, Stan Hlynsky, Conrad Von Blankenberg, Sam Lawson, Chris Chorak, Cathy Huang, Dan Murphy, Mimi Osborne, Mike Webb, Martha Mattox, Vince Huang, Kate Coleman, Eduardo Barranco, Wayne Riddle, Charlie Rockwood, Jeff Heth, Mary Heth, Nikola Pavicic, George Galarza, Chris Cadelago.

Yacht Harbor Swim May 20, 1989

1. Liam Hennessy	30:04
2. Sean Kelly	31:05
3. Alen Godsey	34:21
4. Bill Van Horn	34:48
5. David Claman	34:48
6. Jon Nakamura	34:56
7. John Selmer	35:18
8. Karen Drucker	35:47
9. John Lennox	36:04
10. Peter Brand	36:15
11. Greg Cohlan	36:21
12. Bob Colyar	36:57
13. Wayne Riddle	37:34
14. Joni Beemsterboer	37:45
15. Mike Webb	37:50
16. Meg Fitzgerald	37:57
17. Mark Allen	38:06
18. Phil Rollins	38:32
19. Tom Hoffman	38:49
20. Peter Cohn	39:08
21. Eric Shackelford	39:21
22. Liz Anne Zirker	40:21
23. Celeste McMullin	40:27
24. Tim Callahan	41:27
25. John Sullivan	41:34
26. Vince Huang	41:56
27. Susan Cobb	42:05
28. Eduardo Barranco	43:08
29. Wendy Kress	43:24
30. Ann Tingley	43:49
31. Barbara Keller	44:18
32. Jerry Cullen	44:22
33. Patty Fujii	44:26
34. Jay Earnhardt	44:29
35. Susan Anson	45:01
36. Herb Madden	45:06
37. Brian Applegate	45:08
38. Bob Derham	45:28
39. Carla Curtis	46:47
40. Carol Block	47:09

41. Gerald O'Dwyer	47:28
42. Flicka McGurrian	47:43
43. Mike Strasser	48:18
44. Lee Hammack	48:28
45. Pete Bianucci	48:41
46. Greg Bell	48:51
47. Sandy Limkhul	48:55
48. Buck Swannuck	49:17
49. Kevin Hartnett	49:37
50. James Weil	49:46
51. Era Osibe	50:40
52. John Mattox	51:32
53. Bob McKenzie	55:16
54. Will Powning	55:19
55. Pavla Podolska	55:57
56. Don Reid	56:00
57. Mike DiNunzio	56:01
58. Bill Powning	57:59
59. Joe Bruno	58:22
60. Keith Weaver	DNF
61. Marti Mattox	DNF

Pilots

Alan Liss, Eric Schleelein, Susan Allen, Mike Roller, Vicki Smith, Colin Gift, Harry Louie, Bob Danielson, Nick DeMay, Hans Kramer, Rich Cooper, Ken Coren, Neil Hartnett, Andy Camous, Bob Hoff, Lisa Royce, Ned Hoffman & Karen Boyer, Jim Growden & John Horner, Herman Zahler, Paula Speidel & Suzy Royce, Dan McGill & Jon Bielinskis, Bret Graessle & Ken Frank, Stan Hlynsky & Mike Mendelson, David Kennedy.

Helpers

Mike DiNunzio, Mike Roller, Pavla Podolska, Alan Budenz, Lorna Newlin, Jerome Duffy, Jack Giacomini, Sandy Limkhul, Meg Reilly, Larry Alioto, John B., Phil Kohlenberg, Jerry Cullen, Buck Swanick, Jeff Heth, Bill Callahan, Padraic Doyle, Ned Hoffman, Jerome Duffy, Laura Merkl, Mary Cantini, Dan Murphy, Glynn Jones, Steve North, Phil Kohlenberg, Cathy Huang, Bob Colyer, Barbara Keller, Elmer Tosta, Nick Zoller, Lou Marcelli.

**Remember
Safety
Comes
First!**



1989 Swim Schedule



<u>Date</u>	<u>Event</u>	<u>Jump-Off</u>
June 1	100 Mile Swim Starts -ends October 31	
June 4 (Sun.)	☿ Doc Howard Over 45 -From Gas House Cove.....	TBA
June 11 (Sun.)	Handicap Cove.....	9:00 a.m.
June 23 (Fri.)	☿ Twilight Cove -BBQ to follow.....	6:30 p.m.
July 9 (Sun.)	Over 60 Cove.....	9:00 a.m.
July 22 (Sat.)	☿ Crissy Field.....	TBA
July 30 (Sun.)	Qualifier Cove for August 20 Fort Point Swim.....	TBA
August 20 (Sun.)	☿ Fort Point.....	TBA
September 9 (Sat.)	Golden Gate I - Slow Day.....	TBA
September 10 (Sun.)	Golden Gate II - Fast Day.....	TBA
September 23 (Sat.)	Alcatraz.....	TBA
September 30 (Sat.)	Qualifier Cove for October 14 Bay Bridge Swim.....	TBA
October 14 (Sat.)	Bay Bridge to Dolphin Club.....	TBA
October 22 (Sun.)	Escape From Alcatraz - Triathlon.....	TBA
November 4 (Sat.)	Annual Swim/Pilot Appreciation Dinner.....	TBA
November 23 (Th.)	Thanksgiving Day.....	9:00 a.m.
December 17 (Sun.)	New Years Day Alcatraz Cove Qualifier.....	9:00 a.m.
<u>other important dates</u>		
July 15 (Sat.)	Lake Tahoe Relay (date tentative)	
August 5 (Sat.)	☿ Santa Cruz Pier Swim	

Note: Jump-off times are subject to change -- TBA means "To Be Announced"

Swim Program Rules

1. Club scheduled swims are restricted to club members only.
2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
3. Swimmers must be members in good standing with dues current and swim fees paid.
4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
7. Swim sign-up sheets are posted two weeks prior to each swim.
8. Time limits are imposed and enforced for all swims.
9. All club boats are reserved for scheduled swims; riders are prohibited.

• Additional qualifications for Alcatraz and Golden Gate Swims •

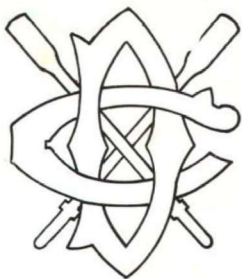
10. In-town members must successfully complete 2 swims marked with a peace sign ☿ and one other scheduled swim and pilot or help on at least 2 others.
11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
12. Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

Dolphin Swimming & Boating Club

502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

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DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club
San Francisco California - Established 1877 - Indian Summer - 1989

Dolphin Relay Crosses English Channel - See page 3

Herman Zahler

October 3, 1921 - September 23, 1989

The Essence of a Volunteer

Many warm and wonderful tributes have been paid to the memory of Herman Zahler, all of them true and heartfelt. His was a great presence in the Dolphin Club universe and his like will not be seen again.

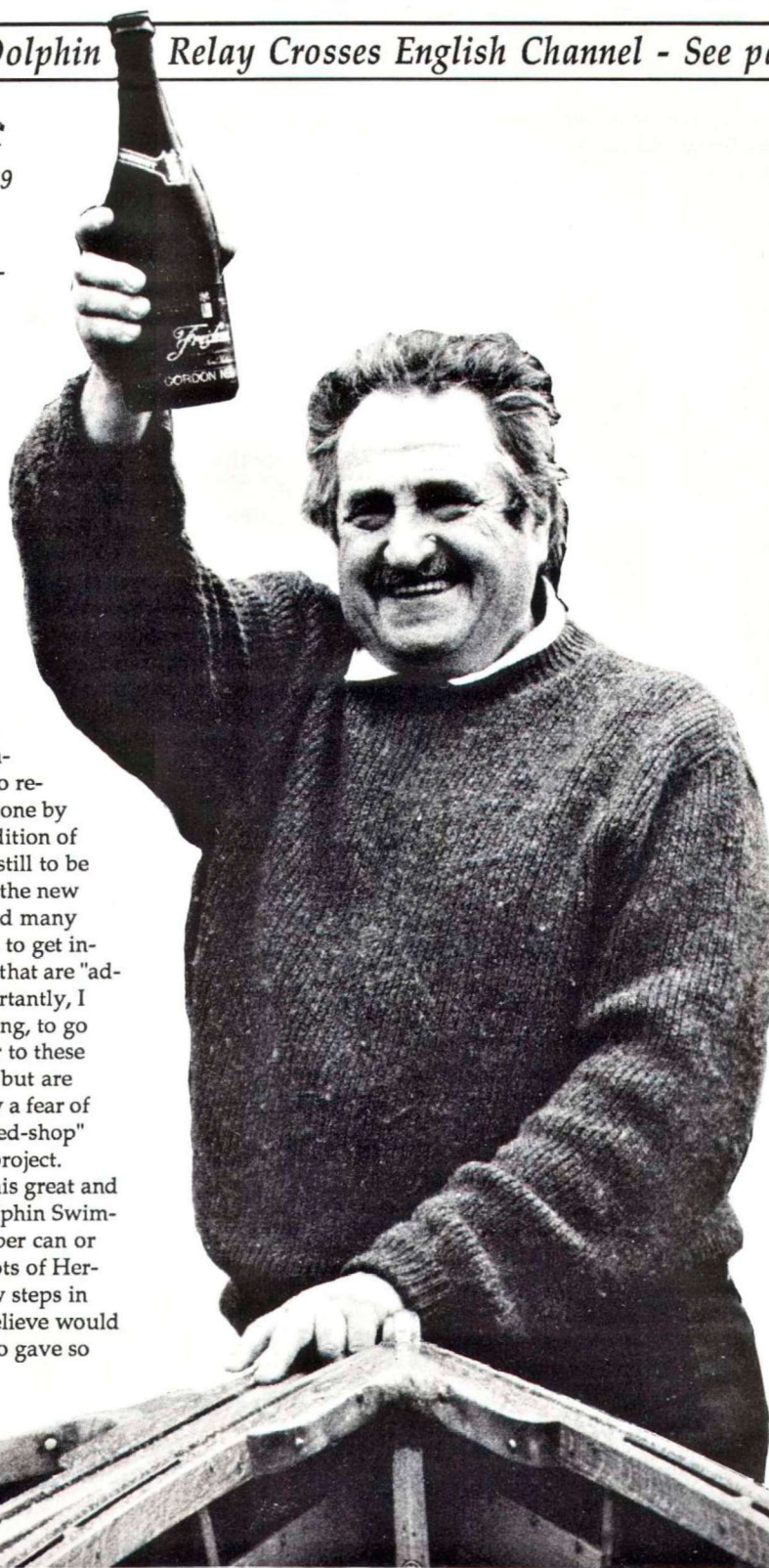
Herman's legacy is one of warmth, bonhomie, and welcome to be sure; however, his spirit of "let's - get - it - done" was his greatest gift. Whether it was building or rebuilding a boat, cooking dinner for 200+ ravenous members, or carving dolphin motifs to decorate a prosaic door, his hand, mind and heart were always busy to the benefit of all.

The tear in the fabric of the Dolphin Club universe caused by Herman Zahler's passing will not be easy or quick to repair, but if it is to be done, it must be done by us *all*, in order to continue a grand tradition of selfless volunteerism. Many tasks are still to be done around the Club, especially with the new buildings nearing their final phase, and many tasks are on-going. I urge all members to get involved, in some way, with the projects that are "advertised" around the Club. More importantly, I urge all members new and long-standing, to go out of their way to welcome each other to these projects. Often members want to help but are shut out by a lack of knowledge and by a fear of having to break into a somewhat "closed-shop" attitude that some of us occasionally project.

So, let's all *get* and *stay* involved in this great and continuing endeavor known as the Dolphin Swimming and Boating Club. No one member can or will be able to fill the seven-league boots of Herman Zahler, but all of us can take a few steps in those boots from time to time. This I believe would be the most fitting tribute to a man who gave so much to us all.

Michael DiNunzio

Boat Captain



Dolphin Bulletin Board

Miscellaneous News & Notes for the Dolphin Club Membership

Escape from Alcatraz Triathlon Set for October 22

The Escape from Alcatraz Triathlon is open to all members in good standing of either the Dolphin or South End Clubs.

Some people are entering two-person teams: Swim, Bike-Run; Swim-Bike, Run; how about Swim-Bike, 1/2 Run-1/2 Run (still two persons). Check with Pete Bianucci. Basic rule is to follow the schedule of events.

Any person who hasn't shown by past performance that they can handle any portion of the event will

have to qualify to the "Escape" committee.

Don't forget, any person doing the triathlon or helping out is welcome to the best PASTA dinner in town.

Sal Sancimino Honored

The Dolphin Club Board of Governors recently voted unanimously to name the view room of the new building "The Sancimino Room" in honor of Dolphin Club Life Member Salvatore J. Sancimino who died earlier this year.

Sal loved the Dolphin Club; he will be remembered not only by the room which will bear his name but by the presence of his many children who remain active members of the Club.

and breasted the surge most swollen that met him; his bold head 'bove the contentious waves he kept, and oar'd himself with his good arms in lusty stroke to the shore...."

Good research, Larry. As far as Bill Greer is concerned, his progress is slow but steady. He looks forward to seeing all his pals at the Dolphin Club once again. And who knows, he might even haul his creaking, aching old hull down to the dock, lower it into the brine, and cast off.

*Hasta la vista,
Bill Greer*

Berkeley, June 5, 1989

Volunteers Needed For Finishing Work

Dolphins are urged to watch the bulletin board for notices seeking volunteers to help with finishing work on the new building and related structures. Carpenters, laborers, etc. will be needed to add the important finishing touches to the new edifice. Members with any suggestions or ideas should contact members of the building committee.

- continued on page 6



The Dolphin Log

Editor: Jeffrey Howard Heth

Photographs in this issue are by

Barbara Keller • Dave Zovickian

Published By
The Dolphin
Swimming & Boating Club Inc
502 Jefferson St.,
San Francisco, CA 94109
Organized in 1877

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Cliff Jennings
Sam Lawson
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Letter to the Editor

Greetings, Jeff:

Larry Alioto points out that Shakespeare was writing about rough water swimming centuries before the first white man braved the treacherous waters of the Golden Gate. In Scene i, Act II of The Tempest Shakespeare has Francisco say:

"I saw him beat the surges under him, and ride upon their backs; he trod the water, whose enmity he flung aside,



Greg Bell warms up after a hearty jaunt across the Golden Gate.



Bob Danielson tries to conserve body heat after the Golden Gate.

Eclipse, Rainbow Mark Dolphin Team's English Channel Crossing

by Tim Callahan

After a weary 10 hour flight, we arrived in London. The radio droned on about a poll which found 40% of Britons favored the Queen's abdication in favor of Prince Charles. Meanwhile, the tabloids worried that his ears might not fit on a postage stamp. Restaurants offered tuna fish and bean sandwiches, mutton chops and kidney pies. Pubs were everywhere. And, at last, we were there too. After a few days in London, numerous meals in Indian restaurants, and a trip to Harrods for rice cakes and Sir Edmund Hilary Expedition Chocolate Bars, we rented a car and set off on the left side of the road for an hour and a half drive to Folkestone. There we would swim as the Dolphin Club English Channel Relay Team which consisted of Dolphins Ken Frank, Mike Webb, Pete Neubauer, Susan Allen, Lorna Newlin, and myself.

We weren't going to be the fastest relay, nor the oldest, nor even the first Dolphin Club team. In 1981, Bill van Horn, Lew Cook, Charles Raven, Tim Timken, Bill Harlan, and Phil Gay swam it, and set a record for an over-40 team. We weren't all over 40, and we weren't all male or all female either. We considered being the first to swim the Channel in drag, as there were some 70 swimmers lined up to try it, and most of them ("aspirants" as the locals called them) wanted to distinguish themselves somehow.

Paul Asmuth was there in another attempt to be the fastest. An 8 year old boy from India wanted to be the youngest. Stella Taylor, the ex-nun who once swam across Loch Ness (already the oldest woman to swim the Channel) was back to fortify her position, as was Ashby Harper, presently the oldest person to cross. Vickie Keith had just butterflyed across. There were two paraplegics who wanted to cross using a double-over-head backstroke. There were also many mid-life crisis types looking for some new way to express themselves. Swimming the Channel would probably be the last thing many of these aspirants

would try before heading for Lourdes.

We were scheduled to swim on the first good day of the neap (lowest range) tide between the 9th and the 15th of August. Since the tidal highs and lows are smaller during the neap, the legs of the Z-shaped swim across the Channel are shorter. The distance, as the crow flies, is 21 miles, but on the neap the average swim is probably 26-28 miles. A swim on any other tide is much longer. The idea is to start swimming down and out from the coast on one tide, across during slack water, and then up and in toward the opposite coast on the next tide. It seemed easy enough. We thought we would just show up and do it on the first day.

The sun was shining in Folkestone. The air temperature was around 75 de-

had attempted it, a guy from South Africa who got out early in the neap. The night before he swam, a Canadian swimmer tried to wish him luck, but the South African's wife snapped back that luck had nothing to do with it. "You train hard, you eat right, and you swim hard. If you're prepared, you make it" she said. After swimming about three hours, he swallowed part of an oil slick and couldn't continue. It could have been worse. A couple of years ago, a swimmer swallowed a jelly fish!

We thought our luck had run out when on August 15th, our pilot said the water was still too rough. It was now the beginning of the spring tide and the full moon was giving rise to extreme movements of water. We were told that if we were going to swim at all we



The Dolphin Club English Channel Relay Team from left to right: Mike Buck, Ken Frank, Susan Allen, Tim Callahan, Lorna Newlin and Pete Neubauer.

grees. The water was 65 degrees. It was England's best summer in years, and it was perfect for swimming -- except that 19-to-24 mph winds were blowing off-shore. Small craft were warned of rough water. Hovercraft crossings were being cancelled. We waited on the beach, hung out in restaurants, and took trips to nearby castles. Day after day we woke up to a beautiful day only to look out at the chop and wait for our pilot to predictably inform us that the water was too rough for a swim.

The 15th was rapidly approaching, and each day sitting on the beach was a little more frustrating. One swimmer

would have to wait until the next neap. A sole swimmer typically might wait a month or two for good water. But we thought that as a relay we could just muscle our way across, especially since we didn't care how long the swim might take.

We had come a long way, and the reasons for not swimming were beginning to seem a little abstract. We were also beginning to have misgivings about our pilot. Although he had come with a good recommendation, he had previously been a fisherman; pollution

Continued on Next Page

Rough Seas For Channel Relay Team

- Continued from previous page

was destroying the local fishing industry and he had taken a job as a welder. He no longer seemed interested in piloting. We heard that several solo swimmers were going to attempt a crossing and decided that if they could, we could. We would find a pilot who would take us, regardless of the wind or tide.

In about one hour we found Stan Daniels. We also found a boat, the Lady Kay; an observer, John Calder (who's presence was required by the English Channel Swimming Association); even a trainer/adviser, Tom Watch who has been helping swimmers cross the Channel since 1951. His encouragement and help made our swim again seem possible. He said we should leave that afternoon and swim at night in hopes that the water would be calmer. We decided to start from France, thinking that might make it a little easier. After scurrying around to get our gear together, we had only one thing left to do -- eat.

Eating and drinking had become cornerstones of our training, especially to Susan's. Mike was just recovering from food poisoning, but was up for more. Lorna was feeling a little sick, too, but said she could eat something light. Indian food was in short supply in Folkestone. Italian food had taken its place, so we headed for one of our favorite spots -- Buck's Bistro, a place where Susan had already taught Buck how to make pasta and Pete had set a "pig out" record eating a cake called "Death by Chocolate."

Folkestone is a ferry port through which large numbers of Europeans pass. To capitalize on this traffic, it has many Italian restaurants. It has a few French restaurants too, but the enmity between the French and the English, the "frogs" and the "rosbifs", still lies close to the surface, especially when the topic is soccer, drivers, or boatmen who don't pay their harbor dues. We were careful to go through French immigration *before* leaving Folkestone. Although swimmers hardly "land" in France, French Customs have detained them long enough to miss the tide. As if to welcome French visitors, some of Folkestone's restaurants have inviting names like "Frogland" and "Frogmore." But today we

were up for pasta.

Three hours later, fat and sassy, "Team Hormel" set out in the Lady Kay for France. Waves crackled over our bow at the opening to the Folkestone Harbor, and drenched us for the next two hours as we crossed to France. We were all feeling a little queasy when we arrived at Cap Gris Nez at 7:30 p.m., and Mike looked painfully sick. Still, he jumped in, swam ashore, stood briefly, and unceremoniously began the swim. Tom had selected Mike as our lead-off swimmer as he was the strongest, and embarking from the French coast would be difficult. There were 16 to 18 foot waves rolling down the coast when he started, and throughout the night we battled a constant 6 to 8 feet of waves plus wind chop.

As the Lady Kay bobbed up and down and sideways, and Mike swam into the night, everyone on board started throwing-up (except for experienced flight attendant Ken Frank). Even our pilot's lifeboat man was sick. We took turns swimming and puking through the night, asking ourselves and each other whether we were well enough to continue.

As we could all breathe on the left, we swam windward and waveward of the Lady Kay. It was actually a relief to be in the water. It was dark, deep and rough, but peaceful in some perverse sense. When Susan began her second turn at around 2:30 a.m. there was a beautiful full moon rising behind the boat. It had been red when Lorna swam. And now, as Susan swam, it was suddenly totally eclipsed and the straits turned as black as coal. We could see more clearly the faint lights of both coasts, but also the not faint enough lights of a myriad of ships running through the straits. Earlier, when our running lights were not so visible, Lorna had to tread water as a ship headed straight for us, and passed not more than 50 yards away.

To the more common hazards of jellyfish, oil, cold and the occasional shark, the British Coast Guard had added ships by announcing that their captains should run down Channel swimmers rather than attempt a turn that might risk ramming another ship. Swimmers were described as a danger to themselves and to shipping. The

Coast Guard's senior watch officer at Dover was quoted in the London Times as saying "Frankly, we don't want them. If avoiding a swimmer hazards the ship, crew, passengers, and cargo and causes further aggravation in the way of pollution, there is only one thing a captain can do and that's go over him."

By early morning we could see buildings above the cliffs near Dover and knew we would make it. Pete was in the water when we reached the Goodwin Banks, a sandbar five miles off the white cliffs of the English coast between South and North Foreland. It is two miles wide in parts and six miles long, and has been both a site for cricket matches and a black hole for ships down through the ages. Julius Caesar bragged that in four crossings of the straits, he had never lost a ship. Others have not been so lucky. Archaeologists think it may be the world's richest site for sunken ships. It has even swallowed its own light ship. Pete reached it at low tide with the sand rising a foot above the water. A sea lion followed him in as he switched with Ken who then ran across at least a mile of flat sand as our pilot searched for a route through which to take the Lady Kay to the other side and into a relatively calm stretch of water known as The Downs.

Ken threw himself into The Downs with no boat around him long before a passage for the Lady Kay had been found. Fortunately, it was dawn and we could keep an eye on him at about half a mile distance. When we eventually joined him, the only questions left were how long it would take to get to shore and who would swim that last leg. If the tide changed again we could be out there for hours trying to complete those last few miles.

During the night, Mike had asked our pilot what he thought of the conditions. He said he would tell us when it was over. As it turned out, Susan took the last leg, and as she swam it started pouring rain, and she swam straight in under a high arching rainbow. It was over, somewhat more ceremoniously than it had begun 13 hours and 51 minutes and 36 1/2 miles earlier. Our pilot then answered Mike's question succinctly. "The Channel was worse than I've ever seen it."

Golden Gate First Conquered in 1890's

History by Walt Schneebeil

Although for many years the first Golden Gate Swim was reported as appears in the article below; Alex Pape, old time Bay swimmer, oarsman and swim pilot stated in a newspaper article in the 1920's that Jack Couglin was actually the first to conquer this rough stretch of water two years earlier in 1894. At any rate, the Dolphin Club was represented at the following important event, as described by the *San Francisco Chronicle*, September 21, 1896:

SWIM ACROSS THE GOLDEN GATE CAVILL MAKES A RECORD

Good Time Against Contrary Tides

Australia's Champion Swimmer
Puts Up a Wonderful Performance

The most important feat in swimming in the history of the Coast was accomplished yesterday by Charles Cavill, the champion swimmer of Australia. Cavill managed to breast tides and currents between Fort Point and the Marin County shore and swam across the Golden Gate. It was 3:30 o'clock when Cavill left Devil's Point, and just one hour and fifteen minutes later he touched the rocks about 200 yards seaward from Fort Winfield Scott, having covered a distance as the crow flies of over one and one-half miles.

The Australian's performance drew a big crowd. The shore about Fort Point was lined with people, and the waters in the Gate were crowded with small craft of every description. The ferry-boat Sausalito had a place in the stream with almost a thousand people aboard.

From a swimmer's standpoint the day was an ideal one. The water was as smooth as could be desired, its surface only rippled by the curling edges of the long swells that came from the ocean. There was a slight wind blowing, but it was not strong enough to kick up any disturbance.

Cavill left the Sausalito when the boat arrived midstream off Lime Point. He had as companions Adolph Kahn, the high diver of the California Swimming Club, and Professor Killick of the Sutro Baths life-saving crew. The tide was at a standstill, and the three men chose as a starting point for the swimmer a bunch of rocks about 100 yards north of Devil's Point and a mile north of Lime Point. A selected crew from the Dolphin Boating Club acted as escort in a Whitehall boat.

Cavill wore the regulation tights. He dipped into the water easily and naturally and started for the San Francisco shore with energy. Killick and Kahn and the Dolphin crew accompanying him into the boats. The swimmer led off with a long easy right-side stroke and for the first few hundred yards of the course the way was easy and his pace was rapid. About a quarter of a mile from shore the Australian encountered what he says was the swiftest current he ever met.

The tide had turned since he left the ferry, and was now pouring through the channel with the speed of a mill-race. The ripples roared like a miniature sea, and threatened to engulf the boats. Cavill struck into it bravely, and attempted to stay its progress by turning his face toward Sausalito and swimming north. The rowers in the boat attempted similar tactics, but the rush of waters toward the ocean carried everything with it. Seeing that it was useless to attempt to withstand the force of the tide, Cavill drifted with it. He was carried out almost to the Heads before he

encountered the counter-currents on the Presidio shore. The eddy opposite Point Lobos caught him in its grip and whirled him back again toward the Bay. From this time on Cavill's work was comparatively easy. He swam leisurely and easily toward the fort, followed by half a hundred boats and tugs. A half a mile from the landing point he picked up an old felt hat that was floating in the water and put it on his head, much to the amusement of the spectators.

As he neared the shore Cavill increased his speed. The Dolphin crew and a boat from the Life Saving Ser-



Charles Cavill, the Australian Champion, swims across the Golden Gate and is received by his friends on landing with hearty congratulations.

vice cleared the way. There was a long, slow swell smashing against the rocks, and on the top of one of these breakers Cavill landed easily. There was a great crowd awaiting his arrival, and as the swimmer walked up the beach he was given an ovation by everything

- continued on page 7

More Dolphin Bulletin Board

More Miscellaneous News & Notes for the Dolphin Club Membership

- continued from page 2

Commemorative Plaques

The Club will soon be installing two plaques in front of the Dolphin Club as part of the new building project. Watch for notices of specific dates for the ceremonial installation of these permanent markers which will explain the Club's purpose and also give a brief history of the Club's existence.

Glynn Jones Sets Fast Pace

Dolphin Glynn Jones, age 64 won the following events in the 60-64 age group this year:

- Double Waikiki - 5 miles;
- Two-mile National Championship, Lake Sonoma;
- Santa Cruz Pier Swim;
- Aquatic Park Masters Cove Swim;
- Lake Del Valle, 2.8 miles;
- Coyote Point, 1 1/2 mile;
- Pacific Masters Open Water Championship;
- Three mile Boca Raton;
- Over-60 Cove - Dolphin Club;
- Slow Day Golden Gate - Dolphin Club;
- All American United States Masters Swimming, 1500 meter fastest time in nation.

DiNunzio Appointed

Mike DiNunzio has been appointed Boat House Captain to complete Her-

Caution Lowering Dock

Some members are holding down the lever too long when lowering the



On August 24, 1989, the first women's relay team from the United States consisting of mostly Dolphin Club members crossed the English Channel in 10:48, braving flotsam, jetsam, sea weed and ship traffic (only 17 minutes off the international record of 10:32. The team is pictured above: front row, l to r Susan Cobb, Joni Beemsterboer, Susan Allen; back row, Karen Drucker, Carol McGrath and Lisa Smith. One week before, on August 17, Lisa, Karen, Susan, Joni and Carol swam "Modes-to Lanzone's Sunset Italian Riviera Invitational" 4.5 miles from Ponto Venere to Lerici in 2.5 hours..

man Zahler's term this year. Mike has devoted much time to the boat house and is expected to continue the good work with his new responsibilities.

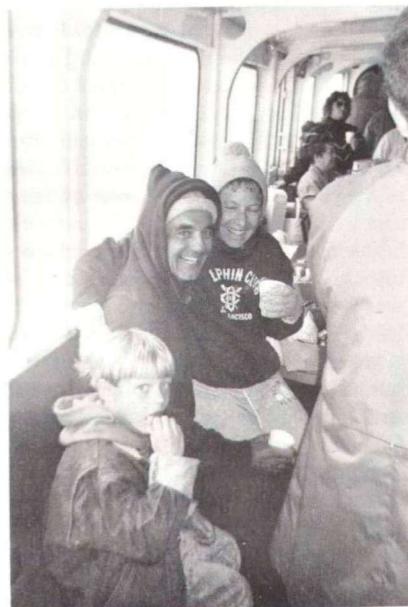
Dolphin Club's dock, thereby causing the cable to run out and then become entangled. Once the apron reaches water level, release the lever.



Vicky Smith weaves her way through the post Golden Gate crowd.



Sandy Lehmkuhl and family bask in each others glow after the Golden Gate swim.



Love birds Mike DiNunzio and Susan Lauritzen know how to keep warm.

Historical Origins of Golden Gate Swim

- from page 5

and everybody, from the small boy on the fort parapets to the big whistle of the steamer Sausalito. Cavill returned to the water almost immediately and swam to the Dolphin Club's boat, from which he was transferred to the Sausalito.

Cavill's performance adds a new notch to the swimming record of the

Coast. The time spent in covering the distance is remarkably short, considering contrary tides and currents, and the fact that he was carried almost a mile out of his course. Throughout he swam on his right side, using a side stroke.

At the finish he was almost as fresh as when he started. The water was cold, and when he touched shore after his

long swim his right arm and leg were benumbed to the point of uselessness.

The swimmer's physical dimensions are: Height, 5 feet 10 inches; weight, 180 pounds; chest measurement, 43 inches, with the phenomenal expansion of 9 3/4 inches. He is the son of Professor Fred Cavill of England, who swam across the English channel in eleven hours, making a world's record.



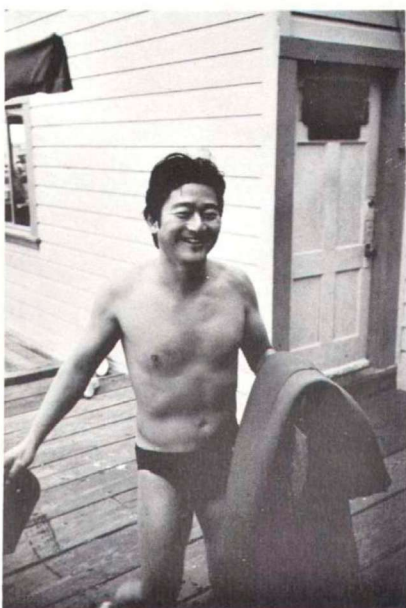
Meg Reilly is thoroughly enjoying herself after her jaunt across the Golden Gate.



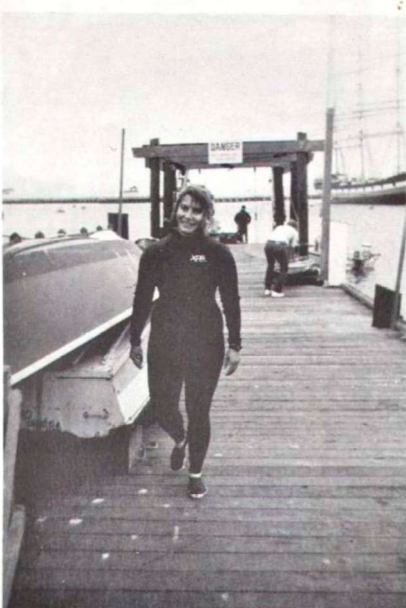
Terry Kleid is all smiles and then some after completing the Golden Gate swim.



Helpers/Pilots like John Selmer are what make the Dolphin Club swims possible.



Jon Nakamura is one of the newer and faster Dolphins to join the swim scene.



Long time Dolphin Mary Cantini Norkin is a veteran of many Club swims.



Lee Hammack is exposing his new Dolphin, Nora to the thrill of a Club swim.

1989's Exciting Swim Season -- More To Come

With the dog days of the swim season paddling to a fast finish, it's time to remember that there's still more excitement to come. And nothing could be more exciting than the annual Dolphin-South End Triathlon, to be held Sunday, October 29. Contrary to tradition, with enough Club support, this could be our year to triumph. Rally 'round the training table and prepare for the upset of the decade. Whether not-so-fast or fast, all members (runners, rowers, swimmers) are encouraged to participate. With the South End hosting this year, there's bound to be plenty of pineapple upside down cake to go around.

This year's swim from Coghlan Beach jumps off at 8:00 a.m. The round-trip run to Fort Point starts at 9:00 a.m. and details of the row will be announced. Check the bulletin board for further details.

The past glories of this swim season are varied. Best of all is the participation of so many Dolphins, from helpers to pilots to swimmers. And since there never seems to be a lack of swimmers, helpers and pilots are always a welcome presence.

"Catch a Rising Star" visited the Dolphin Club set June 11. Rising to the occasion was steadfast Dolphin pilot Rich Cooper, emerging victorious in the "Handicap Cove."

The "Over-60 Cove" drew a fine field of eight young-at-heart Dolphins. Youngest at heart was Glynn Jones, who was also one of a select few to complete the Trans-Tahoe Relay. Special thanks to Charlie Rockwood's wife Mary for the beautiful hand-made ceramic awards.

Two Friday twilight swims debuted this season. Not only did sturdy Dolphins brave the elements of fine Dolphin cuisine, but they challenged and conquered two difficult swims. Friday, July 28, Pilot Appreciation night, Dolphins of all ages rode the waves from Gas House Cove to our beach and celebrated into the night honoring our brave pilots. Friday August 18 saw Dolphins challenge stiff headwinds with a minimal tide ride, giving the tourists at Pier 41 a thrill. The rewards were well worth it for everyone involved: hot dogs and beer.

Further challenges awaited the more

adventurous Dolphins who headed upstream for the annual Trans-Tahoe Relay. Beautiful warm and sunny skies were accompanied by 25-35 mph headwinds and six foot Maytag swells.

Of 52 teams starting the day in Nevada, twenty-nine managed to finish the race at Chambers Landing. Only two Dolphin teams completed the 17 mile course, the "Dolphin Mens B" in 9 hours and the dynamic "Pigbusters" in 9 1/2 hours. All Dolphin teams did themselves proud at the post-race festivities.

August 5 saw the annual mass migration of Dolphins to Monterey Bay. In one of those unexplainable freaks of nature, like lemmings rushing to the sea, dozens and dozens of half chickens beach themselves every year in Santa Cruz only to be devoured in a crazed Dolphin feeding frenzy. Special thanks go out to the Madden and

Congrats to Jim Hulihan for taking first place among finishers born May 10, 1943, and Conrad Liberty for participating in his 25th Gate swim.

And while some Dolphins travelled great distances to join in our fun, others left the safety and calm of Aquatic Park Cove to conquer foreign waters, aspiring to swim the English Channel. A Dolphin Club relay team consisting of Susan Allen, Tim Callahan, Ken Frank, Pete Neubauer, Lorna Newlin and Mike Webb crossed the Channel the night of August 16 in a time of 13:51, enduring 30 mph winds, 16-18 foot swells and the unavoidable action of nature's stomach pump.

Just 8 days later, a team of women, including Dolphins Susan Allen (yes, twice), Joni Beemsterboer, Susan Cobb, Karen Drucker and Lisa Smith made a daylight crossing in 10:49 under somewhat more favorable condi-



Eric Goneman (l.) and Herb Madden were the genial and generous hosts of a chicken bar-b-que feast made available to Club members after the Santa Cruz Pier Swim on Saturday, August 5.

Groneman families for again hosting a beautiful bountiful day in the sun. Honorable mention to Jon Nakamura for showing what helpers are truly made of.

The "Golden Gate Swims" saw the temporary return of New Zealander Suzanne Heim as she led an over-all fast group of 138 swimmers across the Gate. Unlike all swims he's entered this season (New Years Alcatraz, Pier 41, Spring Cove, Pier 39, Crazy Cove, Yacht Harbor, Twilight Cove, Crissy Field, Twilight Gas House, Twilight Pier 41) speedy jack-of-all-trades Liam Hennessey finished a close second.

tions. Truly a couple of way-out-of-the-cove swims.

Still to come this year: The inaugural "Bay Bridge to Club Swim", Saturday, October 14; the one and only "Escape from Alcatraz" (Sunday, October 22), applications on the bulletin board; and the culmination of the swim season, the exquisite swimmers and pilots awards banquet, Saturday, November 4. Hope to see you down at some or all of these events.

Dave Zovickian
Head Swim Commissioner

Dolphin Swim Statistics

Gas House Cove-Over 45 May 28, 1989

1	Bill van Horn	17:19
2	Ed Urban	18:45
3	Pete Applegate	19:22
4	Dan Osborne	20:14
5	Rich Antonchuk	21:54
6	Eric Groneman	21:59
7	Eduardo Barranco	22:02
8	Tim Callahan	22:24
9	John Sullivan	22:45
10	Scott Anderson	22:52
11	Bob Danielson	23:18
12	Herb Madden	23:25
13	Susan Anson	23:33
14	Jerry Cullen	23:34
15	Rich Cooper	23:35
16	Tom Callinan	24:08
17	Neil Hartnett	24:08
18	Anna Henry	25:11
19	Cliff Jennings	25:24
20	Carol Block	25:26
21	Dan McGill	25:35
22	Nick Zoller	25:53
23	Kent Rodgers	25:59
24	Mary Cantini	26:06
25	Peter Bianucci	26:06
25	Don Harrison	26:11
27	Sandy Lehmkuhl	26:11
28	Susan Royce	26:56
29	Phil Fernandez	27:05

30	James Weil	27:05
31	Larry Alioto	28:04
32	Mike Roller	28:12
33	Steve North	29:50
34	Bob McKenzie	30:00
35	Mimi Osborne	31:06
36	Jim Kuklok	31:09
37	Keith Weaver	31:13
38	Joe Bruno	31:15
39	Bill Powning	31:55
40	Bill O'Brien	41:43

Pilots: John Davies, Ken Frank, Susan Allen, Flicka McGurrin, Peter Brand, Colin Gift, Sam Corn, Harry Louie, Joni Beemsterboer, Lisa Royce, Hans Kramer, Jon Belinski, Bill Walden, Bob Hoff, Jeremy West, Andy Camous, Brian Marin, Mike Dinunzio, Tracy Cambran, Bob West, Kevin Hartnett, Brett Graessle, Stan Hlynsky, Elmer Tosta

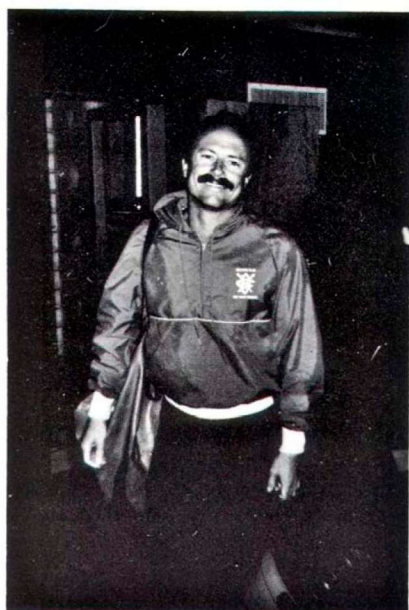
Helpers: Bill Rus, Scott Anderson, Rich Livingston, Phil Kohlenberg, Mara Iaconi, Neil Fishman, Jerome Duffy, Dodi Marosi, Cliff Jennings, Lou Marcelli, John Selmer, James Mason, Karen Drucker, Dan Murphy, Mike Webb, Era Osibe, Brian Applegate, David Claman, Lorna Newlin, Helene Marchant, Peter Cohen, Mark Allen, Ned Hofman.

Handicap Cove June 11, 1989

1	Rich Cooper	27:41
2	Karen Boyer	20:43
3	Neil Hartnett	27:15
4	Mara Iaconi	27:16
5	Don Harrison	32:29
6	Jeff Ranta	27:33
7	Brian Marin	29:34
8	Dan McGill	32:36
9	Mike Mitchell	28:39
10	John Hornor	27:43
11	John Selmer	17:54
12	Vicki Smith	29:00
13	Dodi Marosi	33:07
14	Brian Applegate	28:15
15	Glynn Jones	24:21
16	Marcia Grimm	27:22
17	Herb Madden	29:31
18	Lorna Newlin	25:42
19	J. Beemsterboer	22:52
20	Phil Fernandez	30:59
21	Val Fagre	28:04
22	John Lennox	21:08
23	Tim Callahan	26:16
24	Phil Rollins	24:22
25	Nick Zoller	32:26
26	Suzy Royce	34:29
27	John Davies	18:30
28	Rick Syder	34:31
29	Wayne Riddle	22:43

30	Susan Allen	22:43
31	Era Osibe	32:52
32	Lee Hammack	28:54
33	Kevin Hartnett	33:03
34	Susan Lauritzen	35:07
35	Allen Budenz	25:10
36	John Sullivan	27:15
37	Tom Martz	27:20
38	Mark Allen	25:34
39	Rick Craft	20:47
40	Bob Danielson	28:20
41	Neil Fishman	33:51
42	Susan Anson	29:51
43	Jim Kuklok	38:57
44	Mike Roller	38:19
45	Joe Bruno	46:30

Helpers & Pilots: Fred Muller, Andy Ach, Rich Antonchuk, Conrad von Blankenberg, Lisa Royce, Alan Godsey, Bill Powning, Herman Zahler, Jon Bielinski, Stan Hlynsky, Bill Walden, Greg Bell, Andy Camous, Cliff Jennings, Mike DiNunzio, Ned Hofmann, Larry Alioto, Susan Anson, Suzy Royce, Lorna Newlin, Jerome Duffy, Barbara Keller, Steve North, Larry Alioto, Dan Murphy, Ken Frank, Mark Lubszewski, Kate Coleman, James Mason, Ann Tingley, Tom Hofmann, David Claman, Elmer Tosta, Bill van Horn, Mike Mitchell, Steve North, Tom Martz, Barbara Keller, Steve Jones



The man with the big smile behind the moustache is Phil Rollins.



Carol Block is a picture of happiness framed by her white Dolphin Club sweat shirt.



Almost as photogenic as his father is Will (son of Bill) Powning.

Twilight Cove Swim

June 23, 1989

1	Liam Hennesey	27:15
2	John Davies	29:26
3	John Selmer	29:27
4	Allen Godsey	30:47
5	Bill Van Horn	32:01
6	George Kebbe	33:57
7	John Lennox	34:12
8	James Mason	34:16
9	Karen Boyer	34:47
10	Cathy Huang	35:25
11	Peter Applegate	36:18
12	Pat McGarvey	36:28
13	J. Beemsterboer	36:33
14	Tom Hoffman	36:46
15	Greg Cohelan	37:10
16	Peter Cohn	37:31
17	Alan Budenz	37:42
18	Steve Jones	37:55
19	Mark Lubiszewski	39:53
20	Rich Antonchuk	40:37
21	Glynn Jones	40:37
22	Pete Neubauer	40:44
23	C. von Blankenburg	40:44
24	Eduardo Barranco	41:10
25	Susan Cobb	41:17
26	Dave Zovickian	43:01
27	Ken Frank	43:07
28	Lorna Newlin	43:17
29	Wendy Kress	43:40
30	Tom Martz	44:07
31	Mara Iaconi	45:03
32	Hugo Bucholtz	46:05
33	Terry Kleid	46:18
34	Roger Kleid	46:30
35	Daphne Hourard	46:30
36	Gina Bianucci	47:07
37	Meg Storey	47:14
38	Neil Hartnett	48:01
39	Vicki Smith	48:19
40	Herb Madden	48:19
41	Barbara Keller	48:19
42	Jerome Duffy	49:24
43	Bob Derham	49:39
44	Susan Anson	49:59
45	Jeff Heth	50:19
46	Cliff Jennings	50:22
47	Dodi Marosi	50:52
48	Keith Nelson	51:14
49	Bill Callahan	51:24
50	Mike Strasser	53:09
51	Kevin Hartnett	53:37
52	Flicka McGurrian	54:18
53	Kent Rogers	57:05
54	Susan Lauritzen	58:10
55	Jim Kuklok	59:30
56	Mike Rollieri	61:34
57	Jim Sancimino	61:57
58	Will Powning	65:45
59	Larry Alioto	66:31
60	Michael Saul	68:53
61	John Owen	70:20

Pilots: Phil Lucier, Rick Craft,

Karen Jacobs, Meg Reilly, Lisa Royce, Phil Fernandez, Bob Danielson, Harry Louie, Chuck Vogt, Chuck Brown, Jon Bielinski, Mike DiNunzio, Bob Hoff, Dan de la Pena, Al de la Pena, Jermy West, Tracy Cambron.

Helpers: Coleen Madden, Bob Danielson, David Marten, Buck Swanneck, Bill Rus, Mike Mendelson, Carla Curtis, John Lennox, Jerome Duffy, Vickie Smith, Lilly Heart, Herman Zahler, Lilly Heart, Dakota Keller, Lilly Kuklok, Emily Kuklok, Vince Huang, Kate Coleman, Colin Gift, Mimi Osborne, Steve Lathram, Ann Tingley, Mimi Osborne, Mary Cantini-Norkin, Anna Henry, Peter Applegate, Vince Huang, Ken Frank.

Over 60 Cove Swim

July 9, 1989

1	Glynn Jones	15:02
2	Dan McGill	17:48
3	Walt Schneebeli	18:51
4	Nick Zoller	18:58
5	Bob Hoff	21:14
6	Charlie Rockwood	21:35
7	Joe Bruno	23:05
8	Bill O'Brien	30:31

Pilots: Rich Antonchuk, Eric Groneman, Ken Frank, Lisa Royce, Sam Corn, John Lennox, Herman Zahler, Ned Hoffman, Jon Belinski, Al de la Pena, Don Harrison.

Helpers: Keith Nelson, Lisa Smith, Alan Budenz, Daphne Hourard, Frank Martin, Pat McGarvey, Jerome Duffy, Cecco Menucci, Ned Hoffman, Thad Carhart, Mike Strasser, Lisz Ann Zirker, Dan Murphy, Neil Fishman, Patti Fujii, Jay Earnhardt, Carol Block, Pavla Podolska, Elmer Tosta, Anna Henry, Tom McCarthy, John Owen, Lorna Newlin, Harry Louie, Sandy Lehmkuhl, Herb Madden, Dave Marten, Bob Danielson, Mike Mitchell, Colin Gift.

Crissy Field Swim

July 22, 1989

1	Liam Hennesey	38:51
2	Sam Corn	41:08
3	Alan Godsey	41:27

4	James Mason	42:09
5	David Claman	42:24
6	Karen Drucker	43:29
7	Chris Chorak	43:37
8	George Kebbe	44:08
9	Laura Merkl	44:42
10	Karen Boyer	44:43
11	Meg Fitzgerald	46:06
12	Micky Lavelle	46:24
13	Alan Budenz	46:32
14	Susan Allen	46:40
15	Pat McGarvey	46:55
16	Phil Rollins	48:13
17	J. Beemsterboer	48:48
18	Marke Lubiszewski	48:54
19	Dave Marten	48:54
20	Ken Frank	49:30
21	Mike Webb	49:35
22	C. von Blankenburg	49:35
23	Glynn Jones	49:45
24	Lorna Newlin	50:20
25	Dave Zovickian	50:21
26	Susan Cobb	50:41
27	Lisa Smith	50:49
28	Neil Hartnett	50:58
29	Ann Tingley	51:32
30	Wendy Kress	51:43
31	Scott Anderson	52:30
32	Mara Iaconi	52:46
33	Mike Mitchell	52:55
34	Jay Earnhardt	54:08
35	Patty Fujii	54:19
36	Greg Bell	54:59
37	Susan Anson	55:09
38	John Hornor	55:23
39	Rich Livingston	55:39
40	Carla Curtis	55:48
41	Meg Storey	55:52
42	Gina Bianucci	55:59
43	Dodi Marosi	56:02
44	Peggy O'Leary	56:04
45	Bob Derham	56:50
46	Helene Marchant	57:25
47	Mary Sancimino	57:25
48	Cliff Jennings	57:33
49	Brian Marin	58:14
50	Anna Henry	58:25
51	Kent Rogers	58:37
52	Jeff Heth	58:48
53	Mike Strasser	58:59
54	Jerome Duffy	59:11
55	Keith Nelson	59:12
56	Neil Fishman	60:21
57	Peter Royce	60:32
58	Jim Sancimino	61:31
59	Jim Kuklok	62:12
60	Hugo Bucholtz	63:10
61	Buck Swannuck	64:02
62	Paula Podolska	66:18
63	Chris Cadelago	66:52
64	Larry Alioto	68:30
65	Don Reid	73:37

Pilots: Mike Rollieri, Andy Ach, John Selmer, Tom Martz, Lee Hammack, Phil Fernandez, Kevin Sugar, Colin Gift, Harry Louie, Bob McKenzie, Dan Osborne, Eduardo Barranco, Rich Cooper,

Jon Belinsky, Ken Coren, Bill Walden, Bob Hoff, Andy Camous, Al de la Pena, Dan de la Pena, Mike DiNunzio, Susan Lauritzen, Padraic Doyly, Noel Turnen, Herman Zahler, Dad B. & Bill Rus, Mary Cantini, Don Harrison, Stan Hlynsky, Bob Danielson, Bret Graessi.

Helpers: Scott Anderson, Cliff Jennings, Van Hart, Mas Anderson, Joe Schatz, Buck Swannack, Hugo Bucholtz, Ned Hoffman, Ken Frank, Pavla Podolska, Cecco Menucci, Mary Sancimino, Tom Hoffman, Mike DiNunzio, Andy Camous, John Mattox, Dan Murphy, Mary Heth, Mimi Osborne, Dan McGill, Ann Marie Sutar, Keith Weaver, Tom McCarthy, Lorna Newlin

Gas House Cove

July 28, 1989

1	Liam Hennesey	16:57
2	Sean Kelley	17:25
3	John Selmer	17:36
4	Sam Corn	17:41
5	James Mason	18:55
6	Karen Drucker	19:56
7	George Kebbe	19:58
8	Jim Hulihan	20:10
9	Alan Budenz	20:25
10	Rick Crafts	20:37
11	Laura Merkl	20:45
12	Bob Colyar	21:04
13	Dan Osborne	21:09
14	Tom McCarty	21:57
15	J. Beemsterboe	22:03
16	Elmer Tosta	22:05
17	Tom Hoffman	22:13
18	Mike Webb	22:23
19	Peter Jacobson	22:25
20	Peter Cohen	22:27
21	Lorna Newlin	22:52
22	Rich Antonchuk	22:57
23	Greg Tuerk	23:01
24	Pete Neubauer	23:11
25	Conrad Von B.	23:15
26	Eduardo Barranco	23:21
27	Scott Anderson	23:28
28	Tom Martz	23:39
29	Neil Hartnett	23:56
30	Vince Huang	24:20
31	Rich Cooper	24:33
32	Susan Cobb	24:38
33	Roger Kleid	24:41
34	Marcia Grimm	24:43
35	Rich Livingston	24:44
36	Bob Danielson	24:47
37	Milo Weaver	24:52
38	Terry Kleid	25:39
39	John Hornor	25:46
40	Herb Madden	25:47
41	Peggy O'Leary	26:20

42	Jerry O'Dwyer	26:36
43	Colin Gift	26:50
44	Dennis Watson	27:17
45	Paul Bridges	27:17
46	Peter Brigham	27:30
47	Diana Anderson	27:38
48	Keith Nelson	27:38
49	Lee Hammack	27:46
50	Steve Latham	28:23
51	Bob Derham	28:43
52	Kevin Hartnett	28:53
53	Mary Sancimino	29:52
54	Phil Fernandez	30:16
55	Ken Frank	30:23
56	Peter Royce	30:42
57	Will Downing	30:46
58	Bob Liner	30:51
59	Jim Sancimino	30:52
60	Jim Kuklok	30:56
61	Steve Sancimino	31:00
62	Kevin Hartnett	28:53
53	Mary Sancimino	29:52
54	Phil Fernandez	30:16
55	Ken Frank	30:23
56	Peter Royce	30:42
57	Will Downing	30:46
58	Bob Liner	30:51
59	Jim Sancimino	30:52
60	Jim Kuklok	30:56
61	Steve Sancimino	31:00
62	Era Osibe	31:21
63	Sarah McCusky	31:52
64	Meg Reilly	32:00
65	Hugo Bucholz	32:20
66	Mike Strasser	32:42
67	Bob McKenzie	32:52
68	John Owen	33:41
69	Larry Alioto	33:48
70	Pavla Podolska	33:58
71	Minda Rosenthal	34:01
72	Nick Zoller	34:31
73	Mike Mitchell	34:49
74	Bill Downing	35:17
75	Wayne Riddle	35:45
76	Marty Mattox	35:45
77	Keith Weaver	37:05
78	Phil Kohlenberg	44:151

Helpers: Pat McGarvey, Herman, Mimi Osborne, Duffy, Cecco, Chuck Vogt, Tracy Cambron, Jeremy West, Peter Jacobsen, Micky Lavelle, Hugo Bucholz, Lizanne Zircker, The Callahans, Mimi Osborne, John Mattox, Sean Kelly, Bob Colyar, Ken Maynard, Joanne Kingle, Jon Nakamura, Gina Bianucci, Bill Twomey, Vince Fansone, Lisa Royce, Conrad von Blankenberg, Peter Cohe, P. Doyle, Liam Hennessey, Lou Marcelli, Pavla Podolska, James Mason.

Pilots: Chuck Vogt, Nikola Pavicic, off, Al de la Pena, Dan de la Pena, Mike Dinunzio, Susan Lauritzen, Pete Bianucci, Don Harper, Stan Hlynsky, Sam Lawson,

Jon Bielinski, Charlie Yourd.

Fort Point Qualifier July 30, 1989

1	John Selmer	43:35
2	Bret Graessle	44:35
3	John Davies	45:00
4	James Mason	47:40
5	David Claman	48:28
6	Jon Nakamura	49:12
7	Laura Merkl	49:38
8	Alan Budenz	52:39
9	Greg Cohelan	52:54
10	Joni B	52:56
11	Pat McGarvey	52:56
12	Mike Webb	53:35
13	Ken Frank	54:50
14	Dan Osborne	55:57
15	David Marten	56:16
16	Peter Cohen	57:01
17	Phil Rollins	57:27
18	Glyn Jones	59:40
19	Elmer Tosta	59:48
20	Pete Neubauer	59:49
21	Liz Ann Zirker	60:11
22	Susan Cobb	63:18
23	Lorna Newlin	63:18
24	Tim Callahan	64:02
25	John Horner	66:11
26	Vince Huang	66:47
27	Roger Kleid	67:13
28	Herb Madden	67:39
29	Susan Anson	68:20
30	Terry Kleid	68:34
31	Tom Martz	68:55
32	Jerome Duffy	72:45
33	Peter Royce	81:07
34	Larry Alioto	82:29
35	Nick Zoeller	83:50
36	Marilou Lascari	85:40
37	John Owen	87:30
38	Mike Roller	89:15
39	Jim Kuklok	DNF

Pier 41 Twilight August 18, 1989

1	Liam Hennesey	19:50
2	Sam Corn	21:30
3	Brett Graessle	21:34
4	John Selmer	21:40
5	George Kebbe	25:04
6	Jim Hulihan	25:21
7	Wayne Riddle	30:00
8	Elmer Tosta	30:01
9	Eric Shackelford	30:21
10	Glynn Jones	32:22
11	Anne Tingley	32:24
12	Celeste McMillin	32:42
13	Herb Madden	32:55
14	Eric Groneman	33:01

15	John Horner	33:43
16	Bob Danielson	33:45
17	Jay Earnhardt	34:21
18	Gerald O Dwyer	34:34
19	Roger Klieid	34:37
20	John Sullivan	34:45
21	Ken Coren	34:45
22	Gina Biannucci	35:09
23	Carol Block	35:58
24	Keith Nelson	36:22
25	Dan McGill	37:20
26	Flicka McGurrian	37:29
27	Dode Morosi	37:52
28	Colin Gift	37:53
29	Nick Zoller	44:15
30	Phil Fernandez	44:45
31	Era Osibe	44:48
32	Jim Kuklok	45:52
33	Susan Lauritzen	47:00
34	Meg Reilly	47:12
35	Hugo Bucholz	48:38
36	Pavla Podolska	49:17
37	Peter Butler	53:30
38	Keith Weaver	54:20
39	Bill Downing	61:44

Pilots: Rich Cooper, Chuck Vogt, Bob Hoff, Eduardo, Dan Osborne, Greg Bell, Mike DiNunzio, Suzy Royce, Pete Bianucci, Tommy Gould, Sam Lawson, Stan Hlynsky, Mike Mendelson, Hans Kramer, Peter Royce, Harry Louie, Don Harrison, Daphne Hougard, Sam Cuddeback, Bob Durham, John Dahlberg, Mike Roller, Mickey Lavelle.

Helpers: Herman, Cecco, Mike DiNunzio, Dan McGill, Colin Gift, Paula Speidel, Liam Hennessey, Stan Hlynsky, Dave Zovickian, Mandy Jostlin, Mimi Osborne, Meg Story, Charlie Yourd, Brett Graessle, Elmer Tosta, Rudy DeMay, Meegan Hlulihan, Molly Selmer, Jim Lino, Bill Rus, Pavla Podolska.

14	Lorna Newlin	81:29
15	Liz Ann Zirker	81:49
16	Elmer Tosta	81:55
17	Dan Osborne	83:38
18	Glynn Jones	86:25
19	Susan Anson	89:25
20	John Hornor	89:55
21	Tom Martz	89:55
22	Roger Klieid	92:45
23	Herb Madden	95:19
24	Jerome Duffy	95:30
25	Mike Roller	102:48
26	Peter Royce	107:39
27	Larry Alioto	117:15

Helpers: Nick Zoller, Mark Allen, Mandy Jostlin, Brian Applegate, Don Reid, Pavla Podolska, Mark Lubiszewski, Molly Selmer, Celeste McMullin, Mimi Osborne, Lou Marcelli, Cecco, Peter Royce, Peggy O'Leary, Mrs. Selmer, Meg Storey, Mimi Osborne, Ned Hoffman, Rich Livingston, Hans Kramer, Peter Butler, Paula Martin, Elmer Tosta, Jon Nakamura, John Selmer, Brett Graessle, Ken Eraml, Wayne Riddle.

Pilots: Hal Irish, Karen Boyer, Rich Cooper, Brian Marin, Bob Hoff, Andy Camous, Kevin Hartnett, Greg Bell, Bob West, Greg Prussia, Mike DiNunzio, Tracy Cambron, Herman, Kate Coleman, Cheryl Kent, Stan Hlynsky, Sam Lawson, Chuck Vogt, Bill Walden, Colin Gift, Phil Fernandez, Steve Latham, Don Harrison, Bob Someone, Jim Ross, Jay EArnhart, Greg Cohelan, Doug Akagi.

A Warm Welcome

The Dolphin Club welcomes the following new members who have joined since July of this year:

Thomas F. Allen, Susan Bahns, Pegg Bauer, Karen E. Bonham, Paul Butzler, Paul Robert Clark, Samuel Cuddeback, Robert W. English, David Scott Erickson, Andrew Goodman, Michael Grohmann, Jana Hamilton, Karen Lis Hansen Van E. Hart, Nancy Passano Hornor, Christopher B. James, Richard J. Kosinski, Jürgen Franz Kosmann, Marilou Lascari, Charles L. L. Lassiter, James Geroge Lino, Sean Maher, Michael Marinaccio, Carolyn Coombs Murray, Rob Nilsson, Barbara Ruck Pavicic, Richard L. Perkins, Greg Prussia, Jeff Qualman, Steven C. Roach, Richard A. Rogers, Edward Rogers, Emily Sagar, Larry Richard Scroggins, Ann Marie Suter, Frank Tena, H. Bradley Vogt, and Gwen Passano Volkman.

✻ Remaining 1989 Swim Schedule ✻

<u>Date</u>	<u>Event</u>	<u>Jump-Off</u>
October 14 (Sat.)	Bay Bridge to Dolphin Club.....	TBA
October 21 (Sat.)	Alcatraz Swim.....	7:25 a.m.
October 22 (Sun.)	Escape From Alcatraz - Triathlon.....	TBA
November 4 (Sat.)	Annual Swim/Pilot Appreciation Dinner.....	TBA
November 23 (Th.)	Thanksgiving Day.....	9:00 a.m.
December 17 (Sun.)	New Years Day Alcatraz Cove Qualifier.....	9:00 a.m.

Note: Jump-off times are subject to change -- TBA means "To Be Announced"

Swim Program Rules

1. Club scheduled swims are restricted to club members only.
2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
3. Swimmers must be members in good standing with dues current and swim fees paid.
4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
7. Swim sign-up sheets are posted two weeks prior to each swim.
8. Time limits are imposed and enforced for all swims.
9. All club boats are reserved for scheduled swims; riders are prohibited.

• Additional qualifications for Alcatraz and Golden Gate Swims •

10. In-town members must successfully complete 2 swims marked with a peace sign ☺ and one other scheduled swim and pilot or help on at least 2 others.
11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
12. Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

Important Rules Regarding "Out-Of-Cove" Swims

Swimming in the Bay is inherently risky. Bay swimming outside the Aquatic Park Cove in heavily-trafficked San Francisco Bay may present even greater risks. Accordingly, the Dolphin Club enforces the following rules regarding Out-of-Cove (defined below) swims which (a) are not Club Swims (defined below) and (b) which use Club Facilities (defined below). Since Private Out-of-Cove Swims (defined below) are the sole responsibility and risk of the participants, the Club will ask for a written release of liability from each participant. Any advice rendered in connection with such a swim by any Club member, whether or not an officer or Board member of the Club, is not rendered by or on behalf of the Club or by such person in his or her capacity as member or official of the Club. Failure to obtain required consent for private out-of-cove swims using Club facilities is grounds for the following member sanctions:

First Offense: One-year suspension from competing in Club Swims. **Second Offense:** Expulsion from Club without rights of reinstatement.

Definition of Terms:

- **Club Swim** means those swims published by the swim commission in the Club's official swim schedule as part of the Club's organized swim program.
- **Required Consent** means consent to the swim (a) by the Club's head swim commissioner AND (b) consent of the boathouse captain to use Club Facilities.
- **Club Facilities** means any real or personal property of the Dolphin Club, including without limitation boats, radios, dock, wet suits, clubhouse, showers, sauna, etc.
- **Out-of-Cove** means any part of the Bay outside the perimeter of Aquatic Park Cove.
- **Private Out-of-Cove Swim:** Any swim which (a) is not a Club Swim, (b) occurs in whole or in part Out-of-Cove and (c) uses or involves Club Facilities.

The Spirit and Intent of the Rules

While the above rules may be susceptible to "stretching" or contain "loopholes," the point of the rules is quite clear. These rules are intended to apply if a wet or cold participant may ultimately (directly or indirectly) end up in Club facilities. For example, even if a swim does not technically end at Club facilities, if participants return to Club facilities wet or cold (as opposed to pink, warm and dry), the swim is subject to consent rules. Likewise, if any Club equipment is used in a swim that does not otherwise involve Club facilities, the swim is subject to consent rules. If you have any doubt regarding whether a proposed swim or row is subject to the above rules, ask the head swim commissioner.

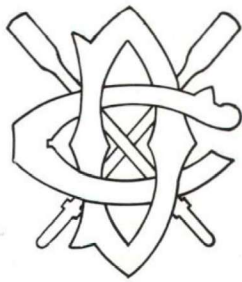
The above rules do not attempt to limit your freedom as a private citizen to conduct swims which are wholly unrelated to the Club and which do not in any way affect the Club (i.e., Private Out-of-Cove swims not involving Club facilities).

Dolphin Swimming & Boating Club

502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

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DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club
San Francisco California - Established 1877 - December - 1989

Photoplay From Awards Banquet - See Pages 6 & 7

City Declares New 'Seafood Center' Could Have
No Significant Effect on the Environment
Dolphin Board Votes to Challenge Decision

- See Story Page 3 -



'The Horse'

M.V. Zahler 1989

Letters to the Dolphin Club

Correspondence of Note For the Dolphin Club Membership

Herman's Passing

Dear Editor, *Dolphin Log*:

The following letter was sent to me by one of your members, Chuck Stagliano, an old college chum of mine. I decided to send it to you for possible inclusion in the *Dolphin Log*. I don't know that another eulogy is needed for Herman, but it is a fine letter and I didn't want to "dead end" it with me.

I was in San Francisco last June for a

series of meetings, after which Chuck gave me a 24-hour slice of the town. Highlights were the Dolphin Club (observation of swim, pot luck dinner) and a session at The Square, where I met Herman. Chuck talked Herman into giving me the Dolphin Club hat Herman had been wearing, and now I wear it proudly.

Thanks,
Robert E. Jenkins,
Salem, Virginia

festivities. Frank Mennucci was with him. Mennucci told a joke, Herman threw back his head and laughed and then collapsed. There was nothing to be done. The Club has plenty of firemen and police as members. They went to work on him right away. The ambulance crew worked on him for an hour. He was gone.

I arrived at the Club about an hour later, planning a run and workout with the weights. As I walked towards the Club I saw the flags at half-mast. I got the news. I didn't feel like hanging around talking about it, so I quickly changed and started running out toward the Golden Gate Bridge. It was a foggy morning and I felt melancholy. As I ran up the hill to the Bridge, a wonderful thing happened. I heard the sound of an artillery battery firing a salute from Fort Point, below the Bridge.

It was for the World War II Liberty Ship "Jeremiah O'Brien" which is restored and based in San Francisco and was on a reunion cruise of the Bay with its original crew. When I reached the Bridge I heard the salute from shore and the return salute from the ship. I saw the "O'Brien" passing under the Bridge and disappearing into the fog and thought that this must be a final salute to Herman. I watched as the fog enveloped the ship and imagined that I saw Herman standing on the fantail waving and smiling. I shouted into the fog, "So long, old buddy" and waved. The people around me must have thought I was nuts, but I didn't care. After that, I felt better. I'm glad you have his hat.

I know that you enjoyed your visit to the Dolphin Club, so I think you'll find
- continued on page 4



The Dolphin Log

Editor: Jeffrey Howard Heth
Photographs in this issue are by
Barbara Keller • Elmer Tosta
Published By
The Dolphin
Swimming & Boating Club Inc.
502 Jefferson St.,
San Francisco, CA 94109
Organized in 1877

1989 Officers

President - Stan Hlynsky
Vice President - Pete Bianucci
Treasurer - Vince Huang
Recording Secty - Jon Bielski
Financial Secty - Mary Heth
Boat Captain - Mike DiNunzio

Board of Governors

Daniel Osborne
Meg Reilly
Elmer Tosta
Jeffrey Heth
Frank Drum
Don Harrison
Cliff Jennings
Sam Lawson
David Zovickian

Hi Bob,

I'm enclosing a copy of the latest *Dolphin Log*, which features a tribute to our friend Herman, who left us suddenly in September. The picture tells part of the story. Here was a guy who loved life and everything in it. But there was a lot more than good food and wine. Herman knew about things, and could do almost anything with his hands. He was a master boat builder -- a real artist, and he also built doll houses.

A few years ago he conducted informal seminars at the Club on the subject of the birds of San Francisco Bay. He knew everything about them. He could build a house and do every job including the electrical wiring, plumbing, heating, etc. When he'd finish, he'd plant a garden and a lawn and explain why certain kinds of grass or flowers do better than others in San Francisco. He made his own apple brandy.

On the morning he died, the Club was buzzing with activity getting ready for another swim. The swimmers and pilots were gathering and chattering in a typical high energy pre-swim atmosphere. Herman was in the galley getting breakfast ready for the post-swim



Mimi and Dan Osborne with Loretta Madden enjoy the warmth at the Santa Cruz Pier swim.



John Selmer and Neal Hartnett in the Staib room before a swim.



Pavla Podolska and Bob McKenzie basking in the Santa Cruz sunshine.

Aquatic Park Water Quality Concerns Reach Critical Stage

In an earlier issue of the *Dolphin Log*, Club members were alerted to the "Fisherman's Wharf Seafood Center" scheduled for construction by the Port of San Francisco on Pier 45. Originally, Stage I of the project was scheduled to begin in 1990. Stage I involves construction of new floating berths representing a 79% increase in berths and a 42% increase in commercial fishing boats in Fisherman's Wharf. A second fuel station, a boat pumpout station and restrooms are also part of Stage I. Stage II was to follow at some future date when and if funding could be arranged. Stage II would enlarge fish handling facilities on Pier 45 resulting in a 70% increase in square footage leased for those purposes and up to a 20% increase in volume of fish handling on Pier 45.

The recent earthquake severely damaged Pier 45. As a result, it appears that the Port project may happen even earlier than expected. The Port expects to obtain \$12 million for earthquake repairs on Pier 45. It is expected that part of this money will be devoted to Stage I and/or Stage II of the project.

The Dolphin Club had made a formal request that the Port produce an environmental impact report (EIR) earlier this year. An EIR would study the potential adverse environmental impact of the project. Such a study would address issues such as increased diesel fuel and fish by-products in the water due to the proposed increase of fishing boat and fish handling activities.

The Port has refused to conduct an

EIR. Instead, the Port applied to the S.F. Office of Environmental Review for approval to bypass the EIR process. In December the Office of Environmental Review notified the Club that it will allow the Port Project to proceed without an EIR. The Dolphin Club

Water Quality Log Established

The water quality in Aquatic Park is of critical importance to us all – particularly to those who swim in those icy waters. According to the Port of San Francisco, the proposed Fisherman's Wharf Seafood Center (see article this page) will not adversely impact water quality. The Port's position puts the burden on Club members to identify periods of poor quality and to bring them to the Port's attention.

As a method of chronicling water quality, the Club now maintains a "Water Quality Log" located by the mileage charts in the new boathouse. All swimmers and rowers are encouraged to mark their comments on water quality in this log. Please note date, time, weather conditions, your name and your remarks. For example, if the water is particularly murky, has floating debris or oil, smells, etc., please make a note to that effect. Be as specific as you can. Please, no funny remarks! This log will become an official record and loses credibility if treated as a joke book.

This is one way you can help protect Aquatic Park. See pg. 10 for another.

Board of Governors voted unanimously in December to appeal this decision. A public hearing will be held before the San Francisco Planning Commission to hear the Club's appeal. Originally scheduled for January 18,

the hearing has been postponed to early February. Please watch for a notice at the Club for the date, time and location of the hearing. This may be the only chance for the public to demonstrate concern for our water quality and therefore a strong showing by Dolphin Club members at this appeal hearing will make a difference.

The recent decision of the Office of Environmental Review (to bypass EIR requirements) is a CRITICAL watershed event. Without an EIR, the Club's ability to obtain information about the Project and to provide comments on environmental aspects of the project is severely hampered.

Many Club members believe that the Port Project could have a material adverse impact on water quality in Aquatic Park. In light of the recent events, the Club's Board of Governors is weighing various alternatives on how to proceed, including the possibility of litigation. The Club has retained an environmental lawyer to advise the Board in this regard.

Please turn to page 10 and complete the affidavit form if you have personally experienced poor water quality in Aquatic Park.

Attention Swimmers:

1990 Swim Fees (\$30.00) are due now. Please pay directly to a swim commissioner... do not include with your membership dues payments.



This group of hearty Dolphins dash toward the finish line at the conclusion of a swim.



A swim is not a swim without the pilot coverage from kayakers like this.



Head swim commissioner Dave Zovickian (left) and Alan Budenz enjoy the BBQ chicken.

More Letters to the Dolphin Club

- from page 2

the "Log" interesting. You don't see many "designer" workout outfits there. Just real people who have a special zest for life.

Cheers,
Stag

Dear Dolphin Club:

Recently received "Dolphin Log" advising of the death of Herman Zahler. It too brought to mind many happy memories of Herman. What a great person he was, always very pleasant and always so ready and able. Always seemed to be present and could do most anything. Yes, became very fond, indeed, developed a great affection for Herman over the years. Also feel a loss and just want to extend my condolences to all of you, the vital Dolphin Rowing and Swimming Club group.

And yes, brought to mind my privileged associations and my simple but wonderful rowing on San Francisco Bay.

Sincerely,
Hall Templeton

To Herman's Fans,

You really helped us through a trying time!

We were overwhelmed by the number of people who came by and we thank you. So many of you took time from work and we appreciate that. You were wonderful!

Hope to see you soon. You're a fine group!

Marie and Lois Zahler

Survivor's Thanks

To All My Friends at the Dolphin Club:

On behalf of my family and myself, I want to thank you so very much for your kindness and generosity shown to

us in our time of need. It's so wonderful to have such warm and caring friends. Your generosity has helped enormously to make these times a whole lot easier. Thanks from the bottom of our hearts.

Roger Battaglia & Family

Election Results 1990 Term

Officers

(Candidates Unopposed)

President	Pete Bianucci	328
Vice President	Meg Reilly	316
Recording Sect'y	Elmer Tosta	312
Financial Sect'y	Jeff Heth	313
Boat Captain	Cliff Jennings	302

Board of Governors

Daniel Osborne (inc)	321
Jon Bielinski	308
Don Harrison (inc)	308
Jerry Cullen	302
Jim Hulihan	296
Mary Heth	293
Liam Hennessy	288
Colin Gift	287
Stan Hlynsky	3 write-in

Amendment and Restatement of Incorporation:	313
	YES
	votes.

Ballot Committee

Lou Marcelli, Meg Fitzgerald,
Mimi Osborne



Looking Forward

1990 will hold many opportunities for members of the Dolphin Club.

Strong leadership is in place. Each year our swimming and rowing programs surpass previous years.

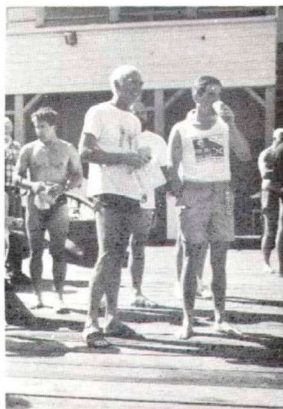
The boat restoration program is in full force. This year we should be able to start restoration of the "John Weiland," a boat which is over 100 years old.

Member participation in all Dolphin Club programs is needed to carry on. All members are welcome to any event. It's your club, so let's make 1990 the best year yet.

Peter Bianucci,
President-Elect



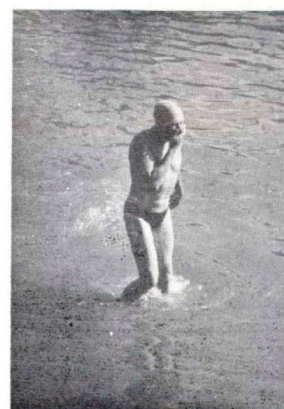
The finishing moment is the best part of a Dolphin Club swim.



Observers add to the excitement at Club events.



Andy Ach emerges from the brine with his paddle board.



Speedster Glynn Jones has the style and technique to envy.

A Look at the "Other" Quake

History by Walt Schneebeli

The Dolphin Club, fortunately, was spared damage from the October 17, 1989 earthquake. The Club was also spared during the earthquake and fire of April 1906. Before that quake, an uneventful Board Meeting was held on Wednesday, April 11, 1906. The following Wednesday, one week later, when the "big one" hit, San Francisco shook and burned.

In the quake's aftermath, refugees were allowed to live temporarily in the Dolphin Club, which was situated then at the foot of Van Ness Avenue.

In a letter written to the Club, one of the refugees, J.N. Sresovich thanked the membership for having sheltered him and his family in the boathouse and stated that he had named his son, who was born after the fire, in honor of the Club -- John Dolphin.

A motion was made and carried at the Board Meeting of August 8, 1906 which made John Dolphin Sresovich the Dolphin Club's honorary mascot.

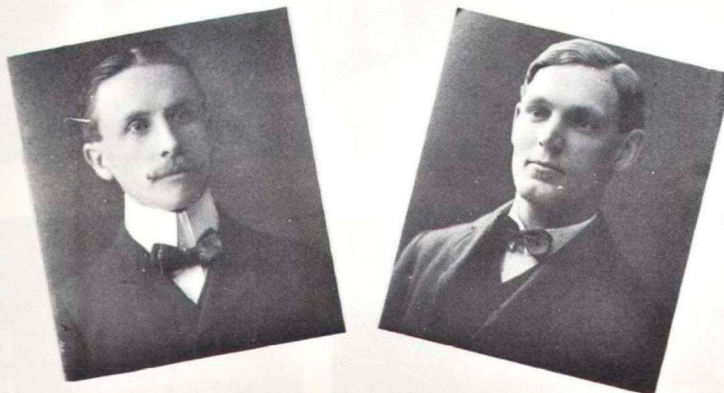
Shortly after the calamity, the Dolphin Club meetings were held at the Enterprise Brewery office on Folsom Street thanks to William Remensperger, whose family owned the business.

Another motion was passed sus-

pending payment of dues for all members for three months, to date from May 1, 1906.

Another motion passed allowed members who suffered loss, and were in need, to be able to draw on the

The Dolphin Club returned to normal quickly and although the Dolphins' new residences were scattered all over San Francisco, the East Bay, and Marin County, very little change in Club membership was noted.



Left: James J. Cronin, President, Dolphin Swimming & Boating Club, 1906.
Right: William L. Bush, Vice President, Dolphin Swimming & Boating Club, 1906.

Club's treasury to the amount of twenty dollars. All claims were to be presented to a committee which had the power to act.

For another Dolphin's look at the earthquake, please turn to page 9 for John Sullivan's poem - "Working on a Faultline".

1989 Club Milestones

• Life Membership •

(25 Years):

- Allie Bogart, joined February, 1964.
- Jerry Cullen, joined May 1964.
- Renato Piombi, joined November 1964.

• Golden Dolphin

Membership • (50 Years):

- Anthony "Nino" La Rocca, joined September 1939.

• Deaths •

<u>Member</u>	<u>Joined</u>	<u>Died</u>
Dominic Garassino	Dec. 1940	7/12/'89
Mary Ann Kaufman	Oct. 1976	2/1/'89
Hans Kramer	Nov. 1960	11/9/'89
Salvatore Lucia	Jun. 1936	2/26/'89
Salvatore Sancimino	Feb. 1940	8/14/'89
Herman Zahler	Sep. 1972	9/23/'89



Rich Cooper proudly displays the trophy from the Cove Handicap.



Liam Hennessey (left) and Stan Hlynsky at the Santa Cruz swim.

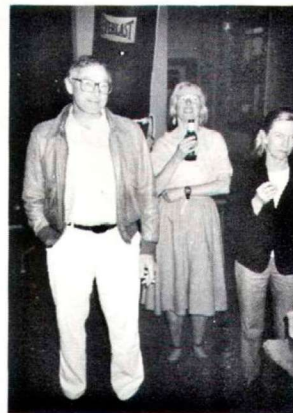


Jon Nakamura and other revelers at Santa Cruz.

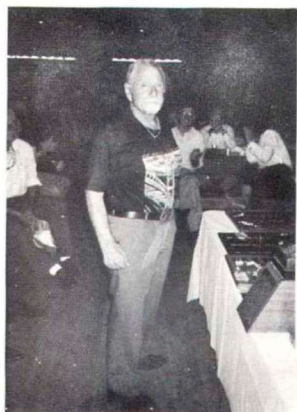


Backstroker extraordinaire Bob Danielson strides ashore.

Annual Swimmers and Pilots Awards Together for Mirth and Merriment



and Appreciation Dinner Brings Club with Good Food and Drink For All



Swim Season Ends With Gala Banquet

As 1989 fades away it is time to reflect on this year's swim program. The season has been long but rewarding with 22 swims, including three new events. Throughout the year the one constant was Liam Hennessy. Out of 11 swims entered he lost but one, and it required importing perennial champ Suzanne Heim from New Zealand to knock him off.

Yet not all the stories this year come from the top of the list. Larry Alioto made great strides and strokes this season, gaining both speed and standing to land himself the honor of Most Improved Swimmer.

And if ever we needed a moment of inspiration there was Mike Rolleri, whose perseverance in the water and on the rescue board demonstrated that for some people being cold is only a state of mind. Judging from the amount of time Mike spends in and on the water, regardless of temperature or conditions, his mind is out of state.

A successful swim program relies not on its swimmers but on its supporters. Individuals like our pilot of the year, Stanley Hlynsky, whose many hours spent planning, charting and piloting ensured safe and mostly sane swims. Ultimately, the success of the swim program and of the Dolphin Club itself lies with those who are always there to help out and contribute to everything that makes up our Club: general maintenance, construction, boat building and restoration, and just plain tidying up. Our Helper of the Year, Herman Zahler was all of this and more. Herman was the embodiment of the Dolphin Club: one of the first to the Club on the day of an event,

whipping up goodies in the kitchen and then out to pilot the swim with a baby doll in one hand and the controls of the horse in the other. But more

Door Prizes Add To Evening's Fun

The Dolphin Club wishes to thank the following establishments and individuals for their generous contributions to the 1989 Award Dinner

- Cable Car Canteen (Colin Gift)
- The Chart House
- Compadres Mexican Bar & Grill
- Fog City Diner
- Fort Mason Meat Market
- Kuleto's Italian Restaurant (Steve Pinetti)
- Little Rio Cafe and Pizzeria
- Pacific Heights Bar & Grill
- Swan Oyster Depot (Sancimino Family)
- T.G.I. Fridays
- Union Street Produce
- Avenues Pet Hospital (Scott Anderson)
- Blue & Gold Fleet
- Frank's Fisherman Supply
- Galetti Bros. Shoe Service (Elmer Tosta)
- Madden Family (Liquor)
- Marchant Family (Champagne)
- Dodi Marosi (Massage)
- Cecco Menucci (Salami)
- Jon Nakamura (Cross Pens)
- Paul Silvester (Assorted Housewares)

than organizing events, planning menus and patrolling the waters, Herman

had an infectious positive attitude with encouraging words for all, and a manner which saw to it that things got done. He is dearly missed.

By most accounts the swim dinner was successful. Between the delightful Dolphin ball point pen favors (acquired through the efforts of Betty "Boop" Bloom), the free flowing libations served up by Jack Giacomini's barkeeps, the delectable feast of fowl and assorted taste treats created by Mimi Osborne and Co., and the distinctive and diverse door prizes. There was something for everyone. The wide range of Dolphin award goodies (megaphones for pilots, aprons for helpers and/or pilots, and embroidered patches for the most self sacrificing Dolphins) ensured that by evening's end everyone possessed some treasure to show the folks back home.

Please note that as a precaution all Dolphins will be required to check their megaphones at the front door prior to admittance to all briefings, in an effort to preserve proper Dolphin decorum and the hearing of the swim commissioner.

With the new swim season soon to begin, all interested Dolphins are encouraged to come forward with ideas, thoughts and suggestions regarding any and all aspects of the swim program, from types of events and food selection to artwork and sketches for awards to organizational tips and volunteer offers. Just leave a note in my mail slot.

On the election front, please give careful consideration to the domestic Dolphin measure (proposition D.D.) on your ballot. This measure would allow any Dolphin to share accrued miles

- continued on page 10



Cecco Mennucci and Jack Giacomini lend assistance at the Santa Cruz BBQ.



Rowers put the 'Boating' in the Dolphin Swimming and Boating Club.



Standing around the deck at the Dolphin Club is a popular past time.

Outgoing President's Message

I would like to thank the membership for its vote of confidence in re-electing me President for 1989 and the other officers and Board members for their cooperation and hours spent working and dealing with so many important issues we faced in 1989.

I'd also like to say goodbye to my friend and comarade, Herman Zahler.

One Saturday in 1973 I walked on to the back deck with a case of beer and some sandwiches under my arm. I said hello to Pete Sturiale then walked into the galley when I heard a voice say, "Who's the beer for?"

I turned and said it was for anybody who wanted one.

"Eh, My name's Herman," the stranger exclaimed. It was Herman Zahler.

Little did I realize then just how much Herman would become a part of my life. Herman was a fountain of knowledge and a true craftsman. He was always there to share his knowledge with anyone. Over the years we were involved in many scenarios while working and making decisions at the Dolphin Club. Herman and I travelled to Hawaii, Marina del Rey, Catalina and many other places together.

He even played matchmaker. One

Sunday as Suzanne Heim was coming out of the water, Herman said, "Suzanne, are you going to take 'Uncle Herman' up to the 'B.V.' for a beer?"

"Sure," she replied.

"Can Stanley come, too?" he asked.

From then on Herman would say "Oh how I love that girl!" whenever Suzanne's name would come up.

For the next six years, Herman and I

would meet on Tuesdays or Wednesdays. I would call him; he would call me. "Let's play tonight," he would say. We would meet at Pier 23, the 'B.V.', or the Pier Inn to discuss Club business, talk about old times or discuss the problems of the

world. Even a week before his passing, I found it hard to keep up with "Uncle Herman" much less to think of him turning 69 years old.

Recently I was driving in to the City and I thought of Herman and one of our escapades. A smile came to my face, a laugh, and then a tear, for I loved Uncle Herman and Herman, this is really not goodbye, for we will be together again.

Stan Hlynsky



Dolphin on the edge of a chair in the Staib Room.



The very photogenic Lorna Newlin with a smile that won't quit.

Working On A Faultline

by John Sullivan

I'm working on a faultline
Guaranteed to rock my mind
After the ground shook in '89
A whole lot moved that was once aligned

Everyone knew it must come someday
Everyone hoped there was another way
But nature alone has the final say
In just wherever the land will lay

Loma Prieta, the place the quake began
Turned some of San Francisco back into sand
At sixty-some miles, that's quite a long hand
I must tell you it's something I really can't stand

To depend on the ground for a lift
So that nature can smooth over a rift
Is a fact that leaves me quite stiff
It's like being alone and adrift

That nature needs release I guess is a given
But it shouldn't interfere with making a living
Much more of this will make me stop believing
That working here really has any meaning

Then going to work will be out of the question
Not working at all will suit my digestion
Leaving the faultline will not be regression
Leaving my job will cure my depression

I'm working on a faultline
Why oh why is nature so unkind?
It makes you feel that your trust is blind
When the ground just heaves at anytime

As a Dolphin Club member, there is reason to cheer
The wonderful bay which we all hold so dear
Will help me escape from the terrible fear
Of not even living for another year

My swimsuit will stay beneath my attire
So that in the event of a quake and a fire
This awesome event need not be so dire
I'll swim out and relax in my rubber tire



Helpers and spectators are part of every swim's excitement.

How You Can Help

Dolphin Club members may complete the Declaration below and mail or bring it to the Dolphin Club, *attention Recording Secretary*. Members are encouraged to pass copies of the Declaration on to people who use Aquatic Park but are not necessarily Club members.

The Declarations will be used in the Club's appeal to the Planning Commission (see story on page 3 for more details).

CLIP AND MAIL OR BRING TO CLUB

Water Quality Declaration

The undersigned hereby declares under penalty of perjury under the laws of the State of California that the undersigned has personally witnessed or experienced, as applicable (CHECK ALL THAT APPLY):

- ☐ Fuel slicks or like fluids floating on the surface of Aquatic Park waters.
- ☐ Plastic cups, bottles, plastic bags and/or other non-biodegradable debris floating on Aquatic Park waters.
- ☐ Objects which appeared to be sewage floating in Aquatic Park Lagoon.
- ☐ The body and/or body parts of dead fish floating in Aquatic Park waters.
- ☐ Foul fuel smells arising from the waters of Aquatic Park
- ☐ Foul fish smells arising from the waters of Aquatic Park
- ☐ Foul sewage smells arising from the waters of Aquatic Park.
- ☐ Infections to open wounds which occurred shortly after exposure to Aquatic Park waters, the cause of which infections are unknown to me.
- ☐ Illness such as _____ which occurred shortly after exposure to Aquatic Park waters, the cause of which is unknown to me.
- ☐ A "beard" or coating of an unidentified gray/brown substance on my face or other parts of my body after swimming in Aquatic Park waters.
- ☐ I generally frequent Aquatic Park as a (check all that apply):

<input type="checkbox"/> Swimmer	<input type="checkbox"/> Outdoor Enthusiast
<input type="checkbox"/> Rower	<input type="checkbox"/> Sightseer
<input type="checkbox"/> Fisherman	<input type="checkbox"/> _____
<input type="checkbox"/> Vendor	<input type="checkbox"/> _____
- ☐ Through my _____ (e.g., swimming, boating, outdoor enthusiast, etc.) activities in and around Aquatic Park, I am familiar with the water and tide conditions in Aquatic Park and with the water and general conditions existing in Fisherman's Wharf and surrounding areas. Based on this familiarity, I have reason to believe that the major portion of the conditions I have described in this Declaration derived from sources originating in Fisherman's Wharf Lagoon, and that these scources may increase and/or be located in closer proximity to Aquatic Park as a result of the "Fishermen's Wharf Seafood Center" proposed by the Port of San Francisco.

Dated: _____, 1990 By _____
Signature

Print Name

Address

Telephone

Swim Program Update

- from page 8

with their duly registered domestic Dolphin. In events such as the Polar Bear and 100 Mile swims, a Dolphin with excess mileage could share this extra mileage with their domestic Dolphin. Registration certificates would be obtained from the swim commissioner for a nominal fee of \$15.00 (cash only please, no checks or credit cards). This is an issue which will impact many Dolphins and consequently deserves your serious consideration. The swim commissioner wholeheartedly endorses Prop D.D. and urges you to give it your full support. Your tax deductible campaign contributions (cash only please, no checks or credit cards) are welcome. For your convenience, contributions may be left in the swim commissioners mail slot.

As a final note, I wish to express my thanks to all those Dolphins whose contributions helped make this year's swim program a success: Tim Callahan and James Mason for their long hours of computer drudgery; Gina Bianucci for keeping things well organized, and not just with the swim program; Don Harrison and Jon Beilinski for putting on test swims before the crack of dawn; Mimi Osborne for keeping watch over the timers and recorders; our galley captain "Cecco" Menucci for maintaining a tight rein on the kitchen; Lorna Newlin for being the perfect "Dolphin Friday" every day; and to all the Dolphins and their significant others who drove the trucks, raked the beach and sliced the donuts.

Dave Zovickian

Head Swim Commissioner



Laidies of the sand -- Susan Cobb (left) and Fran Colyer.



Bill Powning and Mary Sancimino share the camaraderie.



(left to right) Ginny and Tom Hoffman and Carol and Dennis Watson at Santa Cruz.

Dolphin Swim Statistics

Goden Gate - Slow Day

Sept. 9, 1989

1. Glynn Jones	32:38
2. Alan Liss	33:59
3. Vince Huang	34:00
4. Bob Danielson	34:12
5. John Horner	34:17
7. Roger Kleid	34:23
8. Rich Livingston	34:27
9. Barbara Keller	34:47
10. Gina Bianucci	34:57
11. Steve Lathram	35:09
12. Susan Anson	35:16
13. Herb Madden	35:18
14. Milo Weaver	35:30
15. Vicki Smith	35:36
16. Gerry O'Dwyer	35:45
17. Ken Coren	35:52
18. Tom Callinan	35:52
19. Meg Storey	36:10
20. Peggy O'Leary	36:23
21. Jerome Duffy	36:27
22. Carla Curtiss	36:52
23. Terry Kleid	37:05
24. Peter Brigham	37:05
25. Suzy Royce	37:08
26. John Maddox	37:09
27. Lee Hammack	37:20
28. Flicka McGurrian	37:20
29. Cliff Jennings	37:20
30. Keith Nelson	37:20
31. Greg Bell	37:40
32. Bob Derham	37:50
33. Mark Allen	37:55
34. Brian Applegate	38:00
35. Mike Strasser	38:50
36. Dodi Marosi	38:53
37. Colin Gift	38:55
38. Era Osibe	38:55
39. Sandy Lemkhul	39:05
40. Buck Swannuck	39:05
41. Dan McGill	39:10
42. Neal Fishman	39:20
43. Bill Callahan	39:20
44. Sue Garfield	39:30
45. Minda Rosenthal	40:09
46. Jim Weil	40:22
47. Rick Snider	40:31
48. Carol Block	40:35
49. Pete Bianucci	40:50
50. Mike Roller	41:12
51. Phil Fernandez	42:24
52. Will Powning	42:42
53. Kevin Hartnett	42:44
54. Anna Henry	42:57
55. Rudy De May	43:21
56. John Owen	43:32
57. Nick Zoller	43:33
58. Peter Royce	43:52
59. Hugo Bucholz	44:49
60. Meg Reilly	45:07
61. Don Reid	45:30
62. Jim Kuklok	45:52
63. Bill Powning	46:31
64. Bob McKenzie	46:31
65. Larry Alioto	46:42
66. Pavla Podolska	46:57
67. Steve North	48:10
68. Susan Lauritzen	48:16
69. Mike DiNunzio	48:16
70. Keith Weaver	48:27
71. Joe Bruno	49:50
72. Phil Kohlenberg	58:18

Helpers

Pavla Podolska, Rudy DeMay, Bill O'Brien, Jack Giacomini, Alan Budenz, John Horner, Tom Hoffman, Kent Rodgers, Tom Martz, Mimi Osborne, Phil

Rollins, Susan Cobb, Lorna Newlin, Pat McGarvey, Barbara Keller, Mike Webb, Milo Weaver, Carol Block, Pete Newbauer, Tim Callahan, Vince Huang, Candy Gonzales, Frank Drum, Jack Giacomini, Lou Marcelli.

Pilots

Eduardo Barranco, Janet Moody, Rich Cooper, Dan Osborne, Joni Beemsterboer, Joe Schatz, Heil Hartnett, Ned Hoffman, Andy Camous, Padraic Doyle, Bob Hoff, Randy Pinetti, Steve Pinetti, Herman Sheryl, Kent, Sam Corn, Mike Mitchell, Tom Callinan Family, Bret Grassale, Lisa Royce, Jeremy West, Tracy Cambron, Stan Hlynsky, Ken Frank, Alan Budenz, John Dahlberg, Jon Nakamura, John Selmer, Ed Urban, Karen Jacobs, Jim Hentz, Eric Groneman, Jay Earnhart, Eric Leno, Nick DeMay, Mary Cantini, Don Harrison, Harry Louie, Joe Ferrero, Bill Russ.

Goden Gate - Fast Day

Sept. 10, 1989

1. Suzanne Heim	20:31
2. Liam Hennessy	21:15
3. John Selmer	22:44
4. Brett Graessle	22:56
5. Mike Garibaldi	23:07
6. John Davies	23:09
7. Sam Corn	23:15
8. David Claman	23:56
9. James Mason	23:57
10. Jon Nakamura	23:58
11. Alan Godsey	24:43
12. Bill Van Horn	24:49
13. Chris Choral	25:05
14. Laura Merkl	25:11
15. Peter Drino	25:18
16. Jim Hulihan	25:30
17. John Lennox	25:41
18. Dave Zovickian	25:48
19. George Kebbe	25:50
20. Karen Drucker	25:54
21. Alan Budenz	26:07
22. Dan Osborne	26:27
23. Pat McGarvey	26:31
24. Ed Urban	26:49
25. Bob Colyar	26:55
26. Wayne Riddle	26:57
27. Phil Rollins	27:07
28. Cathy Huang	27:09
29. Greg Cohelan	27:11
30. Tom Hoffman	27:48
31. Tom McCarty	27:54
32. Susan Allen	27:59
33. Micky Lavelle	28:07
34. Peter Brand	28:37
35. David Marten	28:42
36. Nick DeMay	29:16
37. Peter Cohen	29:27
38. Elmer Tosta	29:38
39. Ken Frank	29:39
40. Lorna Newlin	29:45
41. J. Beemsterboer	29:49
42. Mike Webb	30:01
43. Lisa Smith	30:09
44. Eduardo Barranco	30:25
45. Scott Anderson	30:43
46. C VonBlankenberg	31:30
47. Celeste McMullin	31:44
48. M. Lubiszewski	31:56
49. Pete Neubauer	32:54
50. Rich Antonchuk	33:01
51. Conrad Liberty	33:11
52. Eric Groneman	33:12
53. Patty Fuji	33:13

54. Jay Earnhardt	33:15
55. Susan Cobb	33:51
56. Wendy Kress	34:41
57. Marsha Grimm	34:51
58. Liz Ann Zirker	34:54
59. Neil Hartnett	34:59
60. Kate Coleman	35:04
61. John Sullivan	35:15
62. Fred Mullen	35:35
63. H. Marchant	35:37
64. Brian Marin	36:48
66. Jim Sancimino	42:54

Helpers

Susan Anson, Keith Weaver, Jerome Duffy, Jack Giacomini, Herman, Kent Rodgers, Nancy Horner, Lee Hammack, Suzy Royce, Meg Reilly, Carol Block, Mimi Osborne, Gina Bianucci, Buck Swannack, Bill Callahan, Peter Marchant, Lou Marcelli, Joe Bruno, Ned Hoffman, Jack Giacomini, Tony Reveaux, Pavla Podolska, Rose Royce, Lou Gacsy, Maria McGowan, Mary Cantini, Joe Ferrero, John Dahlberg, Jane Ogradnik, Tony Gibson, Hams Kramer.

Pilots

Joe Ferrero, Phil Fernandez, Bob Danielson, Colin Gift, Harry Louie, Don Harrison, His Partner, Bill Campbell, Charley Campbell, Bob McKenzie, Peter Royce, Rich Cooper, Jon Belinski, Chuck Vogt, Bill Walden, Louise Bea, Kevin Hartnett, Bob Hoff, Andy Camous, Dino Landucci, Mike DiNunzio, Somebody, Herman Zahler, Gwen Passano, Tom Callinan, Jerry West, Chris Trucker, Pete Bianucci, Bill Russ, Stan Hlynsky, Sam Lawson, The Johnsons, Jane Ogradnik, Tony Gibson, Hans Kramer.

Bay Bridge

Oct. 14, 1989

1. John Davies	47:58
2. John Selmer	49:12
3. Laura Merkl	50:58
4. Liz Ann Zirker	51:32
5. Jim Hulihan	51:42
6. Jon Nakamura	51:45
7. Rick Crafts	51:55
8. Pat McGarvey	53:32
9. Marsha Grimm	53:49
10. Susan Cobb	53:49
11. M. Lubiszewski	54:26
12. C VonBlank	55:00
13. Ed Urban	55:08
14. J. Beemsterboer	55:49
15. Dave Marten	56:35
16. Rich Antonchuk	57:23
17. Gerald O'Dwyer	57:29
18. Lorna Newlin	58:43
19. Mary Cantini	59:13
20. Tom Martz	59:41
21. Wendy Kress	59:43
22. Don Harrison	59:45
23. John Sullivan	60:00
24. Jerome Duffy	60:02
25. Larry Alioto	63:53

Helpers

James Mason, Cecco, Jon Bielinski, Gina Bianucci, Susan Cobb, Mike Webb, Tony Reveaux, Meagan Houlihan, Pavla Podolska, Trudy DiLorenzo, Alan Budenz.

Pilots

Herb Madden, Mike Roller, Susan Allen, Alan Budenz, Cliff Jennings, Eric

Groneman, Peter Brand, Mary Sancimino, Peter Royce, Nikola Pavicic, Rich Cooper, Greg Bell, Eduardo Barranco, Neil Hartnett, Lisa Royce, Mike DiNunzio, Padraic Doyle, Jeremy West, Stan Hlynsky, Alan Budenz, Noel Freilich, Phil and Sharon Lucier, Geroge Kebbe, Jon Bielinski, Dave Zovickian.

Alcatraz '89

Oct. 15, 1989

1. John Selmer	30:04
2. John Davies	30:32
3. David Claman	33:14
4. Jon Nakamura	34:48
5. Chris Choral	34:52
6. George Kebbe	36:02
7. Alan Budenz	36:32
8. Jim Hulihan	36:52
9. Ed Urban	38:41
10. LPat McGarvey	39:16
11. Peter Brand	41:36
12. David Marten	43:02
13. Liz Ann Zirker	44:33
14. Rich Antonchuk	46:15
15. Ed Barranco	46:32
16. Lorna Newlin	47:00
17. Susan Cobb	49:49
18. Anne Tingley	50:18
19. Herb Madden	51:19
20. Gina Bianucci	51:55
21. Tom Martz	52:35
22. Patty Fuji	52:42
23. Wendy Kress	53:36
24. Barbara Keller	54:20
25. Meg Storey	55:00
26. Roger Kleid	57:48
27. Ken Coren	58:29
28. Peter Brigham	60:11
29. Terry Kleid	60:48
30. Carla Curtiss	62:52
31. Brian Marin	62:56
32. Anna Henry	64:35
33. Phil Fernandez	67:36
34. Larry Alioto	70:34
35. Jim Kuklok	75:51
36. Chuck Vogt	76:28
37. Meg Reilly	80:43
38. Don Reid	82:33
39. Pavla Podolska	136:25
40. Vicki Smith	DNF
41. Steve North	DNF
42. Phil Kohlenberg	DNF

Helpers

Lou Marcelli, Jerome Duffy, Jim Beard, Barbara Keller, Tim Callahan, Dave Zovickian, Phil Sancimino, Mimi Osborn, James Mason, Mike DiNunzio, Tony R, Ned Hoffman, John Selmer, Jon Nakamura, Mike Saal, Phil Sancimino, John Davies, Emily Sager, Mimi Osborne, Mike Webb, Pavla Podolska, David Claman.

Pilots

Rich Cooper, Nikola Pavicic, Dan Osborn, Andy Camous, Bob Hoff, Jeremy West, Mike DiNunzio, Jerome Duffy, Pete Bianucci, Bill Rus, Phil Lucier, Stan Hlynsky, Ken Frank, Neil Hartnett, Bill Walden, Jon Bielinski, Padraic Doyle, Joni Beemsterboer, Harry Louie, Don Harrison, Erik Shackelford, Russ Morrison, Linda Harper, Sam Cuddeback, Colleen Madden, Susan Allen, Jay Earnhardt, Mary Harrigan, Brad Vogt, John Horner.



1990 Swim Schedule



<u>Date</u>	<u>Event</u>	<u>Jump-Off</u>
December 21, 1989.....	Polar Bear Swim Starts	
January 1 (Mon.).....	New Year's Day Cove Swim.....	9:00 a.m.
January 1 (Mon.).....	New Year's Day Alcatraz	8:00 a.m.
January 28 (Sun.).....	✓ Mid-Winter Gas House Cove Swim.....	9:30 a.m.
February 10 (Sat.).....	Mid-Winter Cove Swim.....	9:00 a.m.
March 18 (Sun.).....	✓ Pier 41.....	8:00 a.m.
March 24 (Sat.).....	Spring Cove.....	9:00 a.m.
April 1 (Sun.).....	✓ Pier 39.....	8:00 a.m.
April 22 (Sun.).....	✓ Yacht Harbor.....	7:30 a.m.
May 5 (Sat.).....	✓ Dick Beeler Crazy Cove.....	9:00 a.m.
May 24 (Sat.).....	✓ Crissy Field.....	10:00 a.m.
June 1.....	100 Mile Swim Starts (ends October 31)	
June 9 (Sat.).....	✓ Doc Howard - From Gas House Cove.....	10:00 a.m.
June 22 (Fri.).....	✓ Twilight Cove - BBQ to Follow.....	6:00 a.m.
June 24 (Sun.).....	Qualifier Cove For July 8 Fort Point Swim.....	9:00 a.m.
July 8 (Sun.).....	✓ Fort Point.....	8:45 a.m.
July 21 (Sat.).....	Trans Tahoe Relay.....	TBA
July 29 (Sun.).....	Over 60 Cove.....	9:00 a.m.
August 4 (Sat.).....	✓ Santa Cruz Pier Swim.....	TBA
August 10 (Fri.).....	✓ Twilight Pier 41 and Pilot Appreciation Dinner.....	6:00 p.m.
August 26 (Sun.).....	Handicap Cove.....	9:00 a.m.
September 14 (Fri.).....	✓ Twilight Gas House Cove.....	6:00 p.m.
September 29 (Sat.).....	Golden Gate I - Fast Day.....	9:15 a.m.
September 30 (Sun.).....	Golden Gate II - Slow Day.....	9:45 a.m.
October 13 (Sat.).....	Alcatraz.....	9:15 a.m.
TBA.....	Escape From Alcatraz Triathlon.....	TBA
November 10 (Sat.).....	Annual Swim/Pilot Appreciation Dinner.....	Evening
November 22 (Thurs.).....	Thanksgiving Day Cove.....	9:00 a.m.
December 10 (Sun.).....	New Year's Day Alcatraz Qualifier.....	9:00 a.m.

Note: Jump-off times are subject to change -- TBA means "To Be Announced"

Swim Program Rules

1. Club scheduled swims are restricted to club members only.
2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
3. Swimmers must be members in good standing with dues current and swim fees paid.
4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
7. Swim sign-up sheets are posted two weeks prior to each swim.
8. Time limits are imposed and enforced for all swims.
9. All club boats are reserved for scheduled swims; riders are prohibited.
 - Additional qualifications for Alcatraz and Golden Gate Swims •
10. In-town members must successfully complete 2 swims marked with a check mark (✓) and one other scheduled swim and pilot or help on at least 2 others.
11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
12. Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

Dolphin Swimming & Boating Club

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San Francisco, California 94109

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